

Member ID	Group Name	Facilitator Name	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Feedback
5430	Art Workshop	Armand	Coloring more	Less time	More coloring		Yes			Agree	Agree	
3292	Creating Together Step-by-step Art	Armand	Armand does a very good job facilitating the art group. He is very helpful and is always happy to aid you with whatever you need.	I liked everything.	Step by step instruction	How to paint what colors	Yes			Strongly Agree	Strongly Agree	
328	Creating Together Step-by-step Art	Armand	Varieties of Art - The many things I can do.	0. All good	Oil pastels Watercolors	The many arts available	Yes		No	Strongly Agree	Strongly Agree	
7842	Enlightenment	Armand	The gravity of unethical or immoral concepts.	Not enough members- need more attendees.	More about the consequences of immorality.	Ethical concepts	Yes		Armand is an excellent facilitator.	Strongly Agree	Strongly Agree	
6611	Enlightenment	Armand	Coping skills	Nothing	stress relief	time management	Yes		Armand is ok	Agree	Agree	
8187	Glass Arts/ Mosaics	Armand	Today, I learned how to work with crafts for the first time. It seemed like a relaxing activity, and I like that there was music playing in the background? The instructor was really nice.	I would like to learn how to paint, do other mosaic activities.			Yes			Strongly Agree	Strongly Agree	
6835	Glass Arts/ Mosaics	Armand	Learned paint house and put on mosaics				Yes			Strongly Agree	Strongly Agree	
4073	Glass Arts/ Mosaics	Armand	It was relaxing				Yes			Strongly Agree	Strongly Agree	
1942	Glass Arts/ Mosaics	Armand	patience	More boxes	How to mosaics		No			Strongly Agree	Strongly Agree	We must end the group 10 minutes before the end of the hour to provide time for cleanup and prep for the next group. I will suggest this is noted on the calendar to help with confusion over the time of the group. Thank you for your feedback.
8009	Glass Arts/ Mosaics	Armand	I learned to relax	I love this group, its perfect. Play videos on mosaics for ideas.	How to look at samples	what does mosaics mean	Yes			Strongly Agree	Strongly Agree	
6032	Glass Arts/ Mosaics	Armand	Armand does a great job helping the members. I like the different wood pieces,	There's nothing I didn't like	I've learned so much already. I've been coming her for years.		Yes		This is a fun group	Strongly Agree	Strongly Agree	
7766	Jewelry Design	Armand	It is my favorite class Armand and Karen are so helpful. It keeps me busy and I don't think about my problems.	NA	NA	NA	Yes		Thank you! I look forward to this class every week.	Strongly Agree	Strongly Agree	
8117	Jewelry Design	Armand	Jewelry, how to make bracelets, earrings, necklaces.	Everything is good. I liked everything.	About different types of shape beads.	Nothing	Yes			Strongly Agree	Strongly Agree	
5413	Jewelry Design	Armand	Peoples interaction and helping others.	Id be happy if Karen Armand could stay and facilitate the entire class and not leave early.			Yes			Strongly Agree	Strongly Agree	There is another group that takes place on Saturday that staff is needed at, but we will take into consideration your request and bring it up to leadership. Thank you!
1059	Music Academy	Armand	Live music. Interaction with others.	Not everyone participates.	Ok as it is.		Yes			Strongly Agree	Strongly Agree	
5413	Poetry	Armand	I am a poet	We often run out of time here. Can we add 20minutes and cut 20 minutes from art?	Poetry	Poetry	No	It starts on time but like I said we often stop late.	We need more time in this class.	Strongly Agree	Strongly Agree	Thank you for your feedback, I will bring up your suggestion to leadership.
6204	Poetry	Armand	NA	NA	NA	NA	Yes	NA	NA	Strongly Agree	Strongly Agree	
7646	Time Travel with Terry	Armand	Variety of classes and subjects. Terry is awesome	N/A	European history, history of the 50 states	Same	Yes		I love Terry and Armand	Strongly Agree	Strongly Agree	
7915	Watercolors	Armand	Hanging out with my friends. To be patient waiting for the paint to dry.	Love all of it.	I am happy with what I am learning.	color theory	Yes		Armand is a gem	Strongly Agree	Strongly Agree	
7677	Watercolors	Armand	Water color	I like everything	Ok as it is		Yes			Strongly Agree	Strongly Agree	
7369	Watercolors	Armand	Technical walk coloring skills	Maybe the TV to show water coloring video should remain in the room	Experiment with different water coloring techniques and subject	All is fine	Yes		Great course. Nice safe environment friendly members, caring facilitators	Strongly Agree	Strongly Agree	
5413	Watercolors	Armand	I like Armand				Yes			Agree	Agree	
7898	Campus Sports Activities	Cody	Learned volleyball	More days of volleyball	It's perfect. More staff	N/A	Yes			Strongly Agree	Strongly Agree	We're happy to report we have included more days of volleyball starting in April. 4 or 5 days a week!
7864	Campus Sports Activities	Cody	I'm better at securing the ball. Teamwork.	No score keeper	How to work with a team	Maybe more other sports we can do	Yes			Strongly Agree	Strongly Agree	We have a basketball and I will bring out a football and frisbee. Thanks for your feedback and interest in more sports.
4568	Campus Sports Activities	Cody	That you can exercise and practice your social skills	People coming in and out of the group.	How to work effectively with other individuals		Yes			Strongly Agree	Strongly Agree	I will address that at start of the group so as to limit distraction. Thank you.
7139	DBSA	Cody	I learned how to relate to others better	Very little	I would like to give more to who wants to listen	well as is	Yes		none	Strongly Agree	Strongly Agree	
7955	Dual Recovery Anonymous	Cody	I take time to get well. Participating	Time when someone speaks	Drugs, alcohol, behaviors	NA/AA How to prepare for a better future	Yes			Strongly Agree	Strongly Agree	Please join us for one of our NA/AA groups throughout the week.
7689	Mindfulness	Cody	Different skills to cope. That we take about different skills to try to stay calm	Nothing	Nothing he is doing an awesome job.	Yes	Yes		Cody is the best! Keep it up!	Strongly Agree	Strongly Agree	
6204	Morning Ice Breaker	Cody	Activities	N/A	Don't Ice Breaker	N/A	Yes			Strongly Agree	Strongly Agree	
2791	Morning Ice Breaker	Cody	Today's events, great info	Blank	Blank	Blank	Yes			Strongly Agree	Strongly Agree	
8143	Morning Ice Breaker	Cody	It explains the activities.	Nice participation	What some of the classes are about	N/A	Yes		N/A	Agree	Agree	We will try to announce topic for icebreaker so you know ahead of time. Thanks.
7802	Morning Ice Breaker	Cody	Being together	everything is ok	more art classes	ok	Yes		OK I like everything	Agree	Agree	
7349	NAMI Connection	Cody	Share my story	Just ask how you been you can ask something else	Feelings and growth	outdoor	Yes			Agree	Agree	
7689	Volunteerism	Cody	Learn how to strike a ball. Cody and Joseph make it fun and energy all around.	The group is fun	Yes	Cody and Joseph need a raise and more volleyball days	Yes			Strongly Agree	Strongly Agree	We're happy to report we have included more days of volleyball starting in April. 4 or 5 days a week!
8171	Alcoholic Anonymous	Dan	How to better myself.	I like everything	Talk about not drinking	How to control your thoughts	Yes		Dan is good.	Strongly Agree	Strongly Agree	
7923	Coping Skills	Dan		longer time	CBT	Emotional wellness	Yes			Strongly Agree	Agree	We can add Coping Skills twice a week, Monday's and Wednesday's. Thank you for your interest in the group.
8163	West African Drumming	David	3/4 and 4/4 and adding polyrhythm in the treble.	not sure	I wrote polyrhythm in software step by step sequencer for Berklee online and I want to play it myself and read the music.	Real world Western Music applications as well as traditional applications.	Yes		Really good class	Strongly Agree	Strongly Agree	Please reach out to the facilitator of the group and let him know you'd like to try the music you wrote.
3959	West African Drumming	David	simple drums and lessons just for fun				No	Supposed to end at 4:30p but regularly late/		Strongly Agree	Strongly Agree	This group's time was adjusted to be from 4-5pm, hopefully this has fixed the time issues. Thanks for your feedback!
1174	West African Drumming	David	Memory coordination, friendship	everything - more you speak we speak back	see 1		No	sometimes		Strongly Agree	Strongly Agree	This group's time was adjusted to be from 4-5pm, hopefully this has fixed the time issues. Thanks for your feedback!

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4114	West African Drumming	David	I learned different rhythms and the celebrations of life as associated with music drum rhythms.	There is nothing I don't like about this group.	Continue learning the rhythms and getting better with them.	No subject in particular	Yes		No comments	Strongly Agree	Strongly Agree	
6235	West African Drumming	David	Different African Rhythms from West Africa.							Strongly Agree	Strongly Agree	
4707	Balance and Boundaries	Diana	Encouraged by Diana's feedback.	Everything is perfect.	How to notice peoples comfort zone and boundaries.	Forgiveness and apology to re unite with family	Yes		People are very optimistic.	Strongly Agree	Strongly Agree	
4459	Balance and Boundaries	Diana	Manage peoples time better.	Blank	Blank	Blank				Strongly Agree	Strongly Agree	
7945	Balance and Boundaries	Diana	To keep myself from getting angry through balance and boundaries.	Nothing.	Same	Same each time, some anger management topics can be helpful	Yes		Diana is so helpful and knowledge. Overall wonderful help to all clients including myself.	Strongly Agree	Strongly Agree	Please join our anger management group on Tuesdays at 2:15pm if you'd like to hear more consistent information on the topic. Thank you for your feedback!
6204	Balance and Boundaries	Diana	Learning balance and boundaries	N/A	Diana is a nice lady	N/A	Yes			Strongly Agree	Strongly Agree	
3292	Balance and Boundaries	Diana	Diana does a great job running Balance and boundaries. She is very thorough and answers everyone's questions in a very competent manner.	I like everything	Continue to learn subject matter.	N/A	Yes			Strongly Agree	Strongly Agree	
132	Balance and Boundaries	Diana	How to set boundaries. It's presented very thoroughly.		More of the same.	" "	Yes			Strongly Agree	Strongly Agree	
1174	Balance and Boundaries	Diana	coping skills				Yes			Agree	Agree	
5525	Balance and Boundaries	Diana	How to set boundaries in certain situation.		YouTube videos.		Yes		Diana is a good facilitator	Strongly Agree	Strongly Agree	
7710	Beginning Computer	Diana	For how to use the PC	nothing	Learn more about regarding PC	Learn more about PC	Yes		She is great	Strongly Agree	Strongly Agree	
4135	Beginning Computer	Diana	I learned basic skill about computer. I like that the group teaches at your own pace.	Everything is okay about the group. More tips about learning different programs	I learned some Microsoft Excel and Word, along with textbook tips about the computer.	Maybe programs that make you learn how to make websites.	Yes		Love the class.	Strongly Agree	Strongly Agree	Thank you for filling out our survey. I am so glad to hear that you enjoy self-pacing class. "How to make websites" is an advance class. We can look into it if no other students need to work on their beginner level. I can give you some material to read at your own pace before create your own website. Thank you!
8167	Beginning Computer	Diana	Slow and steady wins the race. I like computers in general	more time	Speed typing for programming excel work.	Practical Usage	Yes		I enjoy Diana's Assistance.	Strongly Agree	Strongly Agree	
7044	Cooking Class	Diana	The food was good	All was good	More food.	Whatever	Yes			Strongly Agree	Strongly Agree	
6989	Jewelry Design	Diana	Teamwork		be smart		Yes			Agree	Agree	
4131	Jewelry Design	Diana	Patience	Members are interested in learning techniques	Teach members to co-facilitate	Tying	Yes			Strongly Agree	Strongly Agree	
7802	Jewelry Design	Diana	Being together	I like everything			Yes			Agree	Agree	
7788	Jewelry Design	Diana	How to have patients		More beads	No	Yes			Strongly Agree	Strongly Agree	
7167	Jewelry Design	Diana	Me gusta coprender hacer pulseras o collares.		Me gusta socialisar con los demas.		Yes			Strongly Agree	Strongly Agree	
8105	Jewelry Design	Diana	I like making jewelry and keychains. I like groups start organized.	Everything is fine	I like to make necklaces, bracelets, and keychains.	same.	Yes		I enjoy classes at the Wellness Center.	Strongly Agree	Strongly Agree	
7044	Jewelry Design	Diana	I like bracelets	I like the same way	I want to make bracelet.	same. same as usual	Yes			Strongly Agree	Strongly Agree	
6989	Poetry	Diana	It is an enjoyment.	NA	More more	yeah	Yes			Strongly Agree	Strongly Agree	
5885	Schizophrenia Alliance	Diana	what you shouldn't ask	I like the group. It doesn't need to be improved.	How to have a conversation with or without schizophrenia	There isn't any right now	Yes			Strongly Agree	Strongly Agree	
8129	Schizophrenia Alliance	Diana	How to develop a normal life. I like it positive.	too short	to have better relationships	Learn more about schizophrenia	Yes		The facilitator did a great group.	Agree	Agree	
1346	Schizophrenia Alliance	Diana	Learning about sigma, Vow family member	One person at a time talking	Have family members attend	Schizophrenia stigma	Yes		Full group 5 min per person.	Strongly Agree	Strongly Agree	Thank you so much for filling out our group survey. Five minutes is really a good suggestion. However, please be aware that each group has its own dynamic. Depending on the situation, you and other may even have more than 5 minutes to share in group. When you want to share, please raise your hand and we will be right with you. Thank you!
