

# Eric A. Matthews

Eric born and raised in Boynton Beach, FL where he enjoyed a successful career as an athlete at Santaluces High School playing football and running track, where he recognize as one of Florida's top athletes. This led to him earning a full athletic scholarship to Indiana University.

While running track at Indiana University, Eric was a 2 Time Big Ten qualifier In-doors & Out-doors, and the Penn Relays Long Jump Champion. While playing football Eric was part of 2 Bowl games, Independence Bowl & the Copper Bowl Champion. In 1996 Eric join Green Bay Packers which in his rookie year would go on and win a Super Bowl with the Packers. Late he would go on to play with Philadelphia Eagles and the Washington Redskins.

After Eric's NFL career he would go on to become the Head Coach for the Girls Track & Field and Cross Country back at his old High School in South Florida. From 2000 to 2006 he was named Coach of the Year and would win his Conference 6 years straight, 2004-2005 District Runner-ups & 2006 District Champion.

In 2007 Eric moved to Atlanta and that's where he started E-Matt Athletics. E-Matt Athletics was designed to helping all athletes from all levels, reach their goals. Giving athletes of all age's excellent opportunities to enhance their skill. Eric has training some elite athletes from football to baseball. In Summer 2010 Eric started hosting youth football camp for kids ages 5 to 14, all over the country from Wisconsin, Florida and here in Georgia.

In 2008 he founded Eric Matthews Foundation. One of Eric labors of love is mentoring to youth and speaking to them about the importance of education and exposing them to different opportunities. As a result of this, the Eric Matthews Toys & Coats for Kids was launched. This program main objective was geared towards collecting Christmas toys and coats for underprivileged youth. This program is still going strong with the aid of donations, and a plethora of sponsors within the local community to Hosea Feed the Homeless, Mt. Carmel Baptist Church and Paulding Sheriff's Department.

Eric Matthews Foundation in 2013 launched its community outreach program which goes out to help feed & clothed the homeless. Eric Matthews Foundation community outreach program is to bridge the gap, by helping charity organization in need donating cloths and food. Eric Matthews Foundation been able to help the Shepherd's Inn for men, Youth Village a center for teens and Crossroad for Life Ministries.

2014 Eric became spokes person NFL Play 60 Georgia where he goes into the schools to push the importance of staying active for 60 minutes a day. After partner with Nickelodeon Worldwide Day of Play, encourage Eric in 2015 to launch Kidz Play Hard Club to help fight childhood obesity. The goal of Kidz Play Hard Club is to teach children about the importance of health and wellness at an early age, so it's become a natural part of our kid's daily lives.

Eric is married to Author Niya Brown Matthews "The Boos In You". Niya also sits on the Eric Matthews Foundation board as Vice President. They have two daughter Jada Matthews a senior in High School and Jazlyn Brown a junior in High School.

Eric Matthews

Eric Matthews Foundation / E-Matt Athletics / E-Matt Inc.

CEO / President

[www.EricMatthewsFoundation.org](http://www.EricMatthewsFoundation.org) / [www.EMattAthletics.com](http://www.EMattAthletics.com)

