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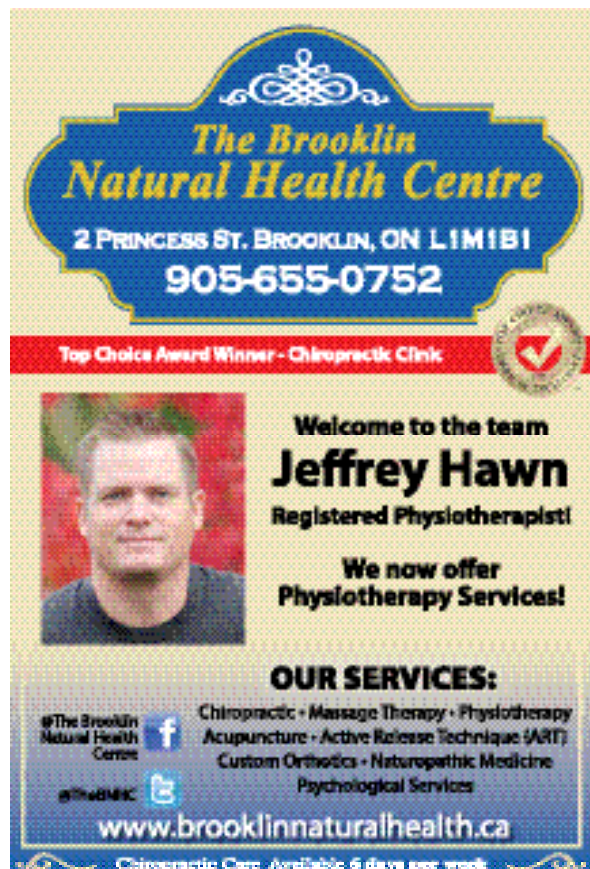
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Top Choice Award Winner - Chiropractic Clinic



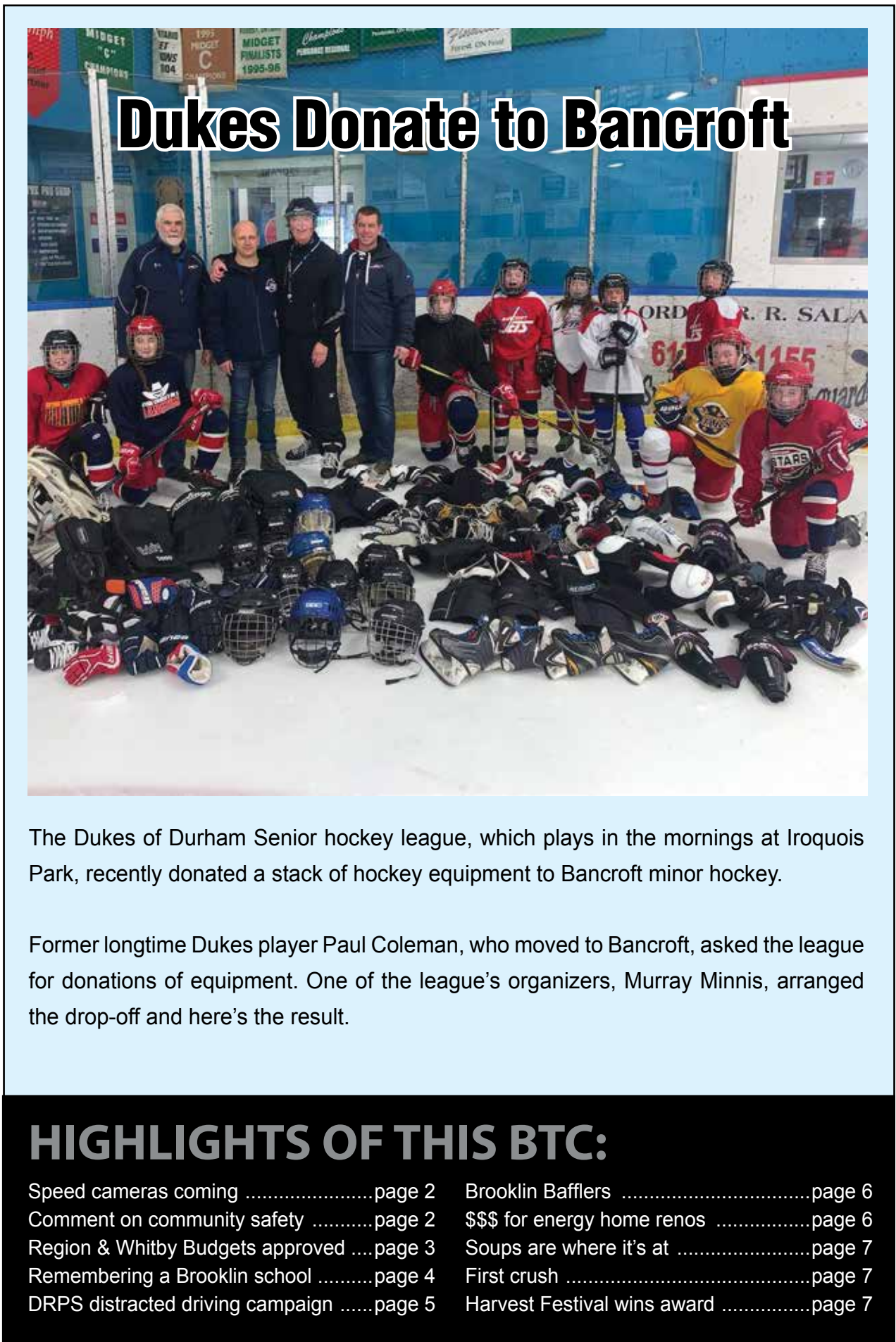
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## Dukes Donate to Bancroft

The Dukes of Durham Senior hockey league, which plays in the mornings at Iroquois Park, recently donated a stack of hockey equipment to Bancroft minor hockey.

Former longtime Dukes player Paul Coleman, who moved to Bancroft, asked the league for donations of equipment. One of the league's organizers, Murray Minnis, arranged the drop-off and here's the result.

### HIGHLIGHTS OF THIS BTC:

Speed cameras coming .....page 2	Brooklin Bafflers .....page 6
Comment on community safety .....page 2	\$\$\$ for energy home renos .....page 6
Region & Whitby Budgets approved ....page 3	Soups are where it's at .....page 7
Remembering a Brooklin school .....page 4	First crush .....page 7
DRPS distracted driving campaign .....page 5	Harvest Festival wins award .....page 7

Make a WILL now,  
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later



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# Speed Enforcement Cameras Coming Soon

The Region of Durham is installing automated speed enforcement (ASE) signage on Durham roadways, advising drivers that speed cameras will begin operation in May.

