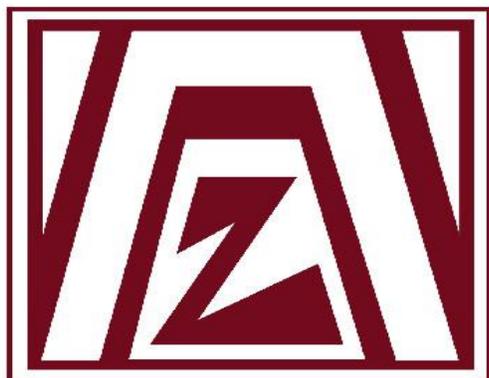


ZONTONIAN NEWSLETTER

ISSUE 30

OCTOBER 2016



ZONTA

CLUB OF
ROSEBURG AREA

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN

THROUGH SERVICE & ADVOCACY

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

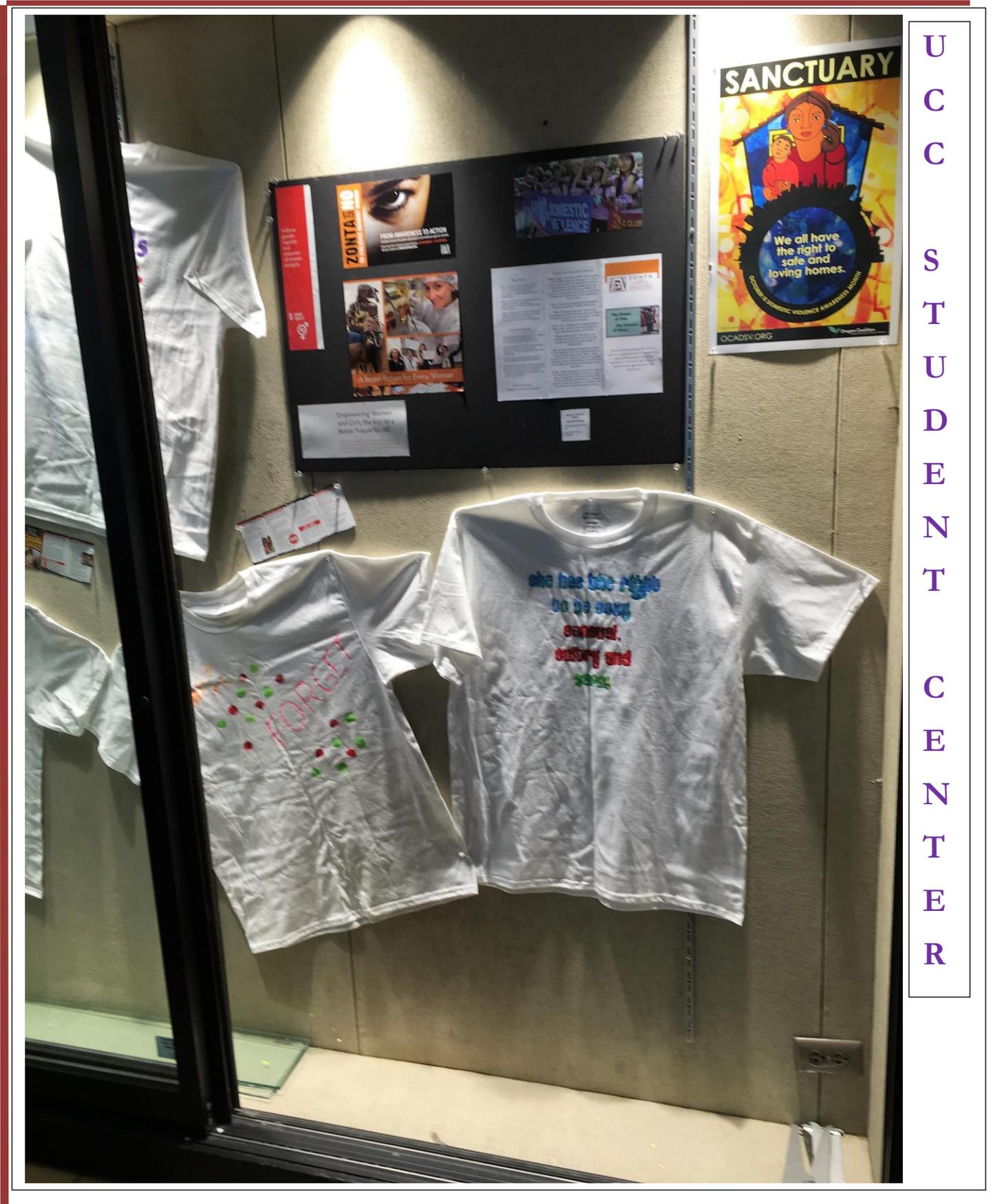
According to the Domestic Abuse Shelter, 1 in 4 women and 1 in 7 men experience domestic abuse during their lifetime. Abuse can be physical, sexual or mental—intimidation, threats and/or stalking. The National Network to End Domestic Violence (NNEDV) further reports that nationwide, an average of 3 women a day are killed by former or current intimate partners.

