# **Kittitas County Prehospital Care Protocols**

## **Subject:** PROTOCOLS FOR THE EMT-IV MONITOR

The purpose of this document is to provide written protocols for EMTs recognized in the special skill of IV-Monitor and practicing in Kittitas County.

## I. Peripheral IV Therapy Monitoring

- A. Check patency and type of infusion solution.
- B. Stabilization:
  - 1. Dressing over insertion site
  - 2. Stabilize limb on armboard if necessary
  - 3. Stabilize tubing with two stress loops

#### C. Fluids:

- 1. Start with full bag of prescribed solution hung by hospital staff.
- 2. Adjust flow rate to prescribed rate
- 3. Replace bag with sterile technique when 50cc remain in current bag and readjust flow rate
- 4. Adjust flow rate as needed and at least hourly

### D. Patency:

- 1. Observe for patency as necessary and record
- 2. Avoid kinks in tubing, pressure over or near insertion site
- 3. Observe insertion site for infiltration and extravasation
- 4. Consider possibility of clot occlusion if not patent and no other reason for lack of flow
- E. Discontinuing an infiltrated or occluded IV:
  - 1. Use universal precautions
  - 2. Turn infusion off via roller clamp
  - 3. Gently and systematically remove tape
  - 4. Remove catheter and quickly cover with sterile 2x2
  - 5. Immediately observe for intact catheter
  - 6. Hold direct pressure over insertion site for 1-2 minutes until bleeding stops
  - 7. Secure 2x2 over site with tape or band-aide
  - 8. If catheter is not intact and a portion is missing, assume catheter embolus. Keep limb in dependent position and immediately seek medical intervention.
  - 9. Record time IV catheter removed and length of catheter if IV discontinued

Effective Date: August 1, 1999

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#### F. Patient Assessment:

- 1. Respiratory and cardiovascular status assessed at start and repeat as necessary throughout transport
- 2. Record hourly amount of cc's of any fluids in and out, and fluid remaining in bag
- 3. Record solution and time when hanging new bag
- 3. Check condition of infusion site frequently and record at least hourly

### G. Other:

- 1. The EMT IV-Monitor may <u>not</u> perform blood draws.
- 2. NO MEDICATIONS in IV and NO BLOOD PRODUCTS are to be given en route.
- 3. For situations not described in these protocols, or for other basic life support procedures, the EMT-IV Monitor is to operate under the *Washington State Basic Life Support Field Protocols* and *Kittitas County specific protocols*

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