"We are ready to roll out automated speed enforcement, an effective tool to get drivers to slow down and drive with care," says Ramesh Jagannathan, Director of Transportation and Field Services for Durham Region. "As part of Durham Vision Zero's goal to eliminate fatalities and serious injuries on our road-

ways, we know that reducing speed is the best way to decrease the frequency and severity of collisions. Automated speed enforcement is the reminder some drivers need to follow posted speed limits for the safety of our community."

Drivers will notice the automated speed enforcement "coming soon" signs in some school zones and designated Community Safety Zones on Regional roads.

In Whitby, the cameras will be locat-

ed near Sinclair Secondary School (Taunton Road East) and Anderson Collegiate Vocational Institute (Anderson Street).

A full list of locations where Durham Region plans to use ASE can be found at [durham.ca/ASE](http://durham.ca/ASE).

After the 90-day advance signage period, ASE cameras take images of vehicles that are detected going over the speed limit. These images will be reviewed by a Provincial Offences Act officer, and an offence

notice will be sent to the registered owner of the vehicle.

Durham Region is one of many municipalities across Ontario using ASE to create safer roads. Learn more about ASE in Ontario at [ASEOntario.com](http://ASEOntario.com).

Durham Vision Zero is a long-term plan to ensure a safe transportation system that sees no lives lost or serious injuries on Durham's roadways. Learn more at [durham.ca/VisionZero](http://durham.ca/VisionZero).

## Residents Can Comment On Community Safety Plan

Durham Region is developing a Community Safety and Well-Being Plan (CSWP), as required by the new legislative amendments to the Police Services Act. This will be undertaken in a collaborative manner with Durham Regional Police Service, a steering committee, community partners and members of the public.

To assist in the development of our CSWP, the Region wants to know the main issues people who live or work in Durham are facing. Residents can provide their feedback through a survey on [durham.ca/CSWP](http://durham.ca/CSWP) for a chance to win a FitBit. The survey will be open until March 31.

"We all want a community where everyone has a sense of safety, belonging and access to services; a place where educational, health care, food, housing, income, social and cultural expression needs are met," said John Henry, Regional Chair and Chief Executive Officer. "To build an effective plan, we need expertise from across various departments and agencies. Together, we can ensure that Durham remains a great place to live, work, invest, play and learn."

### Identify strategies

A CSWP involves approaching service delivery in an integrated manner by working across a range of sectors, agencies and organizations; assisting partners whose mandate is focused on community safety and wellness. The CSWP will identify strategies and programs to address local priorities (e.g. risk factors, vulnerable groups, etc.) related to crime and complex social issues, on a sustainable basis.

"Durham Region is growing quickly, and our demographics are changing," said Elaine Baxter-Trahair, Chief Administrative Officer. "Having a plan will give us a sense of shared ownership for community safety and well-being. It also provides us with an opportunity to enhance our many

initiatives that are already in place, such as the Durham Region Strategic Plan, Priority Neighbourhoods Roundtable, the Financial Empowerment Framework, and the Durham Connect Table."

Last November, the Region hosted the first Community Partner Roundtable, which featured a presentation from the provincial government, as well as a facilitated group discussion.

### Steering committee

The CSWP is being led by a Steering Committee, which includes City of Oshawa Mayor Dan Carter. This team is also being supported by two executive sponsors, the Region's Chief Administrative Officer and the Durham Regional Police Service Chief.

The Steering Committee met for the first time in November and will meet regularly throughout the process.

In January, the Region met with area municipal staff to share data, learn more about the risk factors impacting communities and gather feedback on the process to date.

"Community safety and well-being have always been about an engaged community. The safest communities are those in which neighbours know and care for each other; where support services are available; and where citizens feel comfortable reaching out for help when they need it. This plan will help strengthen these bonds across Durham Region and we are very supportive of its development. We look forward to building new partnerships to keep our communities safe," said Paul Martin, Chief of Police, Durham Regional Police Service.

For more information, including project updates, opportunities to participate, and full rules and regulations on the contest, please visit [durham.ca/CSWP](http://durham.ca/CSWP).

## Community Calendar

**Fri., March 6: 1 pm:**  
**World Day of Prayer service at St. Leo the Great Catholic Church, 130 Watford St. (off Winchester) in Brooklin.**  
For more information on the World Day of Prayer service(s) in this community, please contact: **Donna Shaddick** Phone: **905-620-0724**  
Email: **dshaddick@sympatico.ca** To learn more about **WICC**, please go to [wicc.org](http://wicc.org) or call 416.929.5184 or email **wicc@wicc.org**.  
Mailing address: 47 Queen's Park Cres E., Toronto, ON M5S 2C3

**Sat., March 21: 7 p.m. to 12 a.m.: A Night Out on the Town**  
Mayor's Community Fundraiser At Trafalgar Castle School, 401 Reynolds St., Whitby  
A night filled with food, friends, entertainment and music  
Funds raised will support local charities, community events and organizations through the Mayor's Community Development Fund.  
Tickets on sale now!  
**WhitbyMayorsFundraiser.eventbrite.ca**  
\$120 per ticket

**Tues., March 24: 6:30-7:30 pm (4th Tuesday of each month)**  
**Teen Advisory Group at Brooklin Library**  
Whitby Library's Brooklin Branch seeks Teen Advisory Group members to share ideas, and assist with special events and programs. Grade 7-12 students earn community service hours. No registration required.  
For information, email: **teen-services@whitbylibrary.ca**

**March 26: 6:30 - 8:30 pm:**  
Brooklin Heritage Society Speaker Series at the Brooklin Library  
Nancy Trimble from the Ontario Genealogical Society, Durham Branch.

**Sun., March 29: 7:30-9 pm:**  
**Trivia Night**  
At Michael Kelly's Eatery on Winchester and St. Thomas  
\$20 per person cash only.  
Teams of 4-6 ONLY. Each team receives a large pizza and an order of garlic bread, with a beer per person. Winning team members each get a \$10 gift certificate to MK's. Drop-ins are always welcomed.  
(Dropouts not so much!)  
Hosted by the BTC with all proceeds to Prostate Cancer Canada Network (PCCN) Durham.

**Sat., May 2: 9:00am - 3:00pm:**  
St. Thomas Anglican Church  
**Spring Market Bazaar**

**Tuesdays: 7:25 pm:**  
**Brooklin Toastmasters Club**  
Practice public speaking at Brooklin Community Centre & Library.  
Contact John Johnstone at **jajhj@sympatico.ca** or phone **905-683-4439** or Elaine Goulbourne **289-404-8527** at **elainegoulbourne@rogers.com**

**1st, 2nd & 3rd Tuesdays**  
**Community Care Durham (CCD)**  
**Basic Foot Care**  
at St. Thomas' Anglican Church.  
**905-430-5732**

**Mon.-Fri.**  
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Karen Andrews **905-668-6779**

**French Family Storytime:**  
Children and their caregivers can join Madame Sue for weekly French Family Storytime! A half hour of French stories and songs, with a dash of English! Drop in at Central Library's Children's Program Room

If you have a community not-for-profit event you would like included in the calendar, please email it to [editorofBTC@gmail.com](mailto:editorofBTC@gmail.com) with the subject line "calendar." Priority will be given to Brooklin events. Some editing may occur.