6609	Schizophrenia Alliance	Diana	I learned what things not to say to a person with schizophrenia	The group was full in the room. Time was short.	More videos about how to function with schizophrenia	1. Tips with doctors 2. Tips on what food to eat 3. tips of overall care 4. Tips of what to do with voices 5. Different types of voice commands, directives, information, etc.	Yes		Great class, very informative, very needed class.	Strongly Agree	Strongly Agree	Thank you very much for filling out our survey. Sorry, on that day, we did have a lot of people, Possibly a lot of people wanted to help us better group topic. Your topic of interests are great. About food choice, please check out Freddy group Eat Well Live Well on Tuesday at 9:45 am for more information. Thank you once again.
7842	Schizophrenia Alliance	Diana	Care for self before dating others. Well facilitated.		Better discernment over my symptoms	More about seeking professional help for resources	Yes		Knowledge of schizophrenia is important as well as recovery plans.	Strongly Agree	Strongly Agree	I will speak about this topic in a future class. Thank you for the suggestion.
6057	Schizophrenia Alliance	Diana	Coping skills				Yes			Strongly Agree	Strongly Agree	
7955	Schizophrenia Alliance	Diana	How to have good relationships	It's a good group	How to get a job with schizophrenia	Substance abuse	Yes			Strongly Agree	Strongly Agree	
7066	Schizophrenia Alliance	Diana	Being aware about any illness and knowing from the class about different situation.	Nothing. The group is about wellness and knowledge.	tell me what to do.	English words not mumbling so I can talk English with others like me.	Yes		Class helps	Strongly Agree	Strongly Agree	
7066	Schizophrenia Alliance	Diana	How to cope with schizophrenia	NA	the above	the above				Strongly Agree	Strongly Agree	
7823	Schizophrenia Alliance	Diana	I learned what not to say to people struggling.	NA	How to minimize voices.	NA	Yes			Strongly Agree	Strongly Agree	
7882	Schizophrenia Alliance	Diana	Not different personalities but mind spirit.	Nothing all good.	coping	meditation	Yes			Strongly Agree	Strongly Agree	
6660	Tai Chi	Diana	The moves and breathing	It's calm	NA	NA	Yes			Agree	Strongly Agree	
6660	Tai Chi	Diana	I like warm up	Nothing	Warm up more	Tai chi history	Yes			Strongly Agree	Strongly Agree	Thank you very much for your feedback. Yes, I am so glad to hear from you, that you enjoy doing more warm up. I will include more warm up.
6986	Tai Chi	Diana	learned this is the way to breathe	I found out breathing was improper.	stretches	self defense techniques	Yes		NA	Strongly Agree	Strongly Agree	Unfortunately we are not able to teach self-defense techniques at WCC, but we are thankful for your feedback.
7066	Tai Chi	Diana	Exercise, Tai Chi	NA	exercise		Yes			Strongly Agree	Strongly Agree	
7062	Walk & Talk	Diana	We can spend time to change habits. I like to talk about my ways I'm feeling to help with what to do.		I would like to be able to buy something and go groceries shopping.	It does which I would want to be much longer for a walk	Yes			Strongly Agree	Agree	I appreciated your input. Please join us every other week with Freddy for Spending Wisely group at 1-2 pm on Wednesday. Also, I recommend to make appointment with Mario, our employment specialist, to improve your cash flow to allow you to go shopping.
8159	Walk & Talk	Diana	I learn to be more patient with myself. I like the weather today.	Top short. Improve social skills.	I like to help to remind people for this group.		Yes			Strongly Agree	Strongly Agree	

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1346	WRAP (Wellness Recovery Action Plan	Diana	It's give your more tools.	It can guide your life.	More mental health toolbox with book.	legal and mental health where do you go and what to do.	Yes		This is a very important subject. It will help your overall experience.	Strongly Agree	Strongly Agree	
7842	WRAP (Wellness Recovery Action Plan	Diana	The importance of medical intervention	Not long enough for all of the material.	Would like continue in the process and procedure to make any progress.	More of the same material.	Yes		Our facilitator is very knowledgeable and capable of presenting the material.	Strongly Agree	Strongly Agree	Thank you very much for your input about "not enough time". Our management team is looking into it. Please contact Dan if you don't see the change. Thank you!
7788	WRAP (Wellness Recovery Action Plan	Diana	How to build a better life.	NA	More WRAP	More WRAP material	Yes		I have build a better life	Strongly Agree	Strongly Agree	
7677	Bingo	Eric	To have fun and engage with members.	Nothing	Nothing	Nothing lol how to win.	Yes		No	Strongly Agree	Strongly Agree	
8155	Bingo	Eric	Listening skills.	They love Bingo / Better Cards.	Can you use a microphone?	No subject. Explain 4 corners. Explain X	Yes		Enjoyed Bingo and the focus time.	Agree	Agree	Thank you for your concern. Please raise your hand and let me know about explaining the rules of bingo I am more than willing to help out. We use microphone on Fridays when we have Bingo but can use it on other days if it is requested.
7584	Bingo	Eric	I learned how to play Bingo. That we play Bingo.	Nothing. Nothing.	Play Bingo.	Just play bingo.	Yes		No	Strongly Agree	Strongly Agree	
328	Bingo	Eric	Good spirits good camaraderie. The Bingo Players.		How to have Good Sportsmanship.		Yes			Strongly Agree	Strongly Agree	
7646	Bingo	Eric	I wasn't all that lucky today. But I am blessed. I like co-facilitating.				No	It ended early.	Need new Bingo Cards!	Strongly Agree	Strongly Agree	Thank you for your concern. This can be left in the comment or suggestion box and discussed with MAB. The time frame still needs to be 50 minutes of calling numbers, clearing out room and give out prize before the next groups begins. New Bingo cards should be purchased in the future.
3959	Bingo	Eric	I love the monitor being used to show the Bingo numbers.	Maybe replace Bingo card with animated ones. We've used same Bingo cards for a lot of years and they are well worn.						Strongly Agree	Strongly Agree	
4135'	Bingo	Eric	I learned the game of Bingo. What I liked was the prizes.	I didn't dislike anything. Maybe bigger candy.	Everything is perfect.	Everything is good / stay the same.	Yes		Great instructor.	Strongly Agree	Strongly Agree	
7646	Bowling	Eric	Group comradery.	People arriving 30 min. late.	N/A	N/A	Yes		Make sure members show up on time- If they don't, don't let them play it's disruptive.	Strongly Agree	Strongly Agree	Thank you for your concern. I totally agree that members need to be reminded that start time of bowling is meet me there around 2:30pm. Now at this time rule is if they show up at 3pm I will remind them that they can only watch not play.
8102	DBSA	Eric	Learned a lot about the other people in the group. I like that we all get a chance to share.	That we didn't talk more about mental health illness-DBSA	Learn how to regulate my moods	bipolar disorder	Yes	Yes	I really enjoy this group and the facilitator.	Strongly Agree	Strongly Agree	Thank you for your concern. This a peer support group to talk about shared experience. Members have the right not to share and share when they wish to. If there is time available, future topics can be discussed. We allow everyone the chance to participate on what is going on in their lives first.
2791	DBSA	Eric	Disclosure and feedback helps me	N/A	Continue to share.	N/A	Yes			Strongly Agree	Strongly Agree	
378	DBSA	Eric	Enjoy the subjects	Nothing at all	Scale 1-10	Sports	Yes		none	Agree	Agree	
8148	DBSA	Eric	Some days are better than others.	Encourage people to attend at 10	Techniques to avoid idle time.	Alternatives to sleeping in during daytime.	No	Don't know at the present why.	No	Agree	Agree	Thank you for your concern. This shall be discussed with my supervisor on what we can do about closing the group once it has been started.
6057	DBSA	Eric	How our day was.				Yes			Agree	Agree	
8161	DBSA	Eric	Giving me hope.	Nothing	Learn more about depression.	Anxiety	Yes			Agree	Strongly Agree	
6833	DBSA	Eric	How to be kind.	Liked it	How to read/write.	Yes	Yes			Strongly Agree	Strongly Agree	
7154	DBSA	Eric	That I appreciate my morning phone calls when I call in for drug testing	It functions pretty well. I am impressed.	Perhaps we could have a coffee day where we could have instant coffee.	The speaker that comes before social time is good	Yes		None	Strongly Agree	Strongly Agree	There is decaf coffee always available in the kitchen. Please come visit!
7677	DBSA	Eric	Do the things you enjoy doing to help cope with depression	No	No like the topics	Anything will do	Yes		Excellent Eric as staff and Armand	Strongly Agree	Strongly Agree	
7154	DBSA	Eric	I learned that I am feelings and I really enjoy coffee.	I don't enjoy the food I get here.	I believe that Eric is making it happen and Armand is helping with that.	I really enjoy the speaker that comes just before lunch time and talks about feelings and overcoming them.	Yes		none	Strongly Agree	Strongly Agree	
7978	DBSA	Eric	I learned others had similar experiences	I felt the instructor spoke back a bit too much.	Just more about my anxiety and depression.	How to cope with overwhelming feeling of depression.	Yes		I love the instructor.	Strongly Agree	Strongly Agree	Thank you for your concern. In the group I typically readdress what the person has said to acknowledge their experience and that I am here for them.
4481	DBSA	Eric	Good coping skills	It was fine	Rest, panic attack, coping skills.	Anger	Yes			Strongly Agree	Strongly Agree	
7139	DBSA	Eric	I learned to bide my time here.	I like freedom of discussed topics.	Talk about how to help others.	Types of group tolerate.	Yes		None	Strongly Agree	Strongly Agree	
7349	NAMI Connection	Eric	Share your point of view and experience	Just talking person's experience. too simple.	Learn about being social	Anything about psychology kind of things	Yes			Agree	Agree	
8058	Narcotics Anonymous	Eric	It's too sober.	To stay sober.	The AA book.	I like the group	Yes			Strongly Agree	Strongly Agree	
8058	Volunteerism	Eric	Get a lot of exercise.	go to the mall	go swimming	how we are doing	Yes	sometimes	Thank you	Strongly Agree	Strongly Agree	
7646	Volunteerism	Eric	It's better to give than receive.	NA	NA	NA	Yes		Beach cleaning is awesome.	Strongly Agree	Strongly Agree	
4481	Breakthrough the Barriers of Trauma	Freddy	Process voices	trauma	More info on trauma	Trauma	Yes			Strongly Agree	Strongly Agree	
6611	Breakthrough the Barriers of Trauma	Freddy	Everything	Freddy	Anything	Same	Yes		Go Freddy	Strongly Agree	Strongly Agree	
3959	Breakthrough the Barriers of Trauma	Freddy	Informative presentations interactive discussions	Blank	Blank	Difference between acute PTSD and Complex PTSD	Yes			Strongly Agree	Strongly Agree	
7955	Breakthrough the Barriers of Trauma	Freddy	Don't listen to the voices	good group	More topics. Not just one	Our future at Wellness Center.	Yes			Strongly Agree	Strongly Agree	
7677	Breakthrough the Barriers of Trauma	Freddy	Expressing emotions	N/A	Anything is fine	all	Yes			Strongly Agree	Strongly Agree	
132	Breakthrough the Barriers of Trauma	Freddy	That I can relate to my peers	I had trouble staying focused	How to cope better with my trauma	more about trauma	Yes		Freddy is a great facilitator.	Strongly Agree	Strongly Agree	
7865	Eat Well, Live Well	Freddy	Everything is okay	Everything is okay	Eat more healthy	Talk about sports	Yes			Strongly Agree	Strongly Agree	
7689	Eat Well, Live Well	Freddy	Favorite places that we like to eat.	Nothing Freddy's groups are the funniest and fun.	More the games	More food.	Yes		Thank you for the best class.	Strongly Disagree	Strongly Disagree	
7202	Eat Well, Live Well	Freddy	How to eat well.	Everything is fun.	Everything talked about is gun discussing.	Formula 1 foods are good. Why though?	Yes		I like Freddy's class.	Strongly Disagree	Strongly Disagree	
8072	Eat Well, Live Well	Freddy	Healthy eating choices. Fun conversations about food.	Nothing needs improvement.	More ways to eat healthy.	Healthy eating habits.	Yes		No	Strongly Agree	Strongly Agree	
6611	Eat Well, Live Well	Freddy	Freddy is the best.	Nutritional Skills	Health foods	Super foods	Yes			Strongly Agree	Strongly Agree	
6982	Healthy Living	Freddy	The class taught me how to download app to lose weight.	Enjoyed group	Great job	Everything is great.	Yes			Strongly Agree	Strongly Agree	

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2791	Healthy Living	Freddy	Different interesting topics every time.	NA	Exercise ideas.	Exercise ideas				Strongly Agree	Strongly Agree	
3549	Healthy Relationships	Freddy	Website for calorie counting. Apps for keeping track of what you have eaten.	NA	daily intake and sugar types, types of fat.	NA	Yes			Strongly Agree	Agree	
4726	Healthy Relationships	Freddy	How to have boundaries healthy.	NA	I believe Freddy covers a wide band of topics.	NA	Yes		Great Facilitator	Strongly Agree	Strongly Agree	
3959	Healthy Relationships	Freddy	Open discussion questions		everything fine like it is		Yes				Strongly Agree	
7608	Healthy Relationships	Freddy	I learned about the importance of compassion in relationships. Everyone was kind and understanding.			How to maintain long distance relationships.				Strongly Agree	Strongly Agree	
5780	Healthy Relationships	Freddy	Safe comfortable entromento. Feeling better after. Kindness and compassion for each other.		How to have more positive brief exchanges.	Dispute Resolutions	Yes			Agree	Agree	
7842	Healthy Relationships	Freddy	communication can help build trust and honesty sharing.	Could have gone a little longer.	Learn more relationship building.	communication	Yes		Healthy relationships "rocks"	Strongly Agree	Strongly Agree	I'm pleased to hear that you think Healthy Relationships "Rocks". I will do my best to carry some of the topics over to the following weeks. This way we get through certain topics in the group more efficiently.
