



# FRAGILE X ASSOCIATION OF MICHIGAN

eXtra, eXtra

Volume XIII, Issue 1, January 2017

## Mark Your Calendar

### Support Meetings

First Saturday of the Month

*When:*

**February 4, 2017**

**March 4, 2017**

**April 1, 2017**

*No fooling!*

**Business Meeting**

6 - 7 p.m.

**Support Meeting**

7 - 9 p.m.

*Where:*

Beaumont Hospital  
Royal Oak Campus  
Administration Bldg.  
Private Dining Room

### Special Events:

**February 21, 2017**

**FXAM Playdate**

See page 3.

**February 25, 2017**

**FXAM Family Fun at the Gym!**

See page 2.

**Feb 28 - Mar 1, 2017**

**Advocacy Day**  
Washington, D.C.

See page 3.

**March 18, 2017**

**FXAM Moms: Let's Do Lunch!**

See page 3.

**Fragile X Association of Michigan**

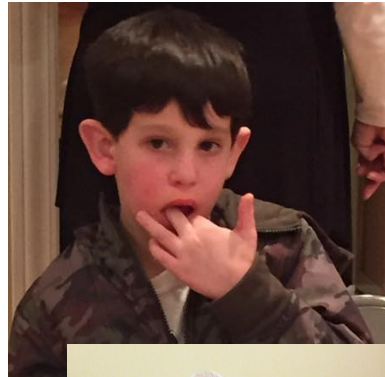
**FXAM.org**

**313-881-3340**

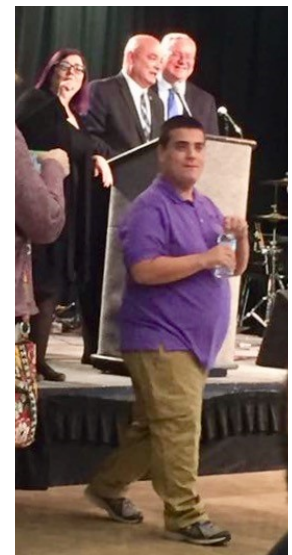
[southeastMI@fragilex.org](mailto:southeastMI@fragilex.org)

## Three Cheers for...

The FXAM Holiday Party  
December 3, 2016



The Inclusion Rally - Frank and Antonio Liberati - December 29, 2016



Thank you Frank for your role in advocacy as a congressman in the great state of Michigan. Reforms including ending non-emergency restraint and seclusion practices in Michigan schools were possible because of you!

## FXAM Family Fun at the Gym!

**Saturday, February 25, 2017 from 4 - 6 pm**  
2980 Technology Drive, Rochester Hills, MI 48309  
See Lauren's explanation below and check out [mcsa.me](http://mcsa.me)

We'll have music, fun, funky disco lights and food! Get ready for an obstacle course and using the MCSA gym equipment. Friends, siblings and parents are invited.

FREE but **RSVP by February 20** to [mblangan@hotmail.com](mailto:mblangan@hotmail.com)

### From the President's Desk *by Lauren Majeske*

The New Year always seems to bring a fresh new start and at FXAM we are excited for all of the fun events and support the year will bring. Our first event is something new and different. It is a combination of the gymnastics place we held our teen event at last year (MCSA) and GRIT, a new training center housed within that gym that trains kids and adults for Ninja Warrior obstacle courses. The owner of GRIT has appeared on the Ninja Warrior television show 12 times. So we will have all of the fun of last years event combined with the

new obstacle course. This event will be fun for both kids and adults and we encourage everyone to come on out and give it a try, no matter your age. We know some of you have been dreaming about being Ninjas and this is your chance! Plus it's a great sensory event for the kids. So come out for pizza, gymnastics and warrior training. Bring a friend! Parents must stay to help as spotters for their kids. Details above.

I encourage you to attend NFXF Advocacy Day from February 28

through March 1. It is important that all of our voices are heard for continued funding for treatments, and ultimately a cure, for fragile x. See page three for scholarship information.

Our Board members will be getting together in the next few weeks to plan out the rest of the year, so let us know if there is anything special you would like to see us do in the coming months.

See you soon at one of our events or meetings!

## Through the Maze - Featured website

**Are you an Amazon shopper?**

Start your shopping at [smile.amazon.com](http://smile.amazon.com)!

Do you know you can easily generate a donation to FXAM every time you shop? The first time, you'll need to choose to support **Fragile X Association of Michigan**.

After that, each time you shop at [smile.amazon.com](http://smile.amazon.com),

you'll see our name at the top and know you're supporting FXAM.

Thank you for considering this easy step to support the Fragile X Community!

"I alone cannot change the world, but I can cast a stone across the waters to create many ripples." ~ *Mother Teresa*

# What's going on ...

## FXAM School Break Playdate

**Tuesday, February 21, 2017 at 10:15 am**

Come to Andrew's house for lunch and fun!

All ages welcome.

More info on the FXAM Facebook group in early February  
or contact Mary Beth at [mblangan@hotmail.com](mailto:mblangan@hotmail.com) or 313-881-3340.



**NATIONAL FRAGILE X ADVOCACY DAY** *FEBRUARY 28 - MARCH 1, 2017*

**Learn more and register at:**

[fragilex.org/advocacy/advocacy-day/](http://fragilex.org/advocacy/advocacy-day/)

FXAM offers a scholarship to help ease your budget if you'd like to participate in the NFXF Advocacy Day in Washington, D.C. This year, the event is February 28 - March 1.

If you would like to apply for the

scholarship, please contact  
Laureen Majeske at:

[lmajeske1@comcast.net](mailto:lmajeske1@comcast.net) or  
586-978-9079

by **Saturday, February 4,**  
stating your intention to apply  
for the scholarship.

### ad·vo·ca·cy

the act or process of supporting  
a cause or proposal. She was  
known for her advocacy of the  
Fragile X agenda.

## FXAM Moms: Let's Do Lunch!

**Saturday, March 18, 2017**

Place and time to be determined after we see who can join us for some Mom-only time!

Email [mblangan@hotmail.com](mailto:mblangan@hotmail.com) to say you're interested.

We'll look at the responses received by March 12  
and decide on a central location for our lunch. Mary Beth will send a reminder  
via Facebook in early March.

*Please note: This is not a free FXAM event. Each FXAM mom will be paying for her own food/drinks.*



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