**To advertise in The Brooklin Town Crier**  
**[mulcahy42@rogers.com](mailto:mulcahy42@rogers.com)**

# Region Approves 2020 Plans And Budgets

Durham Regional Council has approved the 2020 Regional Business Plans and Budgets for property-tax supported purposes.

The 2020 Property Tax Supported Business Plans and Budgets, totaling \$1.44 billion, provide for the delivery of essential services, ensuring programs and service levels are maintained, while investments in capital infrastructure and strategic investments are made to help sustain our region's high quality of life.

"The 2020 Business Plans and Budgets reflect our continued investment in the programs and services that are responsive to community needs," said John Henry, Regional Chair and Chief Executive Officer. "As Durham continues to experience rapid and diverse population growth, we are committed to delivering essential services and quality programs."

**Establishing priorities**  
The 2020 Business Plans and Budgets were designed in support of several Regional priorities: responding to growth and affordability pressures; assisting the vulnerable sector; innovating and modernizing operations; investing in infrastructure renewal; and responding to ongoing legislative and regulatory changes.

"Despite the fiscal challenges and pressures facing the municipality, Regional departments have presented sustainable business plans and budgets that enhance front-line services," said Municipality of Clarington Mayor Adrian Foster, Chair of the Finance & Administration Committee. "Together we're funding strategic investments and infrastructure—all at an affordable rate for the taxpayer."

Residents will see an average budgetary increase of 2.42% on the Regional portion of their property tax bill. That's about \$65 a year for the average residential home assessed at \$483,100. Of this levy increase, about 0.5% is in response to previously announced provincial funding reductions, to ensure programs and service levels, such as child care, are maintained.

"The 2020 budget achieves an affordable, responsible tax levy; and invests in front-line services and strategic investments needed in the region while responding to reductions in provincial funding" said Nancy Taylor, Commissioner of Finance.

Highlights include:

**Responding to growth and affordability pressures and supporting the vulnerable sector:**

- The addition of 12 new paramedics and one new ambulance that will operate along the Highway 401 corridor and increased investment in the Incident Response Unit to provide advanced care paramedic response to critical calls throughout evening hours.
- The Region will undertake a comprehensive Master Housing Strategy, which supports **At Home in Durham** and also provides for a further \$1 million investment to advance the recommendations resulting from the Master Housing Strategy and make progress towards the achievement of Council's affordable housing targets.
- Investment of \$1.5 million for 20 new front-line police officers.

• **Durham Region Transit (DRT)** will operate more than 13,000 additional hours of conventional and On Demand service (compared with 2019), including the introduction of the Region's first articulated buses and begin acquisition of the Region's first zero emission battery electric buses. DRT will continue ridership initiatives from 2019, including Kids Ride Free, Y10 youth 10-month loyalty pass and Transit Assistance Program pilot.

• The introduction of the **Ontario Seniors Dental Care Program (OSDCP)** will be administered by the Durham Region Health Department to improve access to dental care for low income seniors. OSDCP is available to people 65 years of age and older who qualify for service under this program.

• The addition of eight new front-line staff at the Region's long-term care homes will support residents and ensure levels of care.

• A one-time investment in pandemic supplies to ensure stock in case of an outbreak.

**Innovating and modernizing operations and administration:**

• Increase investment in Durham **Vision Zero** to reduce the frequency of severe collisions on our roads through a combination of engineering measures (line marking improvements, safety studies, controlled pedestrian crossings, speed management devices, and more).

• Drive implementation of the **Durham Community Climate Change Adaptation Plan** and Durham

# Whitby Council Approves 2020 Budget

Whitby Town Council has approved the Town's proposed 2020 Budget, concluding the 2020 budget process. The approved budget will result in a 1.73% increase on the total residential bill for Town services or \$7.71 per month per household (Based on the 2019 average assessment value of \$470,000 as identified by MPAC Property Notice Assessment).

The 2020 Budget focuses on delivering the services residents rely on every day, while also preparing the community for future growth.

The approved budget is available online at [whitby.ca/budget](http://whitby.ca/budget). For comments or questions about the budget, contact the Corporate Services Department at [treasury@whitby.ca](mailto:treasury@whitby.ca) or by phone at 905.430.4300 x2232.

Ward One Councillor Steve Lee, the budget chair, said, "Staff have worked hard to bring forward a budget that is fiscally responsible and ensures it meets the needs of our residents. Council took a very hard look to ensure that we are making smart investments in the necessary resources, while also making sure to deliver the services, infrastructure and facilities residents need and want, and to support our growing communi-

ty in the future."

"There was a strong debate about ways to reduce the property tax impact while maintaining existing levels of service and that outcome was achieved," added Mayor Don Mitchell. "I want to thank the members of council who made the hard, but necessary, decision to do that."

**QUICK FACTS**

- Over the next 12 years, Whitby's population is expected to grow by more than 40%.
- Only 9% of all taxes the average household pays are property taxes and only 3% of the taxes you pay go to the Town of Whitby.
- The Town's portion of the total property tax bill is 34%. The Town is responsible for collecting property taxes on behalf of the Region of Durham and the school boards.
- Roads, recreation and parks represent the highest capital investments in the proposed 2020 budget.
- More than 80% of participants in the Town's 2018 Community Survey reported that they felt they are getting "good" or "very good" value for their tax dollars. The next survey will be in the spring of 2020.

**Community Energy Plan.**

• Implement the Customer Experience Transformation Project.

• Initiate work and consultation on the design and development of a Regional Community Improvement Plan.

• Advance Transit Oriented Development (TOD) opportunities on key transit co-ordinators, including the establishment of the TOD office.

• Implement the Farm 9-1-1 Program to improve emergency response times through 9-1-1 sign coverage and documentation of property access points.

**Accommodating ongoing legislative and regulatory changes:**

• The addition of a tobacco enforcement officer to deal with increased enforcement activities, such as cannabis use and the **Regional Smoking and Vaping By-law**.

• Completion of the Region's Community Safety and Well-Being Plan.

**Investing in infrastructure renewal:**

• Road widening projects to support growth, including Westney Road in Ajax, from Rossland Road to Taunton; and Thickson Road from Wentworth Street to the CN Rail Bridge in Whitby. Also included is initial work for the planned longer-term widening and realignment of Gibb Street from Stevenson Road to Ritson Road in Oshawa.