Victims of domestic abuse live in fear; frequently need medical care, miss work or school, and need housing to escape their tormentor. Abused children are more likely to commit suicide, abuse drugs/alcohol, run away, engage in teenage prostitution, and become adult abusers.

October is meant to increase awareness about this violence that crosses all gender, ethnic, and economic status boundaries. To improve awareness:

- Wear purple throughout the month. In particular, wear **purple** on October 20th, National **Purple** Thursday.
- Take part in activities held throughout the month and during National Action Week, October 16 – 22.
- Talk to friends, neighbors and your family about domestic abuse.
- Discuss how to be respectful of others and how to recognize abusive behavior in others.
- Teach them how to be safe and how to report abuse.
- If you are in direct danger, call 911.
- The National Domestic Violence Hotline is: 1-800-799-7233.
- The U.S. National Teen Dating Abuse Hotline: Love is respect is: 1-866-331-9474. They offer confidential and anonymous support.
- In the Roseburg area the Battered Person's Advocacy Crisis Line is: 541-673-7867 or 800-464-6543. They can help you find shelter, legal advocacy, support groups, safety planning, danger assessment, peer counselling and other community resources.
- Various groups such as the NNEDV have websites (nnedv.org) with tips and resources. **However, the websites warn users to be careful, in case their tormentor is tracking their computer (or phone) use.**

To help spread the message, our club put up our "Say No to Violence Against Women" tee shirt display at Umpqua Community College (UCC). The display also incorporated some of UCC's sanctuary and sexual abuse information. As October fades into November, members should remember that November 25th is the International Day to Eliminate Violence Against Women. It also kicks off Zonta's 16 Days of Activism, November 25 – December 10 which is dedicated to activities that focus on ending violence against women and girls. Check the ZI website for actions steps for November and year-round.



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IRON WOMAN DRAWS 13 TEAMS COMPETING IN 5 HIGHLY SKILLED EVENTS!

The fifth annual Iron Woman attracted 13 teams! In two new twists to the event, the day began with selecting the most original Iron Woman team tee shirt. Also new, was riding in the Backside Brewery bus to each of the venues. In keeping with the light-hearted nature of the event, the bus had great music, which kept the participants singing and stomping their feet as they traveled. Since it was a hot day, after the shooting competition at the Roseburg Rod and Gun Club, the bus also had local specialty brews for purchase in addition to the water provided by Zonta.

At the Rod and Gun Club, the instructors went over safety and basic handling of the 22 rifles. Although none of the women shot a perfect 50 with their five bullets, several of the more experienced women scored in the mid-to-high forties. Thankfully, the corn hole and ladder toss yard games, seemed to depend more on an element of luck than any skill, therefore leveling the playing field. Likewise, the women had to work for every point scored in horseshoes. Thankfully, the Roseburg Horseshoe Club provided pitching pointers and helped keep score.

At Ten Down bowling alley cheers and moans followed every strike, spare, split and gutter ball. Some teams had more to cheer about than others, but all the teams enjoyed the comradery and pizza. The final skill in the Iron Woman was putting at the Roseburg Country Club. One errant ball, rolling out of bounds could add multiple strokes to the dismay of the teams. After the last ball was putted, the teams returned to Melrose Vineyard for hors devours and awards.

