



EMDR International Association Approved EMDR Therapy Consultations

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EMDRIA Approved Consultant & Trainer**

CONSULTATION CONTRACT & AGREEMENT

1. OVERVIEW:

- A. EMDR Therapy Consultations offered in this plan will cover 10 hours of Individual Consultations and 10 hours of Group Consultations meeting the EMDR International Association Guidelines for Certification as is currently in force.**
- B. If additional requirements are stipulated by the EMDR International Association in the future, this Contract will be amended accordingly**
- C. The Consultation Fee for the 10 hours of Individual Consultations and 10 Hours of Group consultations is \$1000 payable at the time this Contract goes into effect. Payment plan will be available at an additional cost.**

2. Individual Consultations:

- A. Individual Consultations will be offered in Dyads in a 90 minute session, where each participant will have 45 minutes in a 90 minute session. This will count as a 60 minute Individual Consultation for each participant. The participants can learn from each other's experiences and gain from a more intensive discussions in a longer session format**
- B. Each participant in this plan will share the cost of the consultation which works out to \$75 per consultation instead of the standard fee of \$120 for a 60 minute session.**

3. Group Consultations:

- A) Group consultations are 90 minutes long**
- B) The Group size is limited to 6 participants with an average of 15 minutes for each participant**
- C) Consultees participating in this plan get a discounted fee of \$25 per hour of Group Consultation as compared to the standard fee of \$35 per hour for those who are not participating in this plan**

4. Remote Video Conference Consultations

- A) Consultees can participate in both the Individual and Group Consultations either in person on ground or remotely through 'Zoom' Video Conferencing at no additional cost**
- B) In order to participate in the Consultations remotely, the Consultee needs a Web Cam and a high-speed internet connection**
- C) Consultees can participate in video conferencing using their computer, tablet, or even a smart phone**
- D) Consultees are advised to use high quality webcam and wired or blue tooth microphone in order to have a quality video-conferencing experience**

5. This Consultation Plan will be valid for 18 months from the effective date of this contract. This will require that the Consultee to complete the 10 hours of Group and Individual Consultations in 18 months failing which he/she will forfeit any unused consultation hours

- A) Consultant will offer adequate time slots to accommodate the consultees, but it will be the responsibility of the Consultees to arrange their schedules to participate in the available time slots**
- B) The Consultee will have to sign up for the consultation on 'Calendly', an online signup system in the available time slots on a 'first come first served' basis**
- C) The Consultee can choose to participate on ground or remotely in any of the scheduled consultations at any time**
- D) If the Consultee does not cancel the scheduled consultation appointment at least 72 hours in advance, it will be forfeited and will count towards the contracted consultation hours. Exceptions include personal or family medical emergencies only.**

6. Limitations of Consultations

- A) No supervisory or employment relationship exists between the Consultant and the Consultee. Consultee & Consultee’s Clinical Supervisor as appropriate, are solely responsible for the services provided to Consultee’s clients. Consultant is not responsible or liable for any ethical violations or misconduct by the Consultee in their clinical practice.
- B) The Consultant will provide information based on research, scholarly consensus, and Consultant’s experience for Consultee to consider. Consultee will, at all-times will rely on his or her own judgment in offering specific psychotherapy services to Consultee’s clients.
- C) The Consultee who is not yet independently licensed is mandated to seek on-going clinical supervision from a Licensed Mental Health Professional during the course of the EMDR Therapy Consultations

7. The Consultant will provide the letter of recommendation for EMDRIA Certification after the Consultee has met the conditions as specified below

- A) The Consultee has to actively participate in the Consultations and demonstrate one’s understanding of all the eight phases of EMDR Therapy protocols/procedures and three-pronged approach as taught in the EMDR Basic Training
- B) The Consultee has to demonstrate fidelity to EMDR Therapy protocols and procedures
 - a) Through discussions and role-plays during Consultations
 - b) Video recording of EMDR therapy sessions with a client demonstrating Phase-3 through Phase-8
 - c) A written case study for one client from the intake session, covering psychosocial assessment, autobiographical narrative, and the treatment plan as outlined in the Therapy Manual from the Basic EMDR Training
 - c) A final oral or written test covering the material from the EMDR Basic Training
- C) If the Consultant in his/her subjective assessment finds the Consultee deficient in any aspect of implementing the protocols and procedures of EMDR Therapy, the Consultant is required to provide constructive feedback with the goal of facilitating Consultee’s learning and clinical competencies in a timely manner
 - a) The Consultant may require the Consultee to do appropriate remedial work and/or seek additional consultations for additional fee in order to accomplish that goal
 - b) The Consultant’s decision in this regard is final and is not subject to appeal

8. Confidentiality: Consultee will notify clients and obtain written informed consent for consultation prior to presenting any case material to the Consultant and the Consultation Group. Consultee will omit or redact any and all potentially identifying information from written materials and in oral discussions with Consultant and the Consultation Group..

9. Termination of Consultation Contract:

- A) The Consultant or the Consultee can terminate this Contract at any time without cause or reason
- B) If the Consultant chooses to terminate the Contract, the Consultant will refund the balance of the fees paid after deducting the fees for the consultation sessions used, including the missed appointments.
- C) If the Consultee chooses to terminate the Contract, full fee of \$35 per hour of Group Consultation and \$100 for the Individual Consultation will be applied toward the sessions attended including the missed appointments
- D) Resolution of issues: Consultant and Consultee abide by their respective professional organizations’ code of ethics. If any ethical issues arise related to the consultation relationship, Consultant and Consultee will make every effort to resolve them informally and with good will.

10. I (Name) _____ have read the above, and understand all the clauses in this contract and consent to the same. I hereby execute this contract to take effect from (Date)_____

Consultee

Date

Consultant

Date

