

# Temple Beth Elohim

A blend of faith and friendship for 120 years

Visit our website: [www.templebethelohim.net](http://www.templebethelohim.net)

Volume 22 Issue 1  
September/October 2024  
Av/Elul (5784)/Tishrei (5785)

# The Rising Star

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## SCHEDULE FOR HIGH HOLIDAYS

2/3 October 2024; 11/12 October 2024

Fri., 27 Sept. 2024, 7:00pm – **Shabbat**  
Leader – Joy Birnbaum

Wed., 2 Oct. 2024, 7:00pm – **Erev Rosh  
HaShana**  
Leader – Michele Gershman Bennett

Thurs., 3 Oct. 2024, 11:00am – **Rosh  
HaShana**  
Leaders – Andy Friedman  
Richard Dimentstein  
*Shofar* – Louis Drucker

Thurs., 3 Oct. 2024, Immediately following  
Morning Services - **Tashlich**  
Leader – Richard Dimentstein

Fri., 4 Oct. 2024, 7:00pm – **Shabbat Shuvah**  
Leader – Michele Gershman Bennett

Fri., 11 Oct. 2024, 7:00pm – **Shabbat/Kol Nidre**  
Leaders – Joy & Seymour Birnbaum  
*Kol Nidrei* Chant – Dr. Patti Edwards

Sat., 12 Oct. 2024, 11:00am – **Shabbat/Yom  
Kippur** Morning Service  
Leaders – Andy Friedman  
Richard Dimentstein  
*Shofar* – Louis Drucker  
*Haftarah* – Michael Davidson

Sat., 12 Oct. 2024, 4:00pm – **Shabbat/Yom Kippur**  
*Yizkor* and Concluding Services  
Leader – Ariane Lieberman  
*Shofar* – Louis Drucker

Sat., 12 Oct. 2024, following Concluding Service  
**Break-the-Fast\***

\*Reservations must be made in advance.



President Richard

### *From the President*

MONEY, MONEY, MONEY...

Welcome to the month of September. This is when we keep a steady eye on the weather, watch the season change, and prepare for the High Holy Days.

Right now, given the times we are in, security at Temple Beth Elohim is an urgent and ongoing issue. Members and guests regularly express how much they appreciate that there is a police presence outside of the temple during services and special events. Adding to our safety, we maintain a two-way radio system which allows designated Board Members to be in constant communication from inside to the police officer outside.

Basic to our personal and building safety is an updated alarm system. And as a result of the grant money we

received, our next priority is to ensure our windows and doors provide state of the art protection for our congregants.

It may not be apparent, but there is a cost to the temple for having law enforcement at our door. We pay \$160

[continued on p. 5 – From the President]]

# Wisdom From Afar....

Suzan Cohen



Ritual Scholar  
Suzan

As we share this newsletter, the High Holy Days are still a month away; it's still hurricane season for many of us; children or grandchildren are perhaps going back to school; so there is much to occupy our time and demand our attention. But the month before *Rosh HaShanah* is also *Elul*, the last month of the Jewish year and, while there are no major holidays during *Elul*, there is much to do to spiritually prepare for the High Holiday season of reflection and repentance.

*Elul* is traditionally a time of introspection and personal stock-taking, known in Hebrew as *cheshbon hanefesh* – literally “an accounting of the soul.” This month also grants us time to make amends for wrongs that we may have committed against another person (whether intentional or not) so that we are ready for that moment during *Yom Kippur* when we are reminded that God does not forgive us for our sin against another person until we have sought and been granted forgiveness from the injured person.

Within synagogue communities, perhaps the best-known *Elul* tradition is the blowing of the *shofar* every weekday after morning services. As on *Rosh HaShanah*, the daily *shofar* blasts are intended to rouse us from complacency and jolt us into repentance. Some congregations also begin reciting the penitential prayers known as *Selichot* at

the beginning of *Elul*, though the most common Ashkenazi custom is to recite them only in the days immediately preceding *Rosh HaShanah*. In many cases, the *Selichot* service will feature God’s “13 Attributes of Mercy.” Because of its emphasis on God’s forgiving nature, this text plays an important role in the *Yom Kippur* liturgy as well.

