

## **ESPWF&C PLAYER - CODE OF CONDUCT**

Player's personal character and behavior is a matter of pride for our program and community. Players who are unable to show pride in themselves or their team in a positive way or remain loyal to this obligation will not be allowed to participate.

If you start you must finish. Quitting is like a disease and if you quit a game because of the demands it places on you, then you will surely quit other commitments in your life that take much more work and are much more important, like your education or your family. As a policy quitting will not be rewarded with a renewal of trust or acceptance. You only get to quit once and you will not be invited back to play.

There is no crying, whining or complaining allowed. Any player that indicates that they do not wish to participate will be asked to leave the practice area and not return until a meeting with the coach, parents and player has been scheduled. If this occurs at two practices the player will be asked to discontinue his participation on the team.

### **General Conduct / Capital Offenses**

1. Do not engage in any behavior or activity that could potentially or will reflect negatively on you as an individual and/or us as a program.
  - a) In all public venues you will act appropriately, courteous and polite and modest behavior is expected w/ all parents, school personnel, staff and especially the public at all times.
  - b) You will address all adults as "sir" or "ma'am" use "please" and "thank you" in your requests and generally be appreciative of people.
  - c) Cussing / Inappropriate language, comments etc. are not acceptable in any form in public contexts. You will refrain from these types of public displays in any form.
2. Any conduct that brings negative publicity, conversation etc. or embarrasses the program is detrimental to the team and players will be suspended or terminated.
3. Your personal behavior is a matter of self-discipline. You will conduct yourself always as an Eagle football player, on and off the field, in and out of season, with or without your teammates, coaches present as part of this program. No exceptions!
4. Lying or stealing (especially from the program, coach or fellow teammate) will result in immediate dismissal from the team.

**Attendance & Timeliness** – Attendance and "lead time" is a must because being present and on time does not mean that you arrive at the designated place and at that exact time, but that you are present and ready to perform at the designated place and time.

1. Attendance is mandatory to all scheduled activities events, functions and meetings w/ and w/out notice. Missing practice / games is not allowed.
2. You must have "lead time" to all called activities, events, functions and meetings.

**Appearance** - Any individual statement by your dress that indicates you are separate from and not part of your team will not be acceptable as part of the uniform.

1. You must wear the prescribed uniform as announced. Uniform dress will be assigned/posted for all team functions. This includes all hair covers, under shirts, socks, wrist bands and shoes.
2. A prescribed under shirt, sock and team shoe will be chosen by the team and approved by the coaching staff for use during games.
3. If no dress code is discussed – ONLY Eagle gear will be acceptable.
4. Jewelry, watches and earrings are prohibited at all times.
5. Hair must be neat and acceptable in appearance and be a reasonable length to ensure the safety and proper fit of equipment. Players may be required to accommodate hairstyle for these reasons.

### **Practice Policies**

1. Practice is mandatory.
2. Illness from school must be reported and a coach must be given notice or it will be considered unexcused.
3. Parents must provide coaches with more than a 48-hour notice of impending absence for events etc. including but not limited to travel, vacation and or other non-related football events.
4. For every unexcused ½ hour missed of practice a player may not play a quarter in that week's game. If a player's inability to participate fully disrupts the play of teammates that player may be excluded from the contest in full. An unexcused practice will result in the player not playing in that week's game.
5. Being in trouble and homework are not excuses to miss or be late to practice. The only exceptions to missing practice are quarantine or a family member's death.
6. Be prompt. There is no excuse for tardiness to practice. Training room time is not practice time. If you need treatments etc. get them before or after practice.
7. There is absolutely no horseplay allowed prior during or after practice. You will remain on the end zone until the practice whistle is blown. This excludes early outs and specialists for the kicking game.
8. You must remain attentive to coach's instruction without talking, fidgeting or losing focus. When you are not in a drill, concentrate on what is being said. You can learn and improve by listening to the coach correct others.
  - a) Master our program and if you don't know ask. Always know the play called.
  - b) There is no walking allowed. We move on the jog. Everything is full speed unless otherwise stated by practice tempo:  
Live – Play Football  
Thud – Hit & Wrap up the ball carrier but do not take him down.
  - c) Know the rules...Know the consequence.