

Class A

Place	Team	Code	Points
1	Mt Pleasant	MTP	149
2	CR Jefferson	CRJ	124
3	Keokuk	KEOK	87
4	Fort Madison	FTMA	85
5	Washington	WASH	79
6	Fairfield	FAIR	59

Class B

Place	Team	Code	Points
1	Regina	ICR	111
2	Illini West	IWCG	83
3	Mediapolis	MED	67
4	Danville	DANV	64
5	Central Lee-D	CLEE	59
6	Winfield mt union	WMU	50
6	West Bur. ND	WBND	50
8	Iowa Valley	IV	35
9	Columbus-CJ	CCJC	29
10	New London	NL	21

**40th Annual Timm Lamb Pen City Relays
4/14/2015
Fort Madison, IA**

Girls High Jump (Class A)

Pen City Relays: Khanishah Williams Burlington 5' 10" 2011

PL	Athlete	Yr.	Team	Final	Pts
1	Heston, Shelby	SO	Fairfield	4' 8"	10
2	Peterson, Kailey	JR	Mt Pleasant	4' 8"	8
3	Prohaska, Brianna	SR	CR Jefferson	4' 6"	5
3	Woolf, Madison	JR	Keokuk	4' 6"	5

Girls High Jump (Class B)

Pen City Relays: Khanishah Williams Burlington 5' 10" 2011

PL	Athlete	Yr.	Team	Final	Pts
1	Ward, Marissa	JR	Iowa Valley	5' 1"	10
2	Hite, Alexis	SO	Danville	5' 0"	8
3	Mathison, Britany	JR	Central Lee-D	5' 0"	6

Girls Long Jump (Class A)

Pen City Relays: Mallory Henderson Mount Pleasant 17' 11" 2006

PL	Athlete	Yr.	Team	Final	Pts
1	Davis, Michaela	FR	Keokuk	15' 6"	10
2	Johnston, Skyler	SO	Keokuk	15' 2"	8
3	Buckert, Allison	FR	Mt Pleasant	14' 7"	6
4	Marek, Makenzi	SO	Washington	14' 6.50"	4
5	Bergmann, Miasia	FR	CR Jefferson	14' 4"	2
6	Fraise, Jackie	FR	Mt Pleasant	13' 5.50"	1
7	Schacher, Anna	FR	Fort Madison	13' 2.50"	
8	Farmer, Shyla	FR	Fort Madison	13' 1.50"	
9	Rich, Makenna	FR	Washington	13' 0"	

Girls Long Jump (Class B)

Pen City Relays: Mallory Henderson Mount Pleasant 17' 11" 2006

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Gronewold, Michaela	SR	Illini West	16' 4"	10	2(1)
2	Wade, Karlie	SR	Winfield mt union	16' 1"	8	2(2)
3	Baylark, Jashira	SO	West Bur. ND	15' 3"	6	2(3)
4	Vorwerk, Sarah	SO	Mediapolis	15' 2.50"	4	2(4)
5	Schulte, Kenadi		New London	14' 11"	2	2(5)
6	Corkery, Emma	SO	Regina	14' 10"	1	2(6)
7	Krehbiel, Anna	FR	Central Lee-D	14' 8.50"		1(1)
8	Hess, Kaitlyn	SR	Danville	14' 3"		1(2)
9	Herrmann, Anna	SR	Iowa Valley	14' 2.50"		1(3)
10	Ward, Charisse	FR	Iowa Valley	14' 1.50"		1(4)
11	Grotts, Brianna	SO	Illini West	13' 10"		1(5)
12	Bunnell, Kim	SR	Central Lee-D	13' 7"		1(6)
13	Kilbride, Riley	JR	West Bur. ND	13' 2"		1(7)

Girls Long Jump (JV)

Pen City Relays: Mallory Henderson Mount Pleasant 17' 11" 2006

PL	Athlete	Yr.	Team	Final
1	Ailes-Primes, Ya' Mia	FR	Keokuk	15' 0"
2	Salow, Amber	JR	Washington	14' 0"
3	Roe, Katie	SO	Fairfield	11' 11"
4	Haley, Hope	SR	Central Lee-D	11' 9"

Girls Shot Put (Class A)

Pen City Relays: Danica Haight Iowa City West 45' 10" 2006

PL	Athlete	Yr.	Team	Final	Pts
1	Wester, Mary	SR	Mt Pleasant	40' 0.50"	10
2	Lippincott, Jada	SO	Fairfield	32' 2"	8

3	Miller, McKayla	JR	Washington	32' 1"	6
4	Liechty, Abbie	SO	Mt Pleasant	30' 0.50"	4
5	Powers, Emily	JR	Fort Madison	29' 3"	2
6	Goodwin, Makenna	SR	Washington	29' 0"	1
7	Harris, Britiney	SO	Fort Madison	28' 6"	
8	Thurmond, Shavian	SO	CR Jefferson	27' 8"	
9	Symmmonds, Kyndall	JR	Keokuk	25' 10"	
10	Smith, Alexis	JR	CR Jefferson	24' 2"	
11	Boudreau, Zoie	FR	Keokuk	23' 1"	
12	Allen, Sophie	FR	Fairfield	22' 11.50"	

Girls Shot Put (Class B)

