

THE ART OF COMMUNICATING WITH YOUR PARTNER

WORKSHOP

Come be part of this fun, educational session that offers couples more effective ways of communicating, This workshop teaches you tools and techniques that offer both of you:

- 1. A deeper understanding of each other
- 2. A new way of listening to each other
- 3. Less conflict, judgement and anger
- 4. Increased connectedness that fortifies the relationships for the challenges it faces

Presented by Brenda Montani a clinical counsellor for 40 years, specializing in couples work, anxiety and depression.

When Thursday April 26th How much:\$120.00/couple

Where: TBA

Register at www.whistlercounsellor.com or call.

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