

Woodwind Lakes



It's all right here

April 2021

Volume 10, Issue 04

POST-FREEZE GARDEN MAINTENANCE



There is no way of currently knowing the extent of the damage or whether your plants will survive or not. It will take weeks or months to know, if or when, they start to resprout and what part of the plant resprouts.

1. Evergreen Woody Shrubs, Vines, and Groundcovers (Asian jasmine, azaleas, camellias, confederate jasmine, eleagnus, fatsia, fig ivy, gardenias, Indian hawthorns, ligustrum, loquat, loropetalum, oleander, pittosporum, privet, roses, sasanquas, sweet olive, Texas sage, wax myrtle, etc.): Wait until they start to resprout from the existing stems or the ground, then cut away dead and leave what is alive and growing. There will most likely be no blooms this year and all old foliage will most likely fall off. Many of these plants are from milder parts of southern Asia and simply aren't used to zero degrees. Most broadleaf evergreens prefer milder climates while narrow leafed evergreens and deciduous plants are more adapted to colder climates.

2. Palm Trees and Sago "Palms": Many will be damaged or dead but do nothing but cut off the dead fronds for now. It will take months to see if they resprout. Historically the only palms reliably cold hardy here in northeast Texas and the only ones to survive zero degrees in the 1980s were Mexican/Texas sabal palms, Brazoria palms, dwarf palmettos and a number of windmill palms. All others froze and died. Sagos aren't true palms, are less cold hardy, and back then were only cold hardy from I-10 south.

3. Perennials: Cut away the dead mush (wait until April 1 if you can stand it) and wait till mid spring to see what comes up. Many perennials are cold hardy but many we grow in the South are more tender and tropical (confederate rose, Mexican heather, Mexican petunia, and lots more) and may not make it when the ground freezes.

4. St. Augustine and Centipede lawns: There will possibly be dead areas and freeze damage. Mow as normal but avoid pre-emergent herbicides which can damage injured grass. Do not fertilize until nights are warmer in mid-April and do not water until June, July, and August, once per week, one inch per application. Watering in the spring contributes to gray leaf spot and brown patch. Most folks water too often and cause their own problems.

5. Grape myrtles: There will be different amounts of damage on different cultivars in different microclimates. Don't do anything until they start to sprout then cut back to where new growth is occurring, even it's at the ground. They will grow back vigorously. In the 1980s Lagerstroemia fauriei froze and died, 'Natchez' and many hybrids froze to the ground, and there were varying degrees of damage to most older indica cultivars.

6. Fruit trees: Most are cold hardy except citrus, pomegranates, olives and figs which will have varying degrees of damage and death. Once again, do nothing for now and prune back to live growth when they sprout. Open flowers and fat buds on blueberries, peaches, and pears froze but the trees should be alive and sprout as normal. Unfortunately fruit production will be limited. I'd think blackberries will be fine.

8. Most deciduous plants will be fine although they may have lost their bloom buds. Spireas appear fine. Mophead and lace cap hydrangeas may have different degrees of damage. Once again, only prune away what is dead once they sprout. Oakleaf hydrangeas are probably fine.

9. Most conifers including pines and cedars will be fine although they may be damaged and broken from snow and ice. Saw off the broken branches close to the trunk or nearest major branch wherever you can.

10. Bulbs (corms, rhizomes, etc.): Although the foliage has been damaged and many blooms lost on spring bulbs, most should survive with possibly reduced bloom next year due to less foliage this year. I wouldn't be surprised if many heirlooms produced more foliage and bloomed almost normal next year. Note due to their geographic genetics, narcissus are the least hardy, jonquils more hardy, and daffodils the most hardy. Some daffodils may still bloom. However anything that already had buds won't bloom this year. Tulips seem OK. Spider lilies (lycoris) and oxblood lilies lost their foliage but will be fine with possibly reduced bloom this fall. Cannas and Hymenocallis may have rhizome and bulb damage if the ground froze.

Continued on Page 3

Woodwind Lakes

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.....<http://www.cd4.hctx.net>

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Association Manager

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Improvement Application Submittal

..... arc@grahammanagementhouston.com

Call Before You Dig 1-800-DIG-TESS or 1-800-344-8377

Pct. 4 Constable..... 281-376-3472

Street Light Outage..... 713-207-2222

..... www.centerpointenergy.com - Have light number.

Texas Department of Public Safety Crime Service

..... <http://records.txdps.state.tx.us>

DEAD ANIMALS - To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

UTILITIES

SECTIONS 1, 2, 3

WASTE MGT CUSTOMER SERVICE.....713-686-6666

Trash Pick-up are Mondays (trash) and Thursdays (trash and recycle).
Heavy trash is 2nd Thursday of each month.

Water/Sewer Issues, all Sections: 281-807-9500

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SECTION 4 VILLAGE OF WOODWIND LAKES

Texas Pride Disposal - 281-342-8178

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Pick-up are Wednesdays (trash, heavy trash) and Saturdays
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USEFUL LINKS

WL Website..... www.woodwindlakeshoa.com
Sec 1, 2 and 3 Utility.....
..... <http://hcmud261.com/HCMUD261/Index.htm>
Section 4 Utility <http://www.wfud.org/>
Social Media .. https://woodwindlakes.nextdoor.com/news_feed/
Newsletter <http://www.peelinc.com/>
Sec 4 Gate Leigh Allen Lallen@grahammanagementhouston.com

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ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to Lynn.Collins@garygreene.com. The deadline is the 7th of the month prior to the issue.

Woodwind Lakes

Continued from Cover

11. Live oaks: All foliage will be lost which would have been lost when the new foliage came out in spring anyway. There however many be varying degrees of damage including death like there was in Dallas during the 1980s when all the bark eventually popped off, but once again nothing you can do right now but take a cold tater and wait. Live oaks are coastal trees not used to zero degree weather. Friend Neil Sperry says they'll be fine so we'll all hope for the best!

12. Herbs: Many herbs like rosemary and lavender will be dead and will need to be replaced, certainly those in pots which are always less cold hardy than those in the ground. Some rosemary cultivars are more cold hardy than others but very few can survive zero degrees. Most herbs are Mediterranean and prefer mild winters and dry soils.

13. Pines: Pine in some areas have turned brown. This is mostly likely just freeze damage to the needles but the buds and stems should be fine. Our native pines along with all our other native plants have learned to survive periodic Arctic blasts.

Note that nature made sure that short leaf pine occurred further north, loblolly pine with medium length needles occurred farther south, and longleaf pine occurred the most south. It's all about holding up to ice and snow but all have always been cold hardy here for thousands of years.

14. Vegetables: Most were frozen and will need to be replanted including onions, potatoes and cool season greens. It's still too early

for tomatoes and peppers and I wish folks would quit putting them out for sale. Never plant them before March 15.

15. Native Plants and Wildflowers: Most are perfectly fine as they evolved to deal with periodic Arctic blasts and blue northers.

16. House plants (aloe vera, Christmas cactus, croton, diffenbachia, peace lily, philodendron, ponytail palm, sanseveria, etc.): If they were left out outside, they should be dead, even if covered. Count it as a minor miracle if not. These plants aren't designed to withstand 32 degrees much less 0!

17. Succulents (Agaves, opuntia, manfredas, yuccas, sedums, etc.): Some of these guys are very tender and will be dead while others are more-cold hardy and will be fine. When it warms up and the mush dries, peel it away and see what comes back.

18. Tropicals (allamanda, bananas, bougainvillea, elephant ears, esperanza, mandevilla, purple fountain grass, tropical hibiscus, etc.): Cut away the dead mush and stems (wait until April 1 if you can stand it) and wait till mid spring to see what comes up. The general rule on tropicals is if the air freezes the tops die and if the ground freezes the whole plant dies. Those left outside in pots are probably dead and should be replaced in April/May when the nights warm up.

