



Bright Futures Previsit Questionnaire

2½ Year Visit

For us to provide you and your child with the best possible health care, we would like to know how things are going. Please answer all of the questions. Thank you.

What would you like to talk about today?

Do you have any concerns, questions, or problems that you would like to discuss today?

We are interested in answering your questions. Please check off the boxes for the topics you would like to discuss the most today.

Family Routines	<input type="checkbox"/> Setting limits on your child's behavior <input type="checkbox"/> All caregivers using the same rules with your child <input type="checkbox"/> Your child's weight <input type="checkbox"/> Doing fun things as a family <input type="checkbox"/> Day and evening routines <input type="checkbox"/> Eating together as a family
Learning to Talk and Communicate	<input type="checkbox"/> How much TV is too much TV <input type="checkbox"/> Your child's speech
Getting Along With Others	<input type="checkbox"/> Playing well with others <input type="checkbox"/> How and why to give your child choices
Getting Ready for Preschool	<input type="checkbox"/> Is your child ready for preschool <input type="checkbox"/> Playgroups <input type="checkbox"/> Toilet training
Safety	<input type="checkbox"/> Car safety seats <input type="checkbox"/> Staying safe near water <input type="checkbox"/> Playing safe outside <input type="checkbox"/> Preventing sunburns <input type="checkbox"/> Preventing fires <input type="checkbox"/> Staying safe with your pets and others

Questions About Your Child

Have any of your child's relatives developed new medical problems since your last visit? If yes, please describe: Yes No Unsure

Hearing	Do you have concerns about how your child hears?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure
	Do you have concerns about how your child speaks?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure
Vision	Do you have concerns about how your child sees?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure
	Does your child hold objects close when trying to focus?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure
	Do your child's eyes appear unusual or seem to cross, drift, or be lazy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure
	Do your child's eyelids droop or does one eyelid tend to close?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure
Oral Health	Have your child's eyes ever been injured?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure
	Does your child have a dentist?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Unsure
	Does your child's primary water source contain fluoride?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Unsure

Have there been any major changes in your family lately? Move Job change Separation Divorce Death in the family Any other changes?

Does your child live with anyone who uses tobacco or spend time in any place where people smoke? No Yes

Your Growing and Developing Child

Do you have specific concerns about your child's development, learning, or behavior? No Yes, describe:

Check off each of the tasks that your child is able to do.

- | | | |
|---|--|---|
| <input type="checkbox"/> Points to 6 body parts | <input type="checkbox"/> Other people can understand what your child is saying half the time | <input type="checkbox"/> When talking, puts 3 or 4 words together |
| <input type="checkbox"/> Jumps up and down in place | <input type="checkbox"/> Washes and dries hands without help | <input type="checkbox"/> Knows correct animal sounds (such as cat meows, dog barks) |
| <input type="checkbox"/> Puts on clothes with help | <input type="checkbox"/> Plays pretend | <input type="checkbox"/> Brushes teeth with help |
| | <input type="checkbox"/> Plays with other children, like tag | |



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DEDICATED TO THE HEALTH OF ALL CHILDREN™

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ACCOMPANIED BY/INFORMANT	PREFERRED LANGUAGE	DATE/TIME
DRUG ALLERGIES	CURRENT MEDICATIONS	
WEIGHT (%) <small>See growth chart.</small>	HEIGHT (%)	HEAD CIRC (%)
		BMI (%)

Name
ID NUMBER
TEMPERATURE
BIRTH DATE
AGE
M F

History

<input type="checkbox"/> Previsit Questionnaire reviewed	<input type="checkbox"/> Child has special health care needs
<input type="checkbox"/> Child has a dental home	

Concerns and questions None Addressed (see other side)

Follow-up on previous concerns None Addressed (see other side)

Interval history None Addressed (see other side)

Medication Record reviewed and updated

Social/Family History

See Initial History Questionnaire. No interval change

Family situation

Parents working outside home: Mother Father

Child care: Yes No Type _____

Changes since last visit _____

Review of Systems

See Initial History Questionnaire and Problem List.

No interval change

Changes since last visit _____

Nutrition _____

Elimination: NL _____

Toilet training: Yes In process _____

Sleep: NL _____

Behavior/Temperament: NL _____

Physical activity

Play time (60 min/d) Yes No

Screen time (<2 h/d) Yes No

Development

Structured developmental screen NL Tool _____

Developmental Surveillance (if not reviewed in Previsit Questionnaire)

<input type="checkbox"/> SOCIAL-EMOTIONAL	<input type="checkbox"/> COMMUNICATIVE	<input type="checkbox"/> PHYSICAL DEVELOPMENT
• Plays pretend	• Other people can understand what your child is saying half of the time	• Jumps up and down in place
• Plays with other children (eg, tag)	• When talking, puts 3 or 4 words together	• Puts on clothes with help
	<input type="checkbox"/> COGNITIVE	• Washes and dries hands without help
	• Points to 6 body parts	• Brushes teeth with help
	• Knows correct animal sounds (eg, cat meows, dog barks)	

Physical Examination

= NL

Bright Futures Priority

EYES (red reflex, cover/uncover test)

NEUROLOGIC (coordination, language, socialization)

Additional Systems

<input type="checkbox"/> GENERAL APPEARANCE	<input type="checkbox"/> LUNGS
<input type="checkbox"/> HEAD	<input type="checkbox"/> HEART
<input type="checkbox"/> EARS	<input type="checkbox"/> ABDOMEN
<input type="checkbox"/> NOSE	<input type="checkbox"/> GENITALIA
<input type="checkbox"/> MOUTH AND THROAT	<input type="checkbox"/> Male/Testes down
<input type="checkbox"/> NECK	<input type="checkbox"/> Female
<input type="checkbox"/> TEETH	<input type="checkbox"/> EXTREMITIES/HIPS
	<input type="checkbox"/> BACK
	<input type="checkbox"/> SKIN