7689	Healthy Relationships	Freddy	honesty and openness in a relationship talking about relationship advice.	Nothing	Nothing, the class is fine the way it is.	Nothing			Freddy is funny and amazing	Strongly Agree	Strongly Agree	
8071	Healthy Relationships	Freddy	honesty and openness in a relationship talking about relationship advice.	Nothing	Nothing, everything that Freddy does it's fun.	Nothing.	Yes		Fred is awesome and fun and funny.	Strongly Agree	Strongly Agree	
7788	Healthy Relationships	Freddy	More on relationships to improve my skills	NA	learn more	More on relationships	Yes		good comments	Strongly Agree	Strongly Agree	
7842	Healthy Relationships	Freddy	Look for word in the relationship that provides the balance and justification.	More members attending would help.	Good group needs more speaking time for member	more coping skills	Yes		Freddy; awesome facilitator	Strongly Agree	Strongly Agree	I appreciate you saying I'm a awesome facilitator. I agree at times certain topics could use some more discussion time. So I'll make sure to carry some of the topics over to the following week if needed. Thank you.
8168	Healthy Relationships	Freddy	The group	Nothing	unhealthy boundaries	Co-dependency	Yes					
8072	Healthy Relationships	Freddy	Healthy relationship tips, honesty and openness.	No improvement needed	More fun discussion questions.	how to avoid toxic behavior	Yes			Strongly Agree	Strongly Agree	Thank you for the topic suggestion on "Avoiding Toxic Behavior". I will do my research and create a topic lesson plan for this.
7677	Healthy Relationships	Freddy	Honesty and openness	Love all of the groups questions and discussion.	Anything	More tips about relationships	Yes		Great group. Great Freddy.	Strongly Agree	Strongly Agree	
7906	Healthy Relationships	Freddy	healthy relationships	none	trust	confidence	Yes	none	thank you !	Agree	Agree	
6989	Morning Ice Breaker	Freddy	Team work	Liked everything	sit up better	yoga	Yes		I'm interested in chatting about getting a ride over here.	Disagree	Strongly Disagree	I know transportation can be a challenge for many of us. I would encourage you to speak with one of the staff members to share some resources with you on transportation. Also, hope to see you back for Ice Breaker's every staff member brings their own twist of fun to get the day started. Thank you.
7788	Morning Ice Breaker	Freddy	I would be able to learn and know what's going on	Blank	N/A	Not sure	Yes			Strongly Agree	Strongly Agree	
6098	New Lung	Freddy	Wisely using my money	I liked everything.	quit vaping	the benefits of quit smoking	Yes				Strongly Agree	
7637	New Lung	Freddy	NA	NA	Just listening	NA						
1346	New Lung	Freddy	It helps 100% to stop.	May class daily	Role play of smoking	smoking	Yes		This can be a life savor for most of what	Strongly Agree	Strongly Agree	Thank you for your suggestion on "Role Play" to help with our Quit Smoking process. I will talk with a <i>New Lung</i> staff member to see if that is a possibility for our groups once a month.
7788	New Lung	Freddy	I learned about smoking education	Not	NA	NA	Yes				Agree	
5652	Relaciones Saludables	Freddy	Self love, self respect and boundaries, love.	All is well, maybe make it longer. I loved it!	More recovery stories.	Recovery	Yes		I loved sharing and felt comfy sharing.	Strongly Agree	Strongly Agree	
7677	Relaciones Saludables	Freddy	What is love		More Spanish music	Positive thinking	Yes			Strongly Agree	Strongly Agree	
7066	Self Empowerment	Freddy	Learn to have self esteem	NA	More about self empowerment	same as above	Yes					
6204	Wellness Wednesday	Freddy	Healthy routines				Yes			Strongly Agree	Strongly Agree	
3422	Wellness Wednesday	Freddy	Healthy routines	Everything is good	Anything is ok	Want to see Freddy in outings	Yes			Strongly Agree	Strongly Agree	Thank you for your suggestion on having me be out for outings. I will do my best to continue to find other "Health related Outings or Health Fairs" to take members out to.
6786	Wellness Wednesday	Freddy	Relating to conversations		Distractions		Yes			Strongly Agree	Strongly Agree	
7720	Wellness Wednesday	Freddy	I learned in how to have a healthy routine	I liked attending the group	I would like to learn about many other topics which are important to me		Yes		I enjoyed the group	Strongly Agree	Strongly Agree	
4592	Wellness Wednesday	Freddy	Different healthy routines	I liked the group	Food talks		Yes			Strongly Agree	Strongly Agree	
3549	Wellness Wednesday	Freddy	about journaling and not overextending.		more of the same like today	Nutrition	Yes			Agree	Agree	
1201	Wellness Wednesday	Freddy	I learned that emotional health can help myself and others both in the workplace and a friendship and other relationships	NA	I would like to learn more about emotional health.	see above	Yes		Freddy is a great facilitator	Strongly Agree	Strongly Agree	Thank you for the suggestion on more "Emotional Health". I will look into creating a topic plan for our group discussions. However, I also wanted to add we have an "Emotional Wellness" group on Thursdays from 2:00p-3:00p . Thank you. We can definitely spend time after the movie to discuss any and all concerns/comments.
8142	Movie Club Comm Integration	Jim	Fun setting	More group time	Talk about the movie	Movie themes	Yes			Agree	Agree	
6281	Movie Club Comm Integration	Jim	Blank	Blank	Blank	Blank				Strongly Agree	Strongly Agree	
3545	Movie Club Comm Integration	Jim	Blank	Blank	Blank	Blank	Yes		Jim was very friendly and sociable	Strongly Agree	Strongly Agree	
1942	Movie Club Comm Integration	Jim	The lady in the movie is crazy	Good movie	More movies	Suicide? The lady in the movie was suicidal	Yes		:)	Strongly Agree	Strongly Agree	I take the subject of suicide very seriously and am available to discuss the topic at any time, please contact the facilitator of the group or any peer to help support you if you view something in a movie you do not wish to see. You are also able to leave the theater at any time if the movie you chose is triggering to you. Please ask for support whenever it is needed. We also encourage members to review movies rating and the content and decide if it is right for them or not, before selecting their choice.

Member ID	Group Name	Facilitator Name	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Feedback
6517	Movie Club Comm Integration	Jim	I like going to movies!	Nothing	Go to lunch after the movie.	N/A	Yes			Strongly Agree	Strongly Agree	Unfortunately we have to return our group to the Wellness Center in order for members to coordinate with their transportation needs.
6916	Movie Club Comm Integration	Jim	Blank	Blank	Blank	Blank				Strongly Agree	Strongly Agree	
8188	Movie Club Comm Integration	Jim	Blank	Blank	Blank	Blank				Strongly Agree	Strongly Agree	
6802	Movie Club Comm Integration	Jim	Making friends	Different choice of movie.	Communication better from Wellness Center	More public speaking	Yes			Agree	Agree	I will be happy to provide guidance on how to access our calendar via our website. Bulletin board and the paper calendars at reception.
6701	Movie Club Comm Integration	Jim	Blank	Restricted access to movies	Blank	Blank				Strongly Agree	Strongly Agree	The only restrictions that I am aware of is the timeframe of the movies being screened during the group outing time frame. Members can choose the movie of their choice.
8815	Social Outing	Jim	I learned how to enjoy the beach life with a great group. We were really happy.	We needed a few more hours. More time	Make pamphlets next time and pass them around	The history on Corona del Mar	Yes		I want to bring refreshments for the beach. Sandwiches and chips. Can I make them a day before?	Strongly Agree	Strongly Agree	Yes you can make your lunch prior to our outing and bring it with you.
8122	Social Outing	Jim	Blank	Blank	Blank	Blank	Yes		Jim is a lot of fun great choices of outings, simply wonderful.	Strongly Agree	Strongly Agree	
7129	Social Outing	Jim	There is a new place for me to get inspiration.	Everything was fine.	Identify plants that I see.	I enjoyed all of the information given.	Yes		I would love to attend again	Strongly Agree	Strongly Agree	
7789	Campus Sports Activities	Joseph	I liked hitting the ball at volleyball	NA	Play a little longer	NA	Yes			Strongly Agree	Strongly Agree	
5581	Campus Sports Activities	Joseph	How to socialize and play volleyball the members playing.	NA	NA	NA	Yes			Strongly Agree	Strongly Agree	
8161	Community Meeting	Joseph	Work better as a team	more games.	communication.	AA	Yes			Strongly Agree	Strongly Agree	
7062	Community Meeting	Joseph	Social get to go with the flow and smile with a good time.	I don't get to participate with the group.	I would like to do games	How to play games on the projector and picking on the winner for a present.	Yes			Strongly Agree	Agree	This sounds like a great idea! Thank you.
7349	Community Meeting	Joseph	Person's point of view.	Nothing	Be social	Social outings	Yes		No	Neutral	Neutral	Thank you for doing the survey, would love to hear your thoughts on how we can make the community meeting more enjoyable and want you to come back again!
6982	Community Meeting	Joseph	That the Wellness Center has a lot of great groups to offer.	The leader(Joseph) is a friendly person	Everything is excellent.	Everything is great.	Yes		N/A	Strongly Agree	Strongly Agree	
6204	Community Meeting	Joseph	It is boring community meeting.	N/A	N/A	Yes	Yes		N/A	Strongly Agree	Strongly Agree	Thank you for sharing that. We will discuss how we can try to change things up and make it more fun.
7741	Community Meeting	Joseph	Listen to people.	N/A	Nothing	Nothing	Yes			Strongly Agree	Strongly Disagree	
7788	Community Meeting	Joseph	Very interesting to talk and open up.	N/A	N/A	Positive comments involve the center more.	Yes			Strongly Agree	Strongly Agree	
7720	Community Meeting	Joseph	I learned about certain events and outings. I liked discussing about them.	I mostly liked to discuss about what is going on in the daily schedule.	I would like to learn about any new upcoming events or outings	None.	Yes			Strongly Agree	Strongly Agree	
5430	Community Meeting	Joseph	More people	More speaking	Read more	More reading	Yes		No, I have no comments.	Agree	Agree	
8131	Community Meeting	Joseph	That I'm interested in school and love AA/NA the staff are tremendous and give it their all.	Nothing negative to say, they treat us with the upmost respect.	I'd like to learn a few more breaking our of my shell skills.	DBT or CBT	Yes	Should at the very least for a half hour.		Strongly Agree	Strongly Agree	Thank you for sharing your thoughts. We will review this and consider it.
6734	Community Meeting	Joseph	Teamwork between staff and clients.	nothing the group was great.	To be and to hear more group participation.	Fellowship	Yes		Great place	Strongly Agree	Strongly Agree	
1201	Community Meeting	Joseph	I learned that another member likes to write and share her poetry. I like that there is time in the meeting to share poems.	N/A	I would like to share a short story I wrote.	N/A	Yes		Thanks to all of the staff for making the community meeting interesting. Special thanks to Joseph for his humor.	Strongly Agree	Strongly Agree	Thank you for doing the survey and you can absolutely share your short story. We would love to hear it!
8815	Community Meeting	Joseph	New members, new social outing, new movies.	N/A	Learn how to play golf	How to work faster and not harder to get the best school	Yes		Great motivation and new.	Strongly Agree	Strongly Agree	
7677	Community Meeting	Joseph	different topics, I like everything.	More topics and interests	I don't know		Yes			Strongly Agree	Strongly Agree	
4592	Community Meeting	Joseph	Different events and reminders		More interesting topics		Yes			Strongly Agree	Strongly Agree	
7646	Community Meeting	Joseph	Nothing	It's boring. Have other staff MC. It's the same thing every week.			Yes			Neutral	Strongly Agree	Thank you for sharing your feelings. We will have another person MC the community meeting for now!
3549	Community Meeting	Joseph	learned tips about getting rides on time		Have jokes	What the social outings will be	Yes			Neutral	Neutral	Thank you for your wonderful ideas! Will consider having jokes and discuss social outings during the meeting.
3959	Community Meeting	Joseph	I attend to stay informed of happenings at the WCC				Yes			Strongly Agree	Strongly Agree	
7842	Community Meeting	Joseph	Learned about Persian spring Holiday.	Important issues about the wellness center are address	More about how the center operates.	same content	Yes		I got to participate by reading	Strongly Agree	Strongly Agree	
6032	Community Meeting	Joseph	I like what info is read. Also I like that the members help out too.	There isn't anything I didn't like.			Yes		It's good to know current information.	Strongly Agree	Strongly Agree	
7677	Community Meeting	Joseph	Learn about what is going on in the center and the community	I liked everything was presented in the community meeting	talk about different topic	working	Yes			Strongly Agree	Strongly Agree	
8184	Community Meeting	Joseph	I learned that if you have anything to share you are welcome to. I liked everything about	I liked everything about the group.	I like to learn to share.	Community Resources	Yes		The group was great.	Strongly Agree	Strongly Agree	
328	Community Meeting	Joseph	What Nowruz means. Interaction.	More interaction, return acting, reading of poetry, pep it up a little.	Speaking skills. I am shy and nervous.	Nothing that I can think of.	Yes		No	Strongly Agree	Strongly Agree	Thank you for these suggestion! They are excellent.