Pen City Relays: Danica Haight Iowa City West 45' 10" 2006

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Krieger-Coen, Lou	SR	Winfield mt union	33' 4"	10	2(1)
2	Gaffey, Ashley	SR	Regina	31' 6.50"	8	2(2)
3	Machholz, Ashley	JR	Mediapolis	30' 8"	6	2(3)
4	Bryant, Kelsey	SR	Central Lee-D	30' 6.50"	4	2(4)
5	McElroy, Megan	JR	Illini West	30' 4.50"	2	2(5)
6	Montoya, Cynthia	JR	Columbus-CJ	29' 5.50"	1	2(6)
7	Hare, Hannah	SO	Danville	27' 11.25"		1(1)
8	Chan, Mya	JR	Regina	27' 10"		1(2)
8	Bryant, Micaela	SR	Central Lee-D	27' 10"		2(7)
10	Conner, Faith		New London	26' 7"		2(8)
11	Perez, Denise	FR	Columbus-CJ	25' 10"		1(3)
12	Wade, Kara	SO	Winfield mt union	25' 1.50"		1(4)
13	Lange, Gracie	SO	West Bur. ND	24' 10"		1(5)
14	Snavelly, Emma	FR	Danville	24' 6.25"		1(6)
15	Strothman, Becca		New London	22' 0"		1(7)

Girls Shot Put (JV)

Pen City Relays: Danica Haight Iowa City West 45' 10" 2006

PL	Athlete	Yr.	Team	Final
1	Stinson, Jackalyn	JR	Fort Madison	27' 8"
2	Kensett, Alie	FR	Fairfield	24' 5"
3	Spenner, Joceline	JR	Washington	24' 4"
4	Groscopic, April	JR	Regina	23' 6.75"
5	Sohina, Mary	JR	Keokuk	22' 0.50"
6	Hernandez, Laura	JR	Columbus-CJ	20' 7.50"
7	Putnam, Hailey	FR	Fairfield	19' 0.50"
8	Woodley, Chloe	SO	Central Lee-D	17' 9.50"

Girls Discus (Class B)

Pen City Relays: Taylor Freeman Iowa City West 8' 0" 2006

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	McElroy, Megan	JR	Illini West	134' 5"	10	2(1)
2	Gaffey, Ashley	SR	Regina	129' 10.50"	8	2(2)
3	Krieger-Coen, Lou	SR	Winfield mt union	121' 9"	6	2(3)
4	Hillyard, Heidi	SR	Mediapolis	120' 5.50"	4	2(4)
5	Bryant, Kelsey	SR	Central Lee-D	95' 8"	2	2(5)
6	Bryant, Micaela	SR	Central Lee-D	82' 6"	1	1(1)
7	Strothman, Becca		New London	79' 9"		1(2)
8	Wade, Kara	SO	Winfield mt union	78' 0.50"		2(6)
9	Perez, Denise	FR	Columbus-CJ	77' 2"		2(7)

10	Hare, Hannah	SO	Danville	76' 6"	1(3)
11	Ramirez, Julissa	SR	Columbus-CJ	74' 11"	1(4)
12	Lange, Gracie	SO	West Bur. ND	72' 5"	1(5)
13	Conner, Faith		New London	66' 3.50"	2(8)
14	Chan, Mya	JR	Regina	66' 2"	1(6)
15	Finke, Lauren	FR	Danville	60' 5"	1(7)

Girls Discus (JV)

Pen City Relays: Taylor Freeman Iowa City West 8' 0" 2006

PL	Athlete	Yr.	Team	Final
1	Burns, Shelby	JR	Central Lee-D	86' 2"
2	Stout, Emma	JR	Washington	76' 0"
3	Lutovsky, Carolyn	JR	Mt Pleasant	65' 1"
4	Krieger, Hayley		New London	60' 6"
5	Groscopic, April	JR	Regina	58' 9"
6	Boudreau, Zoie	FR	Keokuk	53' 1.50"

Girls Discus (Class A)

Pen City Relays: Taylor Freeman Iowa City West 8' 0" 2006

PL	Athlete	Yr.	Team	Final	Pts
1	Wester, Mary	SR	Mt Pleasant	123' 6"	10
2	Schluetter, Dylann	SR	Washington	111' 1.50"	8
3	Guy, Taylor	SR	Keokuk	109' 5.50"	6
4	Roberts, Madison	SR	Fairfield	101' 10"	4
5	Liechty, Abbie	SO	Mt Pleasant	90' 6"	2
6	Thurmond, Shavian	SO	CR Jefferson	89' 5.50"	1
7	Powers, Emily	JR	Fort Madison	79' 1"	
8	Goodwin, Makenna	SR	Washington	78' 8"	
9	Kensett, Alie	FR	Fairfield	77' 0"	
10	Wessel, Alyssa	SO	Keokuk	75' 8"	
11	Harris, Britiney	SO	Fort Madison	70' 4"	
12	Smith, Alexis	JR	CR Jefferson	66' 2"	

Girls 3000 Meters (Class A)

Pen City Relays: Katelyn Bastert Illini West 10:12.06 2005

PL	Athlete	Yr.	Team	Final	Pts
1	Alvarez, Kaylee	SR	Fort Madison	11:23.18	10
2	Ferrel, Taylor	JR	Fairfield	11:24.13	8
3	Murray, Taylor	FR	Mt Pleasant	11:57.09	6
4	Miller, Elizabeth	FR	Fort Madison	12:29.67	4
5	Voss, Maggie	SO	Washington	13:39.46	2
6	Kelley, Savannah	SO	Fairfield	14:04.84	1

Girls 3000 Meters (Class B)

Pen City Relays: Katelyn Bastert Illini West 10:12.06 2005

PL	Athlete	Yr.	Team	Final	Pts
1	Garnett, Carly	JR	Illini West	10:48.94	10
2	Marino, Anna	FR	West Bur. ND	12:16.49	8
3	Burlage, Sara	SO	Regina	12:34.59	6
4	Schmitt, Aubrey	JR	West Bur. ND	13:01.07	4
5	Persson, Sofia	SR	Danville	13:39.50	2
6	Sueppel, Natalie	FR	Regina	14:14.86	1

