



173 Mary Street
Winter Garden, FL 34787

To Whom It May Concern:

This letter serves as a recommendation for Toni Washington. Ms Toni has served as a consultant, advisor and mentor to me and F3 Health and Wellness since 2007. As a consultant she has guided me to success in areas that have been critical in order to be successful in community affairs. Her advice stems from her experience, wisdom and careful consideration to see my success as equally as she sees her own. What makes her a great mentor is because she has taken me under her wing and my growth to her is personal. Her goal since first hiring me as an independent contractor was to help me build a reputable name and to branch off and be in a leadership position in the community. For me and f3 Health and Wellness she has done just that.

Ms Toni is one of the best program builders in Central Florida and the Country. Her skill at solving problems within the inner cities youth is remarkable. She is great at managing time and multiple projects and is incredibly organized. She truly gets behind the task at hand, and is genuine and passionate about educating and advancing the youth and her clients. She is persistent without being annoying, and above all she gets results. She is a friendly, high-energy individual with a great sense of humor who can adapt to any environment.

Toni Washington and her services is a great asset to any company. I strongly recommend her as the immediate choice to bring aboard for a successful outcome that gleams with integrity. Any company or organization should be happy to have Toni Washington extend them her services or as a team member.

Regards,

Jason Grimes
President