

BLUE MOOSE ITALIAN EATERY

MENU

SHARES

- FRIED CALAMARI** | 16
w/ grilled lemon, zesty marinara
- MOZZARELLA STICKS** | 12
w/ house red sauce
- CHEF'S HOMEMADE MEATBALLS** | 15
(4) grandma's recipe, red sauce, parmesan, mozzarella
- MUSSELS** | 17
signature tomato-garlic broth

SALADS

- MIXED GREEN SALAD** | 12
tomatoes, pickled red onions, kalamata olives, charred onion-feta dressing
- CAESAR SALAD** | 14
traditional dressing, croutons, parmesan
- ANTIPASTI "CHUNK" SALAD** | 16
iceberg, pickled red onions, italian olives, cucumber, genoa, provolone, house dressing

FLATBREADS

- CLASSIC CHEESE** | 9
red sauce, mozzarella, italian seasonings. parmesan
add; meatball, or diced chicken | 4
- FIRE-ROASTED RED BELL PEPPER** | 14
zucchini, red sauce. roasted garlic, braised onions, parmesan, mozzarella

CLASSICS

- "THE PARM PLATTERS"**
breaded & fried cutlets, house red sauce, parmesan, mozzarella + penne pomodoro
- EGGPLANT** | 16
- CHICKEN ~ OR ~ PORK** | 18
- MEATBALLS & SPAGHETTI** | 17
"grandma's" recipe, red sauce, parmesan
- PICCATA**
capers, green olives, white wine, italian parsley, side of spaghetti with house red sauce
- CHICKEN ~ OR ~ PORK** | 18
- VEAL** | 20
- MARSALA**
crimini mushrooms, marsala-cream, italian parsley, side of spaghetti with house red sauce
- CHICKEN ~ OR ~ PORK** | 18
- VEAL** | 20

PASTAS

- SPAGHETTI CACIO E PEPE** | 15
pecorino romano, black pepper
- FETTUCCINE CARBONARA** | 16
pork belly, romano, egg, black pepper
- BUCATINI AMATRICIANA** | 16
onions, pork belly, calabrian chili, tomatoes
- SPAGHETTI & BASIL PESTO** | 15
pine nuts, garlic, parmesan
- FETTUCCINE MARSALA** | 16
mushrooms, spinach, parmesan cream

MAINS

- SWORDFISH PUTTANESCA** | 20
grilled, capers, anchovies, olives, sun-dried tomatoes, calabrian chili, spaghetti
- ATLANTIC COD** | 17
"fish & chips" italian style
lightly battered, tomatoes, green olives, capers, italian potatoes
- PORK MILANESE** | 18
breaded & fried boneless pork loin chop, mixed greens, lemon
- FLAT IRON STEAK PIZZAIOLA** | 22
diced tomatoes,, bell peppers, onions, spaghetti w/ red sauce

SIDES

6 each

- CAULIFLOWER**, romano
- BROCCOLINI**, lemon-garlic sauce
- ITALIAN FRIES**, parmesan
- MASHED POTATOES**
- SPAGHETTI w/ RED SAUCE**

SIMPLY PREPARED

SERVED W. TWO SIDES

- SALMON** | 18
- STEAK OF THE DAY** | MP
- CHICKEN** | 17

SIDES

- broccolini | cauliflower
italian fries | grilled polenta
spaghetti w. red sauce | mashed potatoes

The state of Vermont wants you to know that eating raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions