

Dec 2014 Abominable Slowman 5k

Race Date

December 13, 2014

Overall Finish List

5k

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
1		Mark Rennix	Spartansburg SC	71	22	M	1 Overall	17:12.81	17:12.81	0:00.00	5:33/M
2		Drew Hoffman	Trevese PA	153	25	M	1 25-29	17:38.27	17:39.80	0:01.53	5:41/M
3		Daniel Burke	Levittown PA	116	52	M	1 Master	18:57.72	18:57.72	0:00.00	6:06/M
4		Stephanie Knast	Philadelphia PA	123	25	F	1 Overall	19:06.83	19:06.83	0:00.00	6:09/M
5		William Lunny		175	36	M	1 35-39	20:14.72	20:16.46	0:01.74	6:32/M
6		Robert Ryan	Doylestown PA	21	26	M	2 25-29	20:44.32	20:46.10	0:01.78	6:41/M
7		Nathanael Goble	Shrewsbury PA	107	26	M	3 25-29	20:51.93	20:54.33	0:02.40	6:44/M
8		Joe Van		189	47	M	1 45-49	21:22.64	21:24.59	0:01.95	6:54/M
9		Natalie Phrompeng	Malvern PA	20	37	F	1 35-39	21:39.59	21:42.87	0:03.28	6:59/M
10		Chris Ierley	Philadelphia PA	4	45	M	2 45-49	21:42.12	21:44.31	0:02.19	7:00/M
11		Ray Fernandez	Strafford PA	148	50	M	1 50-54	21:45.53	21:48.34	0:02.81	7:01/M
12		Spencer Koppenhaver	Chalfont PA	112	24	M	1 19-24	22:00.39	22:01.92	0:01.53	7:06/M
13		Aaron Cutarelli	Harleysville PA	143	24	M	2 19-24	22:15.69	22:17.97	0:02.28	7:11/M
14		Tom Hausch		181	34	M	1 30-34	22:25.35	22:27.51	0:02.16	7:14/M
15		Hugh Biggin		185	59	M	1 55-59	22:51.64	22:53.94	0:02.30	7:22/M
16		James Brackley	Gilbertsville PA	113	45	M	3 45-49	23:13.67	23:16.45	0:02.78	7:29/M
17		Marita McCarthy	Paoli PA	61	33	F	1 30-34	23:52.34	23:55.12	0:02.78	7:42/M
18		Frances Gray	Wayne PA	86	41	F	1 Master	24:10.59	24:10.59	0:00.00	7:47/M
19		Michael Osher	Devon PA	82	33	M	2 30-34	24:12.50	24:17.98	0:05.48	7:48/M
20		Bethany Hummel	Lafayette Hill PA	95	28	F	1 25-29	24:32.67	24:36.79	0:04.12	7:55/M
21		Jessica Stiles	Wyckoff NJ	55	23	F	1 19-24	24:37.45	24:41.98	0:04.53	7:56/M
22		Lauren Duhigg	Philadelphia PA	145	30	F	2 30-34	24:43.01	24:46.54	0:03.53	7:58/M
23		Emily Bonnem	Conshohocken PA	96	28	F	2 25-29	24:43.84	24:48.34	0:04.50	7:58/M
24		Mike Metague	Media PA	84	67	M	1 65-69	24:48.72	24:51.25	0:02.53	8:00/M
25		Michael Borish		178	61	M	1 60-64	24:53.23	24:54.61	0:01.38	8:02/M
26		Michael Zuzu	Philadelphia PA	64	55	M	2 55-59	24:58.93	25:05.85	0:06.92	8:03/M
27		Richard Neill	Narberth PA	63	54	M	2 50-54	25:56.95	26:00.35	0:03.40	8:22/M
28		Helen Foster	Evanston IL	13	20	F	2 19-24	26:01.57	26:19.10	0:17.53	8:24/M
29		Jose Magos	Philadelphia PA	127	28	M	4 25-29	26:01.74	26:07.13	0:05.39	8:24/M
30		David Smith	Williamstown NJ	49	61	M	2 60-64	26:09.71	26:20.10	0:10.39	8:26/M
31		Katie Mannion	Ardmore PA	27	32	F	3 30-34	26:16.61	26:23.35	0:06.74	8:28/M
32		Diane Bahrt	Newville PA	92	60	F	1 60-64	26:24.38	26:30.86	0:06.48	8:31/M
33		Kevin MacKrell	Exton PA	59	43	M	1 40-44	26:30.61	26:38.39	0:07.78	8:33/M