Abnormal findings and comments

Assessment

Well child

Anticipatory Guidance

Discussed and/or handout given

<input type="checkbox"/> FAMILY ROUTINES	<input type="checkbox"/> SOCIAL DEVELOPMENT	<input type="checkbox"/> SAFETY
• Family meals	• Supervised play with other children	• Car safety seat
• Family activities	• Setting limits	• Water
<input type="checkbox"/> LANGUAGE PROMOTION AND COMMUNICATION	• Emerging independence	• Appropriate supervision
• Limit TV	<input type="checkbox"/> PRESCHOOL CONSIDERATIONS	• Sun exposure
• Daily reading	• Group activities/ preschool (if possible)	• Fire safety
• Listen and repeat to child	• Toilet training	• Smoke detectors
		• Outdoor safety
		• Playground
		• Dogs

Plan

Immunizations (See Vaccine Administration Record.)

Laboratory/Screening results _____

Referral to _____

Follow-up/Next visit

See other side

Print Name	Signature
PROVIDER 1	
PROVIDER 2	





Bright Futures Parent Handout

2½ Year Visit

Here are some suggestions from Bright Futures experts that may be of value to your family.

LANGUAGE PROMOTION AND COMMUNICATION

Learning to Talk and Communicate

- Limit TV and videos to no more than 1–2 hours each day.
- Be aware of what your child is watching on TV.
- Read books together every day. Reading aloud will help your child get ready for preschool. Take your child to the library and story times.
- Give your child extra time to answer questions.
- Listen to your child carefully and repeat what is said using correct grammar.

PRESCHOOL CONSIDERATIONS

Getting Ready for Preschool

- Make toilet-training easier.
 - Dress your child in clothing that can easily be removed.
 - Place your child on the toilet every 1–2 hours.
 - Praise your child when she is successful.
- Try to develop a potty routine.
- Create a relaxed environment by reading or singing on the potty.
- Think about preschool or Head Start for your child.
- Join a playgroup or make playdates.

FAMILY ROUTINES

Family Routines

- Get in the habit of reading at least once each day.
- Your child may ask to read the same book again and again.
- Visit zoos, museums, and other places that help your child learn.
- Enjoy meals together as a family.
- Have quiet pre-bedtime and bedtime routines.
- Be active together as a family.
- Your family should agree on how to best prepare for your growing child.
 - All family members should have the same rules.

SAFETY

Safety

- Be sure that the car safety seat is correctly installed in the back seat of all vehicles.
- Never leave your child alone inside or outside your home, especially near cars
- Limit time in the sun. Put a hat and sunscreen on the child before he goes outside.
- Teach your child to ask if it is OK to pet a dog or other animal before touching it.
- Be sure your child wears an approved safety helmet when riding trikes or in a seat on adult bikes.
- Watch your child around grills or open fires. Place a barrier around open fires, fire pits, or campfires. Put matches well out of sight and reach.
- Install smoke detectors on every level of your home and test monthly. It is best to use smoke detectors that use long-life batteries, but if you do not, change the batteries every year.
- Make an emergency fire escape plan.

SAFETY

Water Safety

- Watch your child constantly whenever he is near water including buckets, play pools, and the toilet. An adult should be within arm's reach at all times when your child is in or near water.
- Empty buckets, play pools, and tubs right after use.
- Check that pools have 4-sided fences with self-closing latches.

PROMOTING SOCIAL DEVELOPMENT

Getting Along With Others

- Give your child chances to play with other toddlers.
- Have 2 of her favorite toys or have friends buy the same toys to avoid battles.
- Give your child choices between 2 good things in snacks, books, or toys.
- Follow daily routines for eating, sleeping, and playing.

What to Expect at Your Child's 3 Year Visit

We will talk about

- Reading and talking
- Rules and good behavior
- Staying active as a family
- Safety inside and outside
- Playing with other children

Poison Help: 1-800-222-1222

Child safety seat inspection:
1-866-SEATCHECK; seatcheck.org



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Your Child's Checkup & What It Covers

Making the Most of Your Child's Annual Physical — With Clear Info About Billing

We want your child's yearly checkup to be helpful, healthy, and happy! Here's what's included—and what might come with extra costs—so there are no surprises.

What's Included in a Regular Checkup (Preventive Visit):

Your child's annual physical is all about keeping them growing strong! It includes:

-  A full physical exam
-  Tracking growth, development, and overall health
-  Sports physical paperwork if needed
-  Routine vaccines to keep your child protected
-  Preventive lab orders (Lab benefit coverage is determined by your insurance company)

What's *Not* Included — May Have Extra Charges:

Sometimes, other health concerns come up during the visit. If we treat or discuss things like:

-  Ongoing conditions (like ADHD, asthma, depression etc)
-  New symptoms (like a sore throat, rash, or injury etc)
-  Medication changes or refills for chronic issues
-  Tests for illness (like strep tests, X-rays, or extra lab work)
-  Longer discussions about complex concerns

These are considered *separate* services by insurance and may come with a co-pay, deductible or other charges.

Why Things Are Different Now:

In the past, we could sometimes include extra care in the checkup without extra billing. But, in an effort to follow current billing and insurance requirements, we now have to bill separately for non-preventive care even if it happens during the same visit.

Our Promise to You:

We follow these rules to make sure everything is billed correctly and fairly. Our goal is to care for your child in one visit whenever possible—so you don't have to come back again and again.

If you ever have questions about your child's visit or the bill, our team is here to help. We want you to feel confident and informed every step of the way!