If plants are green and not withered, they are most likely fine. Just because they are brown doesn't mean they are dead. It's possible that the stems or roots may still be alive. Give them time.

Continued on Page 4

Spring

maintenance tips to save you money!



GARY GREENE



Ensure your home's value and help prevent major repairs by implementing a regular inspection in these areas each Spring:

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- Electrical

Contact me for additional Maintenance Tips, Home Services Recommendations or for a Free Evaluation on how much your home is worth in today's market.



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Lynn Collins

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Woodwind Lakes

Continued from Page 3

Genetics, provenance, and acclimation: Cold hardiness has much to do with the genetics and evolution of a species (Who's your daddy and where are you from?); what part of the historic range the seed source was from (live oak seed from colder Virginia or live oak seed from warmer South Louisiana); and how warm it was and how actively the plant was growing before it froze (plants freeze much more easily when they are growing than when they are dormant). This explains why National Arboretum crape myrtles never froze in Washington D.C. and more northern climates but have frozen numerous times in Texas over the years.

There is absolutely nothing you can do to speed up this freeze damage/healing process. **Watering, pruning, or fertilizing won't make it happen any quicker. Most work now is purely cosmetic. The solution is warm nights, warm days, and longer day lengths.** Once the plants start to grow (or not), you will know the answer and what parts to cut away or which plants to replace. Some damage doesn't show up for months and some plants that appear dead come back to life from the root system. Some plants with green stems like roses will show what's dead even quicker and can be cut back sooner.

For more information on dealing with the freeze damage, visit the Aggie Horticulture Facebook page, the Smith County Master Gardener Facebook page, and Neil Sperry's GARDENS Facebook page.

LAUGHTER YOGA



Has Your Mood Been Challenged with Covid-19 and Inclement Weather Which May Have Caused You to Lose Power? Pretty silly question, huh?

Let's figure out some tips that could possibly lift our moods. Have you heard of laughter yoga? I didn't know what to expect when invited to a laugh yoga party a few years ago. This could be fun relief for your family. It may seem silly at first but you sure feel more relaxed afterwards.

3 Myths About Laughter:

- Don't worry we don't have to have a sense of humor.
- We don't need to be happy to laugh.
- We don't have to have a reason to laugh.

"Laughter yoga is a modern exercise involving voluntary prolonged laughter. This type of yoga is based on the belief that voluntary laughter provides similar physiological and psychological benefits as spontaneous laughter. It is usually done in groups, with eye contact and with playfulness between participants." There are many videos on the internet showing just how this is done. **Check out "Laugh with Me. Laughter Yoga Session"**. I have a feeling your kids will love being silly with you.

It works! By the end of the session, I was belly laughing. What a stress relief. Besides laughter being a stress buster, it is also *great for our immune system, natural pain killer, helps depression and anxiety, helps control blood pressure and just makes you feel good.*

Another tip for stress relief comes from Herbert Benson, a Harvard educated cardiologist, a founder of the Mind/Body Medical Institute in Boston and author of Timeless Healing recommends the following meditation technique for calmness. Additional benefits of meditation include better focus, concentration, improved self-awareness, lower levels of anxiety and can possibly improve tolerance for pain and to help fight substance addiction.

Step 1. Pick a focus word or short phrase that's firmly rooted in your belief system.

Step 2. Sit quietly in a comfortable position.

Step 3. Close your eyes.

Step 4. Relax your muscles.

Step 5. Breathe slowly and naturally and as you do, repeat your focus word, phrase or prayer silently to yourself as you exhale.

Step 6. Assume a passive attitude. Don't worry about how well you are doing. When other thoughts come to mind, simply say to yourself, "Oh, well" and gently return to the repetition.

Step 7. Continue for 10-20 minutes.

Step 8. Do not stand immediately. Continue sitting quietly for a minute or so, allowing other thoughts to return then open your eyes and sit for another minute before rising.

Step 9. Practice this technique once or twice a daily. Hope these two tips can bring some calmness when troubling situations occur.

