### SEPTEMBER 2018

Dear Family of Faith,

August 6-10 I attended an amazing class presented by the Lombard Mennonite Peace Center called "Mediation Skills Training Institute for Church Leaders." It was taught by Richard Blackburn who helped found the Peace Center 35 years ago. It was a very full week of learning as classes ran from 8:30 a.m to 5:00 p.m. daily; I felt like I was back in seminary! There were 60 of us in the class; I met pastors from New York, LA, Texas, the Pacific Northwest, California and all over the Midwest. I even met up with a seminary classmate I hadn't seen for 31 years.

On the first day of the class as we explored how we personally deal with conflict with our families, friends, and the congregations we serve we were asked to line up along one wall, along a spectrum. One end of the wall were those for whom conflict feels like an exciting opportunity for change and new life. At the other end of the spectrum were those who will do anything in their power to avoid conflict, often with an accompanying stomach ache and pounding heart. The majority of us were somewhere in the middle. Our facilitator then interviewed various people along the continuum to ask why they had chosen to stand where they were. The most memorable answer came from the woman up against the far wall for those who avoid conflict. She said: I placed myself here but if I could, I would have gone out this window beside me and be outside this wall. But we're on the second floor and I knew it wasn't safe." Where

would you place yourself on this continuum?

What we then heard & learned throughout the week was this: "When conflict arises be the one to ask: "What is God trying to say to us in this conflict?" This question shaped our week together. We first explored conflict mediation in the Bible. Take a look at Matthew 18:15-22! What was so powerful about the training was that we received was that it asked us to be self-aware about our leadership styles in times of small and large conflicts. Then we were taught ways to begin with healing before even negotiating through to solving the conflict between individuals, groups and whole church congregations. Part of our learning was lecture. Part was hands on learning through role plays. We were given a scenario, and then took on the part of the mediators or the participants. Our teacher then walked through the 15 classrooms we were in, evaluating and coaching our mediation. Yes, that was a bit nerve wracking:)!

My biggest take away from the week is that conflict is not a bad thing; it is part of being human! As followers of Jesus, the peacemaker, we are called to negotiate the conflicts in our lives with self-awareness, care for each other and reliance on faith. Because God does speak to us in the midst of conflict! I'm sure you'll be hearing more about my learning in the weeks to come. Let us listen well for God's guidance in all that life holds as we enter another fall! Pastor Becky



### JOIN US & INVITE A FRIEND! Sunday, September 9, 2018

Right after Worship--All-Church Picnic at Mitchell Park

Wear your comfortable clothes. Bring what you want to drink and lawn chairs. We have a covered pavilion at Mitchell Park and we'll go there right after church for a delicious picnic lunch!

We'll have games and loads of fun!

ALL PROVIDED BY YOUR OUTREACH AND FELLOWSHIP COMMITTEE

journey. Continue to seek out the resources you need to live a healthy, happy life.

There is the Grief Support Group here at First Presbyterian Church, meeting every other Tuesday, from 10-11:30 am in the library. This group is open to everyone. There are no fees. And you are able to attend without being obligated to every meeting.

Meeting dates for the rest of the year are:

September 4, 18 October 2, 16, 30

November 13, 27 December 11, 18

For more information, contact Laura Brown, RN, Parish Nurse at 309-314-5605.

Blessings!
Laura Brown. RN. Parish Nurse

September Sundays: 2, 9, 16, 30.

Don't forget that Laura is available "on-call" during the week. You can call her at 309-314-5605.





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#### **PARISH NURSE NEWS**

#### You Don't Have To Walk Alone

We all have, or will, experience the loss of a loved one at least once in our lifetimes, and it is life-changing. Grief brings variety of feelings and emotions, often catching us off guard, and throwing our very existence into chaos. Grief can be overwhelming with its intensity and its unpredictability.

A good support system is vital as we journey through grief. Family and friends can be helpful, but they too are affected by the loss, and grieving in their own ways. And certainly, if they have not experienced a close personal loss, they most likely will not "get it", when you try to share your grief. This is where support groups can become a valuable resource.

Grief support groups offer companionship and understanding from others who have experienced a similar loss, and are experiencing the similar challenges that living with grief brings.

