

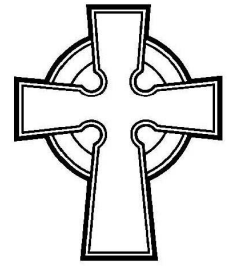
Emmanuel

Episcopal Church

5th Sunday after the Epiphany

Sunday, February 5, 2023

Welcome to Emmanuel. Music is a part of our 10:30 a.m. service. We invite you to join with us in worship.



Prelude "The Girl with the Flaxen Hair" Claude Debussy

Processional Hymn L-1 (v. 1) *Lift Every Voice and Sing* Johnson/Johnson

Liturgy of the Word

All standing, the Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria (*The following is said at 8:00 a.m. & sung at 10:30 a.m.*)

S-280 [Powell]

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

Collect of the Day

BCP 355

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Together, let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

First Reading (*seated*)

Isaiah 58:1-9a

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,
to the house of Jacob their sins.

Yet day after day they seek me
and delight to know my ways,

as if they were a nation that practiced righteousness
and did not forsake the ordinance of their God;

they ask of me righteous judgments,
they delight to draw near to God.

"Why do we fast, but you do not see?"

Why humble ourselves, but you do not notice?"

Look, you serve your own interest on your fast day,
and oppress all your workers.

Look, you fast only to quarrel and to fight
and to strike with a wicked fist.

Such fasting as you do today
will not make your voice heard on high.

Is such the fast that I choose,
a day to humble oneself?

Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?

Will you call this a fast,
a day acceptable to the LORD?

Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,

to let the oppressed go free,
and to break every yoke?

Is it not to share your bread with the hungry,
and bring the homeless poor into your house;

when you see the naked, to cover them,
and not to hide yourself from your own kin?

Then your light shall break forth like the dawn,
and your healing shall spring up quickly;

your vindicator shall go before you,
the glory of the LORD shall be your rear guard.

Then you shall call, and the LORD will answer;
you shall cry for help, and he will say, Here I am.

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 112:1-9

BCP 755

- 1 Hallelujah! Happy are they who fear the Lord *
and have great delight in his commandments!
- 2 Their descendants will be mighty in the land; *
the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, *
and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending *
and to manage their affairs with justice.
- 6 For they will never be shaken; *
the righteous will be kept in everlasting remembrance.
- 7 They will not be afraid of any evil rumors; *
their heart is right; they put their trust in the Lord.
- 8 Their heart is established and will not shrink, *
until they see their desire upon their enemies.
- 9 They have given freely to the poor, *
and their righteousness stands fast for ever;

they will hold up their head with honor.

Second Reading (*seated*)

1 Corinthians 2:1-16

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

“For who has known the mind of the Lord
so as to instruct him?”

But we have the mind of Christ.

Reader The Word of the Lord.

People **Thanks be to God.**

Gradual Hymn 419 *Lord of all being, throned afar*

[Mendon]

Holy Gospel (*stand*)

Matthew 5:13-20

Priest The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Priest The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Homily

The Rev. Rhonda E. Wheeler

Nicene Creed (*standing*)

BCP 358

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,

God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

BCP 392

Prayers of the People (Form VI)

Intercessor

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For those serving in the military and their families, at home and abroad, for this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the truth.

For Justin, Archbishop of Canterbury, Michael our Presiding Bishop, Susan our Bishop, Rhonda our rector, and all bishops and other ministers;

For all who serve God in his Church.

We pray for Maria, Sandy, Gil, Anika, Darius, LaMar, Beth, Walt, Cathy, Roy, Mary, Rick, Bobby, Russ, Rose, Clara, Tommy, Tal, Wally, Richard, Kelly, Tim, Willie, and others we name at this time;

Silence, the people may add their own petitions.

For the special needs and concerns of this congregation.

Hear us, Lord.

For your mercy is great.

We thank you, Lord for all the blessings of this life.

Silence, the people may add their own petitions.

We will exalt you, O God our King;

And praise your name for ever and ever.

We pray for all who have died, especially Jean Hawkins, grandmother of Bobby Hawkins, that they may have a place in your eternal kingdom;

Silence, the people may add their own petitions.

Lord, let your loving kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown, things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Peace *(all stand.)*

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

Holy Communion

Offertory Anthem (Emmanuel Choir) *“Lift Your Light”* Mary McDonald

Offertory Prayer

Praise God from whom all blessings flow. Praise him all creatures here below. Praise him above ye heavenly hosts. Praise Father, Son, and Holy Ghost.

Great Thanksgiving (*Eucharistic Prayer B*) BCP 367

The people stand.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because you gave Jesus Christ, your only Son, to be born for us; who, by the mighty power of the Holy Spirit, was made perfect Man of the flesh of the Virgin Mary his mother; so that we might be delivered from the bondage of sin, and receive power to become your children.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

S-129 [Powell]

Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of

Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

The Celebrant then continues

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to receive Holy Communion. If you do not wish to receive from the cup, it is acceptable to receive the bread only. Those who do not wish to receive Communion, are invited to come to the altar for a blessing, indicated by placing crossed hands over the chest. Please speak to the Rector if you would like to learn more about baptism.

