



PARISH OF OUR MOTHER OF PERPETUAL HELP  
 Redemptorist Community  
**Rev Fr Joseph Stephen, C.Ss.R.** (Parish Priest)  
**Rev Fr Paul Michael Kee, C.Ss.R.** (Assistant Parish Priest)  
 Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak. website: [www.omphip.org](http://www.omphip.org)  
 Telephone Nos.: (Office - 05-5458 220) (Fax: 05-5468 495)

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**ANNOUNCEMENTS:**

**MERDEKA FELLOWSHIP DINNER**

"Sights & Sounds of Yesteryears"  
 organized by The Fund Raising Committee  
 (date) Sunday, 12 August, 2018  
 (time) 7.00 pm  
 (venue) Parish hall.

**ASSUMPTION OF THE B.V.MARY**

Wednesday 15 August, 2018  
 Mass at 6.20 am & 8.00 pm

**'LITTLE ROCK'** scripture study course;  
 Topic 'Act of the Apostles' conducted in  
 mandarin.

(time) Sat.,18/8/18 from 8 pm to 10 pm  
 (venue) ven Francis Xavier room.  
 If you are interested please register with  
 the Chinese apostolate group.

**ST. MARY'S CHAPEL**  
**38th Annual Feast day**  
**"Mary: Mother of Hope"**

(date) Sat. 18 August, 2018.  
 (time) 6.00 pm Novena, Eucharistic  
 celebration followed by procession.  
 9-nights of Novena starts on  
 Fri 10 August @ 7.30 pm.  
 To defray the cost of the feastday  
 donations can be handed at the  
 parish office.

**SUNDAY SCHOOL YOUTH  
 FORMATION**

for Primary & Secondary will take place  
 on

(date) Sunday, 26 August, 2018  
 (time) 10 am to 12 noon

(venue) Primary students in the parish  
 Hall. Secondary Student in Francis  
 Xavier Rm.

Parents kindly take note of the time schedule  
 when you pick up your children.

**PRE-CONFIRMATION &  
 Confirmation Retreat –**

(date & time)  
 Sat. 25/8/2018 (8am – 10pm)  
 Sun. 26/8/2018 (8am – 5pm)

(venue) Wisma Liguori.

**KIDS BIBLE CAMP-** Birthday Blasts  
 "A celebration of Life"

(date & time)  
 31 August & 1 September (8am to  
 5pm) till 2 September,'18 (8am to 1 pm)  
 (age) 7 to 12 years old.  
 (venue) parish hall.

Parents please take note that on  
**Sunday, 2 Sept.**, there will be  
**no Sunday Catechism.**

**EUCCHARISTIC CELEBRATION**  
 followed by **HEALING SERVICE**

organized by the OMPH Catholic  
 Charismatic Renewal group –  
 (date) **Wed. 29 August, 2018**  
 (time) 7.30 pm  
 (venue) OMPH church, Ipoh.  
 All are welcome.

(Food for thought)

*"Get up and Eat"*

Gospel: Jn 6: 41-51

Throughout the last several weeks, the Scripture Readings create a mosaic depicting the sublime mystery of the Eucharist. The narrative shows us how carefully the seeds of this mystery were planted in the early stages of Salvation History. Discouragement, fear, disappointment and frustration can all lead to a first response of shock and rejection. Elijah felt it - and those who first witnessed Jesus' words and works felt it.

In some ways, perhaps in many ways, we act the same like those ancient Israelites. We grumble. Perhaps we grumble over our jobs, our neighbors, or about far more important aspects of our lives. If we grumble enough, we will see negativity everywhere. It is easy to be negative. It is also contagious. One negative thought leads to another. One negative person easily infects another.

But we have been gifted with the eternal positive. The Word of God has become one of us. He who from the beginning of time has had a intimate relationship with the Father, shares his life with us. St. Paul could have had plenty of reason to grumble. He was mocked, insulted, scourged, beaten, etc. Yet he writes to the Christians at Rome, "I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us."

In the Gospel reading, Jesus is telling us that we have nothing to fear - that we should not be discouraged. He is the One the world has been waiting for. He is the One whose gaze has been turned towards the Father for all eternity. He is the only One who has seen the Father. He is the only One who can give eternal life to those who believe.

**We are the people of the promise.** Paul speaks about the necessity for a positive attitude to the Christians at Corinth: "For the Son of God, Jesus Christ, whom we proclaimed among you, was not "Yes and No"; but in him it is always "Yes."

The angel of God calls to us as to Elijah the prophet: "*Get up now and come to the table to eat this food - or else the journey will be too long for you.*"

**MARRIAGE:** Please contact the Parish Priest at least SIX MONTHS in advance.  
**WEDDING BANNS** (1st Publication)  
*\* Ricco Rus & Jacuelin Faustina Seles.*