In a culture that often avoids talking about loss, support groups give you a safe place to share your story openly and without guilt or judgement. You also hear the stories of others, talking about how they cope day-to-day. Being able to share our stories and to learn from one another can ease the journey of grief.

If you are looking for a support system in your grief journey, you should consider support groups. You will likely find the following things in a grief support group:

- Emotional and physical support in a safe and non-judgmental environment.
- Support and understanding from others who have experienced a similar loss.
- The opportunity to begin the healing process through sharing your own story and hearing the stories of others.
- Coping skills to help you through the most difficult days of your grief journey.
- Hope through companionship with people who "get it" and understand first-hand what you're going through.
- The opportunity to discover new traditions and ideas to keep loved ones present in your hearts and in your memories.
- Increased understanding of how children and other family members react to loss.
- Permission to grieve and permission to live a happy productive life.

The most important thing is – take care of yourself. Should you choose to do so by seeking out the support of a grief group or connecting one-on-one with a counselor or therapist, remember to take care of yourself. Grief is a life-long

#### FIRST PRESBYTERIAN CHURCH STAFF

The Rev. Becky Sherwood Pastor

Karol Ellison Church Secretary
Laura Brown, R.N. Parish Nurse
David Blakey Choir Director
Gail Glockhoff-Long Bell Choir Director

Linda Miller Organist

Sarah Lack
Cathy Dillon
Marty Ellison

Sarah Lack
Nursery Attendant
Indoor Custodian
Outdoor Custodian

#### <u>Please Keep Our Nursing Home and Homebound Members</u> <u>in Your Prayers</u>

<u>Friendship Manor</u>: Mary Glockhoff, Marynell Kirkwood, Mary Catherine Sneed; <u>The Fountains</u>: Dorothy Horton; <u>Good Samaritan Village, Geneseo</u>: Kay Etzel; <u>New Perspective, Silvis</u>: Florence McCaulley; <u>Park Vista</u>: Carol Brewer, Betty Hogue <u>Personal Residences</u>: Ted and June Frels, Lloyd Strohm, Bev Warren

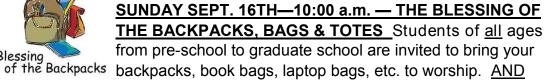
Please remember in your prayers those who serve in the armed forces. May God bring comfort to them and their loved ones, until all are reunited in peace. Lance Corporal William (Billy) Betsworth, Bethel's grandson, Both Michael and Caleb Kassehin are in ROTC through the National Guard. Captain Kyle Curry, Minnesota Army National Guard

## <u>Please keep our college students in your prayers, that they may know God's</u> love and guidance:

Ines Kassehin—Pharmacy School, Caleb Kassehin--University of Dubuque; Greg Layer--WestPoint; Jack McNeil—DePaul University, Katey Maxwell & Devin and Lathan Reynolds—Black Hawk College. If you have a college/technical school student to add to this list please call the church office.

## Password for the current newsletter on our webpage firstpresbyem.com:

Username: fpc Password: messenger



Adults of all ages are also invited to bring your briefcases, laptop carriers, diaper bags and purses (golf bags optional). We'll pray for the year and you'll all receive a special reminder of *GOD'S LOVE* for you!

#### **SUNDAY SEPT. 23RD --BIBLE SUNDAY**

#### BIBLES for our new Babies, 4 year olds, 2nd & 6th Graders

Each fall we give Bibles to the children of our church; they are generously provided by the Youth Memorial Fund of our church. The past generations of the faithful continue to share the Good News with the youngest generation of the church! THESE ARE THE CHILDREN I'M AWARE OF THAT WILL BE RECEIVING BIBLES: If your child's name is not on the list, or is older than the grade divisions and hasn't received a Bible, please call Pastor Becky ASAP. We want all our children and youth exploring God's Good Word! Infants to 4 year olds: Deborah Apetcho and Evangeline Kassehin will receive Baby's First Bible. 4 Year Olds & Older: Hope Afetse and Walter Newburg will receive The Beginner's Bible—Timeless Children's Stories. 2nd Graders: Angel Afetse and Wisdom Dogbe will receive the Contemporary English Version hardcover Children's Bible. The Youth in 6th Grade and Older: Grace Hathaway will receive the Youth Study Bible—New Revised Standard Version.

