



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh Garden.
 Telephone Nos.: (Office - 05- 5458 220) (Fax:05- 5468 495) website: www.omphip.org
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ATTENDING MASSES IN O.M.P.H. IPOH ONLY OMPH PARISHIONERS (citizens & non-citizens) and those serving in OMPH ministries are allowed to attend weekday and weekend masses at OMPH church.

- * Must NOT have visited/been to COVID-19 RED ZONE areas within the past 14 days.
- * Do NOT have fever/flu symptoms.
- * Government SOPs of mask wearing, hand sanitizing and physical distancing of minimum 1 meter to be observed.
- * Checking in using MySejahtera App. is a requirement.

WEEKDAY MASSES (Mondays till Fridays) will be in English at 6.30 am. (if falls on public holiday, Mass will be at 8 am)

- No need to pre-register.
- When you come, take your own temperature on forehead using available auto thermal scanner, check in with MySejahtera App. Government SOPs apply.

WEEKEND MASSES (Saturdays **6 pm**) & Sundays (8am & 11 am)
 > Pre-registration with ministry/BEC heads or parish office. Attendance will be based on rostering exercise on first come first serve basis.
 > Please come 30-45 minutes earlier before Mass starts for attendance marking, temperature taking and checking in with MySejahtera App. Government SOPs apply.

NEW-INTAKE (2021-2022) for "ADULTS ENQUIRY TO THE CATHOLIC FAITH" The RCIA (**Rite of Christian Initiation of Adults**)
 If you know of friends who are interested in making enquiry into the Catholic Faith, please register now at the parish office (055458220). Sessions will be held in English, Mandarin & Tamil.

EVENING FOR THE ENGAGED 2021
 Couples planning to get married in the year 2021, please take note of the EE Weekends in English during the year. You are requested to register six (6) weeks before the weekend dates.

Stella Maris, Tg. Bungah/online Penang	* EE 127 28-30 May 2021 * EE 128 27-29 Aug 2021 * EE 129 19 – 21 Nov 2021
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Application forms can be obtained from your Parish Priest or on the website: www.ceepenang.org
Please see your Parish Priest for registration.

LIGUORI BOOKSHOP
 The bookshop will be open on
 Sat. 5pm till 7.30pm
 Sun. 9am till 11 am
 to enable parishioners to purchase items. Please follow SOPs: Temperature check, Check in with MySejahtera, Sanitize your hands, maintain physical distancing of 1 metre.

(food for thought) (Bulletin 25 April, 2021)
 Gospel: John 10: 11-18

"I know mine and mine know me"



Very often in John gospel, Jesus describes himself using the words "I am...," - "I am the true vine...I am the Way, the Truth, and the Life..." And when we reflect on the metaphors that he uses to identify himself, we learn more and more about who Jesus is in our lives. We also learn much about ourselves and who we are to be..

When Jesus talks about the "Good Shepherd," His intent is to focus both on the role of shepherd as well as on the attitude of the sheep. His view was much broader than simply the powerlessness and helplessness of the flock - rather He was modeling a life-style to which He was inviting all of his followers to share: one of concern and compassion, of service and dedication, one of relentless and abounding love.

We are a community and care of those in need is not just the job of a few professionals. Nor is the care of others just a matter of simply contributing to a "worthy cause". "Laying down our lives for others" means that we are to be willing to give whatever is necessary of our lives to serve others. We are not to be like the "hired hand" who flees when danger, or need threatens others.

The eruption of God in our lives requires a profound change. We should be encouraged by Jesus' words today. He proclaims God's reign in order to awaken hope and call all people to change their way of thinking and acting. As both sheep and shepherds, we need to rediscover and reinterpret the message of the Good Shepherd in a clear and decisive language that will speak to the world about how we see ourselves as His followers.

"I know mine and mine know me." Others will know Him by the way they come to know us.