

Finding Your Song in Your Sorrow

Who Told You You Were Naked?

And He said, "Who told you you were naked? Have you eaten from the tree of which I commanded that you should not eat?" Genesis 3:11.

You and I, moms, live in a "not enough" world. Advertisement is targeted to make us feel that we are drastically lacking, so that we desperately need their offer or their product.

We've been bombarded with this "not enough" message since grade school. Gifted programs made us feel not gifted, so did picking teams for games or sports. Fellow students were ingenious at finding and taking advantage of our Achilles Heel. My maiden name was Wesley, so I quickly was labeled Wesson Oil, "fat in the can." I didn't know my can was fat until they told me! "Who told you? John, being Shelhamer, was quickly changed to Sledge Hammer that shortened to Sludge.

Adam and Eve discovered their nakedness when the ultimate bully coerced them into eating of the death tree. Immediately a voice entered their heads "am I good or bad?" Just as quickly as the thought came, they concluded "I am bad, I'm naked!" They became afraid and hid themselves.

In our nakedness we hide so no one will notice our "not enough-ness." We cannot sing our Sparrow Song because we are afraid it will be off-key. We are afraid God is finding us "not enough," and that our fellow-earthlings will judge us "not enough."

Who told you? The voice is loud in our heads - worse than the school yard bullies, we have become or own bully. Paul so clearly betrays this struggle in Romans 7 & 8. Finally the voice in his head shouts out in verse 34, "there is no condemnation for those in Christ Jesus!"

God saw Adam and Eve in distress over their nakedness, slew an animal, and made a skin covering for them. This symbolized the day when His own Son would be slain and His blood would cover our "not enough-ness," and completely dissipate it.

We now stand in white clothes of royalty - "enough" in Christ! Enough for everything. So instead of singing while no one is listening, bellow your song like everyone is listening. You are God's diva! You are enough to sing any song He gives you!

Discovery Dialog with your Composer:

In what areas are you repeatedly telling yourself "I am not enough'? Colossians 2:10 What does this verse tell you about your "enoughness"?

Heavenly Hope

Prayer:

Lord open my eyes to the world's lies that I am naked-not enough. Show me your adequacy and sufficiency for all things.

Selah:

I am equipped and enough for every task I am focusing on today.