## What exactly are the 13 Attributes?

The 13 Attributes of Mercy are found in the Book of Exodus (32:10) after the Incident of the Golden Calf, when God threatened to destroy the people of Israel rather than forgive them. According to the Talmud, Moses felt that Israel’s sin was so serious that there was no possibility of intercession on their behalf. At this point, God appeared to Moses and taught him

[Continued on p. 6 – Wisdom From Afar]

*Let us fervently pray for the comfort and recovery of our dear temple members and friends and for the continued strength of their caregivers.*



**Susan & Brian Berry**  
**Richard Horowitz**

**Tony Cavaliere**  
**Dick Rosen**



May the sounds of the *shofar* herald a year of peace, happiness and good health

## Temple Beth Elohim Board of Directors

**President: Richard Dimentstein**  
(rdimentstein@gmail.com)  
**Vice President: Joy Birnbaum**  
(joyandseymour@gmail.com)  
**Secretary: Tish Richter** (tish227@yahoo.com)  
**Treasurer: Michele Gershman Bennett**  
(mbennett1150@gmail.com)  
**Trustees: Carrol Sallas** (sallas2@sccoast.net),  
**Ariane Lieberman** (rundoc13@gmail.com), **Andy Friedman** (andy.friedman@hotmail.com); **Seymour Birnbaum** ([joyandsey@ethanrand.com](mailto:joyandsey@ethanrand.com)); **Butch Miceli** (cody.miceli@gmail.com)

TEMPLE MEMBERS, please note: You have access to membership information by going to [www.chaitrack.com](http://www.chaitrack.com). If you need a user name and password, contact Andy Friedman, [andy.friedman@hotmail.com](mailto:andy.friedman@hotmail.com).



### Rabbi Scott Weiner

The rabbi is scheduled to lead *Shabbat* services on Friday, 22 November 2024, and a morning class on Saturday, 23 November 2024.

Arrangements for Rabbi Weiner are made possible through THE ALWYN O. GOLDSTEIN MEMORIAL SHABBAT FUND.

### T B E 1772 LEGACY GROUP

Brenda & Benedict Rosen  
Richard Dimentstein  
Ruth & Herb Feinberg



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Address \_\_\_\_\_

Use a separate sheet if you wish to order more than three leaves.

Leaf 1 \_\_\_\_\_

Leaf 2 \_\_\_\_\_

Leaf 3 \_\_\_\_\_



A check for \$\_\_\_\_\_ (**\$36 per leaf**) has been enclosed. Checks should be made payable to **Temple Beth Elohim**.

Thanks for your support.

Mail to: TBE, PO Box 571, Georgetown, SC 29442



### BIRTHDAYS

#### SEPTEMBER

- 1 Edwina Friedman
- 15 Richard Dimentstein
- 16 Carrol Sallas
- 19 Seymour Birnbaum
- 20 Andy Friedman

#### OCTOBER

- 2 Tony Cavaliere
- 2 Gary Friedman
- 3 Louis Greenzweig
- 5 Marilyn Horowitz
- 12 Myla Specht
- 13 Debbie Smith
- 16 Alex Cohen



### ANNIVERSARIES



#### SEPTEMBER

- 10 Kathryn & David Kossove
- 13 Edwina & Andy Friedman
- 16 Lynn & Michael Davidson
- 17 Ariane & Craig Lieberman

#### OCTOBER

- 14 Adele Franzblau & Marty Kleinrock



Let us pray for the restoration of health of  
**SHANE FINKEL**  
grandson of Carrol Sallas

## DONATIONS



**Michele & Jim Bennett** to the General Fund and the Security Fund  
**Gerry Berkman** to the General Fund in memory of Arlyne Berkman and Robbie Todd Berkman  
**Susan & Brian Berry** to the General Fund in memory of Philip Schneider  
**Randy & Tony Cavaliere** to the Security Fund  
**Richard Dimentstein** to the Cemetery Wall Fund; Security Fund, General Fund in memory of Edna Dimentstein  
**Sandy Firestone** to the Cemetery Wall Fund  
**Edwina & Andy Friedman** to the Security Fund  
**Shirley & AJ Giegerich** to the Security Fund  
**Rosalind & Louis Greenzweig** to the Security Fund  
**Pam & George Gross** to the General Fund  
**Debbie Hart** to the General Fund in memory of Paula Blum  
**Kathryn & David Kossove** to the General Fund  
**Ariane & Craig Lieberman** to the General Fund in memory of Rose Ulrich, Malva Ulrich and Tillie Lieberman  
**Dan Mathless** to the Security Fund  
**Tish Richter** to the General Fund in memory of Allen Poaster  
**Dick Rosen** to the General Fund and the Cemetery Wall Fund  
**Carrol Sallas** to the Cemetery Wall Fund and the General Fund in memory of Mary Levine and Phyllis Levine  
**Cassie M. Smith** to the General Fund in memory of Mark Rosen  
**Marcia Weinberg** to the General Fund in memory of Arnold Lieberman  
**Kathy & Ted Weiss** to the General Fund