• Rehabilitation work to maintain existing road infrastructure is scheduled across the region, including: Concession Road 7, York Durham Line and Zephyr Road in Uxbridge; Centre Street, Simcoe Street, Olive Avenue, Grandview Street North and Columbus Road East in Oshawa; Lake Ridge Road in Scugog/ Uxbridge; and Taunton Road and Enfield Road in Clarington.

• Investment of \$2.4 million in the Region's four long-term care homes and equipment.

• Replace telephony and supporting technology infrastructure for emergency 9-1-1.

• Investment in several climate change initiatives that will strengthen the resilience of Regional infrastructure and improve the environment.

• Grant funding under the Region's Community Investment Grant Policy to support the expansion of Trent University Durham and Durham College – Whitby Campus, as well as additional funding for the construction of hospices in the region.

For more information on Regional responsibilities, including programs and services, please visit [durham.ca](http://durham.ca). Residents are reminded that the Municipal Property Assessment Corporation (MPAC) sets the assessed value for each individual property. Questions about property valuation should be directed to MPAC at 1-866-296-6722 or [mpac.ca](http://mpac.ca).



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Next Issue: Friday, March 27, 2020  
Deadline: Friday March 20, 2020



Brooklin Heritage Society

# A Brooklin School Remembered

By Jennifer Hudgins

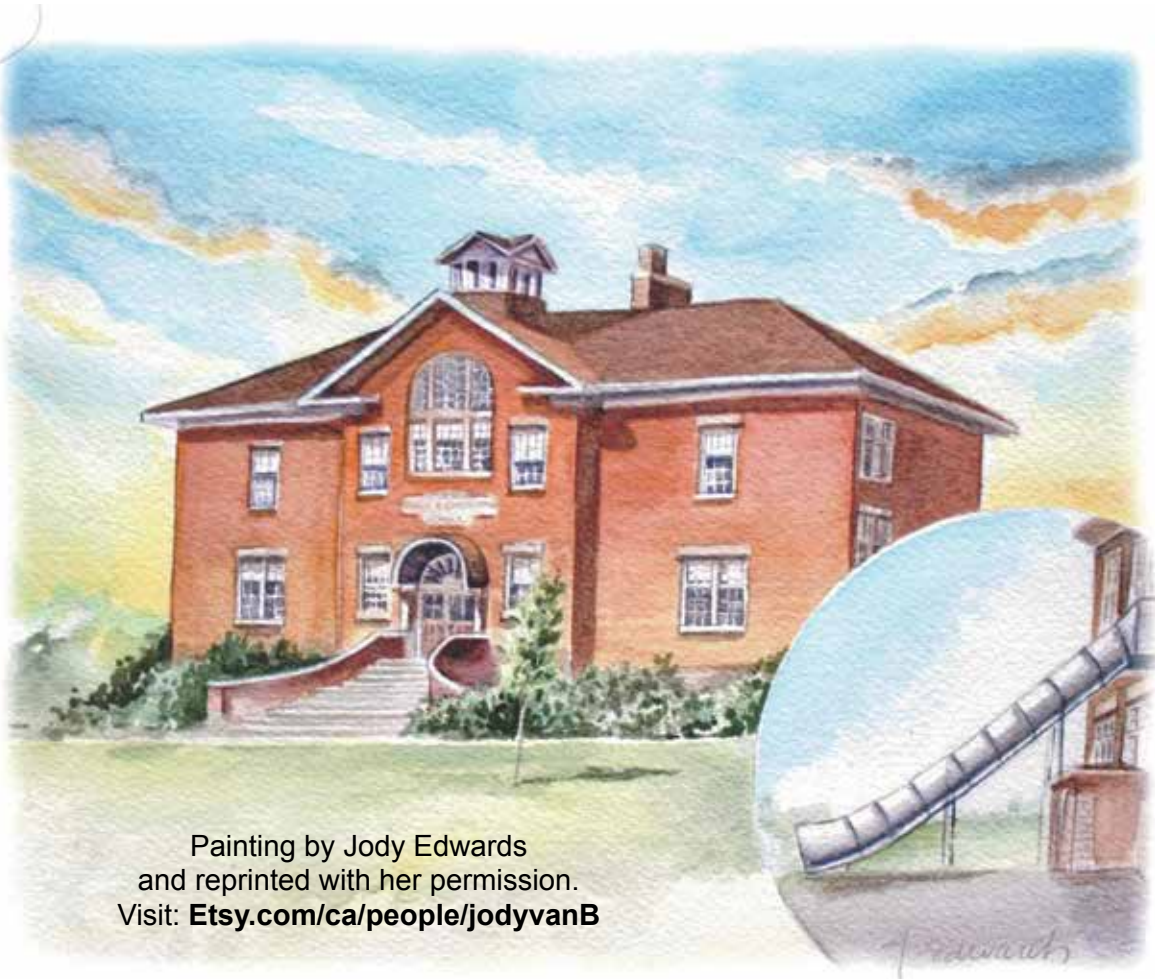
Did you attend the Brooklin Public and Continuation School, once located at the southeast corner of Winchester and Baldwin? Indeed, from 1924 to 1972 many students in Brooklin and surrounding communities attended classes there. This was where kids learned to square dance in the basement when it poured rain outside. They played baseball on the diamond out back as well as tag and Red Rover. There was even a hopscotch board by the front steps.

Spring was when the school choir and triple trio competed at the Kiwanis Music Festival in Ajax, often winning awards. Members wore white tops with navy blue bottoms as Mrs. Kight patiently conducted, except for the times when her pitch pipe found its way onto inattentive heads.

A highlight was the year the grade 8 choir was bused to the CBC studio on Parliament Street in Toronto. Fred Rogers hosted and the choir sang on the radio.

**The Tube**  
And then there was the fire escape, a 45-foot long metal tube sloped at a 30 degree angle from the 2nd floor library window to the ground. Students looked forward to the regular fire drills. During summer vacation, they'd ride inside the sizzling hot tube, a popular pastime, at least until the school board caught on and closed it at the bottom.

The building came into existence in 1923 when William Croxall, secretary of the Brooklin School Board, advertised for tenders to build on three acres of land. The winning tender was for \$35,000. The new school had to be built because the building on Winchester Road, across from the arena, was declared unsafe. It officially opened



Painting by Jody Edwards and reprinted with her permission. Visit: [Etsy.com/ca/people/jodyvanB](https://www.etsy.com/ca/people/jodyvanB)

on January 30, 1924 with six classrooms, running water and fire safety equipment.

However, by 1972, declining enrolment forced the school to close and the building was then used as storage for the Ontario County Board of Education, then later, the Durham Board of Education. It sat vacant for seven years before being sold in 1980 for \$100,000 to American Holdings. The building was being

vandalized so, in June 1982, the developer decided to demolish it, telling the Oshawa Times that it was "just an investment property."

