



2021 SPORTS INJURY CLINICS

****FREE THURSDAY AFTERNOONS****

WHO: ALL **SUHSD** Student-Athletes
COST: **FREE**
WHEN: Thursday Afternoons at **3:00 PM**BY APPOINTMENT ONLY**

WINTER / SPRING DATES 2021:

THURSDAYS 3:00 PM: **

February 11th, 18th, 25th

March 4th, 11th, 18th

April 8th, 15th, 22nd, 29th

May 6th, 13th, 20th, 27th

June 3rd

COVID-19 Precautions & Appointment Info:

Once appointment is confirmed, please arrive **10 MINUTES** prior to your appointment time.

Please wait by the side door for a **Wellness Center Staff Member** to check you in.

All minors **MUST** be accompanied by a parent or guardian.

WHERE: **SUHSD Sports Injury Clinic & Wellness Center**

ADDRESS: 670 L Street, Suite G, Chula Vista 91911

****BY ONLINE APPOINTMENT ONLY****

See your Coach, Athletic Trainer or email the Wellness center at

suhsd.wellness@sweetwaterschools.org

Directions: SUHSD's Sports Injury Clinic & Wellness Center is located on

L street in the building east of the NAPA Auto Parts store.

Parking on side of building. Entrance on west side of the building.

****IMPORTANT****

- **DO NOT ENTER IF YOU HAVE ANY SYMPTOMS**
- Bring **Completed** Referral FORM with you! (*On reverse side*)
- Please note, **NO CONCUSSION** injuries will be seen at these Sports Injury Clinics!

The Sports Injury Clinics are underwritten and financed by **SWSWF**. The Southwest Sports Wellness Foundation (**SWSWF**) was established in 2010 to fill a need in the under-served areas of the San Diego community by underwriting high school sports screenings, assessments, and evaluations. These various programs provide free high school sports injury clinics, access to educating physicians, physical therapists and certified athletic trainers, and provide curriculum for students with an interest in sports medicine and field of healthcare. **SWSWF** supports the specialized sports medicine injury assessment. Independent medical service providers assist in the evaluation and treatment plan for the injured student-athletes. The goal is to return the athlete to sports safely and in a timely manner. Learn more at: www.swswf.org.

SPORTS INJURY CLINICS

Student-Athlete REFERRAL FORM

Student-Athlete Name: _____ Grade: _____

School: _____ Date of Injury: _____

Sport: _____ Injury: _____

Parent/Guardian Signature

Date

Contact Phone Number

Referring Medical Professional

Mechanism of Injury: _____

Working Dx: _____

Athletic Trainer/Coach/AD Name: _____

Contact Number: _____

Driving Directions

THURSDAYS at 3:00 PM: **

SUHS Sports Injury Clinic & Wellness Center is located at **670 L Street, Suite G, Chula Vista, CA 91911** in the building east of the NAPA Auto Parts store. Parking lot in front of building.

The clinic is in Suite G in the **SUHS Athletics and Compliance Building** between Industrial Blvd and Broadway on the south side of L Street.

****BY ONLINE APPOINTMENT ONLY****

See your Coach, Athletic Trainer or email the Wellness center at suhsd.wellness@sweetwaterschools.org



670 L St Suite G
Chula Vista, CA 91911

COVID-19 SCREENING

Please complete the following questions with the student-athlete (must be complete day of screening):

DATE of last of COVID-19 TEST: _____

Results: ___ Negative ___ Positive ___ Results N/A

Have you tested Positive for COVID-19 in the last 12 months? ___ NO ___ YES DATE: _____

Have you had the COVID-19 Vaccine? ___ NO ___ YES DATE(s): _____

Checked-in by: _____

Date: _____

Temperature: _____

Checklist:

- _____ Referral Form Complete
- _____ Waiver & Release Signed
- _____ COVID Consent to Treat Complete & Signed
- _____ COVID Screening Questions Complete