Dr. Craig Lieberman

### *Craig's Corner*

#### Why is my blood pressure so difficult to control?

Have you ever wondered why you wake up one day and suddenly you have hypertension? Or have you ever wondered why your blood pressure changes with age or even every time you go to the doctor? These are all very frustrating but normal questions. Patients ask me on a regular basis and the answer is fairly straightforward. As we age, those beautiful blood vessels that we were born with, which are unbelievably elastic, have become stiff and have turned into glass tubes. The medical term for this is compliance which decreases with age and makes

pressure rise with only minimal changes in volume. These changes are also compounded by plaque deposition, which I call "rust," and happens with the aging process. This is compounded by the natural loss of baroreceptor function or pressure control mechanisms which comes with age. In general, the systolic blood pressure tends to rise with age and the diastolic pressure tends to stay the same or drop slightly. These changes cause greater variation in pressure as we age. For example, if a young person ends up in the Emergency Room after a severe car accident, losing several pints of blood, they are usually able to maintain a normal blood pressure by vasocon-

striction and increased cardiac output. However, when folks of our age group end up with traumatic events even the smallest change in volume can cause dramatic symptomatic hypotension. This is also seen in our age group when we present, with other acute events, infective processes, situations of dehydration, or acute changes in renal function, all of which cause more dramatic blood pressure swings.

The symptoms of hypertension are quite nonspecific. Although, many patients claim to feel symptoms of high

[continued on p. 5 – CRAIG'S CORNER - BLOOD PRESSURE]



## Craig's Corner

### BLOOD PRESSURE

[continued from p. 4]

blood pressure. This is extraordinarily difficult to document or prove. As a matter of fact, when this has been studied statistically, we are usually unable to find or feel symptoms of changing pressures on the high end. This is why hypertension is called "the silent killer." On the contrary, symptoms of hypotension are quite striking in our age group and include dizziness, nausea, vision changes, confusion, or syncope. In patients on medical therapy for hypertension, such events are even more likely to be extreme since medical therapy may limit our ability to compensate for these events.

As you know, medical therapy for hypertension changes over time. This is not only due to the age-related issues we have discussed, but also, based on

our volume status, salt in our diet, changing renal function, and even stress in our lives. We also must deal with new medical problems which can affect our blood pressure and its treatment. For example, during an acute heart attack, and subsequent treatment of coronary disease, not only will pressures change, but treatment of your longstanding hypertension will change. Stroke and diabetes re other examples of diseases that may require changes in your longstanding blood pressure medication. So, the next time you go to your doctor, don't be frustrated when you see blood pressure changes that need adjustments in your medical therapy.

Our goal is still long-term pressure control to decrease our risk for cardiovascular events.

### *From the President*

[continued from p. 1]

each time a police officer stands guard over us, whether it is for *Shabbat* Services, High Holy Days, a holiday or event. This expense is taking a toll on our budget. To ease this burden, we are asking you, members and friends, to "sponsor" this security measure for a particular worship service.

This is how it will work: Mail you donation of \$160 to Temple Beth Elohim. Specify the date you would like to sponsor police protection, (a Friday night service, holiday, etc.) otherwise write "RANDOM." The donation can also be made on our website by typing "\$160" under "OTHER."

I also want to give you an update on the temple's Fundraising Committee. They have been hard at work strategizing and campaigning to raise money for the Temple Beth Elohim Cemetery Wall Fund. Our cemetery is 252 years old, the second oldest Jewish cemetery in South Carolina. The surrounding wall and the accompanying ironwork have eroded to the point where they need to be repaired and maintained into the future..