#### **SUNDAY SEPT. 30TH--HYMN SUNDAY!**

Vote for Favorite Hymns on September 16th & 23rd! Then we'll sing as many as we can on September 30th

#### 2ND FRIDAYS AT THE MOVIES

Fun, Food, Fellowship...And A Movie!
FRI. SEPT. 14TH—6:30 PM—YOUTH ROOM
Movie: It's a SURPRISE!!!



PLEASE BRING a movie munchie to share and join the fun! We decide on the next month's movie at the end of the night, so bring your suggestions! **NEED A RIDE?** Call Pastor Becky



JOIN US 2ND SATURDAYS

TO CREATE PRAYER SHAWLS!

SEPTEMBER 8TH, 9:00 TO 11:00 A.M.

FIRST-TIMERS & BEGINNERS ALWAYS

WELCOME!

WHAT DO I DO WHEN I TAKE A SHAWL? #1 Please put your name and the number of shawls you've taken in the Prayer Shawl Book on the counter above the Shawls AND #2 Take one of the tags on the counter and attach it to the Prayer Shawl! We would love to welcome some new people to this group, the yarn is provided...we just need your knitting or crocheting fingers!

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# Presbyterian Women SEPTEMBER 4TH

"Cloud of Witnesses--

### In Community with All the Saints

We meet the 1st Tuesday of each month at 1:00 p.m.



Please join us on September 4th.

If you would like a Study book, talk to Sandy Kirchhoff.

#### **PRESBY SENIORS**

Presby Seniors will meet on SEPTEMBER 26TH at Noon.

We meet on the 4th Wednesday of each month, except November at high NOON and WELCOME

all who consider themselves "Seniors!"

#### at The Deerfield Inn Restaurant.

2215 John Deere Road, East Moline

Pastor Becky drives the church Minibus to the luncheon each month.

If you would like a ride to the Lunch

please contact the church office by Tuesday morning

before the Wednesday lunch. See YOU There!

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#### **SUNDAY SCHOOL FOR ALL AGES!**

"Continuing on the journey of faith."

4 year olds through 12th Graders —Sunday School

#### Resumes Sunday September 9th

**8:30 A.M.** Youth Choir for 4 years through 12 Graders in the Music Room

**8:45 A.M.** 4 year olds through 5th Graders

(3 year olds are welcome if a parent is with them for the class—nursery care for younger children)

6th to 12th Graders—Youth Room—with Darlos Stroud!

#### Adults-

<u>The Good News Class</u>—Studying the Bible with the Presbyterian Church! There is no prep, just come to the classroom by the library and we'll read and learn together

<u>The 2nd Floor Seeker's Class</u>—Will resume ON SEPT. 9TH. We are going to restart a book we barely started in the Spring! **A NEW CLASS!** Beginning Sept. 9th we will review Chapter One of Adam Hamilton's Study: *John, The Gospel of Light and Life.* Books are available by the doughnuts and cost \$10.00. If you need help with the cost please talk to Pastor Becky, we want everyone interested to join us. <u>To prepare for May 9th, please review</u> the Intro and Chapter One, including John 1 on pages 25-28. Questions? Talk to Pastor Becky

#### **Grief Support Group**

Grief is difficult at best, and at worst, it can make us feel stuck, helpless, and even hopeless. Grief Support Group is Christian-based, and offers a safe place to speak of your grief, to express your emotions without judgement, and to learn more about a healthier grief journey.

Grief Support Group meets every other Tuesday morning, from 10 to 11:30 am. There are no required fees or long-term attendance commitment. All adults are welcome, regardless of church affiliation.

Grief Support Dates for September: 4th and 18th



#### A HUGE THANK YOU TO ALL THE VBS CHILDREN, YOUTH LEADERS AND ADULT VOLUNTEERS

**CELEBRATING "Rolling River Rampage" VBS 2018** 

25 Children, 15 Youth Helpers, 23 Adults, 63 people!

#### **WATER**

**Sr. Leaders:** Mary McNeil & Don Buss, **Jr. Leaders**: Emma Ellison--14, 9<sup>th</sup> Jr. Leader Grace Hathaway-11, 6<sup>th</sup>, Jr. Leader Livi Cushman—11, 6<sup>th</sup> (Maxwell Grand) Henry McKamey—5, K (Custodian Cathy's Grand)

