



Wellness Center Central Advisory Board Meeting
MEETING MINUTES
Friday, January 24, 2024 – 11:00am to 12:25pm
401 S. Tustin St. Building C., Orange, CA 92866

WCC MAB Attendees: C., K., J., K., K., J.

WCC Guests: S., J.

I. Call to Order – 11 AM by Chloe

- a. Welcome – Ice Breaker: Are we prepared if an emergency happens like the L.A. fires?
- b. Approval of Agenda – K. 1st, K. 2nd
- c. Approval of Minutes – J. 1st, K. 2nd

II. Reports

- a. Program Director's Report – S. read his report for December 2024.
 - i. Highlight: WCC hosted the End of the Year Holiday Party. Over 100 members attended. They enjoyed music by a DJ, catered lunch, and friendly socialization.
- b. President's Report – C. read her report for December 2024.
 - i. Highlight: Members are very happy that the volleyball court turf was repaired.

III. Unfinished Business

- a. Urban Voices Project
 - i. J. received a recent email response from the company stating they are excited to bring their musical talent and get members of the WCC engaged in singing as well. They asked if the WCC is interested in either a one-time event, or a weekly/monthly scheduled group time.
 - 1. Per S., J. emailed a response asking whether they charge a fee for service. WCC is waiting on an answer before we move forward.
- b. Women's Light Event – Saturday, March 29, 2025 11 AM – 1 PM
 - i. An Event Planning Committee meeting occurred. The committee discussed the design for the flyer, and the flyer was approved. A part of the event will have participants sharing their artwork and poetry.

IV. New Business

- a. Black History Celebration Updates
 - i. MAB discussed who could make decorations.
- b. Palentine's Day Celebration
 - i. S. suggested that the MAB Art Committee get members to craft cards, or establish another activity for the event.
- c. Group suggestions from Chat with MAB
 - i. J. read notes from the latest Chat with MAB group.
- d. MAB Agenda Meeting February 14 – Confirmed at 10 AM
- e. Comments and Suggestions February 24 – Confirmed at 11 AM

- f. Chat with MAB schedule
 - i. K. volunteered to co-facilitate on February 7th.
 - ii. J. volunteered to co-facilitate on February 28th.
 - g. Community Meeting rotation
 - i. J. volunteered for February 5th.
 - ii. K. volunteered for February 12th.
 - iii. K. volunteered for February 19th.
 - iv. J. volunteered for February 26th.
- V. Announcements (MAB Members)**
 - a. K.. said that in the latest Chat with MAB a member suggested a pornography addiction support group, which was denied during the meeting by the staff facilitator because it has to do with sexuality. However, K. said, WCC offers a group for LGBTQ+, which is a sexual orientation support group.
 - i. S. responded that during Chat with MAB meetings, staff should not deny requests on the spot. In addition, any group that is suggested must have lesson plan and go through approval process. He said he will address this with the staff.
- VI. Open forum (Visitors)**
 - a. J. said that Spending Wisely Group and Preparing for the Future Group are having low attendance. She suggested alternating the groups on Wednesdays. MAB approved the suggestion.
- VII. Upcoming Calendar**
 - a. Black History Celebration Wednesday February 26, 2025 11:00AM-1:30PM – Confirmed
 - b. Next MAB meeting Friday February 21, 2025 11:00AM-12:30PM – Confirmed
- VIII. Adjournment – 12:25 PM**