1201	Community Meeting	Joseph	I learned about Nowruz (Persian New Year) and the outing to WC South.	The same announcements every week get a little boring.	NA	NA	Yes		Thanks to Joseph for his humor. Thanks to Shig for sharing his poem.	Agree	Agree	
7092	Community Meeting	Joseph	More English. Exciting.	I don't know.	Learn from mistake.	Japanese Language.	Yes		No	Strongly Agree	Strongly Agree	
7044	Community Meeting	Joseph	To listen to the facilitator. I liked everything.	it's in English.	Maybe if it's in Spanish.	Topics to be spoken in Spanish.	Yes		NA	Agree	Agree	Thank you for sharing, will see if we can add more Spanish things to community meeting.
7044	Community Meeting	Joseph	To listen to the facilitator. I liked everything.	it's in English.	Maybe if it's in Spanish.	Topics to be spoken in Spanish.	Yes		NA	Agree	Agree	
7584	Game Time	Joseph	We learned about video games and how to play them. I like playing video games.	Nothing. Nothing.	Play video games.	Nothing	Yes		no	Strongly Agree	Strongly Agree	
7677	Game Time	Joseph	I learn how to relax		anything	Anything	Yes			Strongly Agree	Strongly Agree	
6986	Good Vibes Circle	Joseph	It was ok	I'm good.	I'm cool	Enlightenment.	Yes		No	Strongly Agree	Strongly Agree	
4568	Good Vibes Circle	Joseph	That it only takes a little bit of effort, patience, and understanding to get along with a new group of people.		Improve my social skills	History	Yes			Strongly Agree	Strongly Agree	

Member ID	Group Name	Facilitator Name	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Feedback
2998	Good Vibes Circle	Joseph	How to have carefree fun the fun games	N/A	Interactive board games.	Different ways to create good vibes.	Yes		Joseph keeps the vibe light comical and the right amount of fun for everyone to enjoy.	Strongly Agree	Strongly Agree	
328	Good Vibes Circle	Joseph	Teamwork	Blank	Blank	Blank	Yes		No	Strongly Agree	Strongly Agree	
3514	Good Vibes Circle	Joseph	To participate	Blank	Everything	Blank	Yes			Strongly Agree	Strongly Agree	
7584	Good Vibes Circle	Joseph	Fun games and good vibes. Everything	Nothing, Nothing	More games	Nothing	Yes		No	Strongly Agree	Strongly Agree	
1172	Join us for Coffee	Joseph	The good conversation and good people	I like everything	Everything is good	What can happen in the near future	Yes		I have a great time every single time. Sometimes people are quiet give me time to do things on my own.	Strongly Agree	Strongly Agree	
7232	Join us for Coffee	Joseph	Everything	Nothing			Yes			Strongly Agree	Strongly Agree	
3422	Join us for Coffee	Joseph	It's fun				Yes			Strongly Agree	Strongly Agree	
6204	Join us for Coffee	Joseph	Enjoy coffee + donuts		Keep coffee + Donuts		Yes			Strongly Agree	Strongly Agree	
7788	Join us for Coffee	Joseph	Its nice to get coffee and socialize with people. It's very fun.				Yes			Strongly Agree	Strongly Agree	
4592	Join us for Coffee	Joseph	It's social with others	I like it all! Joseph is funny	Socialize		Yes			Strongly Agree	Strongly Agree	
1201	Join us for Coffee	Joseph	I like being able to talk with other members while enjoying some regular hot coffee.				Yes		Thank you for providing the funds for this group. This group gives us a nice place to meet & socialize in the community.	Strongly Agree	Strongly Agree	
1346	Join us for Coffee	Joseph	You can get coffee and be social. It's relaxing. We can all pick a subject and talk about it.	Nothing	We can talk about how we feel	We can all pick a topic.	Yes			Strongly Agree	Strongly Agree	
506	Social Anxiety Support Group	Joseph	Analyze contexts	Too much side talk.		Building self esteem	Yes			Agree	Agree	Thank you for sharing your concern. I will be more vigilant and try to catch the side talk.
7646	Social Anxiety Support Group	Joseph	to instruct my brain and thank it for protecting me.	group participation / feedback is low	X	X	Yes		Good job, Joseph	Strongly Agree	Strongly Agree	Thank you for sharing, I will try to come up with more engaging topics and see if the group wants to share more often.
7767	Social Anxiety Support Group	Joseph	I learn how to make small talk and continue a conversation. I like how we improve our communication skills. I like the CBT worksheets.		Learn how to cope with generalized anxiety	generalized anxiety, networking, interviews	Yes		Very good workshop. The best workshop at the Wellness Center.	Strongly Agree	Strongly Agree	
7842	Social Skills	Joseph	Socially acceptable protocols for addressing situations.	Could be a little longer. Needs more members.	Exiting a conversation.	Engaging in more elevated and intellectual debates.	Yes		Wellness Center Staff are awesome.	Strongly Agree	Strongly Agree	
7584	Social Skills	Joseph	We learned about social skills and how to converse and interact with others.	Nothing. Nothing.	I would like to learn more about social skills.	Social Skills.	Yes		No	Strongly Agree	Strongly Agree	
4111	Social Time	Joseph	Good	Better	N/A	N/A	Yes		resilience	Strongly Agree	Strongly Agree	
8186	Social Time	Joseph	Feeling free to express yourself. Sharing things about yourself.	Nothing	Open to the topic of the speaker	Open	Yes			Strongly Agree	Strongly Agree	
5708	Social Time	Joseph	About different ways to dress	I was kind of boring.	Blank	Next 5 year plan	Yes			Strongly Agree	Agree	Thank you for sharing your feelings. Will look into what other things to do during social time and get feedback from the attending members.
4592	Social Time	Joseph	Education, socializing	Nothing	Nothing	N/A	Yes			Strongly Agree	Strongly Agree	
2791	Women's Group	Julia	The women of the wellness center are empowered and talented.	N/A	N/A	Have this next year!	Yes			Strongly Agree	Strongly Agree	Thank you for submitting your comment. The Leadership Team will discuss having this event next year.
5853	Women's Light	Julia	Empowering to women	N/A	Group share	N/A	Yes		Great!!!	Strongly Agree	Strongly Agree	
6032	Women's Light	Julia	I liked the poetry and the light people shared and the event was good	Blank	Blank	Blank	Yes		Meena did a great job.	Strongly Agree	Strongly Agree	
7646	Women's Light	Julia	Everyone has talent.	Blank	Blank	Blank	Yes		I helped organize this event, so I don't have much to say	Strongly Agree	Strongly Agree	
1279	Women's Light	Julia	Women rock	Like women they have talent	N/A	N/A	Yes			Agree	Agree	
6237	Women's Light	Julia	How empowering it is to do this as a group.	None	To have this event annually	Blank	Yes		I love the event. It was very well coordinated.	Strongly Agree	Strongly Agree	Thank you for submitting your comment. The Leadership Team will discuss having this event every year.
8058	Women's Light	Julia	How wonderful everyone's story. It was great	It's too long	Sing	I don't know	Yes			Strongly Agree	Strongly Agree	Thank you for submitting your comment. The Event Planning Committee will discuss adjusting the length of time if we do this event in the future.
6204	Women's Light	Julia	Listening to the women's light	N/A	Women's light	N/A	Yes			Strongly Agree	Strongly Agree	
6589	Women's Light	Julia	I liked everything	N/A	N/A	Want another event of class	Yes		I learned a lot	Strongly Agree	Strongly Agree	
2626	Women's Light	Julia	Women's light, the people that speak.	I love it. nothing	Yes	Togetherness	Yes			Strongly Agree	Strongly Agree	
2626	Women's Light	Julia	I like this group because it gave me a good understanding of discussing in group.	Blank	Need more improvement in self improvement	Yes	Yes			Strongly Agree	Strongly Agree	
8105	Women's Light	Julia	I enjoyed singing for the members.	N/A	Blank	B	Yes			Strongly Agree	Strongly Agree	
2823	Women's Light	Blank	Life skills and positive affirmations	Blank	How to stay positive	Blank	Yes			Strongly Agree	Strongly Agree	
6255	Women's Light	Julia	To be resilient.	Blank	Blank	Blank	Yes			Strongly Agree	Strongly Agree	
1201	Women's Light	Julia	I really liked women sharing their talents and stories and experiences. I liked how the people who participated got the audience involved too.	N/A	N/A	Blank	Yes		Thanks to Meena for the great idea for this event. Thanks to staff for making it happen.	Strongly Agree	Strongly Agree	
8815	Women's Light	Julia	How women have come so powerful now. In poem, In Dance. speaking with the authority of wanting to succeed.	I loved everything even the men that were here, really	Learn how to play the cello and harmonies.	Opera and concerts	Yes		I really enjoyed the Women's Light- the expression	Strongly Agree	Strongly Agree	
6928	Women's Light	Julia	I learned different members resilient back stories	Nothing	Blank	Blank	Yes			Strongly Agree	Strongly Agree	
7747	Women's Light	Julia	A lot of inspiring and empowering women.	It needs to be an official event.	Be more involved in the community	Has anyone talked about what women invented? Besides giving birth.	Yes		Meena did a fantastic job.	Agree	Agree	Thank you for submitting your comment. The Leadership Team will discuss making this an official event on our annual calendar.
3070	Women's Light	Julia	I loved hearing the stories, poems, songs and dances	N/A	Sing as well as sharing poetry	N/A	Yes			Strongly Agree	Strongly Agree	
1346	Women's Light	Julia	Everybody has a voice this has been a warming event.	Every year lets celebrate in March.	Help with disabled person	Everyone has ability	Yes		Thank you, Meena!	Strongly Agree	Strongly Agree	Thank you for submitting your comment. The Leadership Team will discuss making this an official event on our annual calendar.
7232	Women's Light	Julia	Everything, new friends	Nothing	Same thing	Same things			Thank you	Strongly Agree	Strongly Agree	
7677	Women's Light	Julia	Letting our voices heard, empowered.	Nothing	More empowerment.	Anything related to empowerment	Yes		Excellent!	Strongly Agree	Strongly Agree	

Member ID	Group Name	Facilitator Name	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Feedback
3549	Women's Light	Julia	Such beautiful writing and singing! I learned that the people here are really care about one another and are super supportive.	Microphone feedback	Blank	More of the same type	Yes		Go Meena! Thank you!	Strongly Agree	Strongly Agree	Thank you for submitting your comment. We will address the audio system to try to prevent feedback.
8198	Women's Light	Julia	We share a lot of things in common. Never to give up.	put balloons	Anything	some interesting ideas	Yes		Thank you	Agree	Agree	Thank you for submitting your comment. The Event Planning Committee will discuss adding balloons to the decoration for this event if we do it in the future.
4592	Women's Light	Julia	resilience , everything	Nothing	More	More	Yes			Strongly Agree	Strongly Agree	
2209	Emotional Wellness	Karen	Can get emotional support.		Get more coping skills.	Get more coping skills.	Yes		I would like to get here on time.	Agree	Agree	Thank you for the feedback! Please join us for our coping skills class on Monday's at 2:15pm to learn more specifically about coping skills.
8186	Emotional Wellness	Karen	Able to share thoughts, feelings, and emotions.	Able to share openly without judgement.	Coping skills and emotional calmness.	How to overcome triggers.	Yes			Strongly Agree	Strongly Agree	
7677	Emotional Wellness	Karen	How we dealt with our emotions in the last week.	Nothing	Different topics	Different topics: coping skills	Yes			Strongly Agree	Strongly Agree	Thank you for the feedback! Please join us for our coping skills class on Monday's at 2:15pm to learn more specifically about coping skills.
8167	Emotional Wellness	Karen	I am not the only person who shares		Everything	Whatever they feel like.	Yes		Hello	Agree	Agree	
2770	Emotional Wellness	Karen	Leaned about boundaries and learning emotional awareness. I like Karen's leadership	Nothing	Touch on different emotions	A little about sadness	Yes			Strongly Agree	Strongly Agree	
7747	Jewelry Design	Karen	Make jewelry by hand. When the box says limited only, love the limited amount.	Jewelry is disorganized, such as the beads. Class needs more time. A bit more time.	This goes for the speaker as well. Use clamps for necklaces, bracelets and make earrings.	Us a rope to tie around thick and round jewelry such as a ring jade jewel	Yes		I already filled this out last time. No reason to do it again, every time I go for this class.	Strongly Agree	Strongly Agree	Thanks for the feedback. You only need to fill out the group evaluation once per class you attend. If you did it the previous week then no need to do it again, apologies for having to do it twice! I come in to fill as a co-facilitator to give another Peer a break. I can pass this feedback on and work with the other peers to organize the beads a little better.
3438	Karaoke	Karen	I learned that it is a coping skill.	It's good.		How to sing.	Yes			Strongly Agree	Strongly Agree	
8039	Karaoke	Karen	New songs. Inspiring	Blank	New songs.	Blank	Yes			Strongly Agree	Strongly Agree	
8155	Karaoke	Karen	Music is healthy and great for wellness. The courage to stand up and sing.	There was nothing. I love everything- Better microphone.	Learn to sing opera.	More music	Yes		I love the music I love the memories.	Strongly Agree	Strongly Agree	
7689	Karaoke	Karen	Sing our hearts out	Nothing	TO have fun		Yes			Strongly Agree	Strongly Agree	
7202	Karaoke	Karen	Karaoke us fun to help release stress	Liked everything	How to sing without being nervous	Music history	Yes			Strongly Agree	Strongly Agree	
8168	Karaoke	Karen	To have fun	nothing			Yes			Strongly Agree	Strongly Agree	
7677	Karaoke	Karen	We sang different songs		Nothing		Yes			Strongly Agree	Strongly Agree	
7865	Karaoke	Karen	I liked everything	It was okay	More time		Yes			Strongly Agree	Strongly Agree	Thank you for the feedback! Please join us for Friday night karaoke from 5pm-7:30pm and Saturday karaoke from 2:15pm-4:25pm!