We are asking for your help – not only by donating, but by spreading the word among friends, family, and community members. The Committee is setting up a "Circle of Support" which will display the names of

donors who contribute \$50 or more. It will be a circle, with the names of the donors radiating from the circumference and will be displayed in our Social Hall

There is still one more issue concerning the cemetery and that is the financial stability of its account and its ability to provide perpetual care. This problem is not unique to Temple Beth Elohim Cemetery. The funding for the care of final resting places all over the country has diminished due to economic downturns. There are cemeteries and memorial parks that have literally run out of the money that was invested and designated for the perpetual care of their gravesites and surrounding gardens. Right now, Temple Beth Elohim Cemetery can maintain itself. However, it does not have a secure future. The Fundraising Committee is addressing this issue and working on a strategy.

On 4 September 2024, the Hebrew month of *Elul* will begin. Sue Cohen's article (p. 2) explains how we use that month to spiritually prepare for the High Holy Days. Many of our members may recall that nearly one year ago, Rabbi Scott touched on this very same idea during his Saturday class. Let us all remember and reflect on the events of this past year and hope for less turbulence and much more peace.

*Shanah tovah!*

RAD

## WISDOM FROM AFAR

[continued from p. 2]

the 13 Attributes, saying, “Whenever Israel sins, let them recite this (the 13 Attributes) in its proper order and I will forgive them.”

According to rabbinic opinion, the 13 Attributes of Mercy are as follows:

1. *Adonai* – The Lord is merciful before a person sins, aware that future evil lies dormant within them.
2. *Adonai* – The Lord is merciful after the sinner has gone astray.
3. *El* – A name of God that denotes power as ruler over nature and humankind, indicating that God’s mercy sometimes surpasses even the degree indicated by this name.
4. *Rahum* – God is compassionate and filled with loving sympathy for human frailty, does not put people into situations of extreme temptation, and eases the punishment of the guilty.
5. *V’harnun* – God is gracious and shows mercy even to those who do not deserve it, consoling the afflicted and raising up the oppressed.
6. *Ereh apayim* - God is slow to anger, giving the sinner ample time to reflect, improve, and repent.
7. *V’rav hesed* – God is abundant in kindness, even toward those who lack personal merits, providing more gifts and blessings than they deserve. If one’s personal behavior is evenly balanced between virtue and sin, God tips the scales of justice toward the good.
8. *V’emet* – God embodies truth and never reneges on His word to reward those who serve Him.
9. *Notzeir hesed la-alafim* – God is the preserver of kindness for thousands of generations, remembering the deeds of the righteous for the benefit of their less virtuous generations of offspring.
10. *Nosei avon* – God is the forgiver of iniquity, forgiving intentional sin resulting from an evil disposition, as long as the sinner repents.
11. *Pesha* – God is the forgiver of willful sin, allowing even those who commit a sin with the malicious intent of rebelling against and angering Him the opportunity to repent.
12. *V’hata’ah* – God is a forgiver of error, forgiving a sin committed out of carelessness, thoughtlessness, or apathy.
13. *V’nakeh* – God is merciful, gracious, and forgiving, cleansing the sins of those who truly repent. However, if one does not repent, God does not cleanse.

I see in these attributes guidance for myself in my interactions with other people, to see the value of extending acceptance, kindness, and grace to the people I care about, to not be demanding or judgmental. It can be a path to inner peace and contentment.

*L’shanah tovah!*

SC



## Sukkot

16-23 October 2024      14-21 Tishrei 5785

*Chag Sameach*

*Wishing you a festive Sukkot*



## Yahrzeits



### SEPTEMBER

8 Herbert Solomon husband of Janet Solomon  
 8 Raymond Moore friend of Adele Franzblau  
 9 Bryan M. Schneider brother of Susan Berry  
 11 Charles Libros cousin of Art Kaufman  
 11 Larry Poaster brother of Tish Richter  
 11 Sheldon Gershman father of Mishele Bennett  
 14 Margaret Friedman-Vaughan  
 friend of Adele Franzblau  
 15 George Lichtenstein uncle of Michele Bennett  
 19 Sydney Abrams member Temple Beth Elohim  
 20 Sadye Danzig member Temple Beth Elohim  
 24 Meyer Cornis uncle of Ruth Farb  
 25 George Levkoff grandfather Dick Rosen  
 27 Toba Vallens Farb mother of Ruth Farb  
 29 Jack Levkoff cousin of Dick Rosen



