

Age-Friendly Englewood

Plan of Work – 2019-2021

Mission

Age-Friendly Englewood is a community-wide project that is working to ensure that residents of Englewood can age-in-place in their homes and in the community with dignity and independence. Age-Friendly Englewood seeks to help the community become more livable for people of all ages, with particular attention to the rapidly growing number of older adults.

Guiding Principles

- View an aging population as a community asset
- Treat aging as a normal development stage
- Involve older people in problem identification and resolution
- Engage all sectors – public, private, business, etc.
- Recognize and embrace the diversity of Englewood's older population
- Provide ways for residents to come together across boundaries of geography, race, religion and age.
- Build upon existing resources and activities

The Framework for our plan is the World Health Organization-AARP Eight Domains of Livability. Below are Age-Friendly Englewood's planned activities across all domains.

Housing:

Promoting home safety

Promoting home sharing and zoning revisions to allow accessory dwellings

Advocating for low income senior housing (Liberty school?)

Promoting programs that provide property tax relief, property tax freeze and other ways to save money on housing

Outdoor Spaces & buildings

Advocating for improved pedestrian crossings, count-down stoplights

Advocating for more benches around leading to and from business district

Promoting public art and murals

Encouraging City to work with County to improve safety on County roads

Transportation

Exploring senior bus (free from NJ Transit)

Providing education about and promote available transportation services

B.C. Community Transportation

Go Go Grandparents, E-ZRyde-Ryde4Life

Promoting driver-safety programs for older drivers

Community Support for Health Services

Promoting wide variety of health-related & fitness programs

Promoting caregiver support groups

Providing health-related informational programs

Advocating for Urgent Care center in downtown Englewood

Promoting community wellness in concert with Englewood Health

Collaborating on projects to improve health outcomes:

- Community Garden at 111 West Street (low-income apartment building)
- Dept. of Health blood-pressure monitoring program
- Nutritional education and meal planning on a budget for low-income residents (Housing Authority, Englewood Health, Community Chest)
- Mental Health Conference in 2020 sponsored by Community Chest

Civic Participation & Employment

Encouraging Mayor to appoint older adults to committees, etc.

Promoting Re-defining Retirement – ambassadors at library

Promoting age-friendly business practices (Chamber of Commerce and SID)

Creating Older Adults Advisory Committee to advocate for age-friendly policies and practices

Sponsoring show at BergenPAC for Older Americans Month in May

Social Participation & Inclusion

Promoting broad range of activities to encourage older adult participation

Providing technology training

Help older adults understand options in retirement

Promoting intergenerational programs

Reaching out to isolated older adults

- “Milestone Birthdays” celebration
- Second Sunday concerts at Englewood Library
- Help older adults learn technology – phone, computer, etc.
- Reach out to clergy
- Reach out to Hispanic/Latino populations

Communication & Information

Employing effective communications across all activities to assure success

- *At Your Service* directory of services
- Monthly newsletter
- DPW calendar
- Facebook, Twitter, Instagram
- Articles in “My Englewood,” local newspapers

Englewood admitted to Global Network of Age-Friendly Cities