7648	Karaoke	Karen					Yes			Neutral	Strongly Agree	
7593	Karaoke	Karen	The music		Sing	How I sing	Yes			Agree	Agree	
8174	Karaoke	Karen	I learned about new songs, I enjoy the happy energy that the group leaves me with.	There's nothing I would change about the group. I enjoy it as it is.	I would like to be more social with the group.	Nothing, the group is great as is.	Yes		Group leader does a great job bringing energy to the group.	Strongly Agree	Strongly Agree	
7869	Karaoke	Karen	To have fun	I love the group no improvement needed	I would like to dance more.	Its all good	Yes			Strongly Agree	Strongly Agree	
8065	Karaoke	Karen	How to sing.	Mike's politics - dislike		There's no speakers only singers....and dancers?	Yes		No comment	Agree	Agree	
3716	Karaoke	Karen	It's bravery to sing.	NA	NA	NA	Yes			Strongly Agree	Agree	
7766	Karaoke	Karen	I love this group. Karen is super duper, supportive and I feel comfortable singing and dancing in public.	NA	NA	Please keep doing	Yes		NA			
7677	Recovery Expression	Karen	To write a poem by expressing my emotions.	I liked everything, topic	How to give pointers	good poems for the group.	Yes			Strongly Agree	Strongly Agree	
5652	Recovery Expression	Karen	I love that we wrote on paper our feelings and were very transparent.	I loved everything.	I would like to hear more about our recovery stories	Recovery, self-love and compassion	Yes		I love and enjoyed sharing and being here. Thank you	Strongly Agree	Strongly Agree	
7608	Recovery Expression	Karen	I practiced how to express myself through writing				Yes		This is a wonderful class that teaches written expression well	Strongly Agree	Strongly Agree	
7677	Recovery Expression	Karen	What is recovery mean to us	I liked everything	Learn more topics	Any topics	Yes			Strongly Agree	Strongly Agree	
6204	Topic of the Day	Karen	Learning topic of the day.	Karen is nice	NA	NA	Yes		NA	Strongly Agree	Strongly Agree	
3959	Topic of the Day	Karen	social and mental health tips. Occasionally reflection tips				Yes		Karen is very attentive to my communication needs. Puts captions on for me.	Strongly Agree	Strongly Agree	
6611	Topic of the Day	Karen	Time Management	Nothing	coping skills	Time Management	Yes			Strongly Agree	Strongly Agree	
7842	Topic of the Day	Karen	Self reflection and meditation post trigger. Each facilitator is unique.	More members	Better self reflection for coping with my triggers.	More information on coping skills.	Yes		A good moment can evolve into a good day.	Strongly Agree	Strongly Agree	
2998	Trauma Recovery	Karen	Ways to express recovery experiences based on trauma or tracking emotions, the open discussion format.	NA	creative ways to heal from trauma, listen to stories of resilience.	How trauma shapes the way of people, interactive of the world around them.	Yes		Karen a excellent, compassionate, empowering facilitator!	Strongly Agree	Strongly Agree	
7608	Trauma Recovery	Karen	How to express your troubles in a comforting way				Yes			Strongly Agree	Strongly Agree	
3438	Trauma Recovery	Karen	I like it's professional	I would like Handouts.	Symptoms	How to talk in therapy	Yes		Good group	Strongly Agree	Strongly Agree	Thank you for the feedback! I will make sure to print out handouts whenever its applicable to the group!
3959	Trauma Recovery	Karen	Very vulnerable supportive, empathetic conversations				Yes			Strongly Agree	Strongly Agree	
7677	Trauma Recovery	Karen	How to recover from trauma. liked everything.	NA	Different topics.		Yes		NA	Strongly Agree	Strongly Agree	
1174	Trauma Recovery	Karen	communication		discuss trauma	peer based as much as possible	Yes			Strongly Agree	Strongly Agree	
8186	Trauma Recovery	Karen	How and ways to recover from trauma positively	Nothing. Nice Discussion.	Various ways to healing the soul and forgiveness.	forgiveness	Yes			Strongly Agree	Strongly Agree	
7747	Jewelry Design	Kenya	Making bracelets, keychains and necklaces	I want to see some staff members to join in the fun as well.	Make charm pens, if possible, wired necklaces, earrings, learning ways to tie a knot.	New ways to tie a knot, how to make earrings, rings as well.	Yes		organize the special beads all over again. Thank goodness I have time for jewelry design again.	Agree	Agree	Glad to see you back in Jewelry Design! The beads can be reorganized. We will work on that during classes.

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8155	Jewelry Design	Kenya	I learned how to take my time and concentrate on one task at a time. The beautiful beads.	Not being able to have more bling to the beads. Buy more shiny beads.	Make beautiful bead designs on a handbag.	How fashion, jewelry and makeup helps attitude and confidence.	Yes		I love to come in with a plan - hopefully my design will be reviewed by me taking a photograph.	Strongly Agree	Strongly Agree	Thank you for the suggestion! We can definitely order some Bling!!
7044	Juicing	Kenya	The food was good	nothing	More food.	Everything	Yes			Strongly Agree	Strongly Agree	
7202	Juicing	Kenya	Add veggies to juicing.	Nothing.	Cooking.	Nothing.	Yes		Computer room.	Strongly Agree	Strongly Agree	
6986	Juicing	Kenya	ginger has outcomes	NA	Eat juice	Have everyone juice like me.	Yes		Nothing comments	Strongly Agree	Strongly Agree	
8186	Juicing	Kenya	The Nutrition value of the various food juiced.	Loved everything.	Tasting different combinations of fruits and vegetables.	Nothing particular at this time.	Yes		I enjoyed the overall experience. Thank you so much Ms. Kenya.	Strongly Agree	Strongly Agree	
6986	Juicing	Kenya	good attitudes	NA	To talk with one another, food careers.	How have you participated professionally today.	Yes		me improved	Agree	Strongly Agree	
3070	Choir	Kyu	Expanded my awareness of different types of music.		Continue learning different genres.		Yes			Strongly Agree	Strongly Agree	
132	Choir	Kyu	Singing is good for the soul.	Not enough people	more of the same	more of the same	Yes		Kyu is a great facilitator	Strongly Agree	Strongly Agree	
4592	Self Empowerment	Kyu					Yes			Strongly Agree	Strongly Agree	
4726	Self Empowerment	Kyu	Daily Motivation	NA	Activity	Does de-escalation anger/emotions	Yes		Kyu is great with the members	Strongly Agree	Strongly Agree	
7617	Self Empowerment	Kyu	Everybody has self-empowerment. Everyone can be empowered.	I liked the lecture and interaction with the members. I like the engagement of the topic.	How to be empowered and be a hero in our self	Motivation within yourself after you leave the center.	Yes			Strongly Agree	Strongly Agree	
7788	Self Empowerment	Kyu	I love to keep learning about self-empowerment. My self-empowerment	N/A	More about self-empowerment	More feedback on self-empowerment	Yes		I like to always keep learning about self-empowerment	Strongly Agree	Strongly Agree	
6611	Self Empowerment	Kyu	Feeling good	Kyu	work hard	Self motivation	Yes			Agree	Strongly Agree	
7955	Self Empowerment	Kyu	Self empower	Power Driven- motivations	Its a really good class	N/A	Yes		Excellent group :)	Strongly Agree	Strongly Agree	
6204	Self Empowerment	Kyu	Listening with Kya's Self Empowerment	Kyu is a nice guy	N/A	N/A	Yes			Strongly Agree	Strongly Agree	
7510	Self Empowerment	Kyu	Motivation	Blank	go	Self awareness, self reliance	Yes			Agree	Agree	
6032	Self Empowerment	Kyu	I learned about what member driven means here at the center.	There's nothing I didn't like.	Not sure at this time	Not sure.	Yes		Kyu has always been a great facilitator and kind.	Strongly Agree	Strongly Agree	
7747	Social Outing	Kyu	I learned that we have to do a lot of walking and it was halfish remember	Being near men when I have dealt with many issues and problems in the past.	Make a signal that everyone is capable to follow and those that need more guidance should follow with their mandatory buddies for the day that way no one gets lost.	For me personally none even though that's been obvious from the start.	Yes	It ended a bit early though.	Someone took off their shoes off and I didn't need to see that. Play a road game quietly.	Agree	Agree	Thanks for bringing it up to us. When you see this, please let Facilitator know it immediately. Then The facilitator will redirect it. Thank you.
8155	Social Outing	Kyu	San Juan Capistrano Swallow Fest was the returned vets and the spring birds. (didn't want to leave a0	Parking was hard. We did not stay long enough. Increase the outing for more than 2 hours.	I like the area of San Juan Capistrano and the retired Vets.	Music	Yes		Had a great time, wish you all well here.	Agree	Agree	As explained, because of one of the biggest and popular event in Southern California, It was very hard to find parking. Also our time to leave from WCC was 10:30 am. The Event actually started already. So, parking near the event was filled up. Sorry for that. We will work on finding a better way next year.
4592	Social Outing	Kyu	Learn different things	Nothing	Nothing	Nothing	Yes		No	Strongly Agree	Strongly Agree	
5615	Social Outing	Kyu	Yes	No	Everything	Yes	Yes		yes	Agree	Agree	
5616	Social Outing	Kyu	Time Management	Traffic/ No parking for us.		NA	Yes		Take the train next time.	Strongly Agree	Strongly Agree	Because one of the biggest and most popular events in Southern California, paid parking was filled up when we arrived. I attempted to avoid long walking, but was unable to. Apologies for that. To take a train there is a very good suggestion, I will bring your suggestion to the management team. Thanks for your suggestion.
7349	Social Outing	Kyu	Watch the parade	Long walking	Be more social	positive thinking	Yes		No	Agree	Agree	Unfortunately, Long walking won't be avoided at Social Outings sometime. But due to the biggest and popular event in Southern California, to find the parking near the event, was very hard. I will find better way next year. Sorry for that.
4568	Tea Time	Kyu	NA	A little bit of history	NA		Yes			Strongly Agree	Strongly Agree	For making everybody understand the tea time, I will explain the history of the Tea Time and other history related to the tea. I believe it will help to understand. Thanks for your feedback.
6235	Tea Time	Kyu	I learned that tea time is great for everybody.				Yes		Love all the different Korean teas. It's a treat.	Strongly Agree	Strongly Agree	
1787	Tea Time	Kyu	I learn in this group is taste the best tea.	Never	love to taste tea	Keep on going in.	Yes		Fine	Strongly Agree	Strongly Agree	
3959	Tea Time	Kyu	Sometimes Korean cultural history is discussed while tea is served.				Yes			Strongly Agree	Strongly Agree	
4707	Tea Time	Kyu	ginger to is very healthy	everything is perfect	speak nice to others	How to socialize	Yes		Very good tea and Kyu is very awesome.	Strongly Agree	Strongly Agree	
8155	Tea Time	Kyu	Many flavors of tea. I love the happiness of the group.		Learn about the Tea and where it came from.	What goes great with tea.	Yes		Great host really knew a lot about tea.	Strongly Agree	Strongly Agree	That will relate to the tea history as well. I will give some tips to understand it. Thanks for your feedback. Appreciated it.
6204	Tea Time	Kyu	Learning tea time.	Kyu is funny guy.	NA	NA	Yes		NA	Strongly Agree	Strongly Agree	
7788	Volunteerism	Kyu	That by going to the farm you release some of you head cluttered with thoughts.	N/A	Get more info on everything.	About the nature of that your ears and...	Yes		I love going to the farm. I always enjoy going to Gold coast farms.	Strongly Agree	Strongly Agree	
7802	Volunteerism	Kyu	being together	Everything is okay	staff/water	ok	Yes		I like the ride and cleaning up plants.	Agree	Agree	
7786	Volunteerism	Kyu	Respect	Diverse Group.	Social Etiquette	NA	Yes		One of my favorite groups at the Wellness Center.	Strongly Agree	Strongly Agree	
