

November 2019 Paramount Academy Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of 1% white or fat free chocolate milk served with each meal				1 *BBQ Chicken Salad w/Juice & Potato Wedges
4 *Chicken Nuggets w/Fruit & Go'Bonzo Beans	5 *Red Chili, Cheese & Bean Burrito w/Fruit & Celery/Carrot	6 *Cheese Pizza w/ Juice & Salad	7 *Meatball Sub w/ Juice & Carrot/Pickle	8 *Buffalo Popcorn Chicken N' Tots w/ Fruit & Tots
11 NO MEAL SERVICE	12 *Whole Grain Nachos w/Fruit & Celery/Carrot	13 *Pepperoni Pizza w/ Juice & Salad	14 *Chicken Caesar Salad w/ Fruit & Mashed Potatoes	15 *BBQ Chicken Drumstick w/Juice & Carrot/Celery
18 *Chicken Sandwich w/Fruit & Go'Bonzo Beans	19 *Popcorn Chicken, Corn & Potatoes w/Juice & Mashed Potatoes	20 * Cheese Pizza w/ Juice & Salad	21 **Thanksgiving Feast** Roasted Turkey w/ Mashed Potatoes & Gravy Green Beans Spiced Apples & Pumpkin Pudding Whole Grain Bread	22 *BBQ Chicken Salad w/Fruit & Carrot/Celery
25 NO MEAL SERVICE	26 NO MEAL SERVICE	27 NO MEAL SERVICE	28 NO MEAL SERVICE 	29 NO MEAL SERVICE 

****This institution is an equal opportunity provider****