"Keep an open heart for joy, beauty, and the gift of small things..." Mary Davis. We will get through these challenges. Keep a smile in your hearts.

Healthy wishes, Donna Konopka

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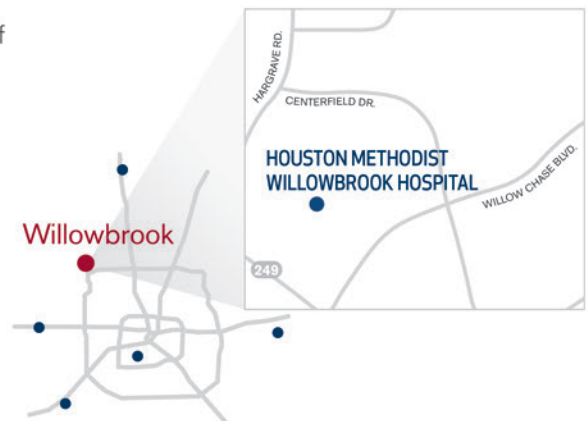
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Monthly Contract Stats

WOODWIND LAKES

For February 2021

Categories

Burglary Habitation: 0	Burglary Vehicle: 0	Theft Habitation: 0
Theft Vehicle: 0	Theft Other: 0	Robbery: 0
Assault: 0	Sexual Assault: 0	Criminal Mischief: 0
Disturbance Family: 0	Disturbance Juvenile: 0	Disturbance Other: 2
Alarms: 5	Suspicious Vehicles: 1	Suspicious Persons: 0
Runaways: 0	Phone Harrassment: 0	Other Calls: 9

Detailed Statistics By Deputy

Unit Number	Contract Calls	District Calls	Reports Taken	Felony Arrests	Misd Arrests	Tickets Issued	Recovered Property	Charges Filed	Mileage Driven	Days Worked
W14	25	15	8	0	1	44	0	1	1144	18
W15	66	30	12	0	0	13	0	0	909	18
W53	1	1	1	1	0	10	0	1	177	2
TOTAL	92	46	21	1	1	67	0	2	2230	38

Summary of Events

Disturbance

9200 Symphonic Lane - A known female complainant and known male suspect were involved in a heated domestic disturbance. Both complainant and suspect were separated without further incident.

OTHER CALLS:

9000 Rhapsody Lane - A known male complainant stated that an unknown suspect(s) unlawfully obtained his personal identification information and then used it to obtain an out of state cable account.

7900 Allegro Drive - A known female complainant was found deceased inside her residence from what was said to be natural causes.

Alarms:

Deputies responded to 5 residential alarms that were all cleared as false or cancelled.

Suspicious Vehicles

Deputies responded to a 1 suspicious vehicle calls that were all cleared as GOA or information.

Suspicious Persons

Deputies responded to 0 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents.

Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties.

Deputies responded to 9 other calls within the contract including:

3/2/2021 10.2.118.224/iba/patrol/monthly_stats/printer/printer.php?index=10788

10.2.118.224/iba/patrol/monthly_stats/printer/printer.php?index=10788 2/2

Motor Vehicle Accidents

Animal Humane

Child Custody Disputes

Domestic Preventions

D.W.I.

Follow Up Investigations

Information Calls

Meet The Officer

Lost Found Property

Sex Offender Verification

Stranded Motorist

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Abandoned/Speeding Vehicles

Welfare Checks

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Saturday Afternoon Oven Pot Roast

- 1 boneless beef chuck roast (2-1/2 pounds)
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 tablespoon olive oil
- 1 tablespoon butter
- 4 cups sliced sweet onion
- 1 can (6 ounces) tomato paste
- 4 garlic cloves, minced
- 1 teaspoon dried thyme
- 1/2 teaspoon celery seed
- 1/2 cup dry red wine
- 1 carton (32 ounces) reduced-sodium beef broth
- 6 medium carrots, cut into 1-1/2 inch pieces
- 1/2 pound medium fresh mushrooms, quartered