3390	Volunteerism	Kyu	how to pick dead leaves	nothing	How to weed.	Not sure.	Yes			Strongly Agree	Strongly Agree	
2791	Volunteerism	Kyu	How to prune plants; mindful activity	NA	NA	NA	Yes		Great group. Kyu is wonderful.			
2791	Volunteerism	Kyu	How to prune plants; mindful activity	NA	NA	NA	Yes		Great group. Kyu is wonderful.	Strongly Agree	Strongly Agree	
7802	Volunteerism	Kyu	it's ok	I like everything	learn more things	how to be together	Yes		sure nice	Agree	Agree	
7853	Volunteerism	Kyu	Picking up leaves. Petting River.	None	The different plants	plants and wild life	Yes		Like spending time in nature.	Strongly Agree	Strongly Agree	
6273	Best Presenting-Self	Mario	Loved it. Stella I learned!			More managing anxiety.	Yes		Loved the speaker kept class engaged.	Strongly Agree	Strongly Agree	
6273	Best Presenting-Self	Mario	Loved it. Skills I learned.			More managing anxiety.	Yes		Loved the Speaker kept class engaged.	Strongly Agree	Strongly Agree	
4459	Best Presenting-Self	Mario	Yes		Yes	Yes	Yes			Strongly Agree	Strongly Agree	

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8126	Best Presenting-Self	Mario	Learning about the ways to cope.				Yes			Agree	Agree	
6802	Best Presenting-Self	Mario	Stay healthier	Everything was great.	More about eating health.	Communication class.	Yes			Strongly Agree	Strongly Agree	
7646	Best Presenting-Self	Mario	Reasons why my husband is the way he is. Stella is wonderful at teaching, very engaging.		Whatever Stella comes up with.	Same question as #3.	Yes		Stella, you're great.	Strongly Agree	Strongly Agree	
6204	Best Presenting-Self	Mario	Learning class Best Presenting Self.		Best Presenting Self		Yes			Strongly Agree	Strongly Agree	
3959	Best Presenting-Self	Mario	I like the slideshows about health topics and social interactions.				Yes			Strongly Agree	Strongly Agree	
7788	Open Discussion	Mario	I learned educational skills	N/A	N/A	Don't know.	Yes		None	Strongly Agree	Strongly Agree	
5709	Preparing for the Future	Mario	I'm learning skills involved in filing an EDD claim.	We shared why we were here and what we learned from each other.	I like meeting in the group because we learn from each other.	More about the job market and what the future looks like.	Yes	It's ok when people come in a little late	Continue to have this class	Strongly Agree	Strongly Agree	
3373	Walk & Talk	Mario	Opportunities are out there. Don't be shy.	I liked everything about the group.	More communication	Not a specific topic I would like to discuss.	Yes		great group	Strongly Agree	Strongly Agree	
3422	Walk & Talk	Mario	Being nice	Blank	Learning things	Learn about nature	Yes			Strongly Agree	Strongly Agree	
4592	Walk & Talk	Mario	Apples and lemons	I learned about the campus/lake	I want to go to health fair	about jobs	Yes			Strongly Agree	Strongly Agree	
8171	Looking Good, Feeling Good	Nu	How to sleep better at night manners and social skills	I like everything	Look better. Appearance	To look better	Yes			Strongly Agree	Strongly Agree	
7718	Looking Good, Feeling Good	Nu	Social skills- manners. I enjoy watching videos	I like everything about the group.	Learn social skills	Learn about social skills more.	Yes		None	Agree	Strongly Agree	
5964	Looking Good, Feeling Good	Nu	I learned matters.	Blank	Blank	How to get good sleep	Yes			Strongly Agree	Strongly Agree	
132	Looking Good, Feeling Good	Nu	About hair care very informative, Nu is very knowledgeable.		How to prepare for a job interview.	self confidence and self esteem	Yes			Strongly Agree	Strongly Agree	
2391	Looking Good, Feeling Good	Nu	About Hair	Everyone got to share.	More about health	Health	Yes			Strongly Agree	Strongly Agree	
7978	Mindful Meditation	Nu	I was a little late. I enjoyed what she said about forgiveness	I enjoyed the mediation. Maybe some warmup stretches	Meditate well	How to calm my body quickly	Yes		none	Agree	Strongly Agree	
2791	Mindful Meditation	Nu	forgiving yourself	N/A	Self Love	N/A	Yes			Strongly Agree	Strongly Agree	
4481	Mindful Meditation	Nu	focus and clarity	too short	relaxing panic attack	Meditation	Yes		I learned to forgive	Strongly Agree	Strongly Agree	Thanks for wanting this group to be longer, I will bring your suggestions to the leadership team.
8143	Mindful Meditation	Nu	It is very relaxing, learning to focus	When people come late- they should go to Nu and sign in quietly	continue with cd		Yes			Agree	Agree	Thanks for bringing this to my attention. I will have members who come in late to print their names quietly.
7677	Mindful Meditation	Nu	We learned healing, relationships, forgiveness, love, etc.	I like everything	Stay the way it is	Positive Thinking	Yes			Strongly Agree	Strongly Agree	
7139	Music Appreciation	Nu	I learned to listen to music better.	None	Special music	rock videos	Yes		None	Strongly Agree	Strongly Agree	
4111	Music Appreciation	Nu	Good	Better I love everyone	Normal	The music industry	Yes		be good toward other people.	Strongly Agree	Strongly Agree	
7154	Open Discussion	Nu	We talked about self-esteem, positive thinking, manners, relationships. What makes us happy.	I liked everything about this group.	I am learning a great deal in this group and I am currently satisfied with what I am learning	Relationships	Yes		Nu is the most engaging instructor in room 107	Strongly Agree	Strongly Agree	
6057	Open Discussion	Nu	We learn what makes us happy, our strengths, how to interact with one another	I like everything	More questions to discuss	How to be happy	Yes			Strongly Agree	Strongly Agree	
7066	Open Discussion	Nu	By freely speaking to people, meeting people	NA	to be happy to people	same as today	Yes			Strongly Agree	Strongly Agree	
378	Open Discussion	Nu	Learned about nice things.	more people	more about the future	Simple things	Yes		None	Agree	Agree	
6057	Open Discussion	Nu	We learn from one another.	I like everything.	I like everything	Talk about what food is good for me.	Yes			Agree	Agree	
6779	Women's Group	Nu	I learned the importance of friendship with my fellow women. We share a lot of things in common. We have each others' backs. We listen and give advice. We offer coping skills, dating skills, we learn about clothes and makeup, and social skills.	I love everything about this group. Its my favorite one.	I would love to learn how to get out of my comfort zone and not have social anxiety around guys anymore.	How to cure social anxiety while dating. How to increase self esteem/self confidence.	Yes	n/a	Nu is such an amazing person and group facilitator. She does her best to make everyone feel included and empathize with us when we are going through a tough time. I am very glad I have this group in my life	Strongly Agree	Strongly Agree	Thank you for your feedback. We will have a discussion on how women can best approach men. I will also look into ways on how to increase our self esteem/self confidence.
5222	Music Academy	Pat	How to perform in front of a group.	Make sure to tune up before starting group.	How to solo improv better.		Yes			Strongly Agree	Strongly Agree	
3555	Music Academy	Pat	I think this a fun class to be in.	More members to attend.	More different song that you can think of.		Yes			Strongly Agree	Strongly Agree	
6268	Music Academy	Pat	Guitar playing is fun.		Be a better band member.		Yes			Strongly Agree	Strongly Agree	
8161	Alcoholic Anonymous	Robert	That I can't blame people for my drinking. The facilitator was great.	Wish it was longer.	Learn more about addiction	My triggers	Yes			Strongly Agree	Strongly Agree	Thank you for your feedback. Your suggestion for more AA/NA groups has been communicated to the leadership team.
7978	Alcoholic Anonymous	Robert	I love AA meetings and Robert is an awesome leader.	I wish there were more people and more time to share on topics	Continue my sobriety.		Yes		I would like if we also had more AA/NA meeting	Strongly Agree	Strongly Agree	
132	Alcoholic Anonymous	Robert	That I'm not alone.		Just by listening to other members share.		Yes		Robert is an excellent facilitator.	Strongly Agree	Strongly Agree	
6982	Alcoholic Anonymous	Robert	I learned to stay sober for 4 years. How I attend aa helps me stay clean.	Robert is a great man. I learn a lot from him.	To help the new comers	Love to stay honest about sobriety	Yes			Strongly Agree	Strongly Agree	
8168	Alcoholic Anonymous	Robert	AA principles	Nothing	Study Big Book	The AA spiritual values	Yes			Strongly Agree	Strongly Agree	
8170	Alcoholic Anonymous	Robert	That mental health disorders can co-exist with substance abuse.	I liked it	It's good as it is	I'm new wouldn't know what to expect.				Strongly Agree	Strongly Agree	
6028	Alcoholic Anonymous	Robert	NA	NA	NA	NA	Yes			Strongly Agree	Strongly Agree	
4726	Alcoholic Anonymous	Robert	Being able to voice my testimony group participation.	NA	Activity	What the substance do to the brain	Yes		Robert is a great facilitator		Strongly Agree	Thank you for your feedback. If you need a translator for the group please let the facilitator know so I can get someone to help.
7991	Alcoholic Anonymous	Robert	I learned the experience of other members I like listening to the sharing.	About sharing because I am not fluent in English	Base on the case to case basis. I wanted learned as a lesson.		Yes			Agree	Strongly Disagree	
7812	Coping Skills	Robert	How social anxiety can be utilized as a coping skills provided it's not a character trait.	Social anxiety can be a difficult subject to conquer.	More coping skills for social and civil balance.	senior skills for coping	Yes		Good Material in the presentation	Strongly Agree	Strongly Agree	
7213	Coping Skills	Robert	This time it was about coping with social anxiety.		More on the times when we can actually solve a problem.	CBT cognitive behavioral health therapy.	Yes			Agree	Strongly Agree	
7573	Crochet	Robert	I enjoy crocheting	I would like it to be longer	I want to learn how to make a scarf	Knitting	Yes			Strongly Agree	Agree	Thank you for your feedback. Your suggestion for more time in AA communicated to the leadership team.
6028	Dual Recovery Anonymous	Robert	The stuff they talk about	Nothing I can think of	Nothing	N/A	Yes			Agree	Agree	Thank you for your feedback. I will remind the group that there should be no overtaking when talking in the group.
4726	Dual Recovery Anonymous	Robert	Coping skills I don't feel out of place	Over talking other members	activity with the group	How to succeed in recovery	Yes			Strongly Agree	Strongly Agree	
4459	Dual Recovery Anonymous	Robert	I learned to accept my past and move on	N/A	N/A	N/A	Yes			Strongly Agree	Strongly Agree	

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8126	Recovery Expression	Robert	Members are very supportive. Robert was very supportive and genuine.	nothing	Learn to cope and work towards recovery.	I can't think of anything.	Yes			Strongly Agree	Strongly Agree	
7869	Al-Anon	Rose	I can control myself.	I loved the group no need to improve.	My encrean are control by myself.	The subject was perfect as is.	Yes			Strongly Agree	Strongly Agree	
7677	Al-Anon	Rose	I learned different ways of not becoming alcoholic and more forward with peace.	Nothing its good	Maybe different topics	alcoholic effects	Yes		excellent	Strongly Agree	Strongly Agree	
4481	Al-Anon	Rose	Healthy Boundaries	It was good.	Stay sober	Do's and Don'ts	Yes			Strongly Agree	Strongly Agree	
8168	Al-Anon	Rose	The open discussion	Nothing	Read more	Higher Power	Yes			Agree	Agree	
6057	Al-Anon	Rose	Rights. I like that I learn new things.				Yes					
6611	Al-Anon	Rose	No Alcohol	Rose	staying sober	alcohol	Yes		Rose is the best	Strongly Agree	Strongly Agree	
8039	Al-Anon	Rose	Al-Anon was good.	NA	NA	NA		NA	NA	Strongly Agree	Strongly Agree	
7966	Al-Anon	Rose	A good time for helping me.	More talking about helping.	Be better about myself.	open	Yes		Have a good day.	Agree	Agree	
7966	Al-Anon	Rose	A good time for helping me.	More talking about helping.	Be better about myself.	open	Yes			Agree	Agree	Currently the class is 1 hr. long. We are using oil pastels for the warm up activity, and Acrylic paint for the second main painting. I could try to include tissue paper or construction paper as a medium as well. Thank you for the suggestion.
8126	DBSA	Rose	Members are very nice and sharing a lot of ideas.	none	copng skills		Yes			Agree	Agree	
7213	DBSA	Rose	I sometimes learn ideas for coping a with depression that		How to cope with / prevent depression	Cognitive Behavior Therapy.	Yes			Agree	Strongly Agree	
7995	DBSA	Rose	Different technics to inspire our lives.	Time for everyone (Excellent)	How to meditate	positive thinking	Yes		Great group	Strongly Agree	Strongly Agree	
2998	DBSA	Rose	Different tools people use to deal with struggles and challenges. The openness and community.	NA	Journey to mental illness i.e. what recovery looks like.	resilience	Yes		NA	Agree	Strongly Agree	
7823	Healing with Art	Rose	I learned how to intergrade art into my emotions. I like the peaceful atmosphere.	Liked everything	Anything	Mental health	Yes		It was great.	Strongly Agree	Strongly Agree	
7822	Healing with Art	Rose	Putting thoughts on peacefulness	It's good	landscape art	Blending	Yes			Strongly Agree	Strongly Agree	
3288	Healing with Art	Rose	to relax, it's really calming.		no change		Yes			Strongly Agree	Strongly Agree	
7935	Healing with Art	Rose	I like having new prompts each week		I would like the second part to use different mediums							
8170	Healing with Art	Rose	That everything we do is out of love.	Maybe an example of what it meant to her.	How painting and our feeling heals.		Yes				Strongly Agree	
7608	Healing with Art	Rose	I learned how to express myself for creativity.				Yes			Strongly Agree	Strongly Agree	That is a great suggestion. I have done a workshop where we gathered materials from outside to inspire creativity. I could add that again.
7747	Healing with Art	Rose	Healing with art without stress being involved.	NA	I'm learning enough about this group other what I learn outside the group.	Take us outside and let us learn with a different material if possible.			NA			
6032	Open Art Class	Rose	I like that I can do any art.	There isn't anything I didn't like.			Yes		It's my favorite group and it's relaxing.	Strongly Agree	Strongly Agree	
328	Open Art Class	Rose	I'm discovering a whole new world. There are many art forms, paints, more than I can imagine.	Sometimes it gets a bit loud in the room.	Water colors, pencil drawing, The different forms of art.	The arts.	Yes		No	Strongly Agree	Strongly Agree	I will play music to help bring a more quiet mood to the class and gently guide members that are disturbing the overall noise level. Thank you!
5413	Open Art Class	Rose		Make class longer	When class will be longer.		Yes			Strongly Agree	Strongly Agree	Not sure if we can increase the time for open art. We will check our monthly calendar schedule to see if that is possible.
7661	Open Art Class	Rose	To be with other people.	Nothing	Art	Art	Yes		Art	Strongly Agree	Strongly Agree	
7720	Poetry	Rose	I learned on how to right a winning poem.	I enjoyed the group.	on how to write poetry	none	Yes			Neutral	Neutral	We now have a member facilitation that bring prompts to inspire us in writing poetry. That has added value. I hope you return to the group in the future.