Communion Hymn L-151 One Bread, One Body

Foley

Post-Communion Prayer

BCP 365

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God,
We thank you for feeding us with this spiritual food
Of the most precious Body and Blood
Of your Son our Savior Jesus Christ;

And for assuring us in these holy mysteries
That we are living members of the Body of your Son,
And heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
To love and serve you
As faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
Be honor and glory, now and for ever. Amen.

Blessing

Recessional Hymn 632 *O Christ, the Word incarnate*

[Munich]

Dismissal

BCP 366

Celebrant Let us bless the Lord.

People **Thanks be to God.**

Postlude *"Shine, Jesus, Shine"*

Kendrick

Emmanuel Episcopal Church Hampton, Virginia

February 5, 2023

Welcome to Emmanuel!

If this is your first visit to Emmanuel Episcopal Church, consider making this your spiritual home. Sunday services are found in the red Book of Common Prayer located in your pew or in the printed bulletin. Hymns are found in the blue Hymnal, the red & black Lift Every Voice and Sing hymnal (L), or the green Wonder, Love, & Praise hymnal (W).

If this is your first time visiting the Episcopal Church, simply relax and enjoy the service. Don't worry about doing things "right," for God has brought you here for a purpose and together, as the people of God, we can enjoy each other's company and the presence of God you bring into our midst.

All people are welcome to receive communion in the Episcopal Church and you can do so by coming to the rail, standing or kneeling, and holding out your hands to receive the bread (Body of Christ) and when the cup is offered to you, either drink from the common cup- first cup; or dip the bread in the wine yourself (intinction) - second cup. Communion in one-kind (bread) is a completely full & sufficient communion. If you would prefer to have Rev. Rhonda and a chalice come to you, please notify an usher.

Filming during the service - Recognizing that not all are able to re-gather, we will broadcast the service.

Masks - Mask wearing is appropriate anytime but not required. In close quarters, like the Vestry room and library, it may make sense to consider wearing masks depending on the participants.

The sanctuary flowers are given this week by Anne & Jimmy Chisman to the glory of God and in honor of Terri's birthday.

Lay Eucharistic Ministers

8:00am R - Beth Pence; C - Jennifer Nauroth, Karl Duff

10:30am R - Margaret Parker; C - Margaret Parker, Kim DeCoster

ANNOUNCEMENTS

Reminder - Emmanuel's sanctuary and chapel are open for quiet prayer and reflection during office hours: Tuesday - Friday, 9a - 3:30p.

Healing Prayer - Prayers, with anointing of oil, for yourselves or on behalf of others, will be offered at the end of the altar rail following communion.

Renewal of Baptismal Vows - Our baptismal font is available for you to make the sign of the cross on your forehead as you reaffirm your baptismal vows before communion.

Annual Meeting is this morning at 9a in the parish hall. Vestry is hosting a light continental breakfast. All are encouraged to attend this meeting as we will be voting for 5 new vestry members and the 2023 budget will be presented.

Thank you to our four vestry members who are rotating off vestry - *Chris Garguilo, Greg Hardy, Carla Morin, and Scott Vickery*. We thank you for sharing your time and talents in this leadership ministry. Emmanuel has been blessed by your service.

Valentine's Day Boxes - We are collecting treats & cards to send to our college students and deployed military members. Please have the names & addresses to the office by *Sunday, February 5*. Also, please have any candy, snacks, gum, etc. to the office by then as well. Thank you!

EECinema is showing "The Last Holiday," starring Queen Latifa, on *Tuesday, February 7 at 12 noon* in the vestry room. Come join the fun!

Kaiser Reese Circle will be meeting at the Seitz home (112 Seminary Ridge, Hampton) on *Tuesday, February 7 at 6p*. Please bring a dozen chocolate chip cookies for Night's Welcome.

Winter Bible Day - Saturday, *February 11 from 11a to 1p*. Join us for fun, Bible stories, music, crafts, and lunch. We will turn the parish hall into a playroom which children will enjoy while parents share conversation and a cup of coffee.

Parish Workday is *Saturday, February 11 from 9a to noon*. There are tasks for all skill levels. Your help is most appreciated.

Book Club will meet on *Friday, February 17 at 12:30p* in the vestry room. The book selection for this month is Tara M. Stringfellow's debut novel, Memphis. Any and all are welcome to join the discussion.

Shrove Tuesday Mardi Gras Party on *Tuesday, February 21 starting at 6p*. Bring your favorite dessert or diabetes friendly dish to share as we celebrate, fellowship, and sing on the last night before Ash Wednesday. If you have Mardi Gras decorations, please let Rev. Rhonda know. If you would like to dress up, please feel free to do so!

Burning of the Palms - If you have palms left over from previous Palm Sundays, please bring them to church at any-time. We will be burning them after the Mardi Gras party for use as the ashes for Ash Wednesday.

Ash Wednesday Schedule - There are three times during *Ash Wednesday, February 22*, where you can received the imposition of ashes: **7a-8a** Ashes to Go in the church parking lot; **12 noon** said service in sanctuary, and **7p** service with music in the sanctuary (this service will be live streamed).

