

2019-2020 Fall 2 Session Newsletter

River Falls Gymnastics Club
Together We BUILD
strong **KIDS** + strong **COMMUNITY**



Fall 2 Session

November 4, 2019- January 19, 2020
9 weeks

No Classes

Thursday, November 28- Sunday, December 1
Classes resume Monday, December 2

Monday, December 23- Wednesday, January 1
Classes resume Thursday, January 2

Introducing Movement, Melody & Me!



Starting this December we are introducing a new class option! Movement, Melody & Me is a playful parent/adult and child class where children are joined by their parent, grandparent or special adult as they are guided through creative movement, songs, exploration of musical instruments, self-discovery and social interaction. One adult 18+ must attend class with each child. No additional siblings are allowed in the room.

5 weeks

Wednesdays: 12/4, 12/11, 12/18, 1/8 and 1/15

Time: 4:30pm-5:00pm (30 minutes)

Ages: 18 months- 3 years old (parent/child class)

Fee: \$ 40/child for all 5 weeks

Instructor: Miss Rochelle

Location: 2nd Floor of RFGC in Vibrant Health Room

CLICK HERE to REGISTER NOW!

Open Gyms

PreK Open Gym (18mos-5yrs): Thurs 10:45-11:45am

Fee: \$6/child

K-12 Open Gym (Grades K-12): Fridays 6:30-8pm

Fee: \$8/child

All Ages (18mos-18 yrs): Saturdays 12-1:30pm

Fee: \$8/child

No REGULAR Open Gyms: 11/28-12/1 & 12/23-1/1

Join us for Thanksgiving All Ages Open Gym!
Wednesday, November 27th

10:30am- Noon

Fee: \$8/child

Other All Ages Holiday Open Gyms:
Monday, December 23rd 10:30am-Noon
Monday, December 30th 10:30am-Noon

Apparel Orders- We Have Options!

Our annual holiday apparel is now available! **Sample sizes** will be available in the lobby for you to ensure the correct sizing before ordering!

Place orders by **December 1st**. Orders will be available for pick-up at the gym before Christmas. Click the following link to order:

<https://rivercitystitch.com/product-category/rfgymnastics/>

We also have an ONGOING PRO SHOP ONLINE with more options with an embroidered logo.

Items that are labeled **Pro Shop in the lobby** are currently **10% off**. Items must be ordered by **December 6th** for delivery before Christmas.

These items are delivered directly to you.

[Click here for RFGC Apparel Store](#)

Now Hiring!

RFGC is hiring coaches for all levels Rec-Team!
Do you know someone that would make a great coach? Referral bonus available!

<http://www.riverfallsgymnastics.com/employment-opportunities.html>

Check out our selection of leotards at
RFGC! All Leos \$30

Make-ups: Gymnasts are allowed one make-up per session if space is available in another class. If space is not available then you will receive one open gym pass. Please contact the office for make-ups.

Inclement Weather: If the River Falls Gymnastics Club is closed and classes are cancelled due to inclement weather, families will be notified via email, it will be on our voicemail system and posted on the website.

Fall 2 Coaches Reminder: The holiday season is upon us! With that, we have many breaks to allow for gymnasts and coaches to enjoy time with their family. In addition to the scheduled breaks, we appreciate your understanding when we have to substitute coaches when necessary. Please note, many instructors have substitutes scheduled in the month of January.

Save the Date

Thursday, November 28 –
Sunday, December 1
NO CLASSES- HAPPY THANKSGIVING!

Wednesday, November 27
ALL AGES OPEN GYM 10:30AM-12PM

Sunday, December 1
HOLIDAY APPAREL ORDERS DUE
Online Pro shop Orders Due December 6 to receive
by Christmas

December 23-January 1
NO CLASSES-HAPPY HOLIDAYS!

Thursday, January 9
Your Skill Evaluation w/suggested level will be
available on your parent portal w/suggested level for
next session. [Click Here](#) for steps on how to view.

Friday, January 10
PRIORITY REGISTRATION
FOR WINTER SESSION BEGINS

Monday, January 13
WINTER SESSION REGISTRATION
OPENS TO THE PUBLIC

January 13-January 19
LAST WEEK OF FALL 2 SESSION

Monday, January 20
WINTER SESSION BEGINS



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THANK YOU
TO OUR SPONSORS FOR SUPPORTING
THE RIVER FALLS GYMNASTICS CLUB!

