

Pura Vida in Paradise with SunSpark Yoga!
Costa Rica Retreat
July 1st- 8th 2017
@
Blue Osa Yoga Retreat and Spa
Trip Participant Agreement Terms and Conditions

Name: _____

Mobile Phone: (_____) _____ Home Phone: (_____) _____

Address: _____ City: _____ State: ___ Zip Code: _____

E-mail address: _____@_____

Emergency Contact Info: Name _____ Relationship: _____

Phone: (_____) _____

Medical Alert (injuries, physical limitations, ailments, pregnancy, etc.) _____

Food allergies or dietary restrictions _____

Reservation:

A \$500 ***non-refundable deposit*** per person will secure space on a first come basis
This retreat is for adults 18 years of age or older. The total cost for SunSpark Yoga's Costa Rica Vacation Retreat is based on accommodation selection.

Double Occupancy: 2 people per room (2 or 3 beds and private bath) \$1795 per person

Triple Occupancy: 3 people per room (3 beds and private bath) \$1595 per person

Beds are queens, doubles and singles. Roommates will assign their own beds. You can choose your roommates yourself or we can do it for you.

Roommate(s) _____

_____ Payment in full including ***NON-REFUNDABLE \$500 DEPOSIT***

_____ ***NON-REFUNDABLE*** \$500 Deposit

_____ Earlybird discount _____ \$200 by October 1st 2016 or _____ \$100 by December 15th 2016

Balance due by June 1st 2017 or sooner

Initials _____

Trip Price Includes:

Accommodations for 7 nights

Daily Yoga:

Yoga classes will alternate between hatha flow, gentle yoga stretch, restorative yoga, yoga nidra meditation, sound healing, and pranayama (breath work).

Meals:

Dinner on day of arrival **(lunch may be purchased through resort for \$20)**

Early light breakfast

Brunch

Afternoon snack

Dinner

Breakfast on day of departure **(lunch may be purchased through resort for \$20)**

Daytime meals are vegetarian, evening meals may include meat and fish.

Kosher meals are not available.

Meals are a set menu. It is not possible for individual orders.

Airport transfers:

Shuttle service from Puerto Jimenez Airport to Blue Osa and Blue Osa to Puerto Jimenez Airport on scheduled arrival and departure days only. **\$20 each way if arriving or departing on non-scheduled days.**

13% Costa Rica Room Tax

Initials _____

Trip Price Does Not Include:

- Airfare to and from San Jose, Costa Rica. Airfare or ground transportation to and from Puerto Jimenez, Costa Rica.
- Alcoholic beverages (beer, wine and specialty drinks available through the resort)
- Spa Treatments
- Tours and Excursion.
- Daily/weekly yoga mat rental (mats can be rented at Blue Osa for \$30 per week. Proceeds go to charity).
- Costa Rica departure tax \$29
- \$15-25 per day (recommended) per person ***cash only*** staff gratuities paid directly to Blue Osa at check out (no money is exchanged for any food, beverage, or on-site service during retreat. All non-SunSpark payments are done at check out).

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Additional Information:

Blue Osa is an “off the grid” Eco Resort:

Blue Osa produces its own electricity. ***Please do not bring hair dryers, curling irons or flat irons.***

There are no air conditioners in any resort rooms or common areas. Each room is equipped with a ceiling fan and screened walls that allow for the free flow of air.

Waste water is treated/composted and/or used to water lawns. Please do not flush toilet paper.

Initials _____

Cancellations / Refunds:

All requests for cancellation must be submitted in writing. The following outlines cancellation policies:

- \$500 deposit is non-refundable
- No refunds given for cancellations on or after May 15th 2017

If the participant arrives late to retreat or leaves prior to its conclusion, refunds will not be made for any unused portion of the retreat. No refunds will be made for meals, yoga classes or other activities that the participant misses or decides not to participate in for any reason.

Initials _____

Travel insurance:

It is recommended for all participants to purchase travel insurance. Your travel insurance should provide coverage against trip cancellation or interruption, personal accident, illness, death, medical expenses and emergency repatriation.

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Passport:

A passport is required to enter Costa Rica. Each participant is responsible for determining their specific passport requirements and obtaining the necessary documents prior to departure. The process for obtaining a new passport can take 4-6 weeks. Non-U.S. citizens must consult with appropriate consulates to determine if any visas are needed.

Photographs / Video:

Initials _____

SunSpark Yoga may be photographing and digitally recording parts of the retreat and reserves the right to use any such photographs / videos / digital recordings in its advertising, displays, publicity materials and publications without obtaining further consent from any participant.

The undersigned hereby grants SunSpark Yoga permission to use their likeness in written publications and documentation, and on audio, video, television and the internet. I release, discharge and agree to hold harmless SunSpark Yoga from any liability that may occur in the reproduction of the finished product.

All profits, proceeds and income resulting from the production, distribution, sale and promotion of this product are the exclusive property of SunSpark Yoga of Orange, CA.

Initials _____

Agreement of Release and Waiver of Liability:

I am aware that participation in yoga classes with affiliates of SunSpark Yoga may be hazardous activity. I acknowledge that a certain minimum level of physical health, strength, fitness & flexibility will be required.

I am voluntarily participating in these activities with knowledge of the risks of injury for which I voluntarily assume.

As consideration for being permitted to participate in yoga classes and yoga exercises, I hereby agree that I, myself, my assignees, heirs, guardians and legal representatives will not claim against, sue or attach property of affiliates of SunSpark Yoga for injury or damage resulting from my participation in any lesson, class, or activity. I hereby release SunSpark Yoga and all its agents and heirs from any and all such actions, claims or demands that I, my assignees, heirs, guardians and legal representatives now have or hereafter may have for injury or damage associated with my participation in ANY class, workshop, or private lesson offerings of SunSpark Yoga and for all claims, injury damages or liability suffered by me in connection with my lessons at any location where I have participated. The undersigned participant agrees that SunSpark Yoga and its representatives shall not be held liable for any injury, damage, loss, delay or irregularity for any reason, including but not limited to any defect in a vehicle, acts or default of any company or person engaged in conveying a participant, natural disasters or unforeseen events, delays or expenses arising from such occasions.

Initials _____

My signature below acknowledges all terms and conditions of this document

Participant Printed Name:

Participant Signature

Date

SunSpark Yoga Representative Signature

Date