

Grilled Cheese Blueberry Sandwiches



Ingredients:

- 1 Tbsp butter, softened
- 4 slices whole wheat bread
- 1 Tbsp honey
- ½ cup blueberries
- 2 to 3 oz white Cheddar cheese or American, sliced thin
- 6 thin slices apple

Directions:

Heat oven to 400°. Lightly butter one side each side of bread slices. Place bread on work surface with buttered side down. Drizzle honey over top two bread slices and top with blueberries. Add a slice of cheese and apple slices. Top with remaining cheese. Cover with remaining two slices of bread with buttered-side-up. In heavy oven-proof skillet, cook sandwiches over medium heat until golden brown on the bottom. Turn sandwiches over. Then transfer skillet to oven. Bake about 5 minutes or until cheese is melted and sandwiches are golden brown. Serve.

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Age adds flavor. We are not old, we are seasoned!