




**Del Norte Senior Center**  
**1765 Northcrest Drive**  
**Crescent City, CA 95531**  
**707-464-3069**  
**Hours 9:00am to 4:00pm**

**COME JOIN US!!!**  
**Lunch Served**  
**Monday Thru Friday**  
**11:00am TO 12:30Pm**



# August 2025

**Suggested meal contribution: \$3.00. No one over 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee.**

	MON	TUE	WED	THU	FRI	SAT
<b>Saltshaker indicates a higher sodium meal.</b> <b>Low-fat milk served with every meal.</b> 					1 Baked Zita, Garlic Bread, Italian Vegetable Mix, Cheese Stick & Applesauce	2 <b>Menu is Subject To Change Without Notice</b>
3 <b>Menu is Subject To Change Without Notice</b>	4 Taco Casserole, Black Beans, Spanish Rice & Fresh Fruit	5 Ham & Cheese Sandwich on WW Bread, Bean and Macaroni Soup, WW Cracker & Peaches	6 Roasted Chicken, Scalloped Potatoes, Steamed Spinach WW Roll & Pears	7 Whole Grain Spaghetti w/ Meat Sauce, Italian Squash Mix, Garlic Bread, Cheese Stick & Strawberries	8 Chef Salad, WW Roll, WW Crackers, & Banana	9 
10 	11 Oven Fried Chicken, Oven Sweet Potato Fries, WW Roll & Pineapple Tidbits	12 Chicken Tenders, Macaroni and Cheese, Steamed Broccoli & Fresh Fruit	13 Chili Relleno Casserole, Spanish Rice, Refried Beans, & Tropical Fruit Cup	14 Teriyaki Chicken, Steamed Rice, Broccoli, Mandarin Oranges	15 Pulled Pork Sandwich on WW Bun, Baked Beans, Corn, Cole Slaw & Fresh Melon	16
17 <b>The suggested meal contribution is \$3.00 per meal. Any donation amount is appreciated. No one over 60 will be denied a meal for inability to contribute</b>	18 <b>"Breakfast For Lunch"</b> Turkey Sausage, French Toast Sticks, Hash Brown Patty, V-8 Juice & Banana	19 Chicken Salad Sandwich on WW Bread, Vegetable Soup, WW Cracker & Peaches	20 Chinese Chicken Salad, WW Roll, Pineapple Tidbits	21 Spinach Lasagna, Garlic Bread, Cheese Stick, Italian Squash Mix & Fresh Fruit	22 BBQ Chicken, Potato Salad, WW Roll, Apple Crisp & Fruit Juice	23
24	25 Egg Salad Sandwich on WW Bread, Garbanzo Bean Coleslaw, WW Cracker & Fruit Cup	26 Cheeseburger on WW Bun W/ Lettuce & Tomato, Oven Fries & Fresh Melon	27 Herbed Chicken, Pasta Primavera, Green Salad w/ Dressing & Apricots	28 Chicken Caesar Salad, WW Roll, WW Cracker & Banana	29 <b>Hawaiian Luau Birthday Luncheon</b> Roast Pork, Fried Rice, Sauteed Cabbage, Macaroni Salad & Pineapple Upside Down Cake & Fruit Juice	30 <b>Senior Legal Service</b> <b>464-3069</b> <b>1-800-972-0002 X304</b> <b>1-707-445-0866 X304</b>