A shopping plaza now stands on the site. But if you attended the school and are feeling nostalgic, take a drive to Woodville, Ontario where a school of the same design, built by the same architect and contractor, is still being used by students today.

## STAY CONNECTED

March 6, 2020

### UPCOMING EVENTS

**Youth Rooms**  
Youth ages 12 to 18 years are invited to drop in to any Youth Room to enjoy March Break activities from March 16 to 20. [whitby.ca/youthrooms](http://whitby.ca/youthrooms)

**Sustainability Movie Night**  
March 23 starting at 6 p.m. at the Centennial Building (416 Centre Street South). Enjoy a free screening of the documentary "Tomorrow". [whitby.ca/calendar](http://whitby.ca/calendar)

**Whitby in Bloom Speaker Series**  
March 25 at 7:30 p.m. at Brooklin United Church. Hear from Martin Galloway about his experience gardening in the wild. [whitby.ca/whitbyinbloom](http://whitby.ca/whitbyinbloom)

[whitby.ca/calendar](http://whitby.ca/calendar)

### COUNCIL MEETINGS

**Council**  
March 9 at 7 p.m.

**Committee of the Whole**  
March 23 at 7 p.m.

**Committee of the Whole**  
March 30 at 7 p.m.

**The meetings will take place at Town Hall, 575 Rossland Road East.** For more information, contact [clerks@whitby.ca](mailto:clerks@whitby.ca) or 905.430.4315 [whitby.ca/civicweb](http://whitby.ca/civicweb)

### NOTICES

**Neighbours Helping Neighbours**  
A record 142 Whitby residents who helped their neighbours clear their driveways and/or sidewalks of snow and ice this winter were recognized as "Snow Angels". Thank you for being active and caring members of the community. Every Snow Angel will receive a Snow Angel toque and letter of appreciation. [whitby.ca/agefriendly](http://whitby.ca/agefriendly)

### NEWS

**Applications Now Being Accepted for Community Development Funds**  
Community groups in need of financial support for initiatives and projects are encouraged to apply today. Applications for community grants are due at the end of each month. Lead cause applications for the 2020 Mayor's Golf Tournament are due March 31. To apply for funding visit [whitby.ca/communityfunds](http://whitby.ca/communityfunds)

**Become a Health Club Member Today!**  
Enjoy access to fitness programs, a range of cardio and weight training equipment, pool and more with a Whitby Civic Recreation Complex Health Club membership. Monthly payment plans are available. No initiation fee. [whitby.ca/fitness](http://whitby.ca/fitness)

**Monthly Construction Notice**  
The Town would like to advise residents and local businesses of upcoming road closures and construction projects. [whitby.ca/notices](http://whitby.ca/notices)

### SINGLE-USE PLASTICS SURVEY

Do you support reducing or eliminating the use of single-use plastics in Whitby?

Complete a short, online survey today.

[whitby.ca/plasticsurvey](http://whitby.ca/plasticsurvey)

### 2020 Spring/Summer Activity Guide

## REGISTRATION NOW OPEN!

All programs available for registration

[whitby.ca/getactive](http://whitby.ca/getactive)





World Glaucoma Week  
March 8-14

Early Diagnosis and Treatment is Important in the Treatment of of Eye Diseases such as Glaucoma and Age-related Macular Degeneration.

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For a FREE No Obligation phone estimate, anywhere in Whitby or Oshawa call:  
**905-655-1099 or 905-433-5000**

# DRPS Distracted Driving Campaign

A two-week driving enforcement campaign in Whitby resulted in over 400 tickets, the majority for distracted driving.

Central West Division in Whitby assembled a team to conduct a two-week roadway safety initiative in February, focusing on distracted driving, in response to concerns from the community. Although the enforcement team moved around to multiple locations, the majority of time was spent at the intersection of Thickson Road South and Dundas Street East.

During the first week, the team issued 178 Provincial Offence Notices (PONs) for distracted driving and 49 other charges for infractions such as seat belts not being used and driving without a license or insurance. Officers arrested eight suspended drivers and made two other arrests.

Week Two saw the team issue 156 Provincial Offence Notices for distracted driving and 59 other charges, including two suspended drivers and one additional arrest.

The total after two weeks includes: 334 distracted driving charges, 108 other PONs (including 10 suspended drivers) and three arrests (2 outstanding warrants, 1 theft in progress in the area).

Constable Ron Carquez, the Traffic Safety Coordinator for Central West Division, urges all motorists to pay attention when behind the wheel.

“Please focus on the task at hand and not on your cellphone screen,” he says “It just takes a few seconds of inattentiveness to cause a collision. It’s amazing how quickly it can happen.”

He also wants to remind the public it is not permitted to check your phone while stopped at a traffic light and he urges the public to invest in a dashboard mount, so drivers can operate their phones hands free.

Further enforcement campaigns are planned for the future.

Meet Your Local Merchant

Now Accepting Additional Merchants in this Feature!

Ever thought about showing your business off to all of Brooklin?

Want to complement your social media presence with another touch point?

Want to stand out from your competition?

Do you know about the 7 times rule? It takes 7 points of contact to reach your customer.

**The Brooklin Town Crier** is the only publication that reaches 8000 Brooklin homes through Canada Post. In its 20th year, the paper has a track record for supporting local businesses through its operations.

If you have a local business and want to appear consistently in **The Brooklin Town Crier**, the **Meet Your Local Merchant** feature is the most economic bang for your buck.

And the bonus is you will have an opportunity to run an editorial profile of your business at no additional cost.

For more information regarding this feature, contact us today.

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For more information about this feature contact the Brooklin Town Crier **mulcahy42@rogers.com**

