



KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD

AUGUST- 2011 GNM EXAMINATION

1<sup>st</sup> year Paper - IV Community Health Nursing - I  
(Community Health Nursing, Environment Hygiene, Health Education  
and Communication Skills, and Nutrition)

Time: 3Hours

SECTION -I

Max. Marks:75

I. Define the following

- a) Community. b) Weaning.  
c) Primary Health care. d) Immunity.

1x4=4

II. Fill in the blanks

- a) Anti Tobacco day is celebrated on \_\_\_\_\_.  
b) A Sub centre covers a population of \_\_\_\_\_.  
c) "I Pill" is an example of \_\_\_\_\_ contraceptive.  
d) Universal symbol of Nurses is \_\_\_\_\_.

1x4=4

III. Write short notes on any FOUR of the following

- a) Functions of primary health centre.  
b) Characteristics of healthy individual.  
c) Role of an ASHA worker in Maternal and Child Health services.  
d) Standing orders for conditions affecting digestive system.  
e) Records and Reports.

4x4=16

IV. a) Define Home visiting.

- b) Enumerate the principles of Home Visiting.  
c) Explain Bag technique.

1+3+5=9

V. Explain the role of Community Health Nurse in control of Infectious diseases.

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SECTION - II

VI. State whether the following statements are TRUE or FALSE

1x4=4

- a) One gram of carbohydrate yields 9 calories.  
b) Light is measured in terms of decibels.  
c) Sleeping sickness is caused due to the bite of sand flea.  
d) Essential amino acids are 8 in number which can not be synthesized in the body.

VII. Differentiate between the following

1x3=3

- a) Socratic method and Didactic Method  
b) Koplik's spot and Bitot Spot  
c) Sewage and Sullage

VIII. Write short notes on any FOUR of the following

4x4=16

- a) Mosquito control measures.  
b) Global warming and its effects.  
c) Preservation and storage of food.  
d) Methods in Health communication.  
e) Water borne diseases.

IX. a) Define Nutrition.

- b) List out the functions and classification of food.

1+7=8

X. a) Define Health Education.

- b) Briefly explain the contents of Health Education.

2+4=6

K S D N E B