Eli Sutton—7, 2nd, with Avery (Kreuder Grand) Avery Sutton—8, 3<sup>rd</sup>, with Eli (Kreuder Grand) Khloe Littlejohn—8,3<sup>rd</sup> Mya Horskins—10, 4th Daphne Curry—10, 5<sup>th</sup>

#### **FIRE**

Sr. Leader: Suzanne Bailey, Ella Layer,
Bobbi Petersen, Jr, Leaders: Madelyn Curry—
13, 8<sup>th</sup>, Mason Olson—15, 11<sup>th</sup>, Jr. Leader
Harper Ballard—4, Pre-K
Grier Ballard—6, 2<sup>nd</sup>
Regis Agbemadon—9, 3<sup>rd</sup>
Grayson Hathaway—9, 4<sup>th</sup>
Anna Hessel—10, 4<sup>th</sup>, (with Willa McKamey, friend)
Willa McKamey—9, 4<sup>th</sup> (Custodian Cathy's grand) (with Anna Hessel)

#### **EARTH**

**Sr. Leader:** Wanda White & Randy Buss, **Jr. Leaders:** Trenton Bennett—11, 6<sup>th</sup>, Anna Barrigah—14, 9th
Joey Harvey—4, Pre-K
Bryce Redd, (M)—5, K Spencer Curry—8, 3<sup>rd</sup>

Tyler Flemming—8, 3rd Calan McDanel-10, 5<sup>th</sup>

#### **WIND**

Sr. Leader: Naomi Balard, Aneita Buss

Jr. Leaders: Esperence Barrigah—15, 11<sup>th</sup>,
Sayer McDanel—13, 9<sup>th</sup>, Jr. Leader
Shalom Agbemadon—4, Pre-K
Hope Afetse—5, K
Leah Barrigah—5, K
Leena Edwards, 6, 1<sup>st</sup>
Hayley Newburg—6, 1<sup>st</sup>
Angela Afetse—10, 5<sup>th</sup>
Haylee Witte—10, 5<sup>th</sup> (Kreuder)
Kylee Littlejohn—10, 5<sup>th</sup>

#### **LEADERS**

Noakes, Lexi Cushman—13, 8<sup>th</sup>
SCIENCE—Susan Curry,
GAMES— Joelle & Kyle Michaels, Karen
Paytash.
BIBLE STORY—Barb Newburg, Alex Curry,
15, 10<sup>th</sup>, Riley Olson, 19, Brianna McGill—12,
7<sup>th</sup> and Bayley Senteras—12, 7th

CRAFTS—Denise Maxwell, Paul & Jennifer

WORSHIP— Becky Sherwood & Laura Brown, SNACKS—Linda Kreuder & Kim Gregg, SET DESIGNER—Paul Glockhoff REGISTRATION—Betsy Latko & Ella Layer

PHOTOGRAPHER—Mark Maxwell



Dear Red Cross Supporter,

The American Red Cross is very grateful for your generous gift of \$400 to where it is needed most. On behalf of those we serve, thank you.

Gail McGovern, President and CEO American Red Cross

Dear People of First Presbyterian Church,

The board, staff and volunteers at Churches United of the Quad City Area thank you for your generous contribution to Winnie's Place. Your \$400 gift will be used to fund direct services at the only emergency shelter in the Illinois Quad Cities for women, with or without children, who are homeless and/or survivors of domestic violence.

Best Regards, Rev. Dr. Melvin Grimes & Betsy Vanausdeln Exec. Dir.

Assoc. Dir.

Dear Sisters and Brothers in Christ,

We give thanks to you for your support of Special Offerings, our collective witness to the love of Jesus Christ. By participating in Special Offerings, your congregation joins other churches to change lives around the world—through ministries of compassion, advocacy, development, peacemaking, Christian formation, education and witness.

Thank you for the following support to Special Offerings: On July 11, 2018, we received \$936.74 for One Great Hour of Sharing. Your congregation's gift, when combined with that of others, will share the love of Christ with those in need.