34		Susan Gill	Perkiomenville PA	30	56	F	1 55-59	26:41.82	26:49.35	0:07.53	8:36/M
35		Julien Crowe		183	14	M	1 13-18	26:44.73	26:51.99	0:07.26	8:37/M
36		Tracy Richardson	Collegeville PA	171	38	F	2 35-39	26:47.35	26:54.60	0:07.25	8:38/M
37		Ian Reape		187	12	M	1 0-12	26:47.52	26:52.80	0:05.28	8:38/M
38		Marti Jameson	West Chester PA	118	57	F	2 55-59	26:47.74	26:50.35	0:02.61	8:38/M
39		Will Suter	Wayne PA	166	7	M	2 0-12	27:06.65	27:12.35	0:05.70	8:45/M
40		Elizabeth Foster	Philadelphia PA	29	24	F	3 19-24	27:11.54	27:29.14	0:17.60	8:46/M
41		Emily Bahrt	Philadelphia PA	93	31	F	4 30-34	27:12.85	27:19.58	0:06.73	8:46/M
42		Matthew Foster	Swarthmore PA	19	22	M	3 19-24	27:12.95	27:24.35	0:11.40	8:46/M
43		Luka Crowe	Berwyn PA	115	9	M	3 0-12	27:15.94	27:23.46	0:07.52	8:47/M
44		John Suter	Wayne PA	164	47	M	4 45-49	27:17.98	27:23.67	0:05.69	8:48/M
45		Meredith Shaffer		188	38	F	3 35-39	27:31.58	27:39.35	0:07.77	8:53/M
46		Jennifer Ruegner	Devon PA	8	27	F	3 25-29	27:39.41	27:48.58	0:09.17	8:55/M
47		Barbara Francis	Radnor PA	23	63	F	2 60-64	27:41.73	27:45.10	0:03.37	8:56/M
48		Kerri Eshleman	Philadelphia PA	12	30	F	5 30-34	27:43.12	27:52.10	0:08.98	8:56/M
49		Melissa Kent	Chester Springs PA	11	40	F	1 40-44	27:45.94	27:50.41	0:04.47	8:57/M
50		Shawn Turner	Phoenixville PA	167	40	M	2 40-44	27:47.34	27:56.31	0:08.97	8:58/M
51		Jeffrey Ehret	Schwenksville PA	137	36	M	2 35-39	28:03.99	28:17.10	0:13.11	9:03/M
52		Kristin Zado	Haverford PA	37	52	F	1 50-54	28:07.09	28:15.59	0:08.50	9:04/M
53		Lisa Coniglio	Fallsington PA	119	43	F	2 40-44	28:11.83	28:23.50	0:11.67	9:05/M
54		Dylan Bendit		174	15	M	2 13-18	28:15.56	28:25.94	0:10.38	9:07/M
55		Rachel Mannion	Ardmore PA	17	33	F	6 30-34	28:23.07	28:30.35	0:07.28	9:09/M
56		Caroline Nowlan	Philadelphia PA	28	30	F	7 30-34	28:24.68	28:31.40	0:06.72	9:10/M
57		Dan Morris	Norristown PA	43	35	M	3 35-39	28:35.60	28:44.35	0:08.75	9:13/M
58		Holly Bolan	Schwenksville PA	104	41	F	3 40-44	28:37.04	28:41.15	0:04.11	9:14/M
59		Louise Yeager	Chester Springs PA	140	55	F	3 55-59	28:43.99	28:49.31	0:05.32	9:16/M
60		Karl Granlun	Harleysville PA	108	58	M	3 55-59	28:48.25	28:59.58	0:11.33	9:17/M
61		Scott Petrie	Radnor PA	157	64	M	3 60-64	28:53.11	29:02.51	0:09.40	9:19/M
62		Daniel Langan	East Norriton PA	44	44	M	3 40-44	29:07.70	29:12.45	0:04.75	9:24/M
63		Joe Callis	Wayne PA	9	45	M	5 45-49	29:12.70	29:23.35	0:10.65	9:25/M
64		Amon Gibson	King Of Prussia PA	57	38	M	4 35-39	29:13.19	29:40.58	0:27.39	9:25/M
65		Michael McCook	Wagontown PA	161	47	M	6 45-49	29:13.28	29:17.74	0:04.46	9:25/M
66		Sheila Fortune	Wayne PA	169	55	F	4 55-59	29:13.87	29:20.55	0:06.68	9:25/M
67		Casey Keller	Philadelphia PA	152	24	F	4 19-24	29:17.13	29:21.36	0:04.23	9:27/M