Girls 4 x 800m Relay (Class A)

Pen City Relays: C. Hall, J. Frudden, J. Dobyms, L. Dobyms Iowa City West 9:43.72 2003

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Fort Madison	A 9:42.00*	10	Steffensm eier	Howardso n	Schneider	Sporkman
2	CR Jefferson	A 9:47.76	8	Hanna	Meyer	Koenigsfel d	Ely
3	Mt Pleasant	A 10:23.2 2	6	Conrad	Hult	McDowell	Ita
4	Washington	A 10:52.3 3	4	Stout	Andrew	Howard	Keith
5	Fairfield	A 11:07.5 9	2	Elmore	Ferrel	Hanna	Melcher
6	Keokuk	A 13:23.4 9	1	Buerklin	Scott	Cook	Kite

Girls 4 x 800m Relay (Class B)

Pen City Relays: C. Hall, J. Frudden, J. Dobyns, L. Dobyns Iowa City West 9:43.72
2003

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Regina	A 10:23.9 5	10	Rapp	Lorenger	Shank	Kammerer
2	Mediapolis	A 11:10.6 2	8	Denney	Banwart	Thie	Gerber
3	West Bur. ND	A 11:48.5 2	6	Gnann	Gnann	Todd	Crowner
4	Danville	A 12:06.5 9	4	Ausmus	Dameron	Palmatier	Persson
5	Central Lee-D	A 12:19.2 9	2	Adam	Mercer	Tweedy	Adamire
6	Columbus-CJ	A 12:36.7 1	1	Cruz	Amigon	Villasenor	Canny

Girls 4 x 800m Relay (JV)

Pen City Relays: C. Hall, J. Frudden, J. Dobyns, L. Dobyns Iowa City West 9:43.72
2003

PL	Team	Final	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Fort Madison	A 11:14.65				
2	Washington	A 11:33.60				

Girls 400m Shuttle Hurdles (Class A)

Pen City Relays: L. Taylor, H. Becker, S. Taylor, K. Phipps Mount Pleasant 1:05.23
2013

PL	Team	Final	Pts	Heat(H P)	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Mt Pleasant	A 1:05.5 5	10	2(1)	Taylor	Buckert	Becker	Phipps
2	CR Jefferson	A 1:08.3 6	8	2(2)	Ranscha u	Anderso n	Trosky	Kitterma n
3	Washington	A 1:16.5 4	6	2(3)	Wood	Hoffman	Knutson	Buchholz
4	Fairfield	A 1:17.8 7	4	1(1)	Olaniyi	Daughert y	Swanson	Corrick

Girls 400m Shuttle Hurdles (Class B)

Pen City Relays: L. Taylor, H. Becker, S. Taylor, K. Phipps Mount Pleasant 1:05.23
2013

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Columbus-CJ	A 1:14.01	10	Mincks	Boyd	Matthews	Pretz
2	Central Lee-D	A 1:16.56	8	Fuger	Adam	Henrikson	Lamartine

Girls 400m Shuttle Hurdles (JV)

Pen City Relays: L. Taylor, H. Becker, S. Taylor, K. Phipps Mount Pleasant 1:05.23
2013

PL	Team	Final	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Mt Pleasant	A 1:15.63				

Girls 100 Meters (Class A)

Pen City Relays: Sydney Howard Fairfield 12.33 2011

PL	Athlete	Yr.	Team	Final	Pts	Section (SPL)
1	Marek, Macy	SR	Washington	13.09	10	2(1)
2	Coffin, Danielle	JR	Mt Pleasant	13.47	8	2(2)
3	Kies, Kelby	SR	Keokuk	13.95	6	2(3)
4	Ensminger, Katie	FR	Mt Pleasant	14.03	4	2(4)
6	Beard, Malorie	JR	CR Jefferson	14.18	2	2(5)
7	Johnston, Skyler	SO	Keokuk	14.23	1	2(6)
8	Rich, Makenna	FR	Washington	14.62		2(7)
9	Kuehl, Emma	JR	Fairfield	14.71		2(8)
10	Trawick, Kayla	JR	CR Jefferson	14.75		1(2)
11	Cadwallader, Carly	JR	Fort Madison	15.83		1(3)
12	Jordan, Megan	FR	Fort Madison	16.36		1(4)

Girls 100 Meters (Class B)

Pen City Relays: Sydney Howard Fairfield 12.33 2011

PL	Athlete	Yr.	Team	Final	Pts	Section (SPL)	Note
1	Gronewold, Michaela	SR	Illini West	13.27	10	3(1)	
2	Baylark, Jashira	SO	West Bur. ND	13.69	8	3(2)	
3	Pezley, Alexis	SR	Central Lee-D	13.79	6	3(3)	13.781
4	Brodie, Mariah	JR	Illini West	13.79	4	3(3)	13.783
5	Hess, Kaitlyn	SR	Danville	13.88	2	3(5)	
6	Abbott, Shay	SO	West Bur. ND	14.00	1	3(6)	
7	Hite, Alexis	SO	Danville	14.28		3(7)	
8	Sims, Chandler	JR	Iowa Valley	14.36		2(1)	
9	Corkery, Emma	SO	Regina	14.38		3(8)	14.371
10	Kalina, Tyffanie	SR	Mediapolis	14.38		2(2)	14.378
11	Zaehringer, Courtney	FR	Columbus-CJ	14.58		2(3)	
12	Ingalls, Maddie	JR	Regina	14.60		2(4)	
13	Herrmann, Anna	SR	Iowa Valley	14.79		2(5)	
14	Siegle, Chloe	SR	Mediapolis	14.86		2(6)	
15	Schlee, Karley	FR	Winfield mt union	15.53		1(1)	
16	Marks, Miracle	FR	Columbus-CJ	15.82		2(7)	
17	Jamison, Lauren	FR	Winfield mt union	16.11		1(2)	
18	Haley, Hope	SR	Central Lee-D	16.24		2(8)	
19	Krieger, Hayley		New London	16.39		1(3)	