7066	Social Time	Rose	Meet new people	N/A	Learn to participate in a group.	N/A	Yes			Agree	Agree	
6833	Social Time	Rose	I learned a new card game swoop. I like the game.	Nothing	Crazy 8's	blank	Yes			Strongly Agree	Strongly Agree	
7154	Social Time	Rose	That I can win at swoop. Positive affirmation.	That I had to leave so soon.	I like what we do in this group. I think that it is positive and constructive.	I like the speaker who came before social time.	Yes			Strongly Agree	Strongly Agree	
Blank	Social Time	Rose	I learned to be more social and be more active in group setting.	Could be a little more versatile but otherwise social time rocks!	To be more interactive in groups	More trivia and games.	Yes		I really enjoy social time.	Strongly Agree	Strongly Agree	I could begin the social time with more interaction. Some members enjoy playing games. We could do a combination of both. Thanks for the suggestion.
328	Social Time	Rose	Teamwork . Camaraderie	Need to play more video games. Family feud, wheel of fortune, jeopardy	More video games - Interactive.	Blank	Yes		None	Neutral	Neutral	We could add some trivia games or Pictionary to involve the members during social time. Thank you!
6982	Social Time	Rose	It's great therapy for me to play games during social time. Helps me speak in front of others.	Social time is a fun group here at the Wellness Center.	I'm learning a lot about this group building coping skills.	Everything is great.	Yes		Wellness Center is a great place to go have fun learning new things.	Strongly Agree	Strongly Agree	
6833	Social Time	Rose	Fun games.	Nothing	Play solitaire	More fun ideas	Yes			Strongly Agree	Strongly Agree	
7789	Social Time	Rose	I liked playing golf and I am slowly interacting with other peers.	N/A	Show videos about sports.	N/A	Yes			Strongly Agree	Strongly Agree	
8199	Social Time	Rose	Fun time	1st time. No judgment.	Anything to help myself and help others.	Alcoholism. The reason for it as a choice.	Yes		This facility is well organized and staffed with caring professionals.	Agree	Agree	
8102	Social Time	Rose	I learned to work together as a team.	Could have more variety of games.	More trivia	would like to have more educated trivia	Yes			Agree	Agree	I can try adding Trivia to the social time. If most of the members are engaged it will fill the hour. Great suggestion!
7720	Social Time	Rose	I learned how to play new games. I like to play many games such as card games.	I like the kinds of activities that are in the group.	I would like to learn new activities and games.	Any subject that relates to the group.	Yes			Strongly Agree	Strongly Agree	
6204	Social Time	Rose	Playing swoop game	NA	Have fun to play	NA	Yes		NA	Strongly Agree	Strongly Agree	
7154	Social Time	Rose	That I can get a 10 and a joke in Group	That I was running out of coffee	I'm doing it	The speaker that comes either before or after this group.	Yes			Strongly Agree	Strongly Agree	
7616	Story Circle	Rose	resiliency - everyone has it	5 minute time limit	X	X		Ended Early		Agree	Agree	
2288	Story Circle	Rose	How to tell a story. Liked the sharing.	Actually taking the time to expand on the stories.	To speak with clarity.		Yes			Strongly Agree	Strongly Agree	
1201	Story Circle	Rose	I learned some ways to expand the story I told. I liked trying to speak my story and having the space to do so.		I would like learn how to stick to the point of my current story and not wander into a different one.		Yes		Thanks to Rose for a fun group.	Strongly Agree	Strongly Agree	

Member ID	Group Name	Facilitator Name	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Feedback
7992	That's My Line	Rose	Anything can go in improve. It was fun.	Maybe more priority to the type of scenarios/games. More participants	Get better at improv.	Not sure.	Yes			Agree	Agree	This is a new group and we need to get the word out and attract more members to participate. We are trying a new time this month and hope this will bring more interaction. We also have added a new resource book to help us with Improvisation starters.
8109	That's My Line	Rose	Making connections, being more open, free, allowing transparent thoughts without judgment.	Blank	More improv.	Yes				Strongly Agree	Strongly Agree	
8169	That's My Line	Rose	I liked the dramatic acting	NA	More music, meditation	NA	Yes			Strongly Agree	Strongly Agree	
6204	That's My Line	Rose	I like the groups is fun.	NA	I do class everyday	NA	Yes		NA	Strongly Agree	Strongly Agree	
7646	That's My Line	Rose	Some people are overly sensitive and spoil the party by drawing attention to themselves.	Participation	dialogues, monologues	dialogues, monologues	Yes		Don't let people stay if they are not participating. It really dampens the mood.	Agree	Strongly Disagree	That is a good point. We can begin to engage members who are wanting to pass, with small roles that we are acting out. Thank you for the suggestion.
6833	That's My Line	Rose	How to act	Very Fun	Be kind all of the time.	Act to be better.	Yes		I will be acting most in the future.	Strongly Agree	Strongly Agree	
7842	Watercolors	Rose	Use of artistic materials		Bigger project	The history of the H2O color	Yes		Watercolors "ROCK!"	Strongly Agree	Strongly Agree	
7370	Watercolors	Rose	How to watercolor the basics		Water penciling	Water pencil versus water coloring	Yes		I love this class. Important time for me	Strongly Agree	Strongly Agree	
7490	Yoga	Rose	Yoga fun	N/A	Zumba	N/A	Yes			Strongly Agree	Strongly Agree	
6702	Yoga	Rose	Yoga	N/A	Zumba	N/A	Yes			Strongly Agree	Strongly Agree	Yes, sometimes the room can get warm. I can add a room fan to help with this issue. Thank you for the reminder.
8109	Yoga	Rose	Muscle memory with yoga poses and flows. Breathwork	Sometimes too hot.	Already happening but I enjoy whenever there is a recovery yoga and describing what is good for like sciatica, plantar fasciitis	Blank	Yes			Strongly Agree	Strongly Agree	
2791	Yoga	Rose	Strengthening and flexibility	N/A	as now		Yes		Rose is a great teacher	Strongly Agree	Strongly Agree	
6660	Yoga	Rose	Learn stretch and breathing techniques	N/A instructor is good and patient	Nothing	Nothing	Yes			Strongly Agree	Strongly Agree	
3070	Bingo	Shig	Socialization	N/A	N/A	N/A	Yes			Strongly Agree	Strongly Agree	
4459	Bingo	Shig	NA	NA	NA	NA	Yes		NA	Strongly Agree	Strongly Agree	
7482	Bingo	Shig	Better Bingo. Love it.	I don't. I love the group.	Win, Win, Win	None	Yes		Shig is so cool.	Strongly Agree	Strongly Agree	
7677	Bingo	Shig	Playing Bingo, like everything.	Nothing	More Bingo, More prizes	Nothing, how to win	Yes		NA	Strongly Agree	Strongly Agree	
3959	Bingo	Shig	fun positive game of chance	candies a little stale			Yes			Strongly Agree	Strongly Agree	Thank you for your feedback. We've recently gotten new candy, hopefully it is more to your liking!
3292	Bingo	Shig	Shig makes Bingo group a lot of fun.	I like everything	NA	NA	Yes			Strongly Agree	Strongly Agree	
1797	Bingo	Shig	I like to play with those numbers	Never	To win the game	Best game ever	Yes		The best game	Strongly Agree	Strongly Agree	
6032	Bingo	Shig	I like the game.				Yes		it's fun to play	Strongly Agree	Strongly Agree	
6204	Bingo	Shig	NA	NA	NA	NA	Yes		NA	Strongly Agree	Strongly Agree	
328	Bingo	Shig	0	0	0	0	Yes		No	Strongly Agree	Strongly Agree	
5413	Bingo	Shig	How to count		How to count	Bingo	Yes			Strongly Agree	Strongly Agree	
7591	Bingo	Shig	Playing Bingo	everything is perfect	Nothing but play Bingo	Nothing	Yes		NA	Strongly Agree	Strongly Agree	
7292	Bingo	Shig	I love to talk to people and I enjoy communicating	There is nothing to change.	I would not want to learn how to play better.	Nothing	Yes		Everyone is very kind. Shig is a very good facilitator	Strongly Agree	Strongly Agree	
4707	Bingo	Shig	Shig comedian attitude	NA	Win 4 Jolly Ranchers	How to win 4 corners in Bingo	Yes		I love Bingo it's fun	Strongly Agree	Strongly Agree	
4592	Bingo	Shig	NA	NA	NA	NA	Yes		NA	Strongly Agree	Strongly Agree	
8117	Bingo	Shig	Nothing	Nothing	Nothing		Yes			Disagree	Disagree	
7589	Bingo	Shig	I learned how to play bingo. I like the way we play bingo.	Nothing. Nothing.	Play more bingo.	Nothing	Yes		NO	Strongly Agree	Strongly Agree	
3292	Chess Club	Shig	Shig does a very good job running chess club. He is very patient and takes the time to explain things to anyone that needs it.	I like everything	Strategy and tactics.	openings	Yes			Strongly Agree	Strongly Agree	
4542	Chess Club	Shig	Interesting it's quiet.	Nothing	Different things.	Different topics	Yes		Good	Strongly Agree	Strongly Agree	
3545	Chess Club	Shig	Concentration and mindfulness. Being quiet and respectful	NA	Learn better strategies and improve my game.	NA	Yes		Shig and William are great facilitators.	Strongly Agree	Strongly Agree	
7677	Chess Club	Shig	Playing chess, having fun	Nothing	Learn more strategies.	Steps in chess	Yes		N/A	Strongly Agree	Strongly Agree	
3712	Chess Club	Shig	I can socialize here without pressure or outside interference.	Nothing	N/A	N/A	Yes		N/A	Agree	Agree	
1201	Chess Club	Shig	I really like playing chess with other great players. I have learned a lot about strategy, concentration, and patience	Please keep conversation to a minimum.	N/A	N/A	No	No. We like to play chess during social time on Fridays	Thank you for the wonderful chess boards and pieces. Long live chess club!	Strongly Agree	Strongly Agree	Yes. It's extremely important that we don't get sidetracked on other group topics. The only thing we can cover in chess club would be topics related to chess. We will keep the talking to a minimum so it doesn't interrupt our concentration as we play the game. Thank you!
8174	Chess Club	Shig	Improve brain function	N/A	N/A	N/A	Yes		N/A	Strongly Agree	Strongly Agree	
3512	Chess Club	Shig	Strategy	N/A	Options	N/A	Yes		N/A	Agree	Agree	
8070	Chess Club	Shig	Playing chess	N/A	More chess	N/A	Yes		N/A	Agree	Neutral	
7213	Chess Club	Shig	How to win without gloating and how to lose without losing my temper	n/a	n/a	n/a	Yes		n/a	Strongly Agree	Strongly Agree	
7978	Community Meeting	Shig	The friendship	Not sure what can be improved. Friendship is my favorite part.	Not sure	How to deal with the politics of today	Yes			Agree	Agree	
132	Community Meeting	Shig			More of the same		Yes			Strongly Agree	Strongly Agree	
3512	Community Meeting	Shig	How to be more understanding	NA	NA	NA	Yes			Agree	Agree	
8035	Positive Thinking	Shig	I like the group.	None	Yes	None.	Yes		None	Strongly Agree	Strongly Agree	
7154	Positive Thinking	Shig	To be more positive in the nature of which I take care of my personal matters of attention.	I will let you know if I think of anything	I would like to participate a little more in class and Shig is really helping me with that.	Self-control	Yes		Shig was great	Strongly Agree	Strongly Agree	
2791	Positive Thinking	Shig	Sharing & transforming negative feeling into positive.	N/A	Continued sharing.	Mantras to say when you ruminate maybe positive affirmations next class.	Yes			Strongly Agree	Strongly Agree	Absolutely! Thank you so much for your feedback. We will definitely do positive affirmations and work together on things we can tell ourselves when we ruminate on certain negative thoughts. Thank you again!
7978	Positive Thinking	Shig	I learned a different way to think about happiness.	I loved the group and always do!	I love learning about how to be more positive and enjoy life more.	How changing there thinking has changed there life.	Yes		This is one of my top 3 groups!	Strongly Agree	Strongly Agree	
8201	Positive Thinking	Shig	Feel it may help me.	Blank	Feel happy with myself	Blank	Yes			Agree	Strongly Agree	

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7154	Positive Thinking	Shig	That I could expand upon my focus in areas that aren't necessary just relating to sorrow.	I need what we talked about very much.	Continue our discussion	Some topics that Shig prepares.	Yes			Strongly Agree	Strongly Agree	
7066	Positive Thinking	Shig	Positive thinking	NA	None	None	Yes			Agree	Agree	
8058	Positive Thinking	Shig	To be kind transforming your positive into negative thinking.	Waiting around.	perspective	happiness	Yes		thank you for helping me with my sobriety.	Strongly Agree	Strongly Agree	
3959	Positive Thinking	Shig	NA	NA	NA	NA	Yes			Strongly Agree	Strongly Agree	
7677	Positive Thinking	Shig	Transferring negative experiences into positive experiences.	Nothing	Continue to learn more useful ideas.	happiness	Yes		Thanking for helping me with thinking positive.	Strongly Agree	Strongly Agree	
7066	Positive Thinking	Shig	Positive things.	NA	None	None	Yes			Agree	Agree	
8152	Positive Thinking	Shig	Positive things, I got inspired.	NA	How to be happy.	More tool box.	Yes			Strongly Agree	Strongly Agree	
328	Positive Thinking	Shig	Tools for positive thinking. The class, the group.	Class didn't have much time to share.	More on positive thinking.	Tips on positive thinking.	Yes		Less talk, more sharing.	Agree	Agree	Yes. I encourage all members to share more than me doing the talking, but sometimes the open-ended questions I ask to members can be difficult, so I will try to keep things more simple. Thank you!