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Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Diff	Pace
68	Jennifer Domaradzki	Downingtown PA	162	33	F	8 30-34	29:20.15	29:24.41	0:04.26	9:28/M
69	Julius Maul	Abington PA	89	40	M	4 40-44	29:24.14	29:34.79	0:10.65	9:29/M
70	Emily Callis	Wayne PA	10	14	F	1 13-18	29:25.97	29:36.82	0:10.85	9:29/M
71	Jenifer Antonacci	Berwyn PA	106	40	F	4 40-44	29:33.46	29:44.31	0:10.85	9:32/M
72	Colleen Flesher		182	38	F	4 35-39	29:33.78	29:44.31	0:10.53	9:32/M
73	Kathleen Nightlinger	Rockledge PA	68	36	F	5 35-39	29:35.86	29:48.97	0:13.11	9:33/M
74	David Jacoby	Doylestown PA	5	48	M	7 45-49	29:37.56	29:52.10	0:14.54	9:33/M
75	Marc Mulhern	Ardmore PA	50	39	M	5 35-39	29:37.61	29:45.55	0:07.94	9:33/M
76	Beth Lepone	Perkasie PA	120	57	F	5 55-59	29:38.52	29:41.27	0:02.75	9:34/M
77	David Leighton	Berwyn PA	134	9	M	4 0-12	29:49.33	29:59.11	0:09.78	9:37/M
78	Martin Schweiter	Devon PA	135	46	M	8 45-49	29:49.66	29:59.97	0:10.31	9:37/M
79	Kathleen Reape	Newtown Square PA	14	49	F	1 45-49	29:54.72	30:00.17	0:05.45	9:39/M
80	Lisa Wellington	King Of Prussia PA	101	41	F	5 40-44	30:10.05	30:17.59	0:07.54	9:44/M
81	Arthur Nemchenko	Wayne PA	3	52	M	3 50-54	30:12.67	30:23.33	0:10.66	9:45/M
82	Kris Ward	Berwyn PA	91	49	F	2 45-49	30:15.68	30:19.87	0:04.19	9:45/M
83	Evan Pellegrino	Coatesville PA	81	41	M	5 40-44	30:28.17	30:30.55	0:02.38	9:50/M
84	Emily Booth	Audubon PA	168	38	F	6 35-39	30:28.47	30:40.36	0:11.89	9:50/M
85	Lynne Gallery		177	51	F	2 50-54	30:34.90	30:41.22	0:06.32	9:52/M
86	Herbert Thal	Wayne PA	75	82	M	1 70-99	30:50.44	30:55.11	0:04.67	9:57/M
87	Susan Carpenter	East Norriton PA	54	39	F	7 35-39	31:01.26	31:10.24	0:08.98	10:00/M
88	Tonya Boyer	Coatesville PA	133	37	F	8 35-39	31:06.78	31:12.27	0:05.49	10:02/M
89	Angela Bell	Souderton PA	74	44	F	6 40-44	31:13.61	31:22.36	0:08.75	10:04/M
90	Michele Thompson	Malvern PA	53	42	F	7 40-44	31:17.22	31:30.94	0:13.72	10:05/M
91	Karin Deruosi	Ambler PA	69	50	F	3 50-54	31:26.19	31:30.94	0:04.75	10:08/M
92	Cathy Caramenico	Trooper PA	131	58	F	6 55-59	31:38.66	31:47.86	0:09.20	10:12/M
93	Season Quigley	Souderton PA	73	36	F	9 35-39	31:58.84	32:08.44	0:09.60	10:19/M
94	Karly Wehrman	Pennel PA	85	22	F	5 19-24	31:59.38	32:05.13	0:05.75	10:19/M
95	Caitlin Martin	Havertown PA	160	27	F	4 25-29	32:01.15	32:09.68	0:08.53	10:20/M
96	John Brusca	East Norriton PA	100	39	M	6 35-39	32:12.86	32:12.86		10:23/M
97	Bob Felix	Downingtown PA	80	65	M	2 65-69	32:21.07	32:34.61	0:13.54	10:26/M
98	Marsha Hawkins	Lansdowne PA	142	49	F	3 45-49	32:21.93	32:35.46	0:13.53	10:26/M
99	Kathleen Tallant	Audubon PA	6	48	F	4 45-49	32:27.77	32:31.20	0:03.43	10:28/M
100	Rebekah Thacker	Collegeville PA	172	16	F	2 13-18	32:41.04	32:53.54	0:12.50	10:33/M