Brooklin Bafflers: *by Liz Lowe*

Crossword

- Across
- 1 Unwanted e-mail

5 Craving

9 Spring sound

14 Window section

15 Writer Quindlen

16 Neighbor of Pakistan

17 Fails to be

18 Stylish gown

19 Put one's foot down

20 Plant bearing small red to yellow fruit

23 Like some symmetry

24 Twosome

25 Relative of an ostrich

28 Cut very short

31 Mouse catcher

34 Unceasingly

35 Prayer start

36 Women as a class

38 Use again after processing

41 Proctor's call

42 Insect stage

43 Part of H.M.S.

44 Removing the entrails of

49 Tennis court divider

50 "Iliad" warrior

51 Hangs over, as of something threatening, dark, or menacing

54 Exceeding or surpassing usual limits especially in excellence

57 Sparkle

60 Waterproof cover
- 61 Wild plum

62 The visual appearance of something or someone

63 They give people big heads

64 Woodwind

65 Dot on a computer screen

66 Slightly wet

67 Snoozes
- Down
- 1 Completely neat and clean

2 Turkish bigwig

3 Wing

4 Kind of unit

5 A woman who is a man's sweetheart

6 Condo, e.g.

7 A spy who makes uninvited inquiries

8 Airport area

9 Watering hole

10 Savvy about

11 Words said at an altar

12 Game with matchsticks

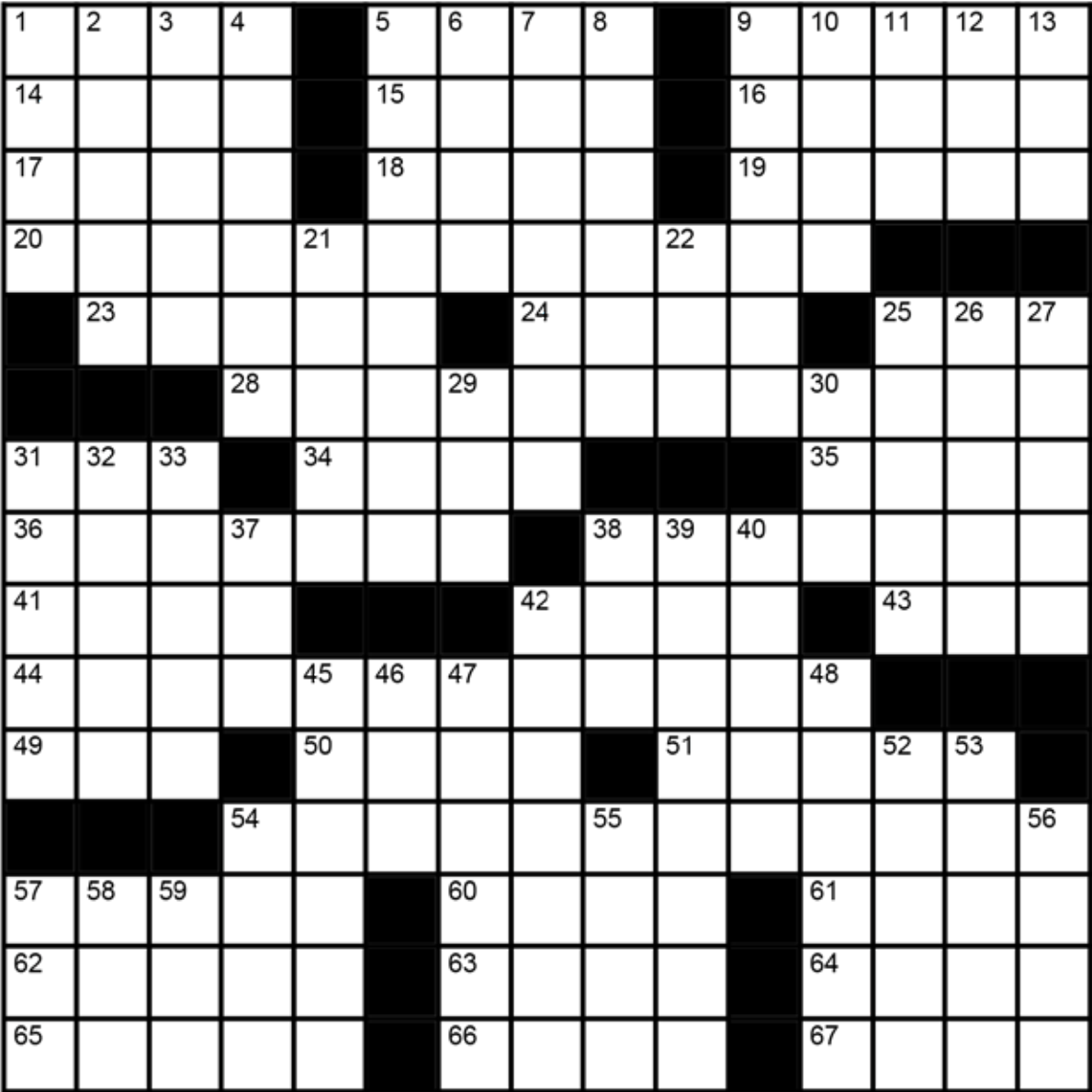
13 Mountain pass

21 A rapid series of short loud sounds

22 Ventilate

25 Time

26 Blackbird



- 27 Milk source

29 Driver's license datum

30 Use

31 Many times

32 Forgo

33 Restrict

37 Scale notes

38 Groove
- 39 A disorder of the central nervous system

40 Religious law

42 A section of text

45 Syndicate

46 Geologic time period

47 Let

48 A male godchild
- 52 Peach \_\_\_\_

53 Nosy Parker

54 Scotch \_\_\_\_

55 Montana tribe

56 Tight ends?

57 Unproven ability

58 Vital force of Chinese medicine

59 Loose

Durham Awarded \$\$\$

For Homeowners Reno Program

The Region of Durham is taking action towards a cleaner, greener future with help from the Atmospheric Fund. The fund has granted \$60,000 to the Region to design an energy renovation program for homeowners.

"I'm thrilled to have the support of the Atmospheric Fund as we take yet another step forward to address our climate emergency," said Ian McVey, Manager of Sustainability, Region of Durham. "These funds will help us design a made-in-Durham solution to a key challenge: lowering our greenhouse gas emissions."

Single-family homes are the most common building type in Durham and a big contributor to greenhouse gas emissions. With energy renovations, older homes could lower their energy use and emissions by at least 40 per cent.

**Energy research**

The Atmospheric Fund grant will fund market research, data analysis and a technical assessment. This includes a deep dive into the Region's housing types and ages, their current energy use and the barriers that are stopping homeowners from carrying out energy efficiency upgrades.

Equipped with this information, the Region intends to move forward with designing an ev-

idence-based program that encourages local homeowners to improve the energy performance of their homes, creates new jobs and lowers greenhouse gas emissions.

Residents wondering what the program will look like and how it might apply to them can expect to learn more this summer. Details will be built out over the coming months in partnership with local municipalities, utilities, post-secondary institutions and the private sector.

In January, the Region of Durham declared a climate emergency and committed to accelerated action towards a low-carbon, climate-resilient region.

The Atmospheric Fund is a regional climate agency that invests in low-carbon solutions for the Greater Toronto and Hamilton Area and helps scale them up for broad implementation.

**Quick facts**

- This program represents implementation of the Durham Community Energy Plan, which is designed to reduce greenhouse gas emissions while reducing costs and creating new jobs.
- The Region has set a community greenhouse gas reduction target of 80 per cent by 2050.

Learn About Film/TV

Business Opportunities

The Durham Region Film Commission (Film Durham), in partnership with municipal film offices from across the region, will host a seminar for local business owners who would like to learn more about the film and television industry and potential opportunities for their business.

**When:** Tuesday, March 24, from 3 to 5 p.m.

**Where:** At Chestnut Hill Developments Recreation Complex, 1867 Valley Farm Road, Pickering.

**Why:** Durham Region offers a wealth of filming locations and is quickly growing as a preferred destination for the film and television industry. Production companies purchase a wide variety of goods and services including equipment, accommodations, transportation, food, personal services, post-production, costumes, construction and florists which are available in Durham.

