

## **SIL SALAD**

From Phebe Meyer

6 large red beets, cooked (3" diameter")  
2 potatoes, cooked  
½ c sweet onion, chopped  
1 Schmaltz herring (or pickled herring, without sauce)  
White Vinegar  
Heavy cream

1. Cool beets and potatoes.  
Peel off skins, and chop into 1/4" chunks.  
Place beets, potatoes and onions in bowl. Mix.
2. Cut herring up into small pieces. Add to beet mix.
3. Let sit for a couple of hours before serving for flavors to mix.

To serve:

Place into serving bowl. Pour 1/3 cup vinegar over the salad. Put heavy cream on table in small pitcher so that you can pour the desired amount over the salad. Sour cream can also be used.