Debi Price and Jenn Perron took first place while sisters Kathy Steele and Christie Hruska took second. Heather Cannon and Krista Micheals snagged third place. Thanks to all the teams, venues, Zonta volunteers and our sponsors: Waddell & Reed, Cow Creek Tribe of the Umpqua Band of Indians, Parkway Animal Hospital, State Farm Insurance, Umpqua Training and Employment, KASHI, and the local media!



CALENDAR OF EVENTS

**October is Domestic
Violence Awareness
Month**

**October 16 – 22-
National Action Week**

**October 17—
International Day of
Eradication of
Poverty**

**October 20th-
National Purple
Thursday**

**October 24—United
Nations Day**

**November 25—
International Day for
the Elimination of
Violence Against
Women**

**Nov. 25 – Dec. 10—16
Days of Activism**

**December 1—World
AIDS Day**

**December 2—
International Day for
the Abolition of
Slavery/Suppression
of the Traffic in
Persons**

**December 10—
International Human
Rights Day**

**December 10—Santa
Run**

NICE – CONVENTION HIGHLIGHTS!

Reported by Roseburg Delegate Shon Garrison

There were 2,323 Zontians and guests who attended Zonta International Convention in Nice, France from July 2-6. At Convention, 752 clubs were represented by delegates and 335 more by proxies.

Elections to Zonta International (ZI) positions and revisions to Bylaws were the main work of the business sessions, along with adoption of Zonta International Foundation (ZIF) projects for the 2016-18 Biennium and receipt of reports on the work of ZI and on ZIF projects in the 2014-16 Biennium.

Bylaws at the local club, district and international levels guide our work in Zonta. This year the burden was light. The most significant Bylaw changes approved included:

- Members of nominating committees at the district and international are now allowed to run for office at a different level.
- The Z and Golden Z Club Committee is now a standing committee of ZI.
- A NEW Leadership Development Committee has been added as a standing committee of ZI.
- An Area Director can now serve a second term, four or more years after completing a first term.
- Some proposals were defeated. One would have specified a pro-rated one-day registration fee for ZI Convention; another would have added more categories to those having a vote at Convention.

Two important non-binding **Resolutions** were also approved (both ZI Board recommended):

- To continue the Zonta Says NO to Violence Against Women campaign through the 2016-18 biennium.
- To pilot a Young Professionals membership category for new members from age 18 but younger than 30 in the upcoming biennium. This will enable young women who were Z or Golden Z club members, winners of ZI awards and scholarships, and other interested women between 18 and 29 to form or maintain a connection with Zonta as they begin their careers.

Elections of ZI Officers and Directors, and the ZI Nominating Committee took place:

- Susanne von Bassewitz of Dusseldorf Germany was elected President-Elect.
- Sharon Langenbeck of Santa Clarita Valley California, was elected Vice President.
- Judith Kautz of Central Oklahoma was elected one of seven International Directors.
- Kerry Dixon former District 7 Governor and Joy Orlich of Reno Nevada, as well as ZI Immediate Past President Maria Jose Landeira Oestergaard of Denmark, were among the nine elected to the ZI Nominating Committee for 2016-18.

ZI Foundation projects to empower women in the 2016-18 Biennium were approved:

- ZI service projects, to continue the project to eliminate obstetric fistula in Liberia \$1,000,000, and to pilot an integrated program for adolescent girls \$1,000,000.
- ZISVAW (Zonta International Strategies to eliminate Violence Against Women).
- Continue the program encouraging the delay of early marriage for adolescent girls in Niger, \$1,000,000.
- Address human trafficking and unsafe migration in Nepal \$1,000,000.

Other highlights of Convention business

- Sonja Honig Schough of Sweden was installed as Zonta International President for the 2016-18 Biennium.
- Outgoing International President Maria Jose and ZI committee chairs reported the results of the 2014-16 biennium.
- An Amelia Earhart Fellow, a Jane M. Klausman Women in Business scholarship winner and a Young Women in Public Affairs winner spoke to the Convention.
- Zonta International Foundation raised \$169,357 in on-site donations to support ZI service projects.
- Convention 2018 will be in Yokohama Japan.
- **Chicago will host Convention 2020** celebrating 100 years of Zonta!

