

In the Kitchen with Bradley

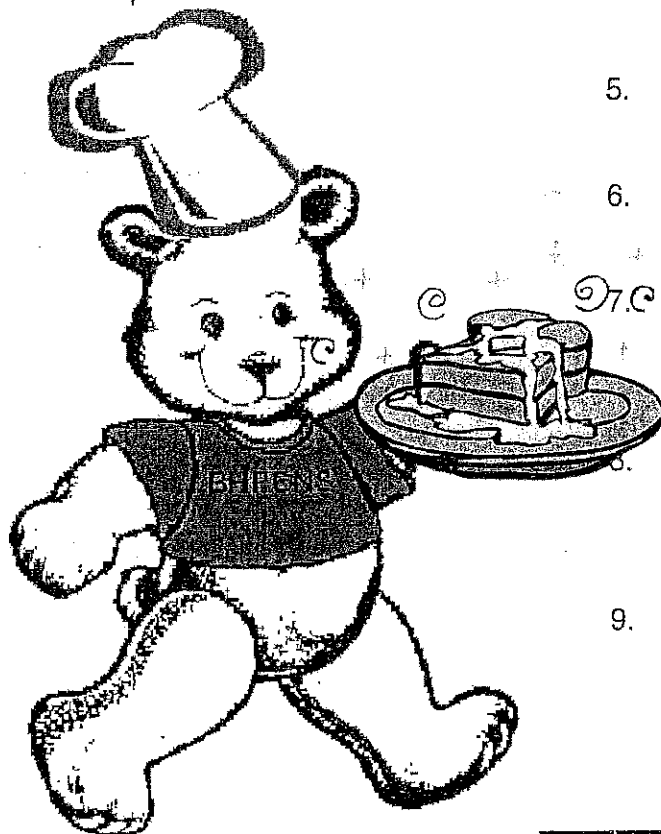
Today in Stay & Play we made "no mess" French Toast! This easy French Toast recipe is show with only one egg and one piece of bread, but you can definitely increase the amounts to make as many pieces of french toast as you need. Tools we used today are: Fry pan, measuring spoon, measuring cup, spatula, plate. Techniques we practiced: Beating, mixing, pouring, frying, flipping.

Ingredients

- 1 eggs
- 1 piece of bread
- 2 TBS of milk
- 1 dash of cinnamon
- 1/8 tsp of vanilla (optional)
- 1 tsp butter

Directions

1. Melt butter in frying pan over medium heat
2. Crack an egg into a measuring cup
3. Beat egg with a fork
4. Add milk, cinnamon and vanilla--Mix well
5. Pour about 1/2 of the egg mixture onto a plate
6. Place a piece of bread on top of the mixture that is on the plate
7. Pour the other 1/2 of the mixture on top of the bread and let it all soak in
8. Slide the French toast off the plate into the hot frying pan using a fork or spatula
9. Cook for 3-5 minutes, then flip and cook the other side 3-5 minutes



Enjoy!

Thanks in cup