

Welcome to the family



CONFIDENTIAL HEALTH AND WELLNESS QUESTIONNAIRE

Our team believes that health is more than just how you feel. True health and wellness means you and your child are physically, mentally and emotionally at your best.

ABOUT YOUR CHILD

Full name _____ Date _____

Date of birth: _____ Gender: M / F

Mum's name: _____

Dad's name _____

Siblings names and ages: _____

Address _____

_____ Postcode _____

Telephone H _____ W _____ M _____

Email _____

Who may we thank for referring you? _____

YOUR CHILDS BIRTH:

How many weeks pregnant were you when you gave birth? _____

Were you induced? Y / N Did you have an epidural? Y / N Did you have a caesarean Y / N

Was there any pulling on child's head? Y / N

Were there any complications during the birth or after for child or yourself? _____

YOUR CHILDS' CURRENT HEALTH

Please tick any of the following symptoms your child has experienced:

- | | | |
|--|--|---|
| <input type="checkbox"/> Poor concentration | <input type="checkbox"/> Allergies / Sinus | <input type="checkbox"/> Reflux |
| <input type="checkbox"/> Learning difficulties | <input type="checkbox"/> Digestive problems | <input type="checkbox"/> Epilepsy / Seizures |
| <input type="checkbox"/> ADHD /Autism /Hyperactivity | <input type="checkbox"/> Irritability / Moodiness | <input type="checkbox"/> Numbness/tingling in arms/hands |
| <input type="checkbox"/> Bed wetting | <input type="checkbox"/> Depression / Nervousness | <input type="checkbox"/> Dizziness / Ringing in the ears |
| <input type="checkbox"/> Recurrent colds/Flu | <input type="checkbox"/> Fatigue / Energy levels | <input type="checkbox"/> Pain between shoulders |
| <input type="checkbox"/> Low immunity | <input type="checkbox"/> Weight problems | <input type="checkbox"/> Numbness / tingling in legs / feet |
| <input type="checkbox"/> Asthma / Breathing problems | <input type="checkbox"/> Headaches / Migraines | <input type="checkbox"/> Hip pain |
| <input type="checkbox"/> Constipation / Diarrhoea | <input type="checkbox"/> Ear infections (Left / Right) | <input type="checkbox"/> Bowel / Bladder problems |
| <input type="checkbox"/> Poor sleeping patterns | <input type="checkbox"/> Leg pain / Cramps | <input type="checkbox"/> Poor posture |
| <input type="checkbox"/> Growing Pains | | |

What is the main reason you have brought your child to see us? _____

How long has child had this problem? _____

How did this problem start? _____

What makes this problem better? _____

What makes this problem worse? _____

Have you sought any treatment for this/these issues? _____

GENERAL HEALTH HISTORY

Has your child had any major accidents, injuries or illnesses in the past? _____

Has your child ever been hospitalised? What for? _____

What medications has your child taken in the past? (Antibiotics etc.) _____

Have your child ever seen a chiropractor before? _____

LIFESTYLE:

What does your child like doing? _____

How much screen time does your child have a day? _____

INFORMED CONSENT

I consent to a professional and complete chiropractic examination and any care the chiropractor deems necessary for my child. I consent for their information being shared within the practice.

Print your name: _____

Signature: _____