Directions

1. Preheat oven to 325°. Sprinkle roast with salt and pepper.
 2. In a Dutch oven, heat oil and butter over medium-high heat; brown roast on all sides. Remove from pot. Add onion to the same pot; cook and stir over medium heat until tender, 8-10 minutes. Add tomato paste, garlic, thyme and celery seed; cook and stir 1 minute longer.
 3. Add wine, stirring to loosen browned bits from pot; stir in broth. Return roast to pot. Arrange carrots and mushrooms around roast; bring to a boil. Bake, covered, until meat is fork-tender, 2-1/2 to 3 hours.
- If desired, skim fat and thicken cooking juices for gravy.

CORRECTION NOTICE TO MARCH 2021 ARTICLE PERTAINING TO EXTERIOR IMPROVEMENTS AND DEED RESTRICTIONS

CORRECTION TO example of how the non-enforcement of Deed Restrictions may affect our property values.

Average home price in WWL is \$300,000 and there are 630 homes in subdivision. That yields a total property value of approximately \$189,000,000. This is the value of assets the HOA is trying to protect. If through the non-enforcement of Deed Restrictions the property values decrease by a moderate 20% that is \$37,800,000 or about \$60,000 per home.

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BRAVO!!!



Andrew Quinlan made himself and his incredible body of knowledge available to all people on this end of Allegro Drive and Crescendo Ct. and beyond. We stayed warmer than most, had leaks fixed faster than most so that when water again flowed from MUD 261 we at least had some to boil and generally had “MacGyver 2.0” to help with anything when needed.

Andrew doesn't do this for any monetary expectations. He genuinely wants to help people using his encyclopedia of “fix-its” that most of us just don't have. Andrew and Erika have 3 boys aged 6 and under so when she had to report to the hospital because she's a nurse and had no choice, Andrew scheduled around the younger boys' naptime, so someone could step up to babysit while he took care of his neighbors.

He doesn't ever expect any recognition but the grateful hearts of his neighbors think he deserves some.

If you have a neighbor or neighbors you feel deserve special recognition, please send your testimonial and picture (optional) to Barbara Dooley, bdooley626@yahoo.com.

So many great neighbors! Let's recognize some each month.

LAKE TRAILS RENOVATION PROJECT

In response to numerous inquiries from residents, the Grounds Committee was not involved in the renovation project of the three (3) lake trails.

MARCH YARD OF THE MONTH

Due to the recent freeze, March yard of the month judging has been cancelled

Insects and the BIG FREEZE

With most of Texas seeing freezing temperatures in February, I've been getting numerous questions on what it will do to the insect populations this year. Since we haven't experienced such cold temperatures along with ice and snow for a long time, the short answer is that we just don't know and will have to wait and see. I have a feeling that the majority of insects- and other arthropods- will be just fine because they have ways of surviving winter's cold temperatures.

Just like “snowbirds” that drive their RVs to Texas or Florida to spend the winter, there are certain groups of insects that migrate to new areas to spend the winter where temperatures are not as cold. A great example of this is the Monarch butterfly.

Another example that can be put into “human relation” terms would be insects that use cryoprotectants (anti-freeze compounds). The most commonly used compound that insects use for this purpose is ethylene glycol, which is the same compound that is in antifreeze that humans put into vehicles. Ethylene glycol allows the insect's body tissues to supercool and remain above the freezing point.

Freeze tolerance is another modification that some insects use to survive winter temperatures. With this method, freezing causes water to be forced out of living cells and the fluid around the cells freeze. These insects also empty their digestive tract to get rid of any food that contains water which could freeze and cause the digestive system to burst. Freeze tolerance is easier for smaller insects due to the fact that they have less fluid in their body because of their small size.

Some insects may gather together to create collective heat. Honey bees do this inside the hive during the winter to keep warm.

Other insects seek areas of shelter in areas where it is not so cold. An example is ladybugs that move indoors during colder months of the year. These insects move into homes through cracks and crevices or other areas that are not well sealed when it gets cold. This can lead them indoors to become nuisance pests.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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