

| 2025  | ACTIVITIES  |  |  |
|---|---|--|--|
| Tuesday   | Wednesday   | Thursday   | Friday   |
| 04<br>10:15 Bingo<br>12pm Bridge<br>3pm Clogging                    | 05<br>9am Exercise<br>1pm Crafting with Sonya                           | 06<br>Fellowship Lunch<br>NO Chair Yoga<br>NO Tai Chi                      | 07<br>9am Exercise<br>10-11:15am Bingo<br>10:30-11:20 Bible Study<br>12pm Euchre<br>1pm Line Dancing |
| 11<br>10:15Bingo<br>12pm Bridge<br>3pm Clogging                     | 12 <b>Board Meeting</b><br>9am Exercise                                 | 13<br>12:30 Chair yoga<br>1:30pm Tai Chi<br><b>1pm Alzheimer Caregiver</b> | 14<br>9am Exercise<br>10-11:15am Bingo<br>10:30-11:20 Bible Study<br>12pm Euchre<br>1pm Line Dancing |
| 18 <b>Commodities</b><br>10:15 Bingo<br>12pm Bridge<br>3pm Clogging | 19<br>OSHIIP (Medicare) 8:30 AM<br>9am Exercise<br>1pm S.A.L.T. Council | 20<br>12:30 Chair yoga<br>1:30pm Tai Chi                                   | 21<br>9am Exercise<br>10-11:15am Bingo<br>10:30-11:20 Bible Study<br>12pm Euchre<br>1pm Line Dancing |
| 25<br>10:15 Bingo<br>12pm Bridge<br>3pm Clogging                    | 26<br>9am Exercise<br>12pm The Art Cart w/Sue                           | 27<br>12:30 Chair yoga<br>1:30pm Tai Chi                                   | 28<br>12pm Euchre<br>9am Exercise<br>10-11:15am Bingo<br>10:30-11:20 Bible Study<br>1pm Line Dancing |
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