



## **Sparrow's Nest First Day Items**

- **Toiletry Items**

- |                         |                            |
|-------------------------|----------------------------|
| -Toothpaste/ Toothbrush | -Non-alcoholic Mouthwash   |
| -Body wash              | -Shampoo/Conditioner       |
| -Deodorant              | -Non-aerosol hair supplies |
| -Razors                 | -Hairbrush                 |
| -Makeup (sealed, new)   |                            |

- **Clothing**

- |   |  |
|---|--|
| -Jeans (Up to 7 pairs)  | -Tops (Up to 10)                         |
| -Pajamas (Up to 5 pair)   | -Recreational clothing (Up to 5 outfits) |
| -Church clothing (Up to 4 modest outfits)                               | -Long robe                               |
| -Bras (Up to 4 regular and 2 sports)                                    | -Underwear (Up to 14 pairs)              |
| -Socks (Up to 10)   | -Shower shoes (flip-flops)               |
| -Shoes (1 pair of tennis shoes/ sandals and dress shoes –up to 4 pairs) |  |

- **Supplies**

- |                                    |                              |
|------------------------------------|------------------------------|
| -1 Set of white sheets (twin size) | -1 Pillow                    |
| -1 Package of pens                 | -20 Stamps                   |
| -1 Box of envelopes                | -3 One Inch 3 ring notebooks |
| -2 Spiral notebooks                | -1 Package of notebook paper |
| -1 Laundry detergent               | -1 Package of coat hangers   |

- Return bus fare, cash only, from Beckley, WV, to your hometown
- \$50.00 for your required personal expense account
- Any updated probation information
- Photo Identification or your birth certificate and Social Security Card
- Physical Examination (completed by a physician)
- For classroom purposes we require The Life Recovery Bible : New Living Translations, Tyndale Publishers Inc. (Hardback or Leather)



### **Sparrow's Nest Restricted Items**

- Tobacco or Alcohol (any form)
- Drug/ Drug Paraphernalia
- Pornographic Magazine, Clothing, or Literature
- Radios or TV Sets
- Personal CD's or CD Players
- Ipods or MP3 Players
- Cell phones
- Cameras, Books, or Literature
- Scissors or Any Sharp Objects

- Knives, Guns, or Weapons
- Personal Vehicles
- House or Car Keys
- White-out Correction Fluid
- Jewelry or Valuables of Any Kind
- Secular Music T-shirts or Clothing
- Rings or studs of Any Kind in Any Body Piercings