

# FAMILY POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 12:00pm-4:45pm	Open Swim 5:00am-8:15am	Open Swim 5:00am-10:45am	Open Swim 5:00am-8:15am	Open Swim 5:00am-10:45am	Open Swim 5:00am-8:15am	Open Swim 6:00am-8:15am
	Water Aerobics 8:15am-9:15am		Water Aerobics 8:15am-9:15am		Water Aerobics 8:15am-9:15am	Swim Lessons 8:30am-10:00am
	Water Aerobics 9:30am-10:30am		Water Aerobics 9:30am-10:30am		Water Aerobics 9:30am-10:30am	Open Swim 10:00am-4:45pm
	Water Aerobics 11:00am-12:00pm	Water Aerobics 11:00am-12:00pm	Water Aerobics 11:00am-12:00pm	Water Aerobics 11:00am-12:00pm	Water Aerobics 11:00am-12:00pm	
Open Swim 12:00pm-5:30pm	Open Swim 12:00pm-4:00pm	Open Swim 12:00pm-5:30pm	Open Swim 12:00pm-8:45pm	Open Swim 12:00pm-8:45pm	Open Swim 12:00pm-5:30pm	
Water Aerobics 5:30pm-6:30pm	Swim Lessons 4:00pm-5:00pm	Water Aerobics 5:30pm-6:30pm	Live Y'ers 4:00pm-5:00pm	Water Aerobics 5:30pm-6:30pm		
Open Swim 6:30pm-8:45pm	Open Swim 5:00pm-8:45pm	Open Swim 6:30pm-8:45pm			Open Swim 6:30pm-8:45pm	

- Family Pool is CLOSED during Swim Lessons and Water Aerobic Classes.
  - Hi-lighted times are OPEN SWIM times.
  - Swim Lessons begin week of January 16th

# LAP POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 12:00pm-4:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 6:00am-4:45pm
						Swim Lessons 9:30am-10:00am
	Swim Lessons 4:30pm-5:00pm					

- Up to 3 of the Lap Pool lanes will be used during Swim Lessons.
- If you have questions, please contact the Program Director or Aquatics Coordinator.

# JANUARY



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# AQUATICS AND WATER FITNESS SCHEDULE

## AGE REQUIREMENTS:

- Age 6 and under**  
A parent or guardian, 18 years or older, must be in the water within arm's reach at all times. Proper swim attire is required.
- Age 7-11**  
A parent or guardian, 18 years or older, must be on the pool deck at all times.
- Ages 12 and up**  
May use the entire Aquatics Center without parent.