Guest	Schizophrenia Alliance	Shig	That I need help.	N/A	Blank	Schizophrenia	Yes			Agree	Agree	
3545	Schizophrenia Alliance	Shig	That there are others that suffer from similar illnesses as me.	N/A	New coping skills for paranoia/anxiety.	Coping skills and strategies for paranoia.	Yes		Shig was excellent in covering for Eric. He was informative and engaging.	Strongly Agree	Strongly Agree	Yes, it's extremely important to utilize our coping skills as we deal with paranoia. I have my own lived experience dealing with anxiety, panic attacks, overthinking, and paranoia. We will talk about this topic. Thank you!
7672	Schizophrenia Alliance	Shig	Coping skills, real stories.	Nothing	Learn more	More mental health coping skills.	Yes		Thank you	Strongly Agree	Strongly Agree	
7165	Schizophrenia Alliance	Shig	We discussed different topics.	I liked it.	Learn how to cope with schizophrenia.	How to cope with schizophrenia.	Yes		No comments. Shig did well explain it.	Agree	Agree	
7842	Social Time	Shig	Mini golf putting and social interaction.	Computer room closed.	More internet influences/trivia games.	Maybe the classical art of social debate.	Yes		Wellness Center Central has a great positive influence.	Strongly Agree	Strongly Agree	
2791	Social Time	Shig	Uno	NA	Different group games		Yes			Strongly Agree	Strongly Agree	
7842	Social Time	Shig	Internet trivia/ social interaction	I'm falling asleep	More Sharing about person lives	Like skill	Yes			Strongly Agree	Strongly Agree	
2181	Time Travel with Terry	Terry			America as mystery					Strongly Agree	Agree	
7978	Time Travel with Terry	Terry	It was amazing. I learned much about women's accomplishments and how they started things like 1st acrolephere!	I was perfect	I would like whatever the leader teaches.	psychology	Yes		Wonderful group	Strongly Agree	Strongly Agree	
6581	Time Travel with Terry	Terry	The past history	N/A	N/A	Housing	Yes			Strongly Agree	Strongly Agree	
Guest	Cooking Class	Wendy	Cutting packets, mixing, distributing	N/A	Become independent of cooking	picking recipes	Yes		thank you	Strongly Agree	Strongly Agree	Thank you. I frequently ask the members for their food suggestions for classes.
6986	Cooking Class	Wendy	I can enjoy the cooking	NA	How to make blended drinks	Wendy	Yes		fuel up	Strongly Agree	Strongly Agree	
7154	Cooking Class	Wendy	I learned how to cut vegetables	The smoothie could have more apple in it.	learn to dice	Not sure yet	Yes			Strongly Agree	Strongly Agree	
6044	Cooking Class	Wendy	everything	NA	NA	NA	Yes			Strongly Agree	Strongly Agree	
1270	Cooking Class	Wendy	How to cook the greatest food on earth.	Nothing wrong.	More about what tastes good.	Nothing be themselves	Yes			Strongly Agree	Agree	
7366	Cooking Class	Wendy	Mixing ingredients, cutting	too long, went over time	make dessert	buying groceries	Yes		thank you	Strongly Disagree	Strongly Disagree	Sometimes I am ambitious with cooking projects and things out of my control happen.in That was the 1 time in all the years I have taught this class that we went overtime. My apologies. I can discuss my shopping process to help students become proficient shoppers.
5902	Cooking Class	Wendy	How to cook many meals	Lots of carbs very high calories	More vegetarian things	Fruits + Veggies stuff	Yes			Strongly Agree	Strongly Agree	Thanks for your suggestions. Although my meals may be caloric, typically they are LOW carb and highly nutritious. I like to mix it up and offer different nutrition options each time. I hope you will attend again to see the variety.
5616	Cooking Class	Wendy	I am work. Everybody doing a task and complete them.	Need more than 6	Cook steak	How vegetables help your body	Yes		Love the class	Strongly Agree	Strongly Agree	
7154	Cooking Class	Wendy	How to cut an onion. The teacher is to the point and knows how to communicate.	I can't think of anything.	Eat pie or cake.	Chicken Wings	Yes		None	Strongly Agree	Strongly Agree	
8155	Gardening	Wendy	I learned how to grow plants.	nothing	Prepare to grow roses		Yes			Strongly Agree	Strongly Agree	
1201	Gardening	Wendy	I learned what needs to look like. I liked being outside in the morning around plants and flowers		I would like to learn more about how to keep pests out of a garden		Yes		Thanks to Wendy for the avocado trees	Strongly Agree	Strongly Agree	I have many natural things I do in the garden to prevent pests. Attend our class and you will experience these techniques.
6407	Gardening	Wendy	All about gardening. I like learning about it.				Yes		Wendy is amazing.	Strongly Agree	Strongly Agree	
7573	Jewelry Design	Wendy	I loved class. Very nice. Keeping attention to detail	I wanted more time	I wanted to learn the reason for beads	How to make colors coordinate	Yes			Strongly Agree	Strongly Agree	Thank you for your comments. Beading is a highly individual, and creative endeavor. More about enjoyment than color coordination. I can show you a color wheel which may help in color coordinating.
6237	Jewelry Design	Wendy	I learned to make bracelet. My facilitator is always very helpful and friendly.	None	I would like to learn to make earrings.	Unknown at this time	Yes		I love this class	Strongly Agree	Strongly Agree	
8152	Jewelry Design	Wendy	Jewelry design. I got special beads.	I only got turn once a week.	More jewelry design, it's fine.	color design, bead products	Yes			Strongly Agree	Strongly Agree	
6268	Men's Group	William (Willy)	Talked about what we are proud of.	None	More topic about living life.	No	Yes			Strongly Agree	Strongly Agree	
5627	NAMI Connection	William (Willy)	NA	wanna attend more often	NA	don't know	Yes			Neutral	Neutral	I hope that you continue to attend NAMI connection and will find more enjoyment next time.
7842	NAMI Connection	William (Willy)	stop think "learn to discern" before acting.	Good open discussion a little more time for larger groups to correlate and share.	Utilize coping skills to conquered crisis	More constructive wats to avoid critical thinking - and NAMI sponsored subjects. sponsored	Yes		Appreciated getting to share my testimony of NAMI	Strongly Agree	Strongly Agree	I will discuss with my supervisor about having longer group time for Nami Connection so we can have more time to share our experiences.
7677	NAMI Connection	William (Willy)	NAMI, sharing struggles with another how to cope	I liked everything.	Different ideas, topics, new games and musical chairs.	how to benefit ourselves from struggles	Yes		Excellent	Strongly Agree	Strongly Agree	
3959	NAMI Connection	William (Willy)	Structured confidential mental health support group.	NA	NA	NA	No	No-supposed to end at 1:50? Often runs over as late as 2:15	NA	Strongly Agree	Strongly Agree	Nami Connection sometimes end late due to too many people in the group. We want everyone in the group has the chance to share their support and experience. I will discuss with my supervisor about having longer group time for Nami Connection so we can have more time to share our experiences.
3716	NAMI Connection	William (Willy)	Don't be condescending.	None	Sometimes we need to correct yourselves.	A difference between sympathy and empathy	Yes				Agree	

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8155	Social Hour	William (Willy)	What happens in the month, all activities	We need popcorn-refreshments out here. It's a long class.	Yes-I love community class	any subject or gardening	Yes		I love vegetables from the garden. We have cucumbers, peppers, and egg plants-love it!	Strongly Agree	Strongly Agree	Thank you for your feedback. We have snacks during social time occasionally for special occasions such as valentines day or St. Patrick's day. Unfortunately, we cannot always provide snacks for this group.
7044	Social Time	William (Willy)	Open discussion	Liked everything	Have snacks for social time	N/A	Yes		No	Strongly Agree	Strongly Agree	Thank you for your feedback. We have snacks during social time occasionally for special occasions such as valentines day or St. Patrick's day. Unfortunately, we cannot always provide snacks for this group.
4459	Social Time	William (Willy)	N/A	Yes	N/A	N/A	Yes			Strongly Agree	Strongly Agree	
8131	Social Time	William (Willy)	A lot about oneself. Overcome public speaking.	More participation form members not staff.	Overcoming personal skills	inter personal skills	Yes			Strongly Agree	Strongly Agree	Thank you for your comment. We will work on having more participation from members.
7092	Social Time	William (Willy)	English. Very cool.	Repetitive-boring	To learn from my mistakes.	language	Yes			Strongly Agree	Strongly Agree	I am appreciated your feedback. I encourage members to provide suggestions to make Social Time more fun.
6407	Social Time	William (Willy)	I learned about everyday tendencies, all of it was about being well.	It was the best they could do. Not much could be any better.	Just to get knowledge. Getting together and being in the group.	More about the group at an inquisitive point of view.	Yes	It usually does. I say it starts and ends at the right time.	I like coming and I encourage it for all others to join.	Agree	Strongly Agree	
6734	Social Time	William (Willy)	Team work	Low group participation	How to take care of ourselves	personals coming out	Yes			Agree	Agree	Thank you for your comment. Group participation varies everyday.
8189	Social Time	William (Willy)	Socialize				Yes			Strongly Agree	Strongly Agree	
3512	Social Time	William (Willy)	Riddles		Pictionary		Yes			Agree	Agree	
5430	Social Time	William (Willy)	Learning and more	not on time	learn more		Yes		no	Neutral	Agree	Thank you for your feedback. Apologies for the late starts, sometimes this happens because of technical difficulties.
6986	Social Time	William (Willy)	It true and relatable	NA	Talk about more topics	sides and cookbooks	Yes			Strongly Agree	Strongly Agree	
1201	Social Time	William (Willy)	I like being able to play board games with my friends.	N/A	N/A	N/A	Yes		I like teaching other members how to play Yahtzee	Strongly Agree	Strongly Agree	
5525	Social Time	William (Willy)	Riddles. It is nice to interact with members.		It is nice to switch it up from Pictionary.		Yes		William and Shig are good facilitators.	Strongly Agree	Strongly Agree	
6130	Social Time	William (Willy)	We did riddles and I learned not to give up. I also learned some social skills.	I would like more participation and insight from the members. Something more stimulating.	I would like to learn to be polite and kind in social settings.	I would like the speaker to ask us fun questions that have members get to know each other.	Yes		So far, the group is good but it can be much better.	Agree	Agree	I appreciate your feedback. I would encourage you to use the suggestion box at the front desk on what type activities would be more stimulating for you. You are also welcome to speak with the facilitator of the group to bring your suggestions.
8168	Social Time	William (Willy)	Fun	Nothing	Board games.	History facts	Yes			Agree	Agree	
3959	Social Time	William (Willy)	Variety of games and conversation.				Yes			Strongly Agree	Strongly Agree	
8184	Social Time	William (Willy)	Everyone had a favorite childhood memory. Everyone shared.	I liked everything about the group. I can't see how it can be improved.	I like to learn to share.	Our favorite grade school teacher.	Yes		NA	Agree	Agree	
378	Social Time	William (Willy)	it is very interesting and I learn a lot.	Nothing	I would like to learn more.	Anything they want	Yes		None	Agree	Agree	
8152	Social Time	William (Willy)	brain teasers, facts	social	More facts	zoo facts	Yes		I like animal facts and mythology.	Strongly Agree	Strongly Agree	
7092	Social Time	William (Willy)	English Language	Boring, function.	Learn more English.	Japanese Language.	Yes			Strongly Agree	Strongly Agree	
3091	Social Time	William (Willy)	Perspective	NA	It's open	It's purely in excessive	Yes		It's a good compliment to the career	Agree	Agree	
7677	Social Time	William (Willy)	Fun time and engagement	Nothing. I like every thing.	Different ideas, topics, new games and musical chairs.	More games.	Yes		Cool	Strongly Agree	Strongly Agree	
6032	Social Time	William (Willy)	Socializing and enjoying the games provided.	There's nothing I didn't like.	N/A	N/A	Yes			Strongly Agree	Strongly Agree	
3717	Social Time	William (Willy)	Fun	Nothing	Nothing	Games	Yes	Sometimes there late start	None	Strongly Agree	Strongly Agree	Thank you for your comment. Sometimes we have late start because of technical difficulties.
6235	Uke 'N' Feel Better	William (Willy)	Teaching chords and rhythms to fellow members				Yes			Strongly Agree	Strongly Agree	
8039	Uke 'N' Feel Better	William (Willy)	ease		Performance		No	Usually it starts later (10 15 min)	Thanks a lot for having this group!	Strongly Agree	Strongly Agree	This is a group that is ran by our members. The members that teach the group are usually came late. I will discuss with them to come on time or about adjusting the time of the group to better accommodate them.
0	Uke 'N' Feel Better	William (Willy)	I learned how to play the first few chords	This is my first class so I'm not sure	Ukulele	Singing	Yes			Strongly Agree	Strongly Agree	
6130	Uke 'N' Feel Better	William (Willy)	I learned to play the ukulele and I got better	I wish we had a short lesson before playing the songs, especially for beginners.	I would like to be at a higher level at playing ukulele	Maybe the history of the ukulele to appreciate the instrument more	Yes		Thank you very much for this group. It has improved my life.	Strongly Agree	Strongly Agree	This is a wonderful suggestion. I will notify our teachers about this.
8155	Crochet	William (Willy)	Enjoyed the class- the great amount of time and effort.	The time was not enough.	How to make a purse.	The reason for beads.	Yes		Yes, loved the class.	Strongly Agree	Strongly Agree	