### OCTOBER

1 Selma S. Weiss mother of Noreen Davis  
 3 Helen Friedman stepmother of Gary Friedman  
 and Andy Friedman  
 7 Judy Rosen sister of Marilyn Horowitz  
 7 Lazarus Levkoff grandfather of Susan Berry  
 9 Bernard Pockell father of Sheila Borash  
 9 Cecil W. Schneider father of Debbie Smith  
 10 Clark Gottlieb past president Temple Beth Elohim  
 10 Minnie F. Ringel member Temple Beth Elohim  
 11 Alexander Apfel father of Cindy Danzek  
 12 Abraham Fogel member Temple Beth Elohim  
 14 Wolfie Rand father of Joy Birnbaum  
 17 Hirsch Schneider great uncle of Susan Berry  
 great grandfather of Debbie Smith  
 18 Frieda Birnbaum mother of Seymour Birnbaum  
 19 Myrna Fishbein aunt of Ariane Lieberman  
 23 Benjamin D. Richman cousin of Seymour Birnbaum  
 24 Philip Hurwitz member Temple Beth Elohim  
 24 Julius Fogel member Temple Beth Elohim  
 24 Theresa Block Baruch member Temple Beth Elohim  
 30 Meyer Danzig member Temple Beth Elohim  
 30 Marilyn Swillinger mother of Kathryn Kossove  
 31 Frances Goldstein stepmother of Roz Greenspon

Any corrections or additions please contact Richard Dimentstein [rdimentstein@gmail.com](mailto:rdimentstein@gmail.com) or at [info.bethelohim@gmail.com](mailto:info.bethelohim@gmail.com) .  
 Names are read every Friday night for *yahrzeits* in the upcoming week.

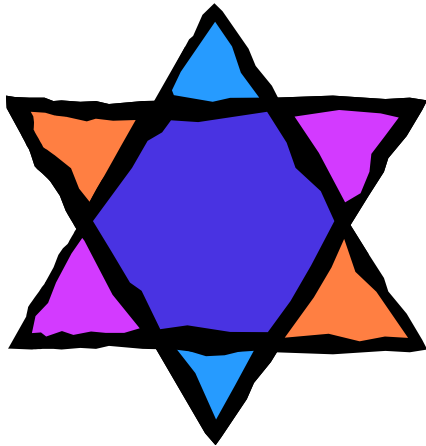
### *Beth Elohim Cemetery*

Cemetery plots are for sale in our unique, historic resting place. The Cemetery Committee, chaired by SEYMOUR BIRNBAUM, has prepared the appropriate documentation for the purchase of gravesites.

Call the temple (843 325-0389) and request copies of Burial Rights, Rules and Regulations, Fee Schedule, and a schematic of burial plot locations. All plots include perpetual care. Plots are only available to current members of Temple Beth Elohim and to their families.

### *New Memorial Plaques*

Plaques are displayed permanently on our *Yahrzeit* Board and are lit on the death anniversary of the honoree. Any member who would like to memorialize a loved one should speak with one of our Board members.



First Class  
Postage

## **SHALOM**

*A blend of faith and friendship for over 100 years*

**Temple Beth Elohim**

**P. O. Box 571**

**Georgetown, SC 29442**

**Temple Beth Elohim**

*A blend of faith and friendship for over 100 years*



### **Committee Members**

Ritual Chair: Andy Friedman (Richard Dimentstein)  
Membership/Publicity Chair: Joy Birnbaum  
Cemetery Chair: Seymour Birnbaum  
Communications: Andy Friedman  
Finance Chair: Michele Gershman Bennett  
Sunshine Committee Chair: Tish Richter  
Building & Grounds Chair: Seymour Birnbaum (Craig Lieberman)  
Newsletter Editors: Richard Dimentstein, Joy Birnbaum  
Library Chair: Richard Dimentstein (Tish Richter)  
*Oneg Shabbats*: Ariane Lieberman  
Web Page: Joy Birnbaum  
Website ([www.templebethelohim.net](http://www.templebethelohim.net)): Joy Birnbaum  
Photography: Randy Cavaliere (Joy Birnbaum)