Again, *thank you* for giving to enable all people to know God's life-giving welcome in Jesus Christ. With gratitude to God for our shared mission,

Bryce Wiebe Director, Special Offerings



Thank you for all your thoughts, prayers and cards for my brother and our family. He had a strong faith in the Lord and is now comfortably resting in the "little brown church in the dale". Ella Layer

From June 28-30 P.A.D. (Partners for Africa Development) had their national gathering here in the Quad Cities. They used our church Dining Room for some of their meetings and meals, and used our kitchen for lots of cooking. Their current chapter President, Rose Agbemadon, presented the church with a \$200 thank you gift and a card that reads: "Thank you for your kindness. Thank you all! P.A.D and Rose Agbemadon

On behalf of the Presbytery of Great Rivers, I would like to thank First Presbyterian Church of East Moline for paying your full 2018 per Capita. The Presbytery relies on this money to support various activities, grant requests and support churches in our Presbytery. Thank you very much! Craig Mousty, Elder Admin. Committee

I want to thank all the wonderful people who sent me birthday cards for my 90th birthday. It was so appreciated!! What a wonderful church family I have! Love you all! You're all in my prayers. Love in Christ, Bev Warren



# VBS MISSION PROJECT MANY OF YOU CAME TOGETHER TO HELP BRING CLEAN WATER TO TOGO!

Thank you to all the children and youth, and the adults who supported them, to raise \$301.86 for a deep well in Togo. Your generosity will help bring safe drinking water to families, through the good work of Partners for Africa Development (P.A.D.). You are helping change the lives of women and children who walk 4-5 miles each

way to bring water to their families. Thank you for your caring and giving! Let us keep the people of Togo in our prayers as safe water is drilled for and found!



### SUNDAY SEPTEMBER 30TH YOUTH GROUP FOR ALL 6TH TO 12TH GRADERS

**Lunch...and a Mystery Adventure** 

Bring \$5.00 for Lunch

Clothes that you can be outside in...and not care what happens to them...and get ready for.....

Don't forget to invite a friend.... Watch your mailbox for more details!



IT'S TIME TO BUY
YOUR TICKET!
2ND ANNUAL BUNCO BLAST
SUNDAY SEPT. 23RD

Doors open at 2:00 p,m, Tournament begins at 3:00 p.m.

On Sunday September 23, we will hold our Second Annual Bunco Blast at Short Hills Country Club. The event will benefit four local charities: Christian Care Center, Bethany for Children and Families, Gigi's Playhouse and Watertown Food Pantry. Tickets for Bunco and a light supper are \$25 each. Tickets will be available each Sunday from August 26-September 16 in the Library.

Items for Raffle Baskets are still being collected through September 16th! Questions or Donations? Talk to Karen Paytash at 309-755-9848.

### Watertown Food Pantry News

Once again, you Christians have outdone yourselves!
During the Churches United Thanksgiving-in-July collection, you donated **261** items to the Watertown Food Pantry and then followed that up with almost **50** boxes of cereal from the



Hy-Vee sale! And special thanks to the Noakes family, Pat and Wanda White, Bob and Dixie Volk, and Keith Curry for their extra donations of meat, canned goods and fresh produce. Also thanks to all the volunteers who have endured the toasty temperatures this summer – the little air conditioner we have can't keep up. You are all awesome!

During the months of June & July we helped 195 families which were composed of 390 adults and 306 children. It's amazing that we continue to add new families monthly. We currently have over 450 names in our database as the need continues to grow. Everyone we serve is thankful for the help and usually say so. We have heard "God bless you" many, many times and want you to know that you are a part of this ministry whether you donate time, food, money, or prayers. It's always interesting at the food pantry. Please consider a donation or volunteering for an afternoon shift. Our open hours are Tuesdays and Fridays from 1-4 pm. Both shifts include stocking shelves, inventorying donations, etc., as well as helping our 'clients' pick out the food they need.

Our ongoing needs aside from monetary donations are: toilet paper, corn bread/muffin mix, any canned **fruit** or vegetables, canned **tuna**/ham/chicken, boxed dinner mixes, instant mashed potatoes, cereal – almost anything to make a meal. (We are currently *loaded* with green beans and creamed corn but welcome any other vegetable). All food items must be within their "fresh date" per Churches United regulations. We use some of the cash donations to buy fresh milk and eggs. Bread products are mainly donated by Silvis HyVee.

