

# Ashtead All Stars 2024-2025 Update No.3, Sunday 13<sup>th</sup> October 2024

### Dear all,

I hate to start a newsletter with a moan, but this week the coaches have been really disappointed with situations across all age groups which has had a negative effect on our matches. Please remember netball is a team sport and the whole team need to be committed.

- Many girls turned up late and missed the warm up. This means the girls are at risk of injury and they have not prepared for the match with their teammates. All girls should be ready for a warm up 15 mins before their match.
- Some girls turned up so late that the matches had to be delayed, and then teams still had to start with less than 7 players. Games were lost as a result of this.
- We have had girls turn up after hockey/football matches clearly exhausted, and not able to play a full netball match.
- We have had girls drop out just before a netball match because they have sustained an injury at a prior football/hockey match.
- We have had girls just not turning up.

This is unacceptable and is unfair to your teammates. It is also unfair to your coaches who spend a lot of time preparing teams for matches, organising matches, and giving up their Sundays for matches. Whilst we appreciate that girls do other sports, this cannot affect their netball matches, as we do expect girls to prioritise their netball on a Sunday.

We would really appreciate your support with this going forward.

Well done to all the girls who played this weekend and thank you to the girls who played twice to ensure that all matches were played.

Team	Result	Goals for	Goals against	Star Players
U10A v Cardinals	WON	13	8	Florence and Anika
U10B v Fetcham Hawks A	WON	9	3	Emmy, Savannya and Zara M
U10C v Spencer C	LOST	2	8	Aoife and Elena
U10D v Whitton Waves	LOST	1	24	Zara T and Evie
U11A v SNTA B	WON	12	4	Gabby and Eva
U11B v Wey Valley	WON	13	4	Tegen and whole team
U11C v Dorking A	LOST	7	8	Isla and Isabella G
U11D v Whitton Waves	LOST	2	14	Aoife and Harriet
U12A v Ravers A	LOST	22	28	Ava
U12B v Wandsworth Green	WON	16	12	Holly

#### Surrey Junior Netball League - 13th October 2024

U12C v Fetcham Hawks B	WON	17	12	Anya
U12D v Waverly Vipers Ruby	LOST	25	5	Eva and Ally
U13A v Waverley Vipers Red	WON	34	18	Lois
U13B v Downs	WON	29	23	Anna & Polly
U13C v Focus A	LOST	16	27	Artie & Niamh
U13D v Fairlands B	WON	11	3	Ruby and Carys
U14A v Downs A	WON	31	24	Ella, Niamh and Amy D
U14B v Aces A	WON	31	24	Macey and Sylvia
U14C v Reigate Roses A	LOST	11	26	Regan and Millie
U14D v Weybridge Vandals B	WON	11	6	Jess and Amy R
U15A v AAS U15B	WON	38	12	Sophie C-J & Willow L
U15B v AAS U15A	LOST	12	38	Freya VDH & Eden L
U15C v Thames Ditton B	WON	36	10	Eden L & Munira A & Annabel M
U15D v Dorking A	LOST	7	12	Ella S & Olivia D
U16A v SNTA A	LOST	27	30	Isla and Charlotte
U16B v Oxshott A	WON	21	9	Ella P & Alexie P

### Adults: Kingston District Netball League - 5th October 2024

AAS Ladies A v Wimbledon A	LOST	40	71	Josephine and Lauryn
AAS Ladies B v Walton & Hersham	WON	53	44	Yasmin
AAS Ladies C v Wimbledon C	LOST	34	68	Natasha
AAS Ladies D v Thames Ditton C	LOST	30	39	Megan F and Hannah T

## Adults: Surrey Netball League - 12th October 2024

AAS Ladies A v Omega A	LOST	34	54	Josephine and Lauryn
AAS Ladies B v Teddington Swans B	LOST	38	53	Alex and Jacqueline
AAS Ladies C v Fetcham B	WON	50	31	Zoe and Hannah Tr

Well done everyone 😊 Kind regards Jane

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