

Week two menu



Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausages in gravy Pork and leek sausages in onion gravy Contains allergens: Gluten	Pasta Bolognese Penne pasta with minced beef in a rich tomato Sauce Contains allergens: Wheat	Sliced Roast Chicken in Gravy Slices of succulent roast chicken breast in gravy.	Pork Meatballs & tomato & herb sauce Pork cooked in a tomato, onion & herb sauce Contains allergens: Gluten, Milk	Sweet & Sour Chicken Chicken nuggets with pineapple in a fruity sauce Contains allergens: Wheat
Vegetarian option	Vegetable Pie A rich shortcrust pastry pie filled with mixed vegetables and potatoes in a cheddar cheese sauce. Contains allergens: Wheat, Milk, Mustard	Macaroni Cheese Everyone's favourite pasta in a cheesy sauce Contains allergens: Wheat, Milk	Vegetarian Hotpot (GF) Quorn with haricot beans, mixed peppers in a vegetable sauce topped with potatoes Contains allergens: Egg	Potato, Cheese & Leek bake (GF) Herby diced potato with leeks in a cheese sauce Contains allergens: Milk	Cauliflower & Broccoli pasta Pasta in a cheese sauce with cauliflower and broccoli Contains allergens: Milk, Wheat
Side dish	Roast Potatoes Broccoli	Sweetcorn Peas	Mashed potato Carrots	Roast potatoes Green beans	White rice Carrots
Dessert	Chocolate Sponge (GF) & custard A light & delicate sponge Contains allergens: Egg	Fruit & Ice Cream Contains allergens: Milk	Ginger cake & Custard A moist, sweet loaf cake with a delicious ginger 'kick' that is guaranteed to delight the taste buds. Contains allergens: Ground almonds	Creamy Rice Pudding (GF) Contains allergens: Milk	Banana & Custard

Tea

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pasta in Tomato & Basil Sauce Everyone's favourite pasta in a herb sauce Contains allergens: Wheat, Milk	Margherita Pizza Pizza dough base with tomato sauce grated cheddar cheese Contains allergens: Wheat, Milk	Fish Fingers	Chicken Korma (GF) Diced chicken in a creamy coconut sauce Contains allergens: Milk	Pasta Bolognese Penne pasta with minced beef in a rich tomato sauce Contains allergens: Wheat
Vegetarian Option				Vegetarian Tikka Masala Pieces of quorn in a creamy spiced tomato sauce with onions, peppers and yoghurt Contains allergens: Milk, Egg	Vegetarian Hotpot (GF) Quorn with haricot beans, mixed peppers in a vegetable sauce topped with potatoes Contains allergens: Egg
Side dish	Peas Sweetcorn	Shaped potato Baked beans	Potato Shapes Peas	Yellow rice Peas	Carrots
Dessert	Apple & Biscuit	Yoghurt & Biscuit	Angel Delight	Bananas & custard (GF)	Orange Slice & Biscuit (GF)