Again, thank you all for your support and prayers and please feel free to ask any of us questions you may have.

Until next month-

Mike & Pat Tyler

P.S. I have pictures on my phone of one woman carrying her food on her head while carrying her grandchild on her back. Be glad to show you any time. PT

# AN IMPORTANT REMINDER FROM YOUR MISSION COMMISSION: THREE WAYS TO HELP! ON OUR 3RD SUNDAY OF THE MONTH MISSION—

The Mission Commission invites you to #1— bring food for the Food Pantry, and to #2 — bring aluminum pop/beverage cans to support the Children & Youth Going to Church Camp. Please make sure pop cans are rinsed out, and #3 — don't forget to take off the pop tabs (and other kinds of pull tabs too!) and bring them to support the Ronald McDonald House in Iowa City. Please join us in our mission!

# MEAL SITE MONDAYS THE 3RD MONDAY OF EACH MONTH

Our church serves the meal at Mt. Zion Baptist Church at 6:00 p.m. as part of the Churches United Meal Site Program.

3RD SUNDAY BEVERAGE CAN
COLLECTION CONTINUES!!!
HELP OUR CHILDREN & YOUTH GO TO
SUMMER CHURCH CAMP!

A Mission Project of the FPCEM Youth Group!

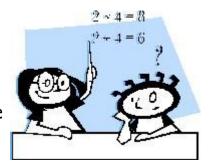
The collection of beverage cans for recycling will continue! The funds that were once raised for the First Day Fund will now help our Children & Youth go to summer Church Camp at Stronghold! So on the 3rd Sunday of Each Month just drop your bag of cans by the front walk and the youth will do the rest! (And don't forget to save those Pop Tabs for the Ronald McDonald House; just drop them in the House on the bookshelf in the library!)

# FALL IS THE SEASON OF INVITING NEW PEOPLE TO SERVE AS ELDERS, DEACONS AND ON OUR VARIOUS COMMISSIONS FOR 2019!

In the next few weeks please prayerfully consider how you will answer when you receive a call to serve in the ministry life of our congregation, Already feeling called to join a commission or serve as an Elder or Deacon in 2019? Please contact the Nominating Elders: Suzanne Bailey or Laura Brown or talk to Pastor Becky today!

### Interested in tutoring this school

year? Please contact Betsy McKnight Latko. We haven't heard from the principal at Ridge-wood Elementary yet, but as soon as we do, we will let you know!





# Attention all Singers and Bell Ringers!

Chancel Ringers and Chancel Singers will start back with practice on Wednesday, August 29th

at 5:30 p.m. for Bells and 6:30 pm for Choir. Please consider joining us!



# DREW NOAKES' EAGLE SCOUT PROJECT FUNDRAISER!!!

I will be having a biscuits and gravy breakfast at our church

Saturday, September 15th 7:30–10:00 a.m.

We will be serving biscuits and gravy, fruit, coffee, milk, orange juice.

This will be a free will donation for supporting my project here at the church.

My project will consist of beautifying the sign and its surroundings on the south side of the church.

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#### **Autumn Mission Collection**

Mission continues to collect old cell phones, canceled stamps, aluminum can tabs, and used eyeglasses. The collection boxes for these items are in the library near the kitchen area. Please donate any of these that you have and Mission will deliver them to the appropriate organizations.

#### All the Details for our SEPTEMBER — NOVEMBER COLLECTIONS

<u>Pop Tabs</u> help the Ronald McDonald House in Iowa City, which houses families while their children are undergoing cancer and other medical treatment.

**Used glasses** are distributed by the Lions to those who cannot afford them.

<u>Used cell phones</u> collected by Winnie's Place and are used by battered women and women in the battered women's shelter to have access to a 911 call at all times. Remember the charger too!

<u>"Box Tops for Education"</u> Coupons help our local elementary schools with supplies and equipment.

<u>Canceled Stamps</u> are auctioned to stamp collectors by a local stamp collector's club every April and the money raised goes to cancer research.

#### **DINING TOUR BOOKS ARE COMING!**

The sale of dining tour books will begin in October. They will be \$35 each. Questions? Please call Bobbi Petersen.

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#### BIRTHDAY KIT MINISTRY

The birthday kit ministry is still going strong and there is a great need for this to continue. However, we need your help.