Note: Please register at [businessandfilm.eventbrite.com](https://businessandfilm.eventbrite.com) by Monday, March 9, 2020.

The Brooklin Town Crier  
is looking for a sponsor for our upcoming  
Easter Colouring Contest!

If you know a business that would like to have some  
fun with a colouring contest, we are all bunny ears!

E-mail [mulcahy42@rogers.com](mailto:mulcahy42@rogers.com) today!



Plant-Based Eating *by Sheree Nicholson*



Soups are where it's at

For a while, it seemed I was only sending out soup or smoothie recipes and I thought people might be getting bored. But this winter I realized I have an amazing collection of plant-based soup recipes that are easy and super nutritious. I love easy.

A few weeks ago, I thought I had a brilliant idea: I would try the canned organic lentil soup that Costco carries. I'd serve it over brown rice as a quick meal on busy days. However, the soup was awful. It tasted 'fake' and I figured it was lesson learned. For the little bit of time it takes to make soup from scratch, it's well worth the effort. More importantly, I know exactly what's in my meal.

Soups are a great way to pack nutrition into a meal or lunch. They can be topped with a tablespoon of hemp seeds, which are virtually tasteless, or roasted chick peas to increase their protein content. Veggie soups are packed with micronutrients, the vitamins and minerals we need to be healthy and have vitality.

Kale, for example, is one of the most nutrient dense foods we eat. You can boost the nutrition of most soups. But throwing in a cup of chopped kale at the end, like spinach kale, takes just a few minutes to cook. If you are planning to freeze the soup, don't add the kale until you're reheating it as kale does not freeze well.

Spinach is another wonderful addition to soups because it's an extremely nutrient-rich vegetable. It includes high amounts of vitamin C, vitamin K, folic acid, iron, and calcium. It also freezes poorly so add it when you're reheating a frozen soup. You could also replace the kale with broccoli or cauliflower, to switch it up a bit.

**Mushroom Kale Soup**  
• 2 tbsp (30 mL)

- extra-virgin olive oil
- 3/4 cup (180 mL) finely chopped Spanish or other sweet onion
- 3/4 cup (180 mL) finely chopped, peeled carrots
- 3/4 cup (180 mL) finely chopped celery
- 1 lb (454 g) button mushrooms, sliced
- 1 large Yukon Gold or other yellow-fleshed potato, peeled, diced
- 1 tbsp (15 mL) minced garlic
- 3 cups (750 mL) water + more if needed for thinning
- 14-oz (400-mL) can unsweetened coconut milk
- 4 cups (1L) packed, chopped kale (stems and large veins removed)
- 2 tsp (10 mL) kosher salt
- 1 tsp (5 mL) freshly ground black pepper

In a large pot, heat the oil over medium-high. Add onions, carrots and celery. Cook, stirring for about 5 minutes. Add mushrooms, potato and garlic. Cook, stirring, for 5 minutes. Raise the heat to high.

Add 3 cups (750 mL) of water and coconut milk. Bring to a boil. Reduce heat to low. Simmer, uncovered, for 30 minutes or until vegetables are tender. Stir in kale. Cook until wilted, for about 5 minutes.

In 3 batches in a blender, purée soup on high until smooth. If needed, thin with additional water.

For another great recipe check out this Spiced Red lentil tomato soup, it's packed with nutrition and very easy to make.  
<http://ohsheglows.com/2012/11/07/spiced-red-lentil-tomato-and-kale-soup/#ixzz3QbcUNFw7>

**Sheree's Hack:** Make a pot of soup on Sunday for a quick family dinner during the week.

Our Brooklin Kids *By Leanne Brown*



First Crush

Around age 10, many kids experience their first real crush, those nervous, sweaty feelings when they discover that they "like" someone. These feelings are confusing at best and can be somewhat embarrassing.

Often the crush happens as the girl or boy they've known since kindergarten is starting to change. The same kids with whom they've been playing road hockey or racing bikes are suddenly different.

As these kids start to care about their appearance, like the clothes they wear and brushing their hair, their peers will start to notice. Also, bold kids may become shy around the opposite gender. It's all perfectly normal though a challenging time for our tweens.

So what should you do if your child suddenly develops that crush?

**Validate feelings**  
While it may seem silly to you, their feelings are very real to them. Listen to them describe how they feel. Are they excited? Scared? Shy?

Whatever it is, let them know the feeling is real and normal.

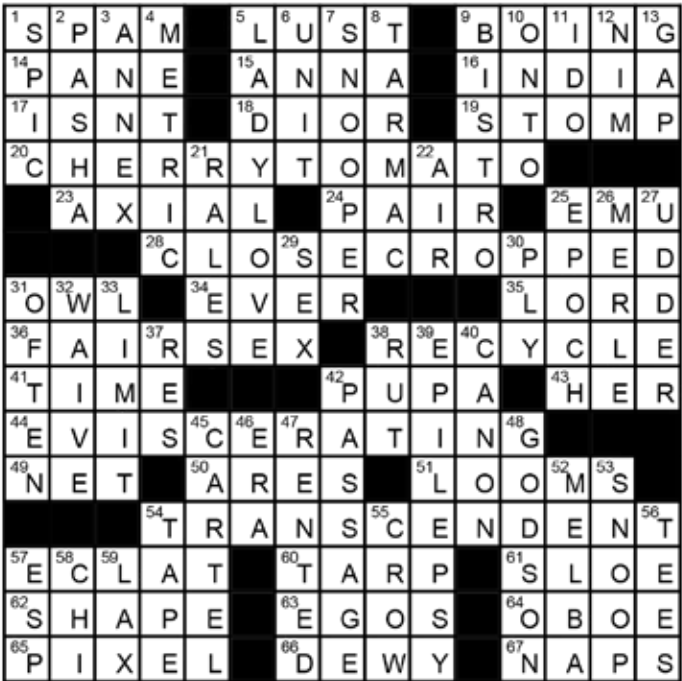
**Share own experiences**  
Tell her about your first crush at camp. What about the boy whom all the girls liked when you were their age? Bonding over what makes their crush attractive is a great way to get them to open up and share.

**Prepare for fallout**  
While most crushes at this age fade, some endure and are not reciprocated. Be ready for the broken heart and hurt feelings. Show them you understand and that, while it hurts now, it will get better.

**Use distraction**  
When a crush appears to be getting obsessive, keep them busy. Host a sleepover or take them out for a special day together. Watch the phone interactions for signs your child is focusing too much on their crush.

