**She Came To My Aid**

**Today it finally happened and praise**

**God I had a dear friend with me.**

**As I've gotten older, certain**

**changes I have begun to see.**

**And as independent that I think I am,**

**those changes will pop up now and then.**

**And the challenging part is as a**

**senior citizen, I don't know when.**

**There was no room for false pride,**

**that would only get in the way.**

**I found myself in a situation that**

**required some assistance today.**

**I wasn't embarrassed, not for a**

**second as I took a second look.**

**Her love for me was evident as**

**she helped me with each step I took.**

**"Are you okay?" she said.**

**She was definitely concerned.**

**Can you drive home? Right then**

**and there, it was a lesson learned.**

**I thought I had a handle on it but a**

**good observation she indeed made.**

**I was uncomfortable, but also thankful**

**that she was there to come to my aid.**

**Written By Frances Berumen 10/15/16 <><**

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