Would you please consider donating cake mixes, cans of frosting, birthday candles, plates, or napkins? The Youth Group Sunday school class participates in this ministry as well by shopping for the supplies and putting together the birthday bags. The birthday bags get distributed to families who come into the Watertown Food Pantry. Look for the big birthday



cake, graciously made by Karen Paytash, to put your donations of supplies. Thank you very much!



#### AN INVITATION TO A RETREAT AND SILENCE-COME TO

**THE QUIET** Through the years you have heard me talk about spending time in Silence as one of my spiritual practices. I would like to invite you to try being in silence during a one day retreat. If it feels like life is always just too busy to make room for God, this is a way to clear out time to be with God, to hear yourself think, to

spend time in nature and to have the luxury of time to listen and talk with God. Last spring Ella Layer, Laura Brown & Jim Buche joined me for one of these retreat days and they can tell you more!

# COME TO A ONE-DAY RETREAT, WEDNESDAY SEPTEMBER 19TH, 9:30 A.M. TO 3:30 P.M., DEPART AT 8:15 A.M, COST \$20.00

"COME TO THE QUIET: PRAYING IN SOUND"

OUR LADY OF THE PRAIRIE RETREAT, WHEATLAND, IOWA.

From the brochure: "The geese honking, the chimes singing, the beating heart, slamming door, and laughing children, all announce the presence of God. In sacred listening, all sounds speak the Divine Word. Facilitated by Pat Shea.

I look forward to sharing this day with you. The day begins with a short 30 minute presentation. You then have 2 hours, in silence to walk the grounds, walk the Labyrinth, work on your own crafts or writing in a private room or in the main room, take a much needed nap, read your Bible or a book, or however you decide to spend time with God. It is up to you to create how you will be in silence with God during these two hours. We then meet for conversation at a "farm-to-table" lunch around round tables with the other participants. Then you have another 2 hours in silence after lunch. Then the group gathers together for the closing when people can share, if they wish, the ways they have encountered God that day. There is no pressure to speak.

This "Come to the Quiet " Day is coordinated by Our Lady of the Prairie Retreat and you will need to register with them. I encourage you to do this soon as the days do fill up. Once you are registered please sign up on Mission Central so I know if we need to carpool. I have room in my car for three others. If needed we'll carpool or I can drive the bus if there are lots of us! You can register online or by calling 563-336-8414, you will need to pay the \$20 fee at the time of registration. If you would like to attend this event and need help with the cost please talk to me. To register online, go to http://www.chmiowa.org/retreat. From the pulldown menu choose retreat, retreat calendar, September 19th

Come to the Quiet, view details, register online for this event, and then follow the rest of the prompts. Again, I encourage you to register now if you are interested because there is only room for 12-15 participants.

I have found time in silence to be one of the most important parts of my journey of faith. It truly helps to leave our normal routines and our homes and offices and get away to be with God. If you have questions about this retreat please give me a call. I look forward to some of you joining me for this time in silence...bookended by lots of good conversation in the car and at lunch! Pastor Becky

#### A Note from the Finance Commission:

June Income	= \$ 21,541
June Expenses	= \$ 15,481
July Income	= \$ 18,199
July Expenses	= \$ 16,752
January-July Income	= \$119,394
January-July Expenses	= \$110,553

#### CROP WALK 2018



This year our church will be participating in the annual Crop Hunger Walk. The event will be held on Sunday, October 7<sup>th</sup>, 2018 beginning at 2:00 pm. The goal is to raise money to help end hunger in our community and around the world. The Quad City event is the only bistate CROP Hunger Walk in the country, begin-

ning in Davenport, IA, crossing the Mississippi River on the Centennial Bridge to Rock Island, Illinois, and returning back across the bridge to Davenport. However, you may choose to do a 2 mile, 4 mile or the full 6 mile route. Please let Darlos Stroud know if you are interested in participating. More information coming soon!

#### **MEAL SITE MUSINGS**

Meal Site served approximately 30 people in the month of August. All who participated in the meal were very appreciative. The menu included fried chicken, buttered corn, garden salad, applesauce, buttered bread, milk and cookies. Thank you to all who donated and to those who helped serve. If anyone would like to help serve in September, please let me know, we're looking for one more server.