



CAREER ENRICHMENT

Social Work Journey: *Honoring the Past and Forging the Future*



POLAND & HUNGARY:

Warsaw, Budapest & Debrecen

October 12-22, 2018

\$5,299 (based on double occupancy)

\$999 (Single supplement)



Explore the gorgeous cities of Budapest & Debrecen, Hungary along with Warsaw, Poland on this professional journey. Experience the heart of central Europe as you explore the culture, history and people of the region. Following WWII, Soviet domination lasted throughout Hungary and Poland until 1989, when both countries gained independence and later their places in the European Union.

Program Highlights

- 9 nights / 11-day journey through Hungary & Poland
- Interact with **social work professionals** from a variety of facilities and hospitals in Warsaw, Debrecen and Budapest.
- **Accompanying guest program** – alternate activities will be provided for those who do not wish to attend the meetings.

Focus on healthcare

- Meaningful **interaction and collaboration** between travelers and social work professionals in both countries will focus on areas of common interest. Across nations, there may be similarities in social problems, but the focus of concern can differ within borders and within cultures. As a result, competency in social work today requires an understanding of the **global context of human rights, social and environmental justice**.
- Discuss **vulnerable populations** including extreme poverty and its effects on children in each country.
- Interact with social work counterparts for substantive meetings at a **local hospital, clinic or university** such as **Marie Sklodowska-Curie Memorial Cancer Center** with its focus on cancer control and epidemiology.
- Meet with a community group such as **Rak and Roll—Win Life** (*Rak* means cancer). This breast cancer charity will give you a firsthand opportunity to meet with a non-profit organization to learn about their work.

Focus on the community & culture

- Delve into WWII history as you **learn about Irena Sendler** and her incredible story of saving 2500 Jewish children. Polish nurse, humanitarian, and social worker, Irena served in the Polish Underground during World War II in German-occupied Warsaw.
- Giving back and engaging with the local community is an important part of your journey. You will have an opportunity to interact with a local **non-profit organization or community project**.
- Get to know the culture and local cuisine during a **cooking lesson** in the home of a Polish family.

Program Leader: **Elizabeth J. (Betsy) Clark, PhD, MSW, MPH**

Dr. Elizabeth (Betsy) Clark has held leadership roles in health care, academia, and non-profit organizations, most recently serving for 12 years as the CEO of the National Association of Social Workers. Her areas of clinical focus include cancer, hope, and loss and grief, and she sits on numerous boards of cause-related or professional associations. A strong advocate for women's rights and economic equality, Dr. Clark currently is the President of the Start Smart Career Center and the co-author of the "Smart Women" book series which focuses on mentoring young women for workplace success and career advancement. She holds a Master's Degree in Social Work and a Master of Public Health from the University of Pittsburgh and a Master's and Doctorate in Medical Sociology from the University of North Carolina. She also holds a Doctor of Humane Letters from Wartburg College.



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