

In the Kitchen with Bradley

Today in Stay & Play we made Peanut Butter & Banana French Toast. Tools we used:

Electric fry pan, measuring spoons, fork, knife, spatula. Techniques we practiced:

Slicing, Measuring, Layering, Frying, Flipping.

Ingredients

- ♦ 1 egg
- ♦ 1 dash vanilla extract
- ♦ 2 tbs creamy peanut butter
- ♦ 2 slices bread
- ♦ 1 small banana, sliced
- ♦ 2 tbs butter
- ♦ Powdered sugar (optional)
- ♦ Maple or Pancake syrup (optional)



Directions

1. In a small bowl, lightly beat the egg and vanilla together
2. Spread 1 tbs of peanut butter on top of each slice of bread.
3. Place the banana slices on top of one of the slices of bread. Place the other slice of bread on top of the first, to make a peanut butter and banana sandwich
4. Melt the butter in the electric fry pan over medium heat.
5. Dip the sandwich into the egg mixture and place in the heated pan. Cook until brown on both sides.
6. Sprinkle with powdered sugar (optional).
7. Serve hot (with syrup if desired).

