



FROM OUR HEARTS & HANDS TO YOURS

The Waist-Tied, Cap Sleeve Sweater



This pattern contains a short, cap sleeve sweater that is tied at the waist. It will fit the 14" Hearts for Hearts doll. The instructions were written as part of an effort to give dolls with outfits to young patients in hospitals.

For more information, visit Stitchin' for Kids website at stitchinforkids.org.

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Requirements:

Yarn – Sport Weight

Needles – Size 5 needles, optionally use size 4 needles on ribbing

Gauge: 7 st per inch

Notes:

This sweater is knit in one piece from the top down binding off the sleeves half way down.

Abbreviations:

Using BO=bind off, K=knit, K2tog=knit 2 together, P=purl, pm=place marker, R=row, sts=stitches, yo=yarn over

Instructions:

Cast on 41 sts (option size 4 needles)

R 1: *K, P* across row ending with K

R 2: *P, K* across row ending with P

Repeat row 1 and 2.

Using size 5 needles

R 5: K, P, K, P, K 2, pm, K8, pm, K13, pm, K8, pm, K2, P, K, P, K (ending pattern will be 6, 8, 13, 8, 6)

R 6: P, K, P, K, P33, K, P, K, P

R 7: First "Increase row": K, P, K, P, knit until stitch before markers. On stitches before and after marker, knit in front and back of stitch. K until 4 stitches remaining then P, K, P, K .

At end of row 7, there will be 49 stitches (pattern will be 7, 10, 15, 10, 7)

R 8: P, K, P, K, P41, K, P, K, P

R 9: Increase row (ending pattern will be 8, 12, 17, 12, 8)

R 10: P, K, P, K, P49, K, P, K, P

R 11: Increase row (ending pattern will be 9, 14, 19, 14, 9) .

R 12: P, K, P, K, P5, K14, P19, K14, P5, K, P, K, P By changing stitches on sleeve area to knit, a nice rib will appear to finish sleeves.

R 13: Increase row (ending pattern will be 10, 16, 21, 16, 10)

R 14: P, K, P, K, P6, K16, P21, K16, P6, K, P, K, P

R 15: Increase row (ending pattern will be 11, 18, 23, 18, 11)

R 16: P, K, P, K, P7, K18, P23, K18, P7, K, P, K, P

R 17: Increase row (ending pattern will be 12, 20, 25, 20, 12)

R 18: (remove markers as you come to them) P, K, P, K, P8, BO 19 (leaving the last of the 20 stitches on the right needle), P25, BO 19 (leave last stitch), P8, K, P, K, P K (Binding off creates the finished cap sleeve)

R 19: K, P, K, P, K8, K2tog, K24, K2tog, K7, P, K, P (This will unite front pieces to back)

R 20: P, K, P, K, purl until there are four stitches remaining, K, P, K, P

R 21: K, P, K, P, knit until there are four stitches remaining, P, K, P, K

R 22: P, K, P, K, purl until there are four stitches remaining, K, P, K, P

(Optionally switch to size 4 needles for ribbing)

R 23: *K, P* across row ending with K

R 24: *P, K* across row ending with P

R 25: K, *yo, K2tog*, repeat across row

R 26: *P, K* across row ending with a P. Your knit stitch will be knit in the back of the previous row's yarn over

R 27: BO as you continue rib pattern.

Weave in ends.

Crochet a chain 20" long. Weave through the holes created by yo. Weave in ends and knot.