**BAPTISM:** Please contact the Parish Priest at least ONE MONTH in advance.  
 Next Infant Baptism on 26 August, 2018.

**PARISH ACTIVITIES & MEETINGS:** (August 2018)

* 12/8/2018	- 8.00 am - CLOW	(St. Mark's Rm.)
	- 10.00 am - RCIA (BM)	(St. Monica Rm.)
	- 11.30 am - RCIA (T)	(St. Matthew Rm.)
	- 1.00 pm - PHDC learning centre	(3 <sup>rd</sup> Fl.)
	- 3.00 pm - RCIA (E)	(St. Mark's Rm.)
* 13/8/2018	- 7.00 pm - CCR	
	- 8.00 pm - Chinese Apostolate	(ven Francis Xavier Rm.)
* 14/8/2018	- 8.15 pm - Legion of Mary	(St. Matthew Rm.)
* 16/8/2018	- 8.00 pm - Tamil Choir	(St. Paul's Rm.)
* 17/8/2018	- 8.30 pm - RCIA (C)	(ven Francis Xavier Rm.)
* 18/8/2018	- 8.00 pm - "Little Rock" (#2) (C)	(ven Francis Xavier Rm.)
* 19/8/2018	- 10.00 am - RCIA (BM)	(St. Monica Rm.)
	- 11.30 am - RCIA (T)	(St. Matthew Rm.)
	- 3.00 pm - RCIA (E)	(St. Mark's Rm.)
* 20/8/2018	- 7.00 pm - CCR	
	- 8.00 pm - Chinese Apostolate	(ven Francis Xavier Rm.)
* 21/8/2018	- 8.15 pm - Legion of Mary	(St. Matthew Rm.)
* 23/8/2018	- 8.00 pm - Tamil Choir	(St. Paul's Rm.)
	- 8.00 pm - Holy Trinity prayer group (C)	(Meditation Rm.)

**BIBLE REFLECTION & HOME-GATHERINGS:**

\* 14/8/2018 – 8.30 pm – BEC St. Peter (C); Home of Hannah Chan.  
 \* 16/8/2018 – 8.00 pm – BEC St. Joseph (C); Home of Rose Ang.  
 \* 19/8/2018 – 5.30 pm – BEC St. Benedict; Home of Sebastian Yoon.  
 \* 21/8/2018 – 8.00 pm – BEC St. Philomena; Home of Dr. Francis & Evelyn Toh.  
 \* 30/8/2018 – 8.00 pm – BEC St. Anthony (C); Home of Peter Liew.

**2018 COFFEE MORNINGS:**

* 12/8/2018 – BEC St. Anne.	* 19/8/2018 – BEC St. Alphonsus
* 26/8/2018 - BEC St. Gerard.	* 2/9/2018 - PHDC
* 16/9/2018 – Hospitality Ministers.	* 23/9/2018 – Eucharistic Ministers.
* 30/9/2018 – Bahasa group.	

**ETERNAL HAPPINESS TO:** + Sr Rajamoey @ Sr Mary Anna departed on 2 August, 2018.

**NEW-INTAKE for "ADULT ENQUIRY TO THE CATHOLIC FAITH"**

The RCIA (Rite of Christian Initiation of Adults) is a program of induction into the Catholic Church through the sacraments of Baptism, Confirmation and Eucharist. If you know of friends who are interested in making enquiry into the Catholic Faith please register now at the Parish office.

**RCIA sessions**

J Mandarin – ven Francis Xavier Rm. Friday, 17 Aug., 2018 @ 8.30pm  
 J Bahasa Malaysia – St. Monica's Rm. Sun. 12 Aug, 2018 @ 10am  
 J Tamil – St. Matthew Rm. Sun. 12 Aug, 2018 @ 11.30 am  
 J English – St. Mark's Rm. Sun. 12 Aug, 2018 @ 3 pm. - Topic: "The Paschal Mystery" Parishioners are welcome to participate.

**SPIRIT EMPOWERED HOPE SEMINAR September –**

12 (Wed.) – "Hope: Getting to the root"  
 13 (Thurs.) – "Hope: Set free from the past"  
 14 (Fri.) – "Hope: Receive your promise" (Time) 7.30 pm – 10 pm (venue) OMPH church. (Speaker) Jude Antoine Solidarity share RM10/-.

**TAMIL MUSICAL NIGHT YEAR 2018**

organized by OMPH Tamil Choir. (date) Sunday, 21 October, 2018 (venue) OMPH parish hall. (time) 7.30 pm – 9.30 pm (tickets) RM20/- (dinner & lucky draw included)

**NOVENA PRAYERS TO ST. PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
 \* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

**OMPH CATHOLIC CHARISMATIC RENEWAL**

Come join us in our Praise & Worship  
 \* Every Tuesday at 8.00 pm (T)  
 \* Every Wednesday at 8.00 pm (E)

**COME AND DISCOVER MORE ABOUT THE MISSION OF THE CATHOLIC CHURCH!**

A series of lectures on 'Intro. To Moral Theology' will be presented by Fr. Arulnathan Joseph, at Church of Our Lady of Lourdes, Jalan Silibin, Ipoh. The sessions will be held on a Saturday from 9.00am-1.00pm.

Dates: 7 July 2018 The Sources of Moral Theology/Fundamental Moral Theology  
 18 Aug 2018 Human Dignity and Man's Vocation  
 1 Sept 2018 Morality of Human Acts, Passion and Conscience  
 6 Oct 2018 Virtues and Sin  
 27 Oct 2018 The Moral Law, Grace and Justification

Participation fee: RM100.00 for all the 5 lectures. To register, call 04-2611350 (office hours) or register on the day of the first talk. All are welcome!

**MARIAVILLE GOOD SHEPHERD Nursery & Kindergarten**

(age:) 4 – 6 years.  
 Operation hours: 8am – 6 pm (Mon-Fri)  
 Contact: Mrs Christina Noel (Principal) (05 5454344/019 7423758)