

# Sober By Grace

## House Rules – Code of Conduct

1. This house will be safe at all costs; therefore you are eligible for immediate eviction if you relapse. Returns will be reviewed on a case by case basis. IF you are allowed to stay, or return, the daily rate for our program can move from \$25/day, to \$35.71 a day, or \$1000/month, at Director's discretion. This is not a punitive charge, but a charge for added supervision, as relapse will result placement in a special level class. (R)
2. Residents and management or any form of house leadership, to include residents in charge and/or those who carry a meeting are BANNED from fraternization and/or dating. Violators can be immediately evicted. This includes sexual harassment, innuendo, innocent flirting, et al. NO FRATENIZATION. In the event that a couple enters sober living, the above does not apply.
3. Rent may be paid at a weekly rate of \$175, but we *prefer* it is paid monthly, at \$700. Rent is always due on the first, if paying monthly. Friday, if weekly. Nonpayment is grounds for immediate eviction. We should never have to chase money. A paycheck stub and payment is due each Friday.
4. You must have a job within 3 weeks of moving in. We can assist you in this, but it is ultimately your responsibility to find gainful employment. No bars, no taxis: Use common sense.
5. You must have a verifiable sponsor within 7 days of moving in.
6. We encourage Morning Prayer. Every attempt will be made to allow you time for this.
7. You must have a 12<sup>th</sup> Step commitment during your stay. This must continue throughout your stay. (Carrying the message is our primary purpose.) All overnight/weekend privileges are contingent upon this. There are no exceptions to this rule, this is the main reason we are here.
8. You are required to attend at all meetings and events both in-house and outside scheduled by S.B.G. (Sober By Grace). Work is not a reason to miss mandatory meetings. If you are going to miss, communicate this well beforehand to the House Manager.

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9. You must perform 10 hours a month of community service at a **pre-approved** organization. Please note bold italicized word.
10. No smoking indoors. Residents caught smoking indoors will earn extra chores and possibly be immediately removed from our facilities.
11. Chores in the house will be assigned by your House Manager and are non-negotiable.
12. Residents are not allowed to alter, move, add or change any property, furniture, door locks, etc. Any changes in property and its furnishings will be done by staff or management only, or WITH permission.
13. Eating is allowed in common areas only. Clean up after yourself. Eating or drinking in your room will result in bonus chores.
14. Clearly mark your own personal food or any other products you chose to buy. Keep your paws off other people's stuff.
15. No pets.
16. No people of the opposite sex outside of the common areas. Guests are fine: just have them leave no later than 10:30pm Sunday through Thursday & by midnight on Friday and Saturday. Disruptive or abusive guests will be asked to leave. House manager reserves the right to remove any of your guests at any time. Guests are subject to drug and alcohol screening. Their entrance signifies their consent.
17. Fighting, stealing, or any other destructive, dangerous, disruptive, or illegal behavior is grounds for immediate dismissal. Make no mistake we are here to give freely of ourselves and help in almost any way possible, but we will press charges when and if warranted. Since "selfishness & self-centeredness" is the root of our troubles, consideration of others must be a top priority. It's not just about you anymore.
18. It is the collective responsibility of residents in each house to clean. All areas including bedrooms should remain neat and clean at all times. Sober By Grace tours our facilities several times a week. Houses should be kept as though someone will tour at any time. Further, we have multiple people living together.

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19. No alcohol-based over the counter medicines or cooking additives are permitted. This includes items such as Nyquil, mouthwash, vanilla extract, etc. Possession of these items will result in a write up and possible removal from our facilities.

20. All residents are subject to search at any time while residing in our facilities. This includes luggage upon intake, personal property, room and closets.

21. Sober By Grace will do random room searches and drug/alcohol screening to ensure that our facilities remain clean and drug free.

22. Receiving three write ups/incident reports will result in a meeting with the Director to discuss your continued residency at our facilities.

23. House managers have final say in their house and report directly to the Director. House managers will administer drug screenings, room searches, chores, 12<sup>th</sup> step commitment opportunities, etc. House managers have the power to remove residents at any time.

24. Curfew upon intake (Level One status) is 8:00 p.m except for meetings or unless otherwise authorized by a manager/director. Curfew at Level Two and Level Three are 10:30 Sun-Thurs and midnight Friday and Saturday. Curfew at Level Four status is increased to midnight Sun-Thurs and 1 a.m. Friday and Saturday.