101	Helen Dunn	Collegeville PA	114	44	F	8 40-44	32:45.58	32:54.11	0:08.53	10:34/M
102	Benjamin Avicoli	Philadelphia PA	144	35	M	7 35-39	32:54.57	33:03.86	0:09.29	10:37/M
103	Jack Akins	Berwyn PA	65	9	M	5 0-12	32:57.04	33:11.99	0:14.95	10:38/M
104	Jane McDevitt	Douglassville PA	87	32	F	9 30-34	33:01.11	33:16.61	0:15.50	10:39/M
105	Amy Akins	Berwyn PA	67	37	F	10 35-39	33:03.86	33:18.36	0:14.50	10:40/M
106	Susan Guenzer	Malvern PA	170	53	F	4 50-54	33:07.68	33:10.98	0:03.30	10:41/M
107	John Shoen	Phoenixville PA	159	37	M	8 35-39	33:26.10	33:38.60	0:12.50	10:47/M
108	Eric Shoen	Maryland NY	158	37	M	9 35-39	33:26.52	33:39.21	0:12.69	10:47/M
109	Trish Markell	Paoli PA	39	42	F	9 40-44	33:36.09	33:46.30	0:10.21	10:50/M
110	Mark Crean	Phoenixville PA	121	26	M	5 25-29	33:45.09	33:51.37	0:06.28	10:53/M
111	Kathryn Meintel	Ardmore PA	141	28	F	5 25-29	33:53.92	34:06.82	0:12.90	10:56/M
112	Christine Long	Pottstown PA	48	48	F	5 45-49	34:01.23	34:14.52	0:13.29	10:58/M
113	Tim Risser	Hatfield PA	102	33	M	3 30-34	34:27.35	34:45.58	0:18.23	11:07/M
114	Katie Risser	Hatfield PA	103	32	F	10 30-34	34:27.60	34:45.78	0:18.18	11:07/M
115	Margaret Davis	Philadelphia PA	99	24	F	6 19-24	35:07.09	35:14.87	0:07.78	11:20/M
116	Jasmine Syed		184	17	F	4 13-18	35:07.50	35:12.75	0:05.25	11:20/M
117	Aliki Karnavas		180	17	F	3 13-18	35:07.50	35:12.75	0:05.25	11:20/M
118	Toria Rubinstein	Philadelphia PA	51	22	F	7 19-24	35:26.32	35:33.85	0:07.53	11:26/M
119	Mac McElroy		176	51	M	4 50-54	36:44.91	36:59.87	0:14.96	11:51/M
120	Luke Hedlund		186	10	M	6 0-12	36:47.23	36:48.73	0:01.50	11:52/M
121	Sally Fernandez	Strafford PA	149	50	F	5 50-54	36:48.79	37:02.11	0:13.32	11:52/M
122	Jill Huentelman	Bryn Mawr PA	38	43	F	10 40-44	37:15.10	37:25.38	0:10.28	12:01/M
123	Susanne Flood	Philadelphia PA	46	31	F	11 30-34	37:22.92	37:35.62	0:12.70	12:03/M
124	Brandie Nemchenko	Wayne PA	2	41	F	11 40-44	37:25.26	37:39.60	0:14.34	12:04/M
125	Katrina Remolde	Audubon PA	136	28	F	6 25-29	37:38.68	37:50.36	0:11.68	12:08/M
126	Maryann Schafflein	West Chester PA	150	61	F	3 60-64	37:39.79	37:46.10	0:06.31	12:09/M
127	Christa Fisher	Phoenixville PA	132	35	F	11 35-39	37:46.47	37:59.29	0:12.82	12:11/M
128	Leslie Hopper	Conshohocken PA	128	35	F	12 35-39	37:47.19	37:58.87	0:11.68	12:11/M
129	Amanda Luciani	Philadelphia PA	124	30	F	12 30-34	38:06.07	38:18.98	0:12.91	12:17/M
130	Jennifer Martin	Collegeville PA	129	35	F	13 35-39	38:27.59	38:40.50	0:12.91	12:24/M
131	Mike Martin	Collegeville PA	130	36	M	10 35-39	38:29.02	38:41.30	0:12.28	12:25/M
132	Leigh Foyle	Blue Bell PA	40	40	F	12 40-44	38:41.83	38:55.10	0:13.27	12:29/M
133	Tate Cousins	Wallingford PA	47	22	M	4 19-24	38:55.42	39:00.88	0:05.46	12:33/M
134	Carolyn Blasek	Norristown PA	72	24	F	8 19-24	39:48.17	39:53.63	0:05.46	12:50/M