Girls 100 Meters (JV)

Pen City Relays: Sydney Howard Fairfield 12.33 2011

PL	Athlete	Yr.	Team	Final	Section (SPL)
1	Shelman, Brianna	SO	Mt Pleasant	14.12	2(1)
2	Grotts, Brianna	SO	Illini West	14.70	2(2)
3	Kilbride, Riley	JR	West Bur. ND	14.89	2(3)
4	Roe, Katie	SO	Fairfield	15.73	1(1)
5	Newberry, Emma	JR	Central Lee-D	15.74	2(4)

6	Thurmond, Shavian	SO	CR Jefferson	15.90	2(5)
7	Johnson, Olivia	FR	Danville	16.05	2(6)
8	Haes, Zoie		New London	17.09	1(2)
9	Boyd, Alexis	SO	Fort Madison	17.29	1(3)
10	Tate, Sayla		Keokuk	18.02	1(4)

Girls 1600m DMR (Class A)

Pen City Relays: H. Brechtel, S. Mount, A. McAleer, C. Hall Iowa City West 4:22.01 2004

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Fort Madison	A 4:35.93	10	Schacher	Bailey	Howardson	Sporkman
2	CR Jefferson	A 4:37.59	8	Bergmann	Belew	Rolwes	Hargrove
3	Fairfield	A 4:38.15	6	Kuehl	Heston	Neff	Fritz
4	Mt Pleasant	A 4:54.59	4	Smith	Davis	Cotton	Ludwig
5	Keokuk	A 5:04.85	2	Guy	Buerklin	Murphy	Hawkins
6	Washington	A 5:15.01	1	Brinning	Knutson	Turner	Raber

Girls 1600m DMR (Class B)

Pen City Relays: H. Brechtel, S. Mount, A. McAleer, C. Hall Iowa City West 4:22.01 2004

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Regina	A 4:48.69	10	Wagner	Verducci	Chambliss	Murhammer
2	Winfield mt union	A 4:49.95	8	Mathews	Wade	Krieger-Coble	Hemsworth
3	Columbus-CJ	A 4:50.75	6	Boyd	Pretz	Mincks	Carpenter
4	Danville	A 4:52.32	4	Grothe	Jarrett	Bauer	Ausmus
5	Mediapolis	A 5:07.15	2	Woodruff	Denney	Machholz	Carlson
6	Illini West	A 5:25.78	1	Sholl	Araujo	Young	Groth

Girls 1600m DMR (JV)

Pen City Relays: H. Brechtel, S. Mount, A. McAleer, C. Hall Iowa City West 4:22.01 2004

PL	Team	Final	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Fort Madison	A 5:06.29				
2	Regina	A 5:08.67				
3	Washington	A 5:17.25				
4	Winfield mt union	A 5:22.11				
5	Danville	A 5:23.15				
6	Mt Pleasant	A 5:40.35				

Girls 400 Meters (Class A)

Pen City Relays: Ann Lampkin Washington 58.53 1980

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Schneider, Brett	FR	Fort Madison	1:04.32	10	2(1)
2	Kies, Kelby	SR	Keokuk	1:05.28	8	2(2)
3	Ailes-Primes, Ya' Mia	FR	Keokuk	1:08.72	6	2(3)
4	Lutovsky, Carolyn	JR	Mt Pleasant	1:10.14	4	2(4)
5	Hanna, Emily	SO	Fairfield	1:12.59	2	2(5)
6	Loy, Stephanie	SR	Washington	1:14.67	1	1(1)
7	Schroeder, Brynn	SO	Fort Madison	1:15.27		1(2)

Girls 400 Meters (Class B)

Pen City Relays: Ann Lampkin Washington 58.53 1980

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Gronewold, Michaela	SR	Illini West	1:00.51	10	2(1)
2	Brodie, Mariah	JR	Illini West	1:00.88	8	2(2)
3	Luers, Kathryn	FR	Danville	1:03.67	6	2(3)
4	McSorley, Carson		New London	1:06.69	4	2(4)
5	Hora, Christina	FR	Regina	1:07.98	2	2(5)
6	Schulte, Kenadi		New London	1:08.04	1	2(6)
7	Swenning, Grace	SO	Regina	1:08.51		2(7)
8	Gerber, Rian	FR	Mediapolis	1:09.48		2(8)
9	Blomme, Hanna	SO	Central Lee-D	1:10.77		1(1)
10	Todd, Catherine	SO	West Bur. ND	1:13.77		1(2)
11	Huffman, Carly	SO	West Bur. ND	1:17.02		1(3)
12	Montiel, Lupita	FR	Columbus-CJ	1:24.77		1(4)
13	Lauria, Adriana	SO	Danville	1:26.41		1(5)

Girls 400 Meters (JV)

