

Rajiv Gandhi University of Health Sciences, Karnataka

1 Year B.Sc. Nursing (PC) Degree Examination – Mar 2013

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS (RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Explain in detail the method of cooking keeping in mind the preservation of nutrition
2. Plan a therapeutic diet for a patient suffering with Diabetes mellitus

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Diet in post-operative care
4. Principles of nutrition
5. Diet for a sick child
6. Methods of assessing nutritional status of a child below 5 years

SHORT ANSWERS

5 x 2 = 10 Marks

7. Nutritive values of milk
8. Low cost nutritious food
9. Proteins
10. Food hygiene
11. Substitutes for non vegetarian foods
