



Veterans Support Group

~ Tuesdays ~ 5–6pm

Tina Gordon, LMFT [570.346.3686 Ext#144](tel:570.346.3686)



Anxiety & Depression Group (Adults)

~ Thursdays ~ 6–7pm

Jennifer Julstedt, LPC [Call 570.346.3686](tel:570.346.3686)

Kid's Coping Skills Group (7-11 yrs old)

SUMMER ~Alternate Tuesdays: 6/19 7/03 7/17 7/31 8/14 8/28~ 3-4pm

FALL ~Alternate Tuesdays: 9/4 9/18 10/2 10/16 10/30 11/13 11/27 12/11~ 3:30-4:30pm

Amanda Rosentel, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

Teen Anxiety & Depression Group (12-18 yrs old)

SUMMER ~Mondays: July 16th through Aug 27th~ 3-4pm

FALL ~Mondays: Sept 10th through Dec 17th~ 4-5pm

Amanda Rosentel, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

Parenting Workshop (parents of school-aged children)

SUMMER ~Tuesday July 24th & Tuesday Aug 21st~ 3:30-4:30pm

FALL ~Fridays: Sept 7th through Oct 26th~ 11am-12pm

Amanda Rosentel, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

Grief Support Group

~ Thursdays ~ 3:30-4:30pm

Andrea "AJ" Oravec, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

Post Psychiatric Hospitalization Support Group

~ Wednesdays ~ 3:30-4:30pm

Andrea "AJ" Oravec, LCSW [Call 570.346.3686 to register](tel:570.346.3686)

Year End: De-Stress Group

FALL ~Thursdays: Nov 8th through Dec 27th~ 2-3pm

Amanda Rosentel, LCSW [Call 570.346.3686 to register](tel:570.346.3686)