Pen City Relays: Ann Lampkin Washington 58.53 1980

PL	Athlete	Yr.	Team	Final
1	Grotts, Brianna	SO	Illini West	1:05.03
2	Fraise, Jackie	FR	Mt Pleasant	1:10.99
3	Kirkpatrick, Grace	FR	Central Lee-D	1:18.14
4	Brueck, Maggie	JR	West Bur. ND	1:18.47
5	Fitch, Alyssa	SR	Fairfield	1:19.79
6	Landstrum, Samantha	JR	Washington	1:23.09
7	Cook, Laina	SO	Keokuk	1:25.78

Girls 4 x 200m Relay (Class A)

Pen City Relays: T. Jacobson, R. Broghammer, L. Schneekloth. M. Tattliffe Mount Pleasant 1:44.54 2013

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	CR Jefferson	A 1:43.57*	10	Ranschau	Blue	Meese	Schneekloth
2	Mt Pleasant	A 1:53.81	8	Shelman	Lance	Ensminger	Coffin
3	Keokuk	A 1:59.89	6	Warren	Guy	Pezley	Buerklin
4	Washington	A 2:01.31	4	Salow	Reighard	Wood	Barber
5	Fairfield	A 2:01.36	2	Kuehl	Heston	Lippincott	Harwood
6	Fort Madison	A 2:05.72	1	Johnson	Farmer	Schacher	Harris

Girls 4 x 200m Relay (Class B)

Pen City Relays: T. Jacobson, R. Broghammer, L. Schneekloth. M. Tattliffe Mount Pleasant 1:44.54 2013

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Danville	A 1:54.68	10	Speer	Grothe	Bauer	Jarrett
2	Mediapolis	A 1:54.99	8	Siegle	Hillyard	Kalina	Vorwerk
3	West Bur. ND	A 1:55.71	6	Abbott	Kilbride	Baylark	Tillo
4	Central Lee-D	A 1:56.64	4	Krehbiel	Mathison	Wheatley	Pezley
5	Iowa Valley	A 1:59.97	2	Herrmann	Sims	Ward	Ward
6	Regina	A 2:02.98	1	Mitchell	Ingalls	Wolfe	Klesner
7	Columbus-CJ	A 2:06.99		Zaehring	Montoya	Perez	Cruz
8	Winfield mt union	A 2:08.51		Mathews	Jamison	Jamison	Lennie

Girls 4 x 200m Relay (JV)

Pen City Relays: T. Jacobson, R. Broghammer, L. Schneekloth. M. Tattliffe Mount

Pleasant 1:44.54 2013

PL	Team	Final	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Washington	A	2:05.04			
2	Mt Pleasant	A	2:07.06			
3	Central Lee-D	A	2:08.51			
4	West Bur. ND	A	2:15.18			
5	Fort Madison	A	2:17.22			
6	Fairfield	A	2:18.56			

Girls 100m Hurdle (Class A)

Pen City Relays: Khanishah Williams Burlington 14.99 2010

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Phipps, Kelsi	SR	Mt Pleasant	15.20	10	2(1)
2	Becker, Hannah	SR	Mt Pleasant	16.00	8	2(2)
3	Trosky, Ellie	JR	CR Jefferson	17.04	6	2(3)
4	Kitterman, Sam	JR	CR Jefferson	17.09	4	2(4)
5	Tate, Lillia	FR	Keokuk	17.60	2	2(5)
6	Buchholz, Jessie	SO	Washington	18.34	1	2(6)
7	Hoffman, Carolan	JR	Washington	18.67		2(7)
8	Swanson, Sarah	SO	Fairfield	19.36		1(1)
9	Hannum, Wendolyn	FR	Fort Madison	19.88		1(2)
10	Alvarez, Kaylee	SR	Fort Madison	19.94		1(3)
11	Perry, Riley	JR	Keokuk	20.00		1(4)

Girls 100m Hurdle (Class B)

Pen City Relays: Khanishah Williams Burlington 14.99 2010

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Lamartine, Kyra	JR	Central Lee-D	17.44	10	2(1)
2	Wade, Karlie	SR	Winfield mt union	17.50	8	2(2)
3	Hite, Alexis	SO	Danville	17.80	6	2(3)
4	Boyd, Shania	JR	Columbus-CJ	17.84	4	2(4)
5	Krieger-Coble, Pearl	FR	Winfield mt union	18.43	2	2(5)
6	Ward, Charisse	FR	Iowa Valley	18.52	1	2(6)
7	Ward, Marissa	JR	Iowa Valley	18.53		2(7)
8	Pretz, Kelsey	SR	Columbus-CJ	18.75		2(8)
9	Keitzer, Savannah	JR	Mediapolis	19.88		1(1)
10	Dill, Hailee	JR	Mediapolis	19.94		1(2)
11	Fuger, Lily	SO	Central Lee-D	20.19		1(3)
12	Carr, Landry	SO	Danville	20.97		1(4)
13	Hartrick, Zoey	SR	Illini West	20.99		1(5)

Girls 100m Hurdle (JV)

Pen City Relays: Khanishah Williams Burlington 14.99 2010

PL	Athlete	Yr.	Team	Final	Section(SPL)
1	Buckert, Allison	FR	Mt Pleasant	17.20	2(1)
2	Olaniyi, Aluna	FR	Fairfield	18.43	1(1)
3	Matthews, Monaye	SO	Columbus-CJ	18.77	2(2)
4	Henrikson, Lena	SO	Central Lee-D	19.47	1(2)
5	Coyle, Hanna	FR	CR Jefferson	20.25	1(3)
6	Hoffman, Michaela	FR	Washington	20.54	2(3)
7	Cady, Stella	FR	Danville	20.84	2(4)
8	Zang, Arielle	FR	West Bur. ND	21.31	1(4)
9	Ortiz, Calista	FR	Keokuk	21.69	1(5)

