



## Veterans Support Group

~ **Tuesdays** ~ 5–6pm

Tina Gordon, LMFT [570.346.3686 Ext#144](tel:570.346.3686)



## Anxiety & Depression Group (Adults)

~ **Thursdays** ~ 6–7pm

Jennifer Julstedt, LPC [Call 570.346.3686](tel:570.346.3686)

## Kid's Coping Skills Group (7-11 yrs old)

**SUMMER** ~ **Alternate Tuesdays**: 6/19 7/03 7/17 7/31 8/14 8/28 ~ 3-4pm

**FALL** ~ **Alternate Tuesdays**: 9/4 9/18 10/2 10/16 10/30 11/13 11/27 12/11 ~ 3:30-4:30pm

Amanda Rosentel, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

## Teen Anxiety & Depression Group (12-18 yrs old)

**SUMMER** ~ **Mondays**: July 16<sup>th</sup> through Aug 27<sup>th</sup> ~ 3-4pm

**FALL** ~ **Mondays**: Sept 10<sup>th</sup> through Dec 17<sup>th</sup> ~ 4-5pm

Amanda Rosentel, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

## Parenting Workshop (parents of school-aged children)

**SUMMER** ~ **Tuesday July 24<sup>th</sup> & Tuesday Aug 21<sup>st</sup>** ~ 3:30-4:30pm

**FALL** ~ **Fridays: Sept 7<sup>th</sup> through Oct 26<sup>th</sup>** ~ 11am-12pm

Amanda Rosentel, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

## Grief Support Group

~ **Thursdays** ~ 3:30-4:30pm

Andrea "AJ" Oravec, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

## Post Psychiatric Hospitalization Support Group

~ **Wednesdays** ~ 3:30-4:30pm

Andrea "AJ" Oravec, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

## Year End: De-Stress Group

**FALL** ~ **Thursdays: Nov 8<sup>th</sup> through Dec 27<sup>th</sup>** ~ 2-3pm

Amanda Rosentel, LCSW [Call 570.346.3686 to register](tel:570.346.3686)