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5k

Place		City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
Overall	Name						Chip Time	Gun Time	Diff	Pace
135	Mark Jones	Norristown PA	79	26	M	6 25-29	39:49.12	39:53.76	0:04.64	12:51/M
136	Ana McCarron	Berwyn PA	33	10	F	1 0-12	40:10.92	40:18.88	0:07.96	12:57/M
137	Isabella Chen	Berwyn PA	110	9	F	2 0-12	40:15.19	40:23.13	0:07.94	12:59/M
138	Ashley Fisher	Pottstown PA	35	27	F	7 25-29	40:16.71	40:27.13	0:10.42	12:59/M
139	Mark McCarron	Berwyn PA	34	43	M	6 40-44	40:19.36	40:27.13	0:07.77	13:00/M
140	Rachel Colavita	Glenside PA	52	30	F	13 30-34	41:08.93	41:18.33	0:09.40	13:16/M
141	Amy Zinni	Wayne PA	126	43	F	13 40-44	41:55.10	42:04.63	0:09.53	13:31/M
142	Betty Olmstead	Wilmington DE	88	69	F	1 65-69	42:56.53	43:03.79	0:07.26	13:51/M
143	Dara Trout	Glenmoore PA	122	50	F	6 50-54	43:49.06	43:59.90	0:10.84	14:08/M
144	Roseann Pignoli	Limerick PA	117	38	F	14 35-39	46:14.37	46:25.15	0:10.78	14:55/M
145	Andrea Finerosky	Wilmington DE	155	51	F	7 50-54	49:21.51	49:29.77	0:08.26	15:55/M
146	Hilary Hayes	Bozeman MT	58	42	F	14 40-44	1:06:28.93	1:06:40.19	0:11.26	21:26/M