10 Crile, Jenna SO Fairfield 23.09 2(5)

Girls 800 Meters (Class A)

Pen City Relays: Sarah Wickman Iowa City West 2:19.35 2004

PL	Athlete	Yr.	Team	Final	Pts
1	Koenigsfeld, Meredith	JR	CR Jefferson	2:24.78	10
2	Steffensmeier, Sarah	JR	Fort Madison	2:29.20	8
3	Ita, Natalie	SR	Mt Pleasant	2:29.79	6
4	Schneider, Brett	FR	Fort Madison	2:32.65	4
5	Murray, Taylor	FR	Mt Pleasant	2:33.24	2
6	Andrew, Kayla	FR	Washington	2:41.99	1
7	Howard, Mariah	SO	Washington	2:45.31	
8	Hawkins, Mercedes	SR	Keokuk	2:45.96	
9	Ferrel, Maggie	SO	Fairfield	2:47.38	
10	Hoskins, Brittany	JR	Fairfield	3:16.32	

Girls 800 Meters (Class B)

Pen City Relays: Sarah Wickman Iowa City West 2:19.35 2004

PL	Athlete	Yr.	Team	Final	Pts
1	Rapp, Jacqueline	SR	Regina	2:30.85	10
2	Sauerberei, Megan	SR	Iowa Valley	2:35.49	8
3	Kammerer, Adriana	SR	Regina	2:39.65	6
4	Hemsworth, Cecelia	FR	Winfield mt union	2:45.07	4
5	Thie, Haley	JR	Mediapolis	2:46.17	2
6	Schmitt, Aubrey	JR	West Bur. ND	2:48.80	1
7	Krehbiel, MacKenzie	SO	Central Lee-D	2:49.76	
8	Ausmus, Denise	SR	Danville	2:50.78	
9	Banwart, Savannah	JR	Mediapolis	2:51.15	
10	Marino, Anna	FR	West Bur. ND	2:57.59	
11	Sparrow, Fionna	FR	Winfield mt union	3:01.80	
12	Mercer, Kyra	FR	Central Lee-D	3:02.92	
13	Young, Whitney	FR	Illini West	3:06.22	
14	Palmatier, Grace	SO	Danville	3:07.41	
15	Smyth, Ashlee		New London	3:08.14	
16	Amigon, Elizabeth	FR	Columbus-CJ	3:14.70	
17	Sholl, Annie	FR	Illini West	3:21.06	

Girls 800 Meters (JV)

Pen City Relays: Sarah Wickman Iowa City West 2:19.35 2004

PL	Athlete	Yr.	Team	Final
1	Stout, Brooke	FR	Washington	2:42.17
2	Milder, Sam	SR	Regina	2:47.60
3	Mendez, Claire	FR	Fort Madison	2:49.40
4	Kelley, Savannah	SO	Fairfield	3:03.23
5	Tweedy, Sarah	SO	Central Lee-D	3:04.99
6	Gnann, Makayla	SR	West Bur. ND	3:05.06
7	Villasenor, Britney	FR	Columbus-CJ	3:06.53
8	Ervin, Traci	JR	Mediapolis	3:09.56
9	Araujo, Laura	SO	Illini West	3:11.92
10	Scott, Tayla	JR	Keokuk	3:16.74
11	Amos, Laurie	FR	Mt Pleasant	3:19.89
12	Lauria, Adriana	SO	Danville	3:40.64

Girls 200 Meters (Class A)

Pen City Relays: Libbey Schubert Fairfield 26.05 2010

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Marek, Macy	SR	Washington	27.30	10	2(1)
2	Davis, Michaela	FR	Keokuk	27.41	8	2(2)
3	Coffin, Danielle	JR	Mt Pleasant	28.06	6	2(3)
4	Beard, Malorie	JR	CR Jefferson	29.10	4	2(4)
5	Warren, Shakirah	JR	Keokuk	29.57	2	2(5)
6	Reighard, Mckenna	SR	Washington	29.77	1	2(6)
7	Trawick, Kayla	JR	CR Jefferson	30.00		1(1)
8	Bailey, Kamryn	FR	Fort Madison	30.07		2(7)
9	Harwood, Mackenzi	JR	Fairfield	30.15		1(2)
10	Shumaker, Megan	JR	Mt Pleasant	30.90		1(3)
11	Johnson, Leigh	FR	Fort Madison	32.28		1(4)

Girls 200 Meters (Class B)

Pen City Relays: Libbey Schubert Fairfield 26.05 2010

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Gronewold, Michaela	SR	Illini West	26.84	10	2(1)
2	Brodie, Mariah	JR	Illini West	27.63	8	2(2)
3	Hess, Kaitlyn	SR	Danville	28.90	6	2(3)
4	Corkery, Emma	SO	Regina	28.98	4	2(4)
5	Verducci, Cammy	JR	Regina	30.00	2	2(5)
6	Woodruff, Shelby	FR	Mediapolis	30.33	1	2(6)
7	Zaehringer, Courtney	FR	Columbus-CJ	31.08		1(1)
8	Gerdes, Emily	SO	Central Lee-D	31.14		1(2)
9	Montoya, Cynthia	JR	Columbus-CJ	31.70		1(3)
10	Fedler, Mikayla	FR	Central Lee-D	32.11		1(4)
11	Cady, Stella	FR	Danville	32.26		1(5)
12	Huffman, Carly	SO	West Bur. ND	32.49		1(6)
13	Ryan, Meghan	FR	West Bur. ND	32.83		1(7)

Girls 200 Meters (JV)

