

CALL YOUR DOCTOR

Did you know you can call your doctor after hours?
Call your doctor first before seeking care at an urgent care center or the emergency room.
They'll help ensure you receive the quality care that's best for your needs.

WHY YOU SHOULD CALL YOUR DOCTOR FIRST:



- ✓ They know your medical history best and will help you decide where to go for the most appropriate care.
- ✓ Many doctors' offices offer extended office hours and weekend hours, which means getting the care you need when you need it is possible.
- ✓ All offices have an on-call, after-hours physician who can arrange to see you or direct you to another care location.
- ✓ If you have a chronic medical problem, your doctor will create a care plan that can help reduce your chances of visiting the emergency room (ER).

URGENT CONDITIONS YOUR DOCTOR CAN TREAT:

- Bronchitis
- Minor burns and injuries
- Urinary tract infection
- Sore throat
- Earache/ear infection
- Pink eye/eye infection
- Sinus infection
- Small cuts
- Mild asthma attacks
- Upper respiratory infection/cold
- Strains & sprains

WHAT IT COSTS

	DOCTOR'S VISIT	URGENT CARE CENTER	EMERGENCY ROOM
AVERAGE COST WITHOUT INSURANCE	\$75	\$215	\$1,069
AVERAGE COPAY WITH INSURANCE	\$15	\$75	\$150

For more information, talk with your doctor to determine the best care for you.