My daughter's friends are starting to develop crushes and the inevitable drama that goes along with them. Some are even claiming to be dating. She's not interested in this yet but is feeling the pressure to be boy crazy. A smart and busy girl, she thinks most of the gossip is silly even though she can't help being sucked into it sometimes.

Although peer pressure seems to play a prominent role, busy kids are likely to be less interested in crushes. However, whether your child is the "crusher" or "crusher," it's important to make sure they respect feelings. After all, friends last a lot longer than a crush.



Harvest Festival Wins Provincial Award

Festivals and Events Ontario (FEO) recently announced the **2020 FEO Achievement Award** winners, sponsored by CTM Media Group. These awards, handed out to FEO members, showcase various elements of festivals or events that those submitting believe stood out in the previous festival year. The Achievement Awards were handed out on Thursday, February 27, during FEO's annual conference "INNOVATE-Elevate-Enhance-Evolve" in Richmond Hill.

Brooklin's Harvest Festival on

Sept. 14, 2019, was one of the winners for the York, Durham and Hills of Headwaters tourism region.

The Town of Whitby was awarded Best Volunteer Program.

Submissions from FEO members were received for consideration in the fall of 2019 and were judged by an independent panel of judges. Festivals and events of all kinds from every corner of Ontario were represented in the submissions – from community festivals to internationally recognized events.



# WORSHIP DIRECTORY

**Burns Presbyterian Church**  
765 Myrtle Rd West  
(just 4 minutes north of Brooklin)  
10am Worship, Kids Zone Fun & Nursery Care  
"Discovering God, Sharing God's Love"  
**905.655.8509** [www.burnschurch.org](http://www.burnschurch.org)

**Brooklin United Church**  
19 Cassels Rd. E.  
Sundays 10:30 am • Sunday School & Nursery Care  
Come catch the Spirit!  
**www.brooklinunited.ca** **905.655.4141**

**Renaissance Baptist Church of Brooklin**  
40 Vipond Road (Just West Of Library)  
Sunday Worship & Kids Program 10:30 am  
We're here for Brooklin!  
**905.655.4554** [www.brooklinrbc.ca](http://www.brooklinrbc.ca)

**Brooklin Village Church**  
At Brooklin High School, 20 Camwith Drive W.  
Sundays, 10:30 am  
*Our Mission is to share the love of Christ as we live out our calling to become more like Him.*  
**www.brooklinvillagechurch.com**

**St. Thomas' Anglican Church**  
101 Winchester Road East  
Sunday Services: 8:30 and 10:30 am  
Sunday School & Nursery Program (10:30am)  
Wednesday 10:00 am Communion & Healing Service  
Celebrating 150 years in Brooklin  
*"Wherever you are on your spiritual journey, we welcome you!"*  
**905.655.3883** [www.stthomasbrooklin.ca](http://www.stthomasbrooklin.ca)



# Dreaming of Warmer Days


## Whitby in Bloom Speaker Series

Brooklin United Church,  
19 Cassels Road East 7:30 p.m.

Wednesday, March 25  
**Martin Galloway**  
Gardening on the “Wilder” Side  
Sharing the pleasure of gardening  
in the midst of nature within the Oak Ridges Moraine.

Wednesday, April 22  
**Conrad Richter**  
Amazing Herbs You May Not Know,  
but Should!  
Discussing some of the lesser known  
herbs, including those that can help  
improve your health.

Wednesday, May 27  
**Ben Cullen**  
Take Your Harvest to the Next Level  
Creative ideas and inspirations  
that make the most of  
your growing season.



**Rhonda Mulcahy**  
Regional Councillor, TOWN OF WHITBY  
mulcahyr@whitby.ca | 905.706.0482



## Durham Region Transit service changes are coming

Starting April 6, DRT is making access to transit in and around Durham easier than ever:

- New service along Bayly Street and Victoria Street.
- New On Demand service, seven days a week, to south Rosebank in Pickering.
- Over 30 additional weekday trips between Oshawa GO Station and Oshawa Centre, connecting routes throughout Oshawa and increasing the service area.
- Expanded coverage to growing residential areas.
- New May to September weekend and stat holiday service to the Toronto Zoo and Rouge National Urban Park.
- More service between Pickering and Rouge Hill GO Station.
- Expanded On Demand service between Uxbridge and Mount Albert.

For more details or to plan your trip, visit [durhamregiontransit.com](http://durhamregiontransit.com).

# MARKETING YOUR HOME FOR ALL IT IS WORTH!

## Bidding Wars 2020

The first numbers for the 2020 Canadian housing market are in and they point to steadily heating real estate conditions this year, with more double digit-increases in sales and prices recorded in January compared to 2019. However, Canadians hoping to buy a house in 2020 need to prepare for limited choices and plenty of competition, as suggested by the latest housing market data.

The defining feature of today's housing market is a lack of new supply. The number of existing homes available for purchase is at a 12-year low. That's putting the squeeze on home buyers.

Since buyers' demand is bouncing back from the lows of 2018, market conditions are once again tightening. Millennials now in their late 20s to late 30s, are eager to buy homes. In part, some of these people have had enough time to save for the larger down payment required by Ottawa's tougher borrowing rules, while others have just resigned themselves to purchasing cheaper homes.

In addition, mortgage rates declined through part of 2019, tracking lower long-term borrowing costs in the bond market. That, in turn, lowered the benchmark interest rate used for calculations in the mortgage stress test, bringing some aspiring homebuyers back in the game.

High rates of immigration have also been adding to the ranks of buyers in search of a home.

The tight market, in turn, may be discouraging some sellers. People worry about selling their home without having bought a home to move to. Sellers want the security of having found a new property before they put up the "for sale" sign. The expectation is home prices will continue to pick up in housing markets where listings are in short supply.

**Call the King Home Team to discuss the market and your best move!**  
**905.655.7236**

**Coming Soon!**



**For Sale**



**Coming Soon!**



**For Sale**



**For Sale**



**For Sale**



**For Sale**



**SOLD**



**SOLD**



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Center of Brooklin. Best Value in Whitby!  
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**First Time Buyers / Downsizers!**  
Spacious 3 bedroom home. Bright Open concept family room & kitchen. Walk to schools, parks & amenities.  
**Text 905.409.6730 for details**

**Heart of Brooklin!** Fabulous Family Home on quieter street. Walk to great schools, parks & amenities! Gourmet kitchen overlooking sunken family rm!  
**Text 905.409.6730 for details**

**STUNNING LUXURY BUNGALOW**  
Located in prestigious Hamlet of Ashburn! Lush landscaping!  
**Text 905.409.6730 for details**

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"Hard Working!" | "Accessible!" | "Dependable!" | "Patient!" | "Reliable!"  
"Well Prepared!" | "Honest!" | "Strong Negotiator!"  
"Superb Service!"

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Want to Know the Value of your House?  
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\* Photo similar to house to be built. Not intended to solicit those under contract.