

# SHERMAN FALL FUN DIVERS MEET



*FUTURE CHAMPIONS - JUNIOR OLYMPIC – MASTERS – SENIORS*  
**SATURDAY, November 1, 2025**

MEET DIRECTOR: Steve Sherman, [sherman243@comcast.net](mailto:sherman243@comcast.net), (925) 788-4962. Sanction TBD

LOCATION: Sherman Swim School, 1075 Carol Lane, Lafayette, CA 94549

COMPETITION: Competition begins at 9:00AM. Open practice will be from 7:45AM to 8:45AM. Closed practice for each age group before their event. **NOTE: Order of events may change based on the number of participants. An updated timeline will be distributed to participating clubs by Fri, Oct 31.**

FEES: \$50 (includes \$5 Dive Live Registration fee.)

ELIGIBILITY: This event is licensed by the Amateur Athletic Union of the U.S., Inc.

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.  
**Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.**  
**Due to background screenings, please allow up to 10 days for adult memberships to be processed.**
- Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

REGISTRATION: **Dive Live** -- All registration must be done on the Dive Live app. Deadline for online registration: 5:00 PM, Thurs., Oct 30.

RULES: **ONE METER COMPETITION ONLY:**  
JO events – USA Diving Dive Requirements.  
FC Events – Levels 1-8, USA Diving Dive Requirements.  
Men & Women Senior Events – No minimum d.d.  
Masters – FINA Rules. 10-year age groups: 20-29, 30-39, etc.

DIVE CHANGES: Dive changes must be submitted 1 hour before event start time.

AWARDS: 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place medals; ribbons for all others. Fun Awards for High Point Dive in each event! Based on highest raw score before d.d., excluding jumps.

SNACK BAR: Breakfast, Lunch, & Snacks will be available for all. Hospitality for Coaches.

EVENTS:

1) FC Levels 1 & 2	4) FC 6, 7 & 8
2) JO 9&U, JO 10-11, + FC 3	5) JO 16-18,
3) JO 12-13, JO 14-15, + FC 4 & 5	+ Seniors & Masters