Pen City Relays: Libbey Schubert Fairfield 26.05 2010

PL	Athlete	Yr.	Team	Final	Section(SPL)
1	Grotts, Brianna	SO	Illini West	28.47	2(1)
2	Tate, Lillia	FR	Keokuk	29.17	2(2)
3	Fiedler, Brittany	SO	Mt Pleasant	30.72	2(3)
4	Gerber, Rian	FR	Mediapolis	30.84	2(4)
5	Thurmond, Shavian	SO	CR Jefferson	31.96	2(5)
6	Schroeder, Brynn	SO	Fort Madison	32.53	2(6)
7	Leathers, Bailey	SO	Danville	32.86	1(1)
8	Marks, Miracle	FR	Columbus-CJ	33.35	1(2)
9	Roe, Katie	SO	Fairfield	33.71	1(3)
10	Haes, Zoie		New London	34.39	1(4)
11	Lyu, Jin-Lin	SR	West Bur. ND	34.73	1(5)

Girls 400m Hurdle (Class A)

Pen City Relays: Taylor Jacobson Cedar Rapids Jefferson 1:06.59 2013

PL	Athlete	Yr.	Team	Final	Pts
1	Phipps, Kelsi	SR	Mt Pleasant	1:05.38*	10
2	Anderson, Autumn	SO	CR Jefferson	1:09.04	8
3	Kitterman, Sam	JR	CR Jefferson	1:09.20	6
4	Alvarez, Kaylee	SR	Fort Madison	1:17.58	4

5	Daugherty, Kristen	FR	Fairfield	1:21.52	2
6	Wessel, Alyssa	SO	Keokuk	1:28.88	1

Girls 400m Hurdle (Class B)

Pen City Relays: Taylor Jacobson Cedar Rapids Jefferson 1:06.59 2013

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Vorwerk, Sarah	SO	Mediapolis	1:10.42	10	2(1)
2	McSorley, Carson		New London	1:11.25	8	2(2)
3	Mincks, Laura	JR	Columbus-CJ	1:17.52	6	2(3)
4	Murhammer, Katelyn	SO	Regina	1:17.80	4	2(4)
5	Dill, Hailee	JR	Mediapolis	1:18.87	2	2(5)
6	Adam, Karlin	SR	Central Lee-D	1:20.61	1	2(6)
7	Hartrick, Zoey	SR	Illini West	1:23.67		1(1)
8	Adam, Shay	SO	Central Lee-D	1:26.53		2(7)
9	Carr, Landry	SO	Danville	1:27.55		1(2)

Girls 400m Hurdle (JV)

Pen City Relays: Taylor Jacobson Cedar Rapids Jefferson 1:06.59 2013

PL	Athlete	Yr.	Team	Final
1	Batey, Kalynn	FR	Mt Pleasant	1:18.59
2	Coyle, Hanna	FR	CR Jefferson	1:22.45
3	Machholz, Ashley	JR	Mediapolis	1:26.07

Girls 800m SMR (Class A)

Pen City Relays: Washington 1:50.90 1979

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	CR Jefferson	A 1:48.43*	10	Meese	Ranschau	Schneekloth	Blue
2	Washington	A 1:57.14	8	Salow	Rich	Marek	Kimball
3	Keokuk	A 1:58.77	6	Kies	Johnston	Davis	Ailes-Primes
4	Fairfield	A 2:01.64	4	Kuehl	Kuehl	Olaniyi	Fritz
5	Mt Pleasant	A 2:02.43	2	Shelman	Buckert	Lance	Hult
6	Fort Madison	A 2:07.67	1	Schacher	Bailey	Miller	Howardson

Girls 800m SMR (Class B)

Pen City Relays: Washington 1:50.90 1979

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Danville	A 1:59.18	10	Speer	Bauer	Jarrett	Luers
2	Mediapolis	A 2:06.00	8	Keitzer	Kalina	Denney	Siegle
3	New London	A 2:09.95	6				
4	Regina	A 2:10.99	4	Wagner	Verducci	Chambliss	Swenning
5	Winfield mt union	A 2:15.77	2	Jamison	Jamison	Jennings	Schlee
6	Central Lee-D	A 2:17.83	1	Bunnell	Adamire	Krehbiel	Haley
7	Columbus-CJ	A 2:22.26		Ramirez	Perez	Matthews	Montiel

Girls 800m SMR (JV)

Pen City Relays: Washington 1:50.90 1979

PL	Team	Final	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Mt Pleasant	A 2:13.40				
2	Washington	A 2:14.88				
3	Fairfield	A 2:19.32				
4	Fort Madison	A 2:22.11				

Girls 1500 Meters (Class A)

Pen City Relays: Julie Bigler Fort Madison 4:43.59 1998

PL	Athlete	Yr.	Team	Final	Pts
1	Hanna, Sarah	JR	CR Jefferson	5:07.39	10
2	Steffensmeier, Sarah	JR	Fort Madison	5:09.24	8
3	Conrad, Ellie	SR	Mt Pleasant	5:15.61	6
4	Sporkman, Allison	JR	Fort Madison	5:17.76	4
5	Ely, Megan	JR	CR Jefferson	5:21.77	2
6	Keith, Emme	JR	Washington	5:31.18	1
7	Elmore, Ashlyn	SO	Fairfield	5:39.44	
8	Raber, Meredith	FR	Washington	5:58.09	
9	Hawkins, Mercedes	SR	Keokuk	6:00.45	

Girls 1500 Meters (Class B)

Pen City Relays: Julie Bigler Fort Madison 4:43.59 1998

PL	Athlete	Yr.	Team	Final	Pts
1	Kammerer, Adriana	SR	Regina	5:25.39	10
2	Hartman, Belle	SR	Iowa Valley	5:27.52	8
3	Rapp, Jacqueline	SR	Regina	5:43.90	6
4	Banwart, Savannah	JR	Mediapolis	5:53.37	4
5	Gnann, Hannah	SO	West Bur. ND	5:56.79	2
6	Carpenter, Jenessa	FR	Columbus-CJ	6:05.01	1
7	Ausmus, Denise	SR	Danville	6:13.79	
8	Dameron, Alex	SO	Danville	6:16.74	
9	Sparrow, Fionna	FR	Winfield mt union	6:16.85	
10	Canny, Ashley	JR	Columbus-CJ	6:19.06	
11	Smyth, Ashlee		New London	6:28.16	

Girls 1500 Meters (JV)

Pen City Relays: Julie Bigler Fort Madison 4:43.59 1998

PL	Athlete	Yr.	Team	Final
1	Alvarez, Kortnee	FR	Fort Madison	5:32.03
2	Hargrove, Adrianna	SO	CR Jefferson	5:32.16
3	Mitchell, Megan	FR	Washington	6:07.79
4	Persson, Sofia	SR	Danville	6:30.80
5	Ervin, Traci	JR	Mediapolis	6:33.72
6	Amos, Laurie	FR	Mt Pleasant	6:52.08

Girls 4 x 100m Relay (Class A)

Pen City Relays: M. Cronbaugh, C. Hoagland, S. Williams, J. Gehrke Iowa City West 48.86 2010

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	CR Jefferson	A 49.27	10	Schneekloth	Ranschau	Ranschau	Anderson
2	Keokuk	A 53.45	8				
3	Washington	A 53.47	6	Salow	Wood	Kimball	Hoffman
4	Fairfield	A 56.25	4				
5	Mt Pleasant	A 57.31	2	Ensminger	Taylor	Becker	Buckert
6	Fort Madison	A 1:02.27	1	Cadwallader	Jordan	Hannum	Harris

Girls 4 x 100m Relay (Class B)

Pen City Relays: M. Cronbaugh, C. Hoagland, S. Williams, J. Gehrke Iowa City West 48.86 2010

PL	Team	Final	Pts	Heat(H P)	Athlete 1	Athlete 2	Athlete 3	Athlete 4
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1	Central Lee-D	A 53.30	10	2(1)				
2	Regina	A 53.94	8	2(2)	Ingalls	Verducci	Hora	Corkery
3	Iowa Valley	A 53.98	6	2(3)	Herrman	Sims	Ward	Ward
4	Danville	A 54.70	4	2(4)	Hess	Speer	Jarrett	Luers
5	Mediapolis	A 55.32	2	2(5)	Keitzer	Kalina	Machholz	Vorwerk
6	Winfield mt union	A 57.65	1	2(6)	Krieger-Coble	Jamison	Lennie	Wade
7	New London	A 1:02.84		1(1)				

Girls 4 x 100m Relay (JV)

Pen City Relays: M. Cronbaugh, C. Hoagland, S. Williams, J. Gehrke Iowa City West 48.86 2010

PL	Team	Final	Heat(H P)	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Regina	A 56.14	2(1)				
2	Mt Pleasant	A 56.41	2(2)				
3	CR Jefferson	A 56.77	2(3)				
4	Washington	A 57.97	2(4)				
5	Fairfield	A 1:00.42	2(5)				
6	Central Lee-D	A 1:00.99	2(6)				
7	Winfield mt union	A 1:01.31	2(7)				
8	Danville	A 1:02.19	1(1)				
9	West Bur. ND	A 1:04.30	1(2)				
10	Fort Madison	A 1:04.86	1(3)				

Girls 4 x 400m Relay (Class A)

Pen City Relays: S. Williams, M. Leveille, A. Knudson, M. Cronbaugh Iowa City West 4:02.66 2006

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	CR Jefferson	A 4:22.49	10	Belew	Bergmann	Meyer	Rolwes
2	Fort Madison	A 4:22.52	8	Schneider	Howardson	Sporkman	Steffensmeier
3	Mt Pleasant	A 4:31.11	6	Ita	Murray	McDowell	Cotton
4	Washington	A 4:36.08	4	Buchholz	Howard	Wood	Andrew
5	Fairfield	A 4:43.68	2	Neff	Fritz	Ferrel	Swanson
6	Keokuk	A 4:45.90	1	Buerklin	Tate	Pezley	Murphy

Girls 4 x 400m Relay (Class B)

Pen City Relays: S. Williams, M. Leveille, A. Knudson, M. Cronbaugh Iowa City West 4:02.66 2006

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Regina	A 4:27.47	10	Corkery	Lorenger	Rapp	Hora
2	West Bur. ND	A 4:32.73	8	Tillo	Crowner	Kilbride	Abbott
3	Mediapolis	A 4:33.84	6	Woodruff	Thie	Hillyard	Denney
4	Central Lee-D	A 4:37.97	4	Wheatley	Blomme	Krehbiel	Mathison
5	Danville	A 4:40.48	2	Speer	Bauer	Grothe	Luers
6	Winfield mt union	A 4:46.60	1	McArtor	Hemsworth	Mathews	Krieger-Coble

Girls 4 x 400m Relay (JV)

Pen City Relays: S. Williams, M. Leveille, A. Knudson, M. Cronbaugh Iowa City West 4:02.66 2006

PL	Team	Final	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Mt Pleasant	A 4:47.93				

2	Washington	A	4:55.56
3	Fort Madison	A	4:55.98
4	Fairfield	A	5:00.32
5	Regina	A	5:01.56
6	West Bur. ND	A	5:07.25