Manna Bag Supplies Needed - We are once again collecting supplies to create "Manna Bags" for distribution to those who might need them. Supplies needed include: Personal hygiene items (soap, shampoo, toothpaste, toothbrushes, band-aids), bottled water, packages of crackers. Collection baskets are in the narthex area, parish hall, and office foyer.

2023 Giving Envelopes are now available at the narthex entrance. If you would like envelopes but don't see a set for you, please use the sign-up list next to the envelopes.

In Need of Prayer — *Bryan, Douglas, Ron, Karyn, Sebastian, Bob, Rachel, Karen, Willie, Amber, Sandy, Frances, Molly, Jeremiah, Tracy, Dakarai, Dalton, Shirley, Diane, Joey, Pete, Andrew, Michael, Rosemarie, Francis, Anna, Charlene, Beth, Lisa, Sammy, Tristan, Martha, Mike & Amanda, Ramon, Carol, Jim, Eddie, Billy, Jenny, Rick, Kathy, Nancy & Dan, Carter, Raisa, Greg, Erin, Jerry-Marie, Kikki, Betty, Charlie, Bruce, Bruni, Matt, Kim, Teddie Jo, Susie,*

Re'mon, Te'orii, Laila, Kiyah, Dejhon, Jayden, Zihree, Silas, Richard, Arline, Sandy, Carole, Noel, Connor, Sophia, BK, Joe, Karen, Brandon, Carol Sue, Winn, Betty Ann, Bonnie, Laura, Barbara, Maria, Janis, Shawn, Willie T, Sue & Jim, David S., Lori, Kevin, Bob, Kathy, Beth, Elizabeth, Ashby, Rob, Judy, Hazel, Nancy, Lena, Betty & Bobby, Randy, Pixie, Alex, Nikkita, Fran, Deacon Earl, Anna, Patty, Pat, Sue, James, Bev, Rich, Sarah, Chris D., Chessick family, Tylia, Daniel, Jane, Larry, Barbara, John, Dianne, Sandy, Laura, Angela C., Bobby, Lisa, Diane, Cathy, Monica, Rose, Erin & family, Jean & Larry, Mark & Tanya, Kelly, Gina, Will, Charlie, Cephise, Walt, Cris, Bobby Lee, Angalee, Carla, Geoff, Cheryl, Jimmy, Jean, Miller family, Gracie, Amanda, Lesley, Paulette, Christine, Brian, Emerson, Christian, Owen, Rhonda, Russ, Sherry, Bobby, Mary, Carol, Sam, Barbara, Courtnee, Larry, Colleen, Betty, Tommy, Logan, Tanner, Samantha, Gale, Tal, Garguilo family, Wally, Richard, Kelly, Tim, Willie, Donna, Donnie, Dynes/Blevins family, Vickery family, Barbara, Sinclair family, Donnie W., Kyle, Mary Rose, LeMar, Beth M, Herbert, Marty, Phillips/Wade family, Sandy, Rickie, Anne, Rick, Jerry, Anika, Paul, Taffy, Barbara, Billy, Rev. Rhonda, Norman, Xaria, Sally B, Murphy family, Sandy H

Stewardship Moment: More Than Enough

"You are nothing less than God's beloved." - Rev. Rhonda's sermon

EVENTS THIS WEEK	
Sunday, February 5 - 8:00am & 10:30am: 9:00am: 11:30am:	5 EPIPHANY Worship Annual Meeting Emmanuel Cafe
Monday, February 6 - 10:00am: 7:00pm:	EFM AA
Tuesday, February 7—12:00pm: 6:00pm: 7:00pm:	EECinema Kaiser Reese Mission
Wednesday, February 8 - 5:00pm: 6:00pm: 7:00pm: 7:30pm:	Bible Study Healing Property Compline
Thursday, February 9 - 12:00pm: 6:00pm:	Fitness Choir
Friday, February 10 -	
Saturday, February 11 - 8:00am: 9:00am: 11:00am:	AA Altar Guild, Parish workday Winter Bible Day
Sunday, February 12 - 8:00am & 10:30am: 9:00am & 11:30am: 9:15am	6 EPIPHANY Worship Emmanuel Cafe Formation

Emmanuel Episcopal Church
179 East Mercury Boulevard Hampton, Virginia 23669-2461
Phone: (757) 723-8144 Email: office@emmanuelhampton.org
Website: <http://www.eechampton.org> Facebook: EmmanuelHampton
A parish of the Episcopal Diocese of Southern Virginia
The Rt. Rev. Susan Haynes, Bishop

Staff

The Rev. Rhonda E. Wheeler, Rector
Gale Nicholson, Finance Director

Cathy Combs, Music Director
Karen Harrington, Parish Administrator

Vestry

Carol Bowers
Barbara Fisher
Cannon Chisman-Forcier
Chris Garguilo, Jr. Warden

Chuck Gwilt
Greg Hardy
Sabrina Miles
Carla Morin

Margaret Parker
Dean Seitz, Sr. Warden
Scott Vickery

Danielle Pagan, Registrar
Cathy Bowers, Treasurer