

ITINERARY | DAY-BY-DAY



CAREER ENRICHMENT



Medical Systems & Public Health Journey to Rabat, Fez & Marrakech

Morocco

9 days / 7 nights

October 22-30, 2016

\$5,699 (Based on double occupancy)

Enjoy the unique culture and traditions of Morocco while you spend time with the locals. This adventure includes very special visits with a variety of local medical facilities as well as time exploring the local medinas!

BOOK NOW 888.747.7501

Morocco Highlights

- ✓ 7 nights / 9-days journey through Morocco
- ✓ **Accompanying guest program** available on this itinerary.
- ✓ Interact with medical experts from a variety of locations, backgrounds, and professional influences throughout the country.
- ✓ **10.0 Continuing Medical Education Credits** will be sought for this journey. *** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Wilderness Medical Society and Nanda Journeys. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians. ***

Professional Interaction

- ✓ Gain exposure to the **wide variety of health care delivery** modalities in the public sector between "town and country", fixed clinics and hospitals, mobile teams working further into the countryside, and those serving nomadic tribes.
- ✓ Learn about **religious and local cultural considerations** in the delivery of healthcare in this remarkably diverse environment.
- ✓ Explore the challenges in the **prevention and treatment** of both communicable (e.g. TB) and chronic (e.g. diabetes) diseases in this very diverse population.

What's included?

- 5* deluxe hotel accommodations throughout
- All transportation and activities outlined in the itinerary
- Group transfers to and from the international airport
- International air to and from Morocco (gateway city set tentatively out of New York)
- Local English speaking guide
- Meals as mentioned and most tips

Not included:

- Personal expenses at the hotels
- Meals not specified
- Tips for national guide
- Passport renewal or issuance
- Domestic flight to gateway city
- Departure taxes where applicable





ITINERARY | DAY-BY-DAY

📍 New York, New York

DAY 1

Fly to Morocco today

Depart from New York today and make your way to Morocco. The stunning beauty and friendly people alone are worth a visit!

📍 Arrival in Morocco

DAY 2

Arrival and transfer to Rabat

Upon arrival at the Casablanca Mohammed V Airport, you will be met by your local guide. Make your way onward to **Rabat** to check into your local hotel.

The **5* Sofitel Rabat Jardin des Roses** is located close to the Royal Palace surrounded by 17.3 acres of Andalusian gardens with 3,000 roses. The 229 room property was designed to blend French elegance with Moroccan touches.

This afternoon the group will gather with your local guide to learn more about Morocco, get to know your fellow travelers, and have a chance to ask questions regarding the week ahead.

Lunch and dinner will be provided today.

Overnight: Sofitel Jardin des Roses (or similar)
Included meals: Lunch & Dinner



📍 Rabat

DAY 3

Career Enrichment

Please Note: Breakfast is included daily in your program.

Today is dedicated to professional interaction with your Moroccan counterparts including a speaker from the **Ministry of Health** (or similar) as well as a visit to a **local hospital or clinic**.

The primary objective for this journey is to explore the **healthcare challenges and opportunities** in an emerging, politically stable North African country with a long and storied cultural history. Morocco sits directly across the Strait of Gibraltar from Europe with Arab, Berber, French, Jewish, and Spanish influences on its history, economy, languages, and way of life.

Accompanying guests: After breakfast at the hotel explore Rabat including a stop to see the raising of the flag at the Royal Palace before exploring the Chellah Necropolis, the last residence of the Merinide sovereigns and former location of the old Roman city of Sale. After lunch explore the Hassan Tower, Mohammed V. Mausoleum and the Oudaya Kasbah.

Lunch will be provided this afternoon at a local restaurant.

Enjoy some time to relax this evening with dinner on your own. Perhaps enjoy the hotel's three restaurants, gorgeous pool, and gardens.

Overnight: Sofitel Jardin des Roses (or similar)
Included meals: Breakfast & Lunch



📍 Fez, Morocco

DAY 4

Depart for Fez (via Meknes)

Check out of your hotel and depart Rabat this morning as you head toward Fez. Your first stop today is in **Meknes** to visit one of the most amazing gates in the world, *Bab Mansour*. Built at the beginning of the 18th century, and completed in 1732 by his son, Sultan Moulay Ismail designed the gate as the grand entrance to the Imperial City of Meknes. Continue on to visit the Heri el Souani granary, which served both as a granary and feed store for the thousands of steeds in the sultan's vast stables. Finish your morning with a stop in a **covered market** (*medina*).

Lunch will be provided in Meknes this afternoon.

The afternoon will be dedicated to a visit to the Roman ruins in **Volubilis** (a UNESCO World heritage site). A Mauritanian capital, founded in the 3rd century B.C., this city became an important outpost of the Roman Empire and was graced with many fine buildings. Extensive remains of these survive in the archaeological site.

Drive onward to check into your local hotel in Fez late this afternoon – the **5* Sahrai Hotel**. An epitome of luxury and sophistication, don't miss their pool, spa and other first-class services. Dinner is on your own this evening.