25. Sober By Grace is **NOT** a medical facility. All medications coming in to our facilities will be scrutinized. Your doctor prescribing a medication does not necessarily mean that we will allow that medication on our property. Upon intake we will determine what is acceptable for your situation. At no time are you allowed to add to, change or delete your medications without permission from management. Any change **without our knowledge** can result in immediate removal from our facilities.

26. Upon removal, whether by staff or yourself, you must take all personal items with you. Any personal items left behind are considered donated. Admission to Sober By Grace is based on a personal interview. All residents must be sober and actively involved in a 12-step program. It is our intention to provide a safe transitional home for men and women who are

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excited about the prospect of a new life. Mentoring with others who are committed to recovery is our ultimate goal. At the end of your stay here you can count on a number of things:

You will know the Big

Book.

ary purpose is to carry the message of recovery to the suffering alcoholic or addict.

possibilities are to AA, CA, HA, or NA, your home group and to those around you.

ntly) exactly what it means to be RECOVERED.

## Rates

The base cost of living at Sober By Grace is \$700 per month. This includes a shared bedroom and meals. This does not include snacks. This fee can be elevated at Director's discretion. Again if you decide to leave or are removed due to non-compliance, all monies paid are non-refundable. Upon entrance, a \$250 non-refundable entrance fee will be assessed.

We require a minimum commitment of 90 days, with the ability to stay between 6 – 9 months, or longer if the resident so chooses. Each person will develop a plan of action to return home or find a new residence, as well as an Individual Written Rehabilitation Plan. We will also explore the possibility of furthering education or vocational training on an individual basis.

Indemnification: Landlord shall not be liable for any damage or injury of or to the Tenant, the Tenant's family, guests, or to any person entering the Premises or the building or to goods or equipment. Tenant hereby agrees to indemnify, defend and hold Landlord harmless from any and all claims or assertions of every kind and nature.

**In accordance with Texas Law Property Code, Title 8 Landlord and Tenant, Chapter 91, a resident may be removed without notice per this agreement and as states in this code as provided below:**

(e) Subsections (a), (b), (c), and (d) do not apply if:

- (1) a landlord and a tenant have agreed in an instrument signed by both parties on a different period of notice to terminate the tenancy or that no notice is required; or
- (2) there is a breach of contract recognized by law.

**I UNDERSTAND THAT I CAN BE REMOVED FOR RELAPSING ON DRUGS AND/OR ALCOHOL INCLUDING NON-APPROVED MEDICATIONS**

**I UNDERSTAND THAT FAILING TO PAY PROGRAM FEES CAN RESULT IN REMOVAL.**

**I UNDERSTAND THAT FAILING TO WORK WITH A SPONSOR IN A 12-STEP PROGRAM CAN RESULT IN REMOVAL.**

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I UNDERSTAND THAT FAILING TO SHOW UP FOR CURFEW OR MANDATORY MEETINGS IS GROUNDS FOR REMOVAL.

I UNDERSTAND THAT IF I TELL SOMEONE THAT I NO LONGER WANT TO BE HERE THAT I WILL BE GIVEN THE OPPORTUNITY TO LEAVE.

I UNDERSTAND THAT REFUSING TO BE DRUG/ALCOHOL TESTED IS CONSIDERED A POSITIVE RESULT AND I WILL BE REMOVED.

I UNDERSTAND THAT I HAVE 15 MINUTES TO PACK AND LEAVE IF I AM REMOVED.

AGREE TO TAKE ANY COMPLAINTS OR CONCERNS TO MY SPONSOR AND THEN MY HOUSE MANAGER.

AGREE TO NOT PAY PERSONAL BILLS AHEAD OF MY PROGRAM FEES.

I UNDERSTAND THAT LACK OF WILLINGNESS TO PAY MY FEES WILL RESULT IN REMOVAL FROM THIS PROGRAM.

I UNDERSTAND THAT PROGRAM FEES ARE NON-REFUNDABLE.

AGREE TO NOT RELY ON INFORMATION FROM ANOTHER RESIDENT

I UNDERSTAND THAT IT IS ILLEGAL FOR PERSONS LIVING IN A GROUP SETTING TO GIVE BLOOD OR PLASMA

Violation of any rule of SBG rule, or municipal, state, or federal law is grounds for immediate eviction.

Effective October 1, a deposit of \$150 is due upon arrival.

I agree to the foregoing terms and conditions: \_\_\_\_\_

Signature

Date \_\_\_\_\_

\_\_\_\_\_  
Printed Name