

# 1st Annual Big Mac Classic Powerlifting Meet



On behalf of McAlester Public Schools, we would like to invite you and your team to the 1st Annual Big Mac Classic Powerlifting meet on. The Junior High will lift on Thursday, February 13th and the High School on Friday, February 14th. The weight classes for both meets are those stated in the State Powerlifting rules.

- **Where:** McAlester Indoor Facility at Hook Eales Stadium
- **When:** February 13(Junior High), February 14(Varsity)
- **Weigh-in:** 7:00 – 8:30 am

Coaches Meeting immediately following weigh-in each day. Meet will begin at 9:00am both days.

**Cost:** High School - \$125 per team (Friday)

**Junior High** - \$50 per grade entered with a max of \$125 for all three grades. (Thursday) **Junior High** - There will be a separate 7th, 8th, and 9th grade division. We will medal first through third place in each weight class in each grade and there will be a team champion for each grade. We will use high school lifters to judge the lifts. You may bring HS lifters to help judge but please explain the rules to your HS lifters and we will have rules meeting with them as well.

**High School** – There will be a large school and small school division. 1st – 5th place medals each weight class. 1st and 2nd place team plaques will be awarded. At least one coach from each staff will judge, depending on how many teams compete we may need your school to judge two events, but we will try to avoid that at all cost.

Bring a release form with all three qualifying signatures for each lifter.

Entry Fee checks should be made out to McAlester Football. If mailing please mail to:

**McAlester Public Schools**  
**attn Football**  
**PO Box 1027**  
**McAlester, OK 74502**

- We will have a hospitality room both days serving breakfast and lunch.
- Bus parking will be in the indoor facility parking lot.
- Full concession will be available.
- NO ICE CHESTS!

Please call to confirm if you are coming, so we can get a total number of teams and lifters to expect.

**Forrest Mazey**  
918-413-5677  
[fmazey@mcalester.k12.ok.us](mailto:fmazey@mcalester.k12.ok.us)

**Dustin Newberry**  
580-579-7851  
[dnewberry@mcalester.k12.ok.us](mailto:dnewberry@mcalester.k12.ok.us)

# Big Mac Classic Powerlifting Meet

SCHOOL: \_\_\_\_\_ COACH: \_\_\_\_\_

NAME OF LIFTER: \_\_\_\_\_

WEIGHT DIVISION: \_\_\_\_\_

SCHOOL CLASSIFICATION: (Circle One)

Large School (6A 5A 4A 3A) Small School (2A A B C)

We, the undersigned, agree not to hold the Oklahoma Football Coaches Association and / or host school and officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the OFBCA AND OFBCA POWERLIFTING ASSOCIATION.

\_\_\_\_\_ (Signature of Parent / Guardian)

\_\_\_\_\_ (Signature of Lifter)

\_\_\_\_\_ (Signature of Coach)

## NOTE:

1. Each lifter is to complete and sign this form by deadline.
2. Coach may copy this form as needed.

**Forrest Mazey**

918-413-5677

[fmazey@mcalester.k12.ok.us](mailto:fmazey@mcalester.k12.ok.us)

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