Overnight: Sahrai Hotel (or similar)
Included meals: Breakfast & Lunch

📍 Fez, Morocco

DAY 5

Morning meeting & afternoon city tour

This morning, continue your professional exchange at a local university hospital such as **Fez University Hospital** or a similar medical facility.

Accompanying guests: After breakfast, explore Fez including the Karaouiyyine Mosque, one of the most imposing in Morocco. It houses a university which is thought to be the oldest in the world and which was founded in the middle of the 9th century at a time when theology, grammar and Koranic law were the basic subjects taught. The El-Attarine medersa, situated opposite it, is considered to be the most beautiful in the medina. Also visit Fondouk el-Nejjarine – known as the "Wood Museum" – which faces the old Place el-Nejjarine or the "Carpenter's Square." The fondouk was constructed in the 18th century and originally served as a roadside inn for travellers and traders.

After lunch in the market, explore the city together including a visit to **Mellah**, the **Jewish Quarter** and **Souk el Attarine** (perfume and spice market). Some of the shops are housed in traditional Moroccan houses, so you get a bonus of seeing the old mansions up close and personal.

Dinner will be provided at a local restaurant.

Overnight: Sahrai Hotel (or similar)
Included meals: Breakfast, Lunch & Dinner





📍 Marrakech, Morocco

DAY 6

Depart for Marrakech

Immediately after breakfast, depart for **Marrakech** via the mountains and the cedar woods of the middle Atlas, passing by Ifrane, a charming ski resort and Beni Mellal, one of the agricultural centers of Morocco. Lunch will be provided in Beni Mellal this afternoon before continuing your drive onward.

Check into your local hotel this afternoon. Enjoy some time to relax with dinner on your own this evening. The **5* Hivernage Hotel and Spa** is ideally located overlooking the Atlas mountain and the Koutoubia Mosque.

Overnight: Hivernage Hotel & Spa (or similar)
Included meals: Breakfast & Lunch

📍 Marrakech, Morocco

DAY 7

Day trip to the countryside

This morning the group will head into the countryside to explore a local **Berber village**. Depending on availability, visit a **local clinic or rural hospital** to learn about access to care as well as healthcare for the nomadic tribes.

Later today, the group will **visit a local school** to interact with the staff and students. Take part in a calligraphy workshop with the children and for those interested bring items (supplies) to donate to the school. **As part of your program tuition, needed furniture will be donated to the school.**

Time permitting, enjoy **tea in a Berber home** to enjoy the wonderful natural hospitality of these kind mountain people.

Enjoy lunch on your own before you head back to Marrakech for dinner at a local restaurant.

Overnight: Hivernage Hotel & Spa (or similar)
Included meals: Breakfast & Dinner



📍 Marrakech, Morocco

DAY 8

Cultural exploration of Marrakech

Spend the day exploring Marrakech, founded by the Almoravides at the end of the 11th century. The historical sites you will visit today include the **Koutoubia Minaret**, one of the best examples of hispano-moresque art; **Bahia Palace** and gardens; and **Majorelle Gardens** built by famous French painter Jacques Majorelle.

Lunch is by individual arrangement today.

After lunch visit the famous **Jemaâ el Fna Square** and the souks. The traditional meeting place for peasants and merchants has become the heart of the city with its snake charmers, musicians and other entertainers.

Your final farewell dinner will be provided at the Jad Mahal Restaurant (or similar).

Overnight: Hivernage Hotel & Spa (or similar)
Included meals: Breakfast & Dinner

📍 Marrakech, Morocco

DAY 9

Depart

Head home today saying goodbye to Morocco!



ITINERARY | DAY-BY-DAY

📍 Rabat, Morocco

Sofitel Jardin des Roses

BP 450 Souissi

Rabat 10000, Morocco

Telephone: +212 5376-75656

<http://www.sofitel.com/gb/hotel-6813-sofitel-rabat-jardin-des-roses/index.shtml>

Description: The urban oasis of the Sofitel Rabat Jardin des Roses offers chic geometry in an unbeatable location in the imperial capital of Morocco. Recharge your batteries in the serene gardens and scented rose garden and enjoy the hotel's many amenities.



📍 Fez, Morocco

Sahrai Hotel

Bab Lghoul, Dhar El Mehraz

Fez 30000, Morocco

Telephone: +212 5359-40332

www.hotelsahrai.com

Description: The five-star hotel enjoys spectacular views of the largest medina in the Arab world, taking in twelve centuries of the city's history in one fell swoop. Standing on the former site of Marshal Lyautey's summer palace, the hotel revisits the distinctive motif of the great arches that once adorned the façade of the building that stood here.



📍 Marrakech, Morocco

Hivernage Hotel & Spa

4 Angle Avenue Echouhada et Rue des Temples

Marrakech 40000, Morocco

Telephone: +212 5244-24100

www.hivernage-hotel.com

Description: Within the privileged Hivernage area of Marrakech, Hivernage Hotel & Spa is within walking distance of the legendary Jemâa el Fna square. The luxury property is ideally located for exploring in the medina and for city sightseeing. The 85 rooms offer a Zen atmosphere and are built with traditional materials, providing comfort and tranquility with coziness and state-of-the-art equipment.