DISTRICT 8 GOVERNOR'S SEMINAR REPORT

Over 70 Zontians attended the Governor's Seminar at Nanaimo, British Columbia. Although attendance was good, the decision was made to disband the Governor's Seminar in the future. Instead, District 8 will focus on combining all of the annual Area workshops in the District. The first joint Area workshop will be May 5 – 6 in Wilsonville Oregon.

The seminar also reiterated several of the new programs approved at Nice. To help clubs have strong leaders, each club is tasked with forming a leadership development committee to mentor and educate potential new leaders. Clubs will also offer a new, Young Professional, membership category which offers a 50% membership fee discount for those less than 30 years old. This also encourages women to continue their Zonta membership path beyond their high school (Z) and college (Golden Z) days.

To also facilitate membership, District 8 created a new member information link on their webpage. The District is also interested in knowing how members like to be contacted. Expect a survey in the future! Members were also encouraged to create their own "elevator speech" about Zonta. This 30-second sound bite can be used to effectively convey to others the purpose of Zonta. Then you'll know what to say when somebody asks, "what's Zonta?"

Members were also encouraged to donate to the Zonta International (ZI) fund raising drive in November. See the International Convention summary for an example of the ZI projects.

UKRAINE DELEGATION VISITS ROSEBURG

Umpqua Community College and the Zonta Club of Roseburg hosted their ninth Open World delegation. The Ukrainian delegation enjoyed the area from September 23 through October 2nd and joined the Zonta club for lunch September 28th. The delegates included a translator, facilitator and five women who teach at various universities. The subjects they taught ranged from fitness and economics to computer systems, electrical devices/machines and marketing.

They unanimously enjoyed the area's natural resources and their host families. They also enjoyed the friendliness and patience of all the people they met. The widespread availability of accessibility and facilities for those with special needs was particularly impressive to one of the members. Another liked having a club of women and noted that there were few similar clubs in Ukraine. Another delegate noted that being here will help her see the bigger picture in the puzzle of life and help her be aware that more pieces of the puzzle exists.

When a Zonta member quipped that our election could be the choice of the lesser of two evils, the delegates were quick to point out that this was always the case in Ukraine. It made you appreciate the quality of candidates the U.S. generally enjoys. Sporting gold, stick-on sheriff badges, they did pledge their support for our Sheriff and enjoyed their tour of the sheriff's department. They were also especially proud to own a goodie bag with their name on it (created by one of our members). Most of them had never owned a personalized item.

Open World helps facilitate understanding between our counties. Based on the smiles, laughter, and the sharing of information, it works.



DIGNITY DRIVE!

Roseburg Zonta's first ever Dignity Drop-off drive netted 20 bras, 92 pairs of panties and a \$32 gift card in one month. The undergarments will be used to restore dignity to women in need of such apparel. Frequently the women in need have been forced out of their homes with little time to pack due to an abusive relationship or pregnancy.

Safe Haven Maternity Home will start distributing the garments in cooperation with other agencies. Next year, Zonta hopes even more garments can be collected.

**MARK YOUR CALENDAR!
TELL ALL YOUR FRIENDS!**



SAVE THE DATE



ZONTA
CLUB OF
ROSEBURG AREA
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Presents **3rd Annual**



Saturday, December 10
10 a.m. – Roseburg High
School Parking Lot

5K and 10K

Proceeds to be used for Zonta Foundation service.

For information contact 541-672-6202 or email gailt@douglasfast.net
Registration at www.eclecticedgeracing.com

Newsletter Ideas or Comments?

Contact: Editors: Laura Jackson, Sandy Hendy or Shon Garrison with your thoughts.

Besure to visit our website:

Zonta Club Website

<http://www.zontaroseburg.org>

Or check us out on Facebook



JOIN THE CAMPAIGN TO END VIOLENCE AGAINST WOMEN

ZONTA SAYS NO