

**THE TRICK TO ABUNDANCE IS HAVING PLENTY:
Using Essential Oils to Manifest your Heart's Desires
By Emily Laurel**

*Come and explore a new tool to help you create abundance in your life—
an essential oil blend called **Abundance!***

In 1997 I learned about pure, Grade A essential oils, and using them has changed (and maybe saved) my life. I've personally experienced the disappearance of tongue cancer and several skin cancers with the use of essential oils, so I am committed to sharing these amazing gifts of the earth.

A favorite of mine is **Abundance Oil Blend**. As soon as I discovered it, I began using it on everything from my checkbook cover to information packets I mailed out. I believe it played an important role in the success of my business- and it still does. I diffuse it in my home, wear it as a personal fragrance, and put dots of it on letters, bills, checks, etc.

Created by D. Gary Young of Young Living Essential Oils, **Abundance Oil** specifically stimulates the law of attraction. According to Dr. Young, when focusing on issues of abundance and inhaling this oil, a memory link to the RNA template is created, the memory is blueprinted, passed to, and stored in the DNA memory bank.

The following is an excellent illustration of how Abundance Oil works.

Coming out of the grocery store, I noticed a woman ringing her little bell for the Salvation Army. Her bucket was empty, so I asked her if she would like to try a little experiment, pulled out my bottle of Abundance Oil, and suggested that we put a drop on the red bucket. She said, "why not?"

While we visited, I noticed several people stuffing money into the bucket. We had talked about 15 minutes when we noticed her bucket was full. She looked very puzzled by this and said she'd never seen so many people come and drop so many large bills in the bucket at one time. Suddenly, there was a line surrounding us--people waiting to put money in her Salvation Army bucket!!! Then, as soon as it began, it ended.

She asked me to come into the store with her to count the money to put in the safe. She had a several \$100 bills, some \$50s, and lots of \$20s. Hardly anyone had put any change or dollar bills in. She counted over \$832. In only 15 minutes all that money came out of nowhere!

She kept saying, "who are you? How do you know about how this works?" She got very teary-eyed about it, and so did I. You could tell that she was not used to seeing such miracles, yet--and most important of all--she was filled with hope for the future. Cherie H.

The *Essential Oils Desk Reference*, from Essential Science Publishers, revealed that each of the single oils (listed below) used to make the blend has been associated with wealth through the centuries, and they each contain properties that support the physical body as well. Abundance Oil's formula is proprietary information.

Myrrh (Commiphora myrrha) contains sesquiterpenes, chemicals that positively affect brain functions.

Frankincense (Boswellia carteri), which also contains sesquiterpenes, is being studied for its ability to slow the aging process. It relieves depression, builds immune function, and is anti-tumoral.

Cinnamon Bark (Cinnamomum verum) is anti-infectious, anti-parasitic, and anti-fungal. Researchers have established that viruses cannot live in the presence of cinnamon oil.

Patchouly (Pogostemon cablin) is insecticidal, anti-microbial, and antiseptic. It relieves itching and prevents wrinkles and chapped skin. It is a general tonic and supports digestive function.

Orange (Citrus sinensis), extremely high in limonene, an antiviral compound, prevents the growth of bacteria and stops free radicals from damaging the body's cells.

Clove (Syzygium aromaticum), one of the most anti-microbial and antiseptic of all essential oils, is anti-fungal, antiviral, anti-infectious, and antibacterial.

Spruce (Picea mariana) helps open and release emotional blocks, bringing about balance and grounding. It is anti-infectious, antiseptic, and anti-inflammatory, and helps the respiratory and nervous systems.

Using Abundance Oil to Manifest your Heart's Desires

I invite you to incorporate these suggestions into your life for at least 21 days after you begin using Abundance Oil. You may find positive changes begin to occur that change your life for the better.

Meditate using Abundance Oil for 21 days. Anoint your wrists, behind your ears, on your neck and face or diffuse it or spritz it into the air where you plan to meditate.

- Meditate to identify your desires.** What represents abundance in your mind/heart? Remember times in your life when you felt happiest.
- Meditate to identify your limiting beliefs.** What keeps you from success? Once aware of your limiting beliefs, let them go as they no longer serve you!
- Write down your thoughts and your experiences afterward.** Look for connections between your thoughts and how abundance flows in your life.

Change what you are doing. If you are not now manifesting sufficient abundance in your life, do you plan to continue doing what you are now doing?

Ask for help (mentors). Have you asked for help? Are you willing to daily discipline yourself to work diligently toward meeting your goals?

Model after successful people. Borrow the ideas of successful people to use as a guide.

Follow your spiritual guidance.

Continue to use Abundance Oil, trust your own judgment and inner guidance, and you will find your way to true abundance- living a happy life filled with peace and love. You may even discover there is no trick to having abundance. Instead, living in the flow of life creates abundance without effort.

Emily Laurel, owner of The Laurel Group and Connecting Spirit, teaches essential oil classes and hosts a monthly gathering in her Richmond, Texas home on the third Sunday afternoon of each month. Contact Emily at Etlaurel@aol.com or 281-762-9042 or 1-866-318-2405 for additional information. www.